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## Miramonte Wrestlers do Well in Windsor Tournament

Submitted by Josephine Worth

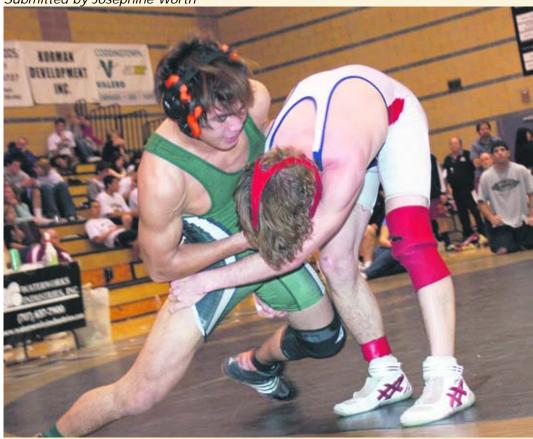


Photo Josephine Worth

At the 2009 Windsor High School's "King of the Mat" tournament, held on January 17, Miramonte's Sam Worth took first at 142 pounds, having successfully won all five of his matches including the final match, shown in the picture, against Jack Kramer of Rancho Cotate High (Rohnert Park) which Worth won, 3-0.

Worth also won the Jim Hardison Sportsman Award, given to only one wrestler in the tournament.

Sean Ericson, another Mats' wrestler competing at the tournament, took second at 154 pounds.

Reach the reporter at: info@lamorindaweekly.com

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