

# Two Local Firefighters Reflect on Work at 'Ground Zero'

By Nick Marnell

dreds of first responders were called in – others came voluntarily – to work on search and recovery missions, and to help with infrastructure on and around Ground Zero, the area known by these men and women as "The Pile."

The lives of two Lamorinda firefighters who helped in this effort would never be the same.

Darrell Lee - Moraga-Orinda Fire District, Station 45, Orinda

Even as a member of the incident management team for the

ollowing the terrorist attacks on Sept. 11, 2001, hun- United States Department of Health and Human Services, in rebuilding the communication system, to get a command cen-MOFD division chief Darrell Lee was jolted by the call he received the morning of Sept. 11.

"The phone rang; it was a call from Washington. I was on duty, at station 41, on a medic unit. They told me what happened. They needed me to come to New York," said Lee.

The terrorist attacks caused a breakdown in the New York City technological infrastructure – electric, gas, broadcasting and telecommunication networks; many key components had resided atop the World Trade Center towers. Lee was recruited to assist

ter up and running for the responders at Ground Zero, including police, fire and ambulance.

To relay important information, "we used runners," said Lee. "As long as crews were within a line of sight of each other, they could communicate using radios. Otherwise, it was the old fashioned 'I need you to get this message to the other side of The Pile."

He will never forget the smell.

... continued on page A14

#### **Quote of the Week:**

"We were following the fire inute by minute on Facebook. We saw the MOFD firefighters along the town border." Read The Far Reach of MOFD, page A11.

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#### LAMORINDA

## Art and Wine Rocks Four Stages Sept. 21-22

**Town News** A2 - A14 Life in Lamorinda B1 - B10 Classified Food В7 Service Directory В7 Not to be Missed B8-B9 **Business** B10 Sports C1 - C3 **HOW TO CONTACT US** C3 Love Lafayette D1-D16 Our Homes This Week Read About: А3 Photos on Display Livable Moraga Road A5 Miner Transformation **A6 B**1 **SMC Volunteers** Gold Coast's 15th B2 Eau de Upgrade **B**5 B10 Cricket Snacks SMC Volleyball C2



2012 Sauvignon Blanc, which received "Gold Medal of Show" at the Contra Costa Wine competition. Photo Andy Scheck

**Sports** 

ook for actual art, wine and rock next weekdend, Sept. 21-22 in downtown Lafayette, not dend, Sept. 21-22 in downtown Lafayette, not dend of the sept. to mention craft beers, lots of tasty food and a kid zone to entertain the younger set. The weekend offers free music from 20 popular cover bands spread out over four musical stages. With bands like Fleetwood Mask, Aja Vu, Petty Theft, geeky charmers the Spazmatics and Zebop (which made a great impression recently at the Moraga concert series), Beatles cover band The Sun Kings and more there's something for everyone. New this year is the Best of the Festival band contest, with voting via text message. "Fun, kids stuff, delicious food, adult beverages, fine art, fine music and finally more fun," said Jay Lifson, executive director of the Lafayette Chamber of Commerce. "Fun is good! Have a little next weekend."

As if the 260 art and crafts booths that offer everything from unique handmade jewelry to paintings, clothes, and gifts wasn't enough, this year the festival will have the America's Cup finals on a big

**C1-C3** 

screen on Saturday, Sept. 21, thanks to Xfinity, which joins Lamorinda Weekly among the event's many sponsors, along with beverages for the thirsty crowd and a food truck alley that will benefit Meals on Wheels.

The music commences at noon, but the festival starts at 10 a.m. both days and runs until 7 p.m. on Saturday and until 6 p.m. on Sunday. The festival is, as usual, free – but tickets to kid zone activities cost between \$1 and \$5, drink tickets cost \$7 for an individual ticket with a beer or wine glass costing \$7. Funds raised go to support local education, the Lafayette Chamber of Commerce and many other local non-profit organizations.

Go to www.lafayettefestival.com for all the details including the music schedule. Free shuttle service will be provided from BART – the festival's preferred parking location; to work off some festival induced calories, there will be secured valet bike parking behind the Art Stage at 81 Lafayette Circle in the Lamorinda Music parking lot.

#### Life in Lamorinda

Vigil Tonight

Remembrance and

**B1-B10** 

## Water Polo Teams **Ready for Competition**

Marissa Harnett previews the season - page C1.



**Our Homes** 

D1-D16

## Dorm Room Décor

Cathy Dausman finds individual style in small, shared spaces page D1.



Lafayette Flag Brigade works to keep 9/11 memories alive - page A14.

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#### Lafayette Civic News

**Public Meetings** 

#### **City Council**

Monday, Sept. 23, 7 p.m. Lafayette Library & Learning Center, Community Hall, 3491 Mt. Diablo Blvd.

#### **Planning Commission**

Monday, Sept. 16, 7 p.m. Lafayette Library & Learning Center, Community Hall, 3491 Mt. Diablo Blvd.

#### **Design Review**

Monday, Sept. 23, 7 p.m. Lafayette Library & Learning Center, Arts & Science Discovery Center, 3491 Mt. Diablo Blvd.

Check online for agendas, meeting notes and announcements

#### **City of Lafayette:**

www.ci.lafayette.ca.us Phone: (925) 284-1968

www.lafayettechamber.org

**Chamber of Commerce:** 

Please submit **Letters and Opinions:** letters@lamorindaweekly.com

## Staff Shake Up at Burton Valley School Program

By Cathy Tyson

parents of the 40 students enrolled in Burton Valley Elementary's Early Intervention program prior to class starting this fall. Five staff members announced their resignations just months before as the 2012-13 school year ended. The program serves special needs students age 3 to 5.

Art Kapoor, president of the school board, noting they are not at liberty to discuss personnel matters, new team in place who participated Fred Brill, superintendent, addressed

here was concern among in a retreat over the summer in preparation for the new year. This is only the first week of school, but by all reports, we are off to a great start. We are confident that we will continue to offer a high quality program for all of the students in our pro-

In an effort to ease the transition for the new school year, there was a recent meet and greet event, where nervous parents were introduced to Sam Sheldon, the new Early Intersaid, "On a positive note, we have a vention Coordinator; in addition

the staffing situation. Sheldon is not the Early Intervention program, new to this type of program; she's worked in the classroom and as an early intervention school psychologist in a nearby community.

Ashley Dunaway was one of many parents surprised at the staff exodus following the culmination of the last school year, which she describes as a "complete collapse" and "shocking." In Dunaway's opinion, parents of children who attended the program several years ago started noticing changes when a new director of student services, who oversees

joined the administration.

Many parents attended a Lafayette School Board meeting recently and voiced their concerns about the program and requested that the administration report-out lessons learned from the exit interviews.

