Submitted by Jo Ann Driscoll

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possible by Frick's wife, Barbara,

who drove their support car. Frick and Holmes successfully Habitat for Humanity East Bay/Sili- tatEBSV.org.

Lafayette resident and now 75-

year-old cyclist Bob Frick has set out

to ride his bicycle to raise money for

2008 was a cross country success and

he far exceeded his fundraising goal.

Holmes, the two men rode the Lewis

and Clark Trail beginning at the Pacific

Ocean, across the Western states, to St.

Louis, Mo. Together, they raised over

\$160,000 to help support the construc-

tion of two Habitat homes which will

be part of a 10-home community ad-

jacent to at Hillside Drive and Ygnacio

Valley Road, just a short walk to the

Their long journey was also made

Walnut Creek BART Station.

This time, with his friend Len

year, and on October 27, with shovels in hand, they joined civic and com-Habitat for Humanity. His first ride in

From left, Barbara Frick (center, blue shirt), Len Holmes (center, checked shirt), and Bob Frick (center, light blue

shirt) join other volunteers at the October 27 Habitat for Humanity groundbreaking ceremony in Walnut Creek.

Community Service

Bob Frick and Len Holmes' Cycle of Hope 2

Cyclists Raise \$160K for Habitat Project in WC

The 10 Pleasant Creek Homes will be simple, modestly-sized twostory duplexes and triplexes that will serve the needs of low to moderateincome working families. The two, three and four bedroom Green Pointrated homes were designed by local architect Geoffrey Holton & Associates for energy efficiency. Through a generous grant from PG&E through the Solar Habitat Program, all new Habitat homes will also have solar

In addition to the proceeds from Frick and Holmes' 3,000-mile trek,

his is the second time that completed their ride in August of this con Valley CEO Janice Jensen said there was "unprecedented local community support through grass-roots munity leaders, donors and volunteers events, bake sales, concerts and to begin building the new housing more," along with a partnership with Mayor Bob Simmons and the City of Walnut Creek, State Senator, Mark DeSaulnier, and the continued support and generosity of local family foundations.

> Community volunteers and new homeowners using Habitat's sweat equity down payment program, will build their homes and the homes of their neighbors. When the development is completed in 2014, these new Habitat families will have a simple, decent and affordable place to call home with a no-profit mortgage held by Habitat.

For more information, visit Habi-

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Girl Scout Silver Award Project

Oakland Elizabeth House Hospitality Project

Submitted by Laura Clark

irl Scout Troop 30618 members Hannah Clark and Maddie Dolan worked more than 50 hours each toward their Girl Scout Silver Award interacting with women and children at the Elizabeth House in Oakland. The Silver Award is the second highest award girls can earn in the Girls Scouts. The girls hosted two holiday celebrations for the residents of the Elizabeth House complete with cookie decorating. music sing-a-longs, games, and card making. They called upon local businesses, including: Republic of Cake, Powell's Sweet Shoppe, Orchard Nursery and Stevens Printing for party supplies and sweet treats.



From left, Maddie Dolan and Hannah Clark

The girls also recruited friends and family to donate books and toys for the young children living in the house. Clark and Dolan worked with the Elizabeth House volunteer coor-

dinator to develop a 'best practices' hospitality reference book for future volunteers to utilize. Their Silver Award project was completed in August 2012.

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New Eagle Scouts Honored

Submitted by Cathy Holt



From left, Travis Cullimore, Jared Brinton, Andy Bain

Photo Provided

oy Scout Troop 820 awarded three Eagle Scout rank awards for Jared Brinton, Travis Cullimore, and Andy Bain during the Eagle Court of Honor Sunday, October 28 at the LDS Overlook Chapel in Walnut Creek.

Acalanes High School senior Jared Brinton, who received the Advanced Placement Scholar Award and is a National Merit Scholar, made over 50 quilts for his Eagle Scout vantaged infants and children in the area. An accomplished percussionist, Diablo Wind Symphony and six years area for students.

as the drummer for the Rossmoor Big Band, he works as a service missionary in Oakland's inner city.

Las Lomas High School senior Andy Bain's Eagle Scout Project benefited Indian Valley Elementary School in Walnut Creek. Bain raised funds to build raptor perches and owl boxes to eradicate a gopher and rodent problem on its field.

Travis Cullimore graduated from Project, which were given to disad- Las Lomas High School in 2012.His Eagle Scout Project was to improve an area at his high school that needed who's performed three years with the landscaping and provide an eating