Healthy Lifestyles

LAMORINDA WEEKLY
Independent, locally owned and operated!

A special advertising section inside the edition of June 9, 2021

Promote your medical practice or health related service.
Display ads:

1/4 page
4.9”x 9.75”

$500

2 column x 3” high
3.2”x 3”

$150

2 column x 6” high
3.2”x 6”

$300

Advertorial feature ad
Explain your expertise to readers
max 700 words plus photo and logo

$700

Deadlines:
Available space will be allocated on a first come, first served basis.
Ad copy due:
Friday, May 28, 2021
Section delivered:
Wednesday June 9, 2021
Fall edition: Sept. 29, 2021)

Please call or email:

Wendy Scheck
925-377-0977
wendy@lamorindaweekly.com

Wednesday, Oct. 4, 2017 www.lamorindaweekly.com 925-377-0977 LAMORINDA WEEKLY Page: B5

When you need a doctor and you need one now
By Nick Marnell

SAGE STUDIO SPA
Lafayette
Luxurious Body Treatments
Vichy Shower Hydrotherapy
Massages
Facials

Diablo Acupuncture
Experience the Difference
Dr. Sophia Schelfel, L.Ac has received both her masters and doctorate in acupuncture and Chinese Medicine. Dr. Schelfel has expertise in treating chronic pain, allergies, asthma and immune disorders, sleep, anxiety, depression and other mental emotional imbalances as well as oncology support.
She's a Lamorinda native, having graduated from Miramonte in 1998 and wanted to bring her practice back to the area in which she grew up to help her community attain optimal health.
Consider acupuncture and working with Dr. Schelfel to bring yourself into optimal health.
Dr. Sophia Schelfel, LAc
925.268.0117
diabloacupuncture.com

Prostate Relief With Rezum
By Judson Brandeis, MD

~ Healthy Lifestyle ~

Circulation and Demographics

Zip	City	Residence	Business	Rack	Total copies delivered
94549	Lafayette	9,760	988	900	11,648
94556	Moraga	5,593	301	400	6,294
94563	Orinda	6,840	378	400	7,240
94595	Walnut Crk	944	0		944
94572	Saint Mary's		100		300
		23,137	1,767	1,900	26,126

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