"The Early Intervention program is fully staffed," said Brill. "I am confident that we will maintain a program of the highest quality. There are no philosophical changes in the way the program will be deliv-

## Girl Scout Camp Fighting for Survival

By Cathy Tyson

Twin Canyon on the third tier of a list of camps that are in jeopardy of closing due to debt and non self-sustainability, there was an outpouring of support and a letter writing campaign for the beloved camp that generations of girl scouts have enjoyed, that has saved it, at least for now, from the budget ax. Like many non-profit organizations, donations are down and expenses are up and aging facilities are feeling the pinch. Several women stepped up to spearhead an effort to save the camp in March of 2012.

inding Lafayette Girl Scout camp Calling themselves the Twin Canyon Working Group, they collaborated with Girl Scouts of Northern California staff and summertime user Diablo Day Camp to keep campfires burning for years to come.

Their goal is making the bucolic 65-acre Twin Canyon facility, which first opened in 1954, located at the end of Springhill Road sustainable for the long term, a goal that is going to take more than cookie sales. Over 2,500 campers have access to the facility and its trails each year, while the setting is spectacular and convenient, the vintage buildings need infrastructure upgrades, and the camp is roughly \$70,000 in debt.

Like the Girl Scout program itself which strives to bring girls to responsible womanhood, learning responsi-



bility and leadership skills, these that focused on major projects and a women got down to business and developed a detailed 5-year master plan

Photo Cathy Tyson return to sustainability.

... continued on page A10



Aug. 18-31

Alarm responses (82) Traffic Stops (193) **Alcohol--Public Intoxication** Mt Diablo Bl

**Animal Cruelty** 

Mt Diablo Bl

Pleasant Hill Rd

#### **Burglaries** Auto

Marlene Dr La Caminita Mt Diablo Bl

Moraga Rd/Mt Diablo Bl (2)

**Stolen Vehicle** Mosswood Dr Mt Diablo Bl

Brook St/hough Av Residential

Castleton Pl Via Roble Reliez Valley Rd Upper Happy Valley Rd

#### Mosswood Dr Drugs

#### Happy Valley Rd

Hit & Run

Mt Diablo Bl/Oak Hill Rd Mt Diablo Bl

Hospitalization-mentally ill

Quandt Rd

**Promiscuous shootings** 

Deer Hill Rd/Miller Dr Brook St/East St School St

Mt Diablo Bl Mt Diablo Bl/Village Ctr

#### **Fireworks** 1st St/Monroe Ave

Shooting--occupied dwelling

Reliez Valley Ct

Brandishing a weapon Jennie Ct

**Prowler** Happy Hollow Ct

## Lafayette Police Department Crime Statistics

#### **Reckless Driving**

Acalanes Rd/Mt Diablo Bl Pleasant Hill Rd/ Rancho View Dr

Moraga Rd/School St Pleasant Hill Rd/Springhill Rd Mt Diablo Bl/Village Ctr Acalanes Av/Pleasant Hill Rd

#### **Theft**

- Grand Via Roble
- Wilkinson Ln
- ID Mt Diablo Bl Glen Rd Huntleigh Dr
- Glen Rd Petty Dewing Ave

#### Mt Diablo Bl (8)

Trespassing Camino Diablo

#### Hamlin Rd Vandalism

Moraga Bl Silverado Dr (2) Carol Ln

Mt Diablo Bl

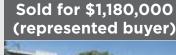




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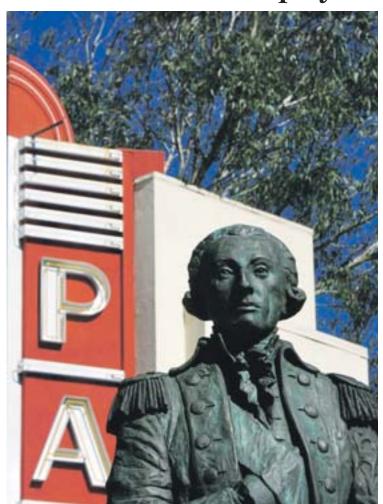


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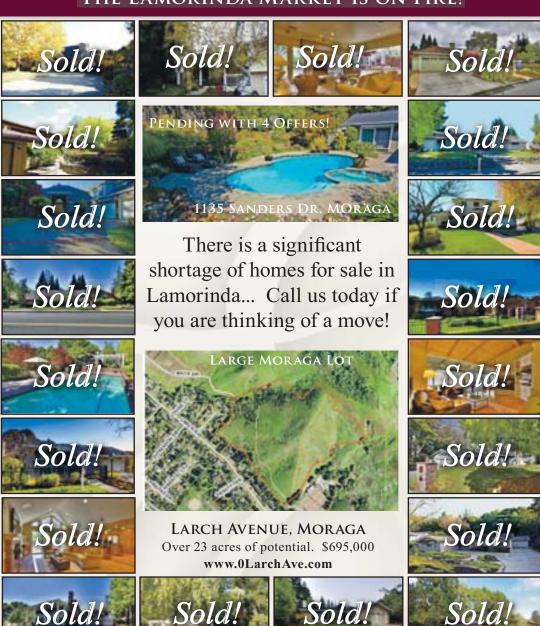
## **City Photo Contest Submissions on Display**



raphers, who live or any live of the live views of quintessential landmarks like Johnny's Donuts to the Round Up to the Reservoir and way beyond, creative kids and adults sought out images that symbolize the contest name, "A day in the life of Lafayette." All

raphers who live or work in viewed all of the entries and after Lafayette will be displayed in the much deliberation selected five for jugallery of the Community Hall of the rors' awards and five for honorable Lafayette Library and Learning Cen- mention. "We're very pleased with ter Sept. 9 through Nov. 12. From the turnout for our first year," said Lindy Chan, senior planner. "We hope to do it again next year." Open hours for the lobby of the Community Hall are limited to when the building is open for public meetings – every Monday night from 7 p.m. forward, the photos were taken during the but check with library staff to inquire longest day of the year, June 21. The about other times. C. Tyson

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LAMORINDA WEEKLY

## Moraga

#### **Civic News**

#### **Public Meetings**

**Town Council** 

1010 Camino Pablo

Wednesday, Sept. 25, 7 p.m. Wed. Sept. 11, 7 p.m. canceled Joaquin Moraga Intermediate School,

#### **Planning Commission**

Monday, Sept. 16, 7 p.m. Moraga Library, 1500 St. Mary's Rd.

#### **Design Review**

Monday, Sept. 23, 7 p.m. Moraga Library, 1500 St. Mary's Rd.

Check online for agendas, meeting notes and announcements

#### Town of Moraga:

www.moraga.ca.us Phone: (925) 888-7022

**Chamber of Commerce:** www.moragachamber.org Moraga Citizens' Network:

www.moragacitizensnetwork.org



#### **Police** Report

D.U.I. 8/27/13 An 18-year-old male and his 16-year-old female passenger were stopped when the vehicle drove through a stop sign at the intersection of Camino Pablo and Hodges Drive at 2:30 a.m. The driver showed signs of intoxication and flunked his field sobriety test. Turns out the young lady had snuck out of the house and her mom didn't know where she was. The mom was surprised at her whereabouts and came to pick her up. A parent's nightmare.

Petty theft, 8/24/13 An unlocked car and a purse in plain view - not a terrific combination. Presumably the parking area at Joaquin Moraga Intermediate School is safe - but there's a reason the cops call these crimes of opportunity. Upon her return, the victim noticed her purse had been rifled through and \$300 cash and a credit card were taken. No leads at this time.

Hot dog, 8/24/13 Police responded to a call reporting a dog locked in a vehicle on Moraga Road on a warm day. Apparently the pooch was not in duress, the car was parked in the shade and the windows were open. The owner returned to the car shortly after the cops arrived. The owner explained she knew the hazards of leaving an animal inside a car, which is why she parked in the shade.

D.U.I. 8/24/13 In the wee hours of the morning police pulled over a Chevy Silverado pick-up on Moraga Road north of Campolindo Drive after watching the car cross a double yellow line and nearly collide with the officer's patrol vehicle. No, that wasn't perfume, but eau de alcohol officers sniffed. The driver's blood alcohol level was 0.10 percent, so he was arrested for D.U.I., taken to the police department and later released to a family member after signing a Promise to Appear. Kind of like death and taxes, signing a promise to the police.

Loud Party, 8/23/13 Law enforcement responded to a loud party on Ascot Drive. Cops could clearly hear the festivities from approximately 50 feet away. About 60 unwanted partygoers were "removed," notes the police report, after cops advised them of the noise complaint. The host apartment dweller got an official warning.

Fire assist, 8/23/13 There was a garage fire at a home on Sullivan Drive around 9 p.m. Police contacted neighbors who advised that the homeowners were not there and they (the neighbors) had extinguished the fire. MOFD arrived and had to open the wall to gain access to the residence to ensure that the fire had been properly extinguished. Shortly thereafter the homeowner arrived and found out the cause appeared to be faulty electrical wiring in the garage. The damage is estimated at \$10,000.



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## Making a Local Treasure More Visible

The Hacienda Foundation's strategic plan

By Sophie Braccini



Hacienda entrance

Town Council an update on its aga has been improved over the last work toward development of a seven years through the leadership strategic plan for the Hacienda de of the private foundation. las Flores, the town-owned property at 2100 Donald Drive that through rentals for weddings and serves as Moraga's community recreation classes, and recently be-

he Hacienda Foundation re- center. The historic building that came a popular spot for breakfast and cently gave the Moraga many regard as the jewel of Mor-

The property generates revenue

Photo Andy Scheck lunch. But several challenges remain: the facility still costs the town about

\$200,000 every year; the largely unoccupied second floor is not ADA compliant; the area remains an elusive destination due to a lack of signage; and parking is limited.

"Our mission is to enhance, preserve and promote the Hacienda de las Flores," Steve Woehleke, the foundation's president, said during his Aug. 28 presentation to the Town Council. "We have accomplished many projects, optimizing the current facility and its grounds. We need your support to continue."

The Hacienda Foundation is a private entity comprised of residents who give their time and competence pro bono to foster its mission. The foundation established several popular annual community events, including the Cinco de Mayo and Oktoberfest celebrations, and has conducted renovation projects such as the recent restoration of the Pavilion. "Even more valuable than the direct funding is the professional services provided free-of-charge by board members," said Woehleke, referring to the countless hours of conception, design, project management and execution of the projects.

... continued on page A13

## Make Your Neighborhood Safe

Moraga Night Out is Sept. 22

**By Sophie Braccini** 

## 2013 Moraga Night Out

September 22, 2013





Image provided

he devastating fire in the Sierras and the perception of an increase in the number of home and car burglaries closer to home have Moraga residents asking questions about their safety. The town's first Moraga Night Out on Sept. 22 is a perfect opportunity to get answers. Think of it as a block party with special guests police and fire safety professionals, who will come to share information.

The event is a project of the Moraga Citizens Corps Council. In Orinda, the annual event is well established and many neighborhoods are in the habit of getting together every year. In Moraga, three neighborhoods have signed up so far, in the Sanders Drive/Carr Drive area and Campolindo. In addition, restaurants at the Rheem Center will feature "Family Specials." Most of the events will be held from 4 to 6 p.m.

"The traditional National Night Out has a crime prevention focus," says Dennis Rein, safety coordinator for the Moraga-Orinda Fire District. "Ours will be broader based and in-

clude crime prevention, emergency preparedness, fire safety and an opportunity to meet our local political leaders, police and firefighters, and see emergency vehicles up close." He adds that, in his professional opinion, a large part of emergency preparedness is about creating relationships and knowing what to do when something out of the ordinary happens. "Knowing your neighbors and the capabilities of local police and firefighters will help us all get through the Yosemite.

variety of get-togethers, ranging from mation about current crime trends and a barbecue at the neighborhood pool to an ice cream social. The Moraga Chamber of Commerce invites residents to come to the Rheem Center and get to know their neighbors and the business community. Police and fire representatives will be on hand to answer questions. The Rheem event is from 4 to 6 p.m. and involves the art gallery as well as the restaurants.

"I thought it was a good idea," says Gordon Nathan, who lives on Carr Drive and has been talking to his

neighbors about emergency preparedness for years. "It is important that we think about keeping safe, and having neighbors get together to talk about it is a great idea." In his neighborhood, Nathan has invited people in 47 homes to come to his house for a potluck dinner, and there will be games for the kids.

Moraga police lieutenant Jeff Price is in charge of organizing the visits of his officers to neighborhoods. "It is important for us that people be next big disaster," says Rein, who just on the lookout and know their neighreturned from the Rim Fire scene in bors," he says. On Sept. 22, officers will visit the neighborhoods having a Neighborhoods are organizing a Night Out event and will share inforhow to make homes less attractive to would-be criminals.

> 'Neighborhood' in Moraga is a loosely defined concept. "There are really no boundaries to a neighborhood. What's important is getting people together," says Rein. There is still time to invite your neighbors and register your block party with the town - just send an email to nightout@moraga.ca.us to schedule visits from elected officials, police, and fire representatives.







#### Page: A5

## Magic Cuts moved to Lafayette!



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## Livable Moraga Road Project

By Sophie Braccini



oraga's newly launched Livable Moraga Road project aims to improve transit and connectivity for all types of users – drivers, bicyclists and pedestrians – along the Moraga Road corridor between St. Mary's Road and Campolindo High School.

Current challenges facing this major thoroughfare include heavy congestion in the morning as students arrive at school, disconnected pedestrian and bicycle paths, and dangerous crossings. The effort will focus on community-based planning and consensus building. The initial study phase will include several public meetings and a tour. Interested residents should mark their calendars for ect's Welcome Meeting, and Satur-

whole area and share ideas. "The idea came from the 2011 and input.

public workshops (which centered on creating a vision for the Rheem Center) and the need to improve traffic flow, security, pedestrian transit and area," explained Ellen Clark, senior planner, in her presentation to the Moraga Town Council on Aug. 28.

Late last year the town received a \$335,000 award from the Contra Costa County Transportation for Livable Communities Grant program. The money will be used to fund the entirety of a contract with consultant Alta Planning and Design. The result will be a comprehensive vision for Moraga Road, a list of strategic improvements leading to developed designs for key intersections and road segments to be used to secure funding and construct needed improvements.

"A critical point is the public outreach campaign conducted by Alta to engage the community," said Clark. "We will do publicity, send mailers, do personal outreach, presentations to community groups, and conduct Thursday, Oct. 3 to attend the proj-many public events." One of the early events is the morning-long, on day, Oct. 5 for a Community the ground, walking/biking tour on Walking/Biking Tour to explore the Oct. 5, for Moragans of all ages, with the intent to capture public opinion

The town will host a welcome meeting Oct. 3 to introduce the project's goals and the team.

A series of public workshops will connections to the schools in the be held over the next several months. In late October or early November Moragans will discuss their vision for the corridor, review existing conditions, and provide input on key issues, opportunities and concerns that can be addressed through planning and design. At the second workshop, slated for the spring of 2014, residents will discuss preliminary options and solutions developed by the consultant team based on public input at the first workshop. And later next spring, at the third workshop, participants will review the draft preferred concepts, and provide input on any adjustments or modifications that might be needed before final draft plans are developed.

During the public comment period Aug. 28, resident Scott Bowhay proposed that the creation of a formal entrance to the Hacienda de las Flores on Moraga Road be included in the plan (see the related article "Making a Local Treasure More Visible") and Graig Crossley asked for an option to widen Moraga Road near the Commons Park where it's currently only two lanes. ... continued on page A13

## Questions about Healthcare Reform?

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Lisa Brydon/Kristi Ives



LAMORINDA WEEKLY

**Public Meetings** 

#### **City Council**

Community Room, City Hall Tuesday, Sept. 17, 7 p.m. Auditorium, Orinda Library, 26 Orinda Way

#### **Planning Commission**

Tuesday, Sept. 24, 7 p.m. Auditorium, Orinda Library, 26 Orinda Way

#### **Finance Advisory** Committee

Wednesday, Sept. 25, 6 p.m. Community Room, Orinda City Hall, 22 Orinda Way

Check online for agendas, meeting notes and announcements

#### **City of Orinda:**

www.cityoforinda.org Phone (925) 253-4200

#### **Chamber of Commerce:** www.orindachamber.org

The Orinda Association: www.orindaassociation.org



#### **Orinda Police Department Crime Statistics** Aug. 1-31

Calls for Service:

#### False Residential Alarms (117)

Assault with a Deadly Weapon Hwy 24/Wilder Rd

Knickerbocker Ln

#### **Auto Burglary**

Rio Vista Warford Terrace Theatre Square

Cal Shakes Way/Wilder

#### **Commercial Burglary**

Camino Sobrante **Residential Burglary** 

Southwood Dr

Los Altos Rd Moraga Way

Camino del Diablo

Alice Place Santa Lucia

Miner Rd

**Petty Theft from Vehicle** Orinda Way

Arrests: **Probation Violation** 

Orinda Way

#### **DUI Misdemeanor**

Camino Encinas/Moraga Way Camino Pablo

**DUI Felony** 

Camino Pablo

Felony Battery on a Police Officer Ivy Dr

Orinda BART Reports/Arrests: not available at press time

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## A Miner Transformation in Orinda?

City and PG&E consider undergrounding utility lines and making major thoroughfare safer

By Laurie Snyder

dusted off a pair of old Public Works plans on Sept. 3 which could potentially transfigure a major portion of Miner Road.

The first, which would involve the undergrounding by PG&E of overhead utility lines along Miner from Camino Pablo to Lombardy Lane, last saw significant action by the City Council nearly 10 years ago when it adopted Resolution 59-04, following a public hearing, to create a Rule 20-A underground district. Although the city worked with PG&E staff to plan the project, progress stalled when PG&E ended up deferring it due to a lack of funding. According to the staff report, PG&E finally re-approached city leaders earlier this year because PG&E is now "attempting to clear the backlog of these types of undergrounding projects." (For Rule 20-A information, visit: www.pge.com/myhome/customerservice/energystat us/streetconstruction/rule20/.)

In addition to hearing a pres-

he Orinda City Council entation by PG&E about the company's latest plans for the undergrounding, council members also began revisiting the possible creation of a pedestrian trail along the same section of Miner Road. Creation of a trail had first been considered by city leaders in the late 1990s, and then again in 2004 and 2009. As described in the staff report, "The plan at the time was to coordinate the trail project and the PG&E project in an effort to share the available space within the road right of way to create a joint location just off the existing edge of pavement for the trail and buried utility lines." Theoretically, the proposed trail would have made it safer for cars, pedestrians and bicyclists to coexist, but the initiative was removed from the city's Capital Improvement Plan after the City Council decided in 2009 against a feasibility study.

> "Tonight is merely intended to be informational," emphasized Mayor Amy Worth as she explained that current council mem-

bers were just at the beginning of Miner Road. One described the fore. A formal public hearing will to happen." Others asked whether be scheduled at a later date.

to relocate the utility lines within Council to consider other sites Miner's existing roadway pavement "except when connecting with vaults and splice boxes to be placed just off the existing edge of pavement. PG&E believes this design is necessary due to lack of right of way and physical flat space off the existing edge of pavement." In prior discussions, PG&E had planned to place those same lines in a joint trench off the pavement edge, enabling the city to place a new pedestrian trail on top. City staff believes this redesign may now make it easier for the city to build the trail because PG&E would be grading areas around the splice boxes and vaults and removing existing utility poles.

Seven residents spoke during the public forum; several encourpedestrian and bicycle safety on on the city's website.

their look at all that had come be- status quo as "an accident waiting it might not be prudent, after At this juncture, PG&E hopes PG&E's long delay, for the City which might now be more important candidates for underground-

> Councilmember Dean Orr led council's questioning of PG&E asking, among other things, if the undergrounding meant that telephone and other utilities would also be included. PG&E representatives affirmed that this would be the case due to Rule 20-A.

> Chuck Swanson, Orinda's director of public works, suggested that PG&E might wish to conduct a public workshop over and above the City Council's formal public hearing. Council members continued to stress that the dialogue has just begun. "Stay tuned," said Worth.

To learn more, read the staff report and listen to the meeting aged council members to improve audio, both of which are available

## Have a Night Out with Your Neighbors

Sixth Annual Orinda Night Out is Sept. 12

#### **By Laurie Snyder**

the helpers. You will always find Rogers people who are helping." To this

mother would say to me, "Look for people in this world. – Mister

words, and I am always comforted be criminals tomorrow night, Sept. mote involvement in crime preven-year.

Out celebration.

When I was a boy and I would see by realizing that there are still so 12, from 5 to 8 p.m. as part of the tion activities, police-community scary things in the news, my many helpers - so many caring city's Sixth Annual Orinda Night partnerships, neighborhood camaraderie and send a message to crim-National Night Out was inals letting them know that undreds of Orindans will launched in 1984, according to the neighborhoods are organized and day, especially in times of "disas- belly laugh, bond and begin website of the National Association fighting back." Roughly 2.5 million ter," I remember my mother's to take a bigger bite out of would- of Town Watch (NATW), "to pro- Americans participated that first ... continued on page A9







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Friday Night Pre-Party, September 20th, 7pm

#### "DANCING WITH THE CARS"

Saturday,

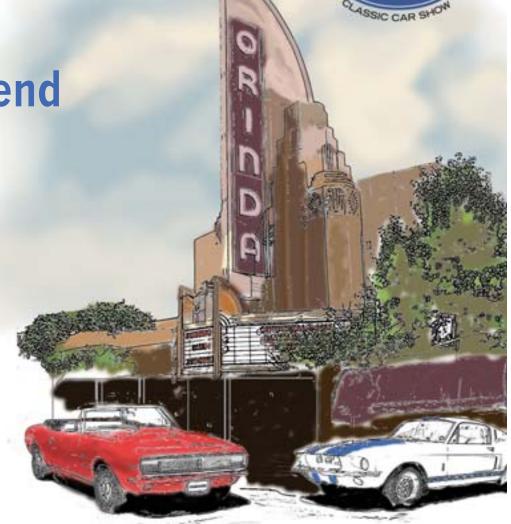
September 21st, 10am-3pm

#### ORINDA CLASSIC CAR SHOW

Sunday,

September 22nd, 5:30pm and 7:45pm

"SPEED ON THE SCREEN"



Enjoy vintage and modern exotic cars and motorcycles, food, music, and more! The show will be held in Orinda Village on Orinda Way and the 16th fairway of Orinda Country Club. Join us as a spectator or to show your car or motorcycle! Register online today!

## Enter Your Car and Make Party Reservations Today at www.OrindaCarShow.com

These events benefit the Seniors Around Town transportation program, Educational Foundation of Orinda, and other local charities. We would like to thank our partners for helping make these events happen: Orinda Association, Orinda Rotary, Orinda Historical Society, Orinda Country Club, Orinda Chamber of Commerce, Educational Foundation of Orinda, Orinda Arts Council, and Seniors Around Town.

#### **Event Schedule**

Friday, September 20th, 7pm

"DANCING WITH THE CARS" FRIDAY NIGHT PRE-PARTY

The presenting sponsor for this great event is Mechanics Bank.

A Bootlegger's Bash

Come Party in the Plaza! Step back to the Roaring 20's and party under the stars in the plaza at Club 26, Orinda's notorious speakeasy (aka Orinda Library Plaza).

Buy your tickets at: www.OrindaCarShow.com

Space is limited so don't wait. NO WALK-INS WILL BE ALLOWED.

For our guests' pleasure, there will be a private showing of exquisite classic cars

from the 20's and 30's and ample champagne and bathtub gin to ensure a good time. The evening will feature hosted cocktails, dinner, music and a live auction. Proceeds of

#### Saturday

#### **Free Admission**

#### September 21st, 10am - 3pm

9TH ANNUAL ORINDA CLASSIC CAR SHOW The presenting sponsor for this great event is Orinda Motors.

this event primarily benefit the Educational Foundation of Orinda.

- The show will be held in Orinda Village around Orinda Motors and on Orinda Way.
- This year's car show will expand again to include the 16th fairway at Orinda Country Club with food and beverages served on the fairway!!!
- + 200 Classic and modern exotic cars as well as unique motorcycles
- Lamorinda Idol Winners Performance at Noon
- There will be a special exhibit of Lotus race and sports cars as well as cars that were featured in both of the "Gone in 60 Seconds" movies
- Shaded seating for over 100 to enjoy lunch and refreshments from the Car Show BBQ Booth and Orinda County Club Taco Bar
- · Loard's Ice Cream and Candy
- Ride in the Parade of Classic Cars at 3pm • Buy a 2013 Car Show T-Shirt

Proceeds benefit local charities: Seniors Around Town, Educational Foundation of Orinda, Orinda Historical Society, and other local charities

#### Sunday

#### September 22nd, 5:30 and 7:45pm

"SPEED ON THE SCREEN" Gone In 60 Seconds....Twice!

Conclude the great weekend with two American movie classics at the classic art deco Orinda Theatre! Imagine a special screening of both of the "Gone in 60 Seconds" films! Two of the greatest car theft and chase films in history right at the Orinda Theater. Admission \$10 each showing, beer and wine included.

See a Special Exhibit of cars featured in the classic "Gone in Sixty Seconds" movies.



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**Supporting Sponsors:** 

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Special thanks to the Rotary Club of Orinda for producing this party!

#### ORINDA CLASSIC CAR SHOW SPONSORS



**Presenting Sponsor:** 



Supporting Sponsors: Aetna, Bay Cities Paving and Grading, Berry Bros. Towing, Business Breakthroughs, Clark Thompson-Village Associates, EPIC Insurance, Fed Ex Office, First American Title, F'Real Foods, Lamorinda Weekly, Mechanic's Bank, Merrill Lynch, Mobile Master Detail, John Muir Healthcare, The Orinda News, Pacific Business Centers, Park Place Advisors, Pulte Homes, Recuerdo Wines, Safeway

#### "SPEED ON THE SCREEN" MOVIE SPONSORS



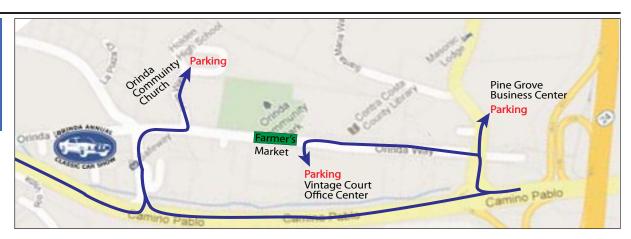


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- · Orinda Community Church and Holden High School, Irwin Way
- Vintage Office Building, Orinda Way
- Pine Grove Business Center, Santa Maria Way





## Villagers with Forks to Storm Orinda

Orinda Chamber hosts Sixth Annual Restaurant Tour Sept. 24

By Laurie Snyder



Getting a taste at last year's tour.

Photo Ohlen Alexander

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Bay Area foodies will unleash their inner Anthony Bourdains once again Sept.24, roaming the streets of Orinda in an ecstatic exploration of local epicurean excellence as the Orinda Chamber of Commerce's Sixth Annual Restaurant Tour kicks off at 5:30 p.m.

The annual eating experience has become a sellout event, attracting everyone from the most serious of gourmands to those who simply enjoy great conversation over wonderful wine. For the price of admission, each ticket holder will munch on mouthwatering morsels from participating restaurants – taste treats which have been known to make many a regular patron's eyes roll in pleasure. Ticket sales will be limited to just 250 attendees, and are priced at \$40 for advance purchase (\$45 on the day of the event if available). On-site registration will be open at Theatre Square from 5:30 to 6:30 p.m. with the dining dash to take place from 6 to 8 p.m. and dessert from 8 to 8:30 p.m.

Best of all, it will be even easier than ever this year for gastronomic gumshoes to sample their way from the Theatre District to the Village. A cable car trolley – complete with live entertainment – will ferry the merry attendees. Chamber president Sylvia Jorgenson describes the tour as Orinda's "best couples' night on the town."

So, pull on a pair of loose-fitting pants, and grab your best bud and a couple of bibs. Elastic waistbands are chic when celebrating September in Orinda. For more Information, visit the Chamber's website: www.orindachamber.org/OrindaRestaurantTour2013.htm.

#### MARY H. SMITH, D.D.S. CECELIA THOMAS, D.D.S.

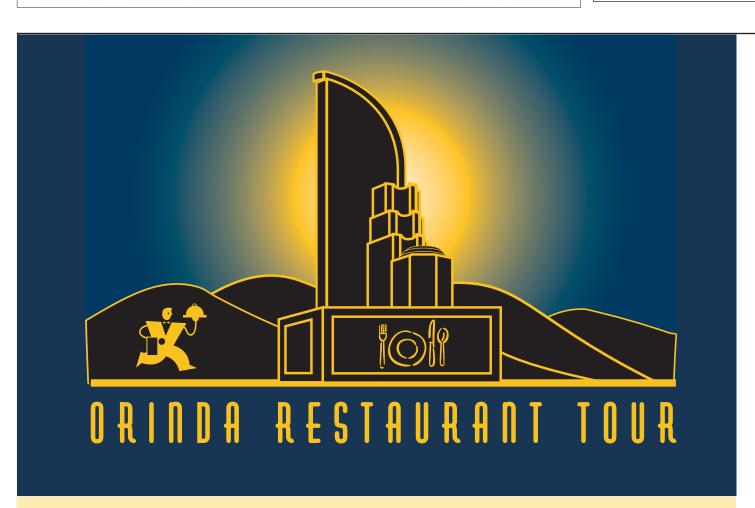
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For more information please call the Orinda Chamber at (925) 254-3909

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## Have a Night Out with Your Neighbors

#### ... continued from page A6

Now, more than 15,000 communities mobilize over 37 million neighbors across the U.S. and Canada. Mem-

globe. More than 600 residents participated just in Orinda events last year, says city manager Janet Keeter. Neighborhood organizers planned family-friendly ice cream socials, pool parties, potluck dinners, and other special activities for children and adults. The luckiest of kids caught some serious air time cournear you, or to schedule a visit by bouncy house. "There are so many with your neighbors, meet those you 0311.

don't know and share information to make our town safe."

Representatives from the Orinda bers of the military, and their fami- Citizen Corps Council will be fanning lies, participate at bases across the out across the city in partnership with Keeter, public safety personnel from the Orinda Police Department and Moraga-Orinda Fire District and members of the Orinda City Council, talking with children and adults about ways to make individual neighborhoods and the entire city a friendly, safe place for all residents.

To learn more about an event tesy of parents who procured a city staff at your neighborhood safety celebration, contact: pattiyways to enjoy sharing an evening oung1@comcast.net or (510) 910-

Correction, issue date Aug. 28, 2013, Early Childhood Education a Phair Bet: In expressing their opposition to a proposed zoning variance change requested by Fountainhead Montessori School for the old Phair's store, Robert and Karen Burt noted that the Phair's property and adjoining land "represent a one-time planning and development opportunity that would produce a higher and better use than would occur if the Phair's property alone were to be developed for a school."

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& secluded view lot. Scott Winburne BRF#00466182



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ORINDA 4/2.5. Over 3500 sq.ft on .67 acre lot. Lrg 2/2. Classic Berkeley bungalow with bdrms plus game rm. Across Dalewood

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BART/12 yrs schools. BRE#01482496 Tom Stack



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Glenn Beaubelle



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visit our website www.bayareadrainage.com 1978 we have paid a 1/8 percent sales tax (AB 1107) for the sole benefit of the San Francisco Muni and AC Transit systems. The Metropolitan Transportation Commission (MTC), with nudging from our city councils and Supervisor Candace Andersen, must change this unfair arrangement.

For every \$16.00 in taxable purchases here, one penny is sent to Muni and another penny to AC Transit. Not a bit of that money is returned to the 1,000,000 residents of the inland East Bay (925 telephone area code).

The inland East Bay includes 30 percent of the population subject to the tax. Its cities paid 26 percent of tax revenues in 2011. Yet none of the \$16.5 million that the inland East Bay contributes each year is returned to the inland East Bay.

In contrast, San Francisco accounts for just 24 percent of the population subject to the tax and 29 percent of revenues. Yet the MTC always sends half of the revenue to San Francisco. Muni has given its employees unsustainable pay and benefits literally on our dime (see 2010 S.F. Measure G). Our money should be kept here to satisfy our local transportation demands instead of being shunted to a big-city slush fund.

The Bay Area has changed dramatically since this tax began 35 years ago. The inland East Bay, including Lamorinda, has grown considerably. AC Transit has stopped serving the inland East Bay; we have created our own transit agencies (e.g., County Connection). We have unmet local transportation needs, including crumbling roads, that could be resolved with our \$16.5 million that we annually export over the hills. It's time for the MTC to utilize its power under Public Utilities Code section 29142.2(b) and keep our "fair share" of the AB 1107 sales tax funds here in the inland East Bay.

millions of "one way" subsidies we have paid all

to Supervisor Andersen to demand that they that ask MTC to keep our "fair share" of the AB 1107 sales tax for local transportation needs. Orinda residents: please also write directly to Councilmember Amy Rein Worth, the current MTC chair. Stop raising our local taxes to compensate for this one-sided transfer of our money over the hills.

Jason A. Bezis Lafayette

Lamorindans may be surprised to learn that since Regarding the upcoming issue of modifying Moraga's long existing laws and policies for ridgelines and slopes:

email: letters@lamorindaweekly.com; Regular mail: Lamorinda Weekly, P.O.Box 6133, Moraga, CA 94570

Editor:

Moraga will be initiating yet another round of unwarranted changes to our current, very significant and regulated Town laws and policies which effect development on our hillsides and ridgelines. These actions, though appearing benign and innocuous to most Moragans, are in fact, very aggressive and belligerent actions that seek to implement policies from the recent failed voter initiative, "MOSO 2008". These changes will expand the scope and will seek to impose "selected and targeted" modifications to our laws which will take away what few, remaining property rights still exist for these targeted parcels.

To be clear, our most significant ridges - which have been identified in our General Plan and by MOSO, both major and minor ridges, are NOT in jeopardy of development - they are in fact very well protected by (the original) MOSO. MOSO prohibits home development on our most prominent, visible, and significant ridges and slopes. They are protected and will continue to be protected.

The problem is - a select group, wants to apply these same restrictions to land that is not visually prominent or even zoned Open Space. They want to apply these restrictions to land that has been anticipated and planned for single family homes even before our Town incorporated in 1974 and has been planned for in our original General Plan and in all following amendments.

These potential homes are very important to the long term survival of Moraga as we know it. They will help retain our vision as a single family home community - Blessed with an abundance of scenic vistas and open space, and will help insure our town's future financial viability (please see Town's EPS 2008 9212 Study which shows how significantly new homes generate Furthermore, when the next BART strike happens, revenues for our schools and local government). These AC Transit and Muni have a duty to send buses here potential homes will generate the motivated families to shuttle our residents through the Caldecott Tun- and the critical projected revenues, to support and ennel. We deserve something in return for the \$100 hance our schools, police and fire protective services as well as providing for many of the lacking amenities our community currently lacks.

Please write to your local city councilmembers and In conclusion, this unwarranted pre-emptive effort to rewrite our current rules and preclude potential new single family development will take away property rights, will initiate legal action, and will decrease local control in favor regional efforts such as Plan Bay Area and its' "stack and pack" smart growth philosophy. Finally it will severely impact our community and our important institutions, such as our schools, from prospering and flourishing by restricting critically needed future revenues.

> David Bruzzone Moraga

## **Civic News** Lafayette

## Girl Scout Camp Fighting for Survival

... continued from page A2

"The Break-Even Plan includes a combination of revenue growth and expense reductions that will reduce current losses by 50 percent no later than the FY 2014 budget and achieve full break-even operations no later than the FY 2017 budget," said Sandra Patterson of the working group. They set specific, attainable monetary goals to meet and have a plan in place to evaluate their situation.

"If we do not meet the goals set, then yes, Girl Scouts will have to decide if they want to spend the extra money to keep it open. And that could include closing the camp," said Patterson.

Needs at the camp include a new roof on the pool house and commercial toilets for the "Junior Biffy" an acronym for "bathrooms in forest for you," pointed out site manager Jock

Eggers. "Woodchuck" is a funky, yet charming building that was put together by volunteers in the 1960s using actual telephone poles and redwood siding; now the roof is clearly the years may be on the list to be tinez. mothballed.

Only three miles from civilization, the camp's location in the oak studded rolling hills above Lafayette makes it convenient, and coupled with fully outfitted camping areas, an ideal spot for scores of Girl Scout troops in the East Bay. Each camping area has dedicated picnic tables and sturdy barbecue areas, perfect for marshmallow roasting, and even running water nearby along with fire extinguishers, a grand outdoor amphitheater, and restroom facilities

with flushable, although dated, toilets that take the edge off of roughing it. Easy hiking trails are part of the camp and for those looking for more of a workout, Briones Open Space is moldy and sagging. This relic that directly adjacent allowing dedicated has seen its share of campers over hikers to make it all the way to Mar-

Volunteers are mindful of funds people donate, trying to balance strategic improvements, yet still keeps costs reasonable for Girl Scout campers and outside groups who rent the facility, said Karyn Kleimnann, the team coordinator for the group. Now that they have a plan in place, they need to implement it - enter their upcoming October Hike-athon. For more information contact the hike coordinator at Twin-CanyonGSCampHikeathon2013@g mail.com.

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## The Far Reach of MOFD

By Nick Marnell



Left to right: Russ Stratton, Terry Wolff Stratton, Mike Lacy and Darren Bourne.

nto captain Mike Lacy's office lons of water, possibly do to combat rushed Moraga-Orinda Fire District battalion chief Sean Perkins.

Perkins.

along with two firefighters and an enfire circle the lake. gineer, headed out state route 120 to Groveland ... and the Rim Fire.

It was Lacy's first day as MOFD captain.

The emotions of the crew as it rolled toward Yosemite Valley ran the gamut, he said. Am I ready? Will we be able to put this thing out? What

Photo Ohlen Alexander

Upon arrival at the command "Are you ready to go?" asked center Lacy's team was given its assignment: Pine Mountain Lake. Their By late afternoon Aug. 21, Lacy, job was to protect homes should the

this monster of a fire?

"Most of the people had evacuated," said Lacy. "And it was impressive how prepared they were. They knew from experience. The defensible space around those homes was A-plus."

But how do you prepare for the human reaction?

"Please save my toys and my can our one engine, and its 800 gal- house," pleaded a young boy. At the

same time, Lacy was speaking with the boy's father. "What's the reality?" the dad asked. "Is my house going to be here?"

It was a happy ending for the Pine Mountain Lake area. There were no casualties, and no structures were lost.

Terry Wolff Stratton owns a home there. "We were following the fire minute by minute on Facebook," said Stratton. "We saw the MOFD firefighters along the town border. My husband and I would like to thank

"It's 100 percent professional," said Lacy, speaking of the reciprocal aid among fire agencies. "If something like that ever happened in our district, the firefighters from Groveland will come here. Our citizens will receive the exact same treatment in return."



**Moraga-Orinda Fire District Board of Directors** Meetings

Next meeting:

Wednesday, Sept. 18

Go to www.mofd.org as the meeting date approaches for location and more information)



#### **Removal of Hazardous Trees/Branches**















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## Reality Is Setting In

MOFD acknowledges painful times ahead

By Nick Marnell irector Steve Anderson of the stated at its Sept. 4 finance committee workshop that the district must consider implementing something once deemed unimaginable: service reductions, including the laying off of employees.

Anderson, a member of the MOFD finance committee along with Alex Evans, explained the district's financial situation simply and clearly: "We cannot sustain the losses of the next two years. It is critical that something be done." Anderson conducted the workshop that included interim fire chief Stephen Healy and administrative services director Gloriann Sasser; director Evans was absent.

The district called the workshop to present to the public its revised 2013-14 fiscal year budget, and its updated long range financial plan. Some of the highlights included a \$500,000 greater than expected operating loss for fiscal year 2012-13, mostly due to overtime charges, resulting in a loss of \$1.3 million; a projected operating loss of \$1.2 million for 2013-14, and a projected loss of over \$2.6 million for 2014-15, mainly attributed to a jump in pension charges of over \$2 million.

Anderson said that he plans to confront the Contra Costa County Employees' Retirement Association, tained that service reductions are simthe district's pension plan administrator, and demand an explanation as to upon the financial information reexactly how the pension increase was calculated. "They maybe need to review how they're calculating the dismost challenging decisions in the discount rate," he said. "If I don't like trict's 16 year history. the way they arrived at the number, I'll have an issue."

CCCERA changed the discount Moraga-Orinda Fire District rate used in calculating unfunded pension liability from 7.75 percent to 7.25 percent, effective July 2014. As a result, the total CCCERA unfunded pension liability of the district rose from \$24 million to \$46 million.

As to what recourse is available to the district if it has an issue with the discount rate, Marilyn Leedom, the chief executive officer of CCCERA, did not return a call seeking comment.

According to Anderson, as far as reigning in district expenses, everything is on the table. And though he was not stating district policy, he indicated that even the laying off of employees needs to be considered by the "Maybe cutting salaries, maybe cutting staffing," said Anderson. "Employees, the union, citizens ... we're all in this together."

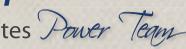
The Contra Costa County Fire Protection District will see its pension charges increase \$9 million in the next fiscal year. In response to its bleak financial situation, the district closed five fire stations this year, with possibly one more to shut down in January. The county Board of Supervisors commissioned a study by fire consultant Fitch and Associates to find alternate ways for ConFire to deliver fire and emergency services in its district.

The MOFD board has long mainply not acceptable. However, based cently made available, the board will be faced with making some of the

The next MOFD board meeting is Wednesday, Sept. 18.

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We are pleased to make space available whenever possible for some of Lamorinda's dedicated community service organizations to submit news and information about their activities. Submissions can be sent to storydesk@lamorindaweekly.com with the subject header In Service to the Community.

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## **Continuing to Care**

#### Second annual 'Trekking for the Troops' hopes to raise money, awareness for wounded vets

tarting Sept. 13, Orinda resident honor of returned veterans. Each frastudent at UC Davis studying political \$1,000 for the Pathway Home, douscience and communication, and 14 bling the efforts from last year's trek. other members of his Sigma Nu fraternity will set out on a 100-mile, 11- out that a third of our veterans returnday hike to raise \$15,000 for the ing from Iraq and Afghanistan expe-Pathway Home, a rehabilitation or- rience some degree of Post Traumatic ganization that works with wounded Stress or Traumatic Brain injury, and veterans to help them regain their that every day an average of 18 vetphysical, mental, and emotional erans commit suicide," Martin wrote strengths. The trek will end by the in a letter to family and friends.

Jake Martin, who is currently a ternity brother has pledged to raise

"Recently, I was shocked to find group summiting Mount Whitney in "Many of these veterans try to cope

with their symptoms from PTSD with alcohol abuse, drug abuse, and spousal abuse. One of Sigma Nu's values is service, where we strive to develop our members through servant leadership while benefitting the community. This is why we created this program dedicated to a balanced service of both donation of time and talents to local organizations. Sigma Nu at UC Davis and The Pathway Home have joined efforts and, throughout the year, we are raising money and awareness to treat these symptoms and safely reintegrate these brave soldiers back into society."

Over the past 4-year period, the Pathway Home, located in Yountville in Napa County, has served 305 warriors and helped over 130 families cope with our returning warriors com-



Orinda resident Jake Martin (fourth from left, striped shirt) on a training hike with Sigma Nu brothers from UC Davis. Photo provided bat-related stress, PTSD, and mental Home, visit

issues arising from traumatic brain inwww.thepathwayhome.org. juries. For information about Pathway J. Wake

## New Board of Directors Announced for

Submitted by Stephen Ware



Jenkins, Mark Larks, Ron Melvin, Buddy Burke, Claire Roberts, Rick Ashburn, John Fazel, and president Hays Englehart. The Rotary Club of Lamorinda Sunrise meets at 7:15 a.m. every Friday morning at Celia's

he Rotary Club of Lamorinda Sunrise recently announced its the new board of directors for 2013-14: from left, Thomas Peeks, Ernie Furtado,

Stephen Ware, Ron Brown, Don

Restaurant.

Lamorinda Sunrise Rotary



Photo provided

## Girls Act as Science 'Upstanders,' Not 'Bystanders' at Stanford Stem Camp

**Submitted by Chris Laszcz-Davis** 

he Orinda-Moraga-Lafayette (OML) branch of the American Association of University Women (AAUW) has granted a total of 53 scholarships to Tech Trek camp for local middle school girls over the past 16 years. This summer, six Lamorinda girls were chosen to attend the week long July, 2013 Grace Hopper Tech Trek Camp at Stanford Univer-

The 2013 LamorindaTech Trek camp scholarship winners were Chun Che Free and Julia Moseyko from Orinda Intermediate School, Natalie Davis and Audrey Moore from Joaquin Moraga Intermediate School, and Molly Mudgett and



From left, top row: Ariella Zulch, Molly Mudget, and Audrey Moore. Bottom row: Natalie Davis, Julia Moseyko, and Chun Che Free. Photo provided

Ariella Zulch from Stanley Middle School. These outstanding students with a passion for science and math were selected on the basis of written applications and personal interviews, potential career goals, and their other outside interests. Potential career goals spanned a broad range of pursuits, including marine biologist, high-tech entrepreneur, mechanical or