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From Front Page

Del Rey Hoops for Guinness World Record

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Photo Tod Fierner

Menke purchased the hoops himself and donated them to the school, pitched the idea to Principal Kirsten Theurer, and followed up with a visit to each of Del Rey's 20 classrooms.

"Raise your hand if you thought you'd ever be a world record holder," he challenged.

Not one hand went up. Theurer said the application process "went like a roller coaster," with rules and regulations to follow, affidavits to complete and officials to

recruit to oversee the event.

The students practiced their routine for a month with PE teacher Cheryl Collins, who choreographed a five-minute workout set to the song "Let's Go." Collins even donated time during her days off to include the kindergarten classes, and Theurer said one family re-booked a flight to Japan so their student could participate. Both Collins and Theurer were pleased with a dress rehearsal held on site March 22.

After the event, the hula hoops were donated to a Bay Area charity. Now the students must wait for official word from Guinness that they're the new record holders. "It usually takes a few weeks, after we submit all of the paperwork and video footage," Menke said.

The online link for the current largest hula hoop workout is available at www.guinnessworldrecords.com/world-records/7000/largest-hula-hoop-workout.

Spring into Sand Volleyball

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"The girls are eager to play, to practice and work on their game in ways I haven't seen before," he explained. "The new surface and the warm sun, the opportunity to play often and touch the ball more and the venue at Moraga Commons have all seemed to contribute to a new level of enthusiasm for volleyball."

Sand volleyball is, without a doubt, about fun. There's no coaching allowed from the sidelines, but there's plenty of cheering from teammates and the community that has enthusiastically embraced this sport.

On April 18, Saint Mary's (3-1)

takes on Pacific on their home court the first match-up earlier this season. SMC swept Pacific in



Photo Tod Fierner

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