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## Talking to Spirits on the Day of the Dead

*By Sophie Braccini*

In Western Christian tradition, November 1st is All Saints Day, a time for families to get together and remember their departed loved ones. What better day for Sandra O'Hara, who The San Francisco Examiner calls "Ireland's most gifted and famous psychic medium," to propose a public gathering where she will converse with spirits. The venue will be Town Hall Theater in Lafayette (THT); the spectral communication will commence at 7:00 p.m.

"She is very well known in Ireland," says Carrie Kehoe, who is producing the presentation, "That's where I met her when we were living in Ireland." Kehoe was introduced to O'Hara by her husband, an Irishman, who had met her for a reading years before. When her mother died, Kehoe looked for a way to communicate with her. "My mother and I had always said that the first one who would pass would try to find ways to contact the other," remembers Kehoe, "When I arrived at Sandra's home, she came to the door, looked at me and said, 'there is a very powerful spirit here with her arm around your shoulders.'"

After returning to the U.S., the Lafayette resident started organizing events for the medium in the Bay Area. "Events are quite extraordinary," she says, "everybody benefits. The experience is transforming and healing."

O'Hara claims that she's seen spirits since the age of three. "My first memory is of an old lady in a rocking chair in my bedroom," she recounts, "when I was a child I would see spirits just like I see people, but my parents told me not to talk about it." O'Hara adds that by age 15 she decided to "shut the spirits up" so she would be like everyone else. But in her early 20's the spirits kept "knocking" in her head and she gave up. "For 22 years now people have come to me for communication with the after-life," she says.

This reporter had a reading done by O'Hara, still in Ireland, over Skype. The experience was, well, interesting...don't we all have unresolved issues with the departed?

For more information about the November 1st presentation at THT contact Carrie Kehoe at [livingitwell@gmail.com](mailto:livingitwell@gmail.com), or go to [www.thtc.org](http://www.thtc.org).

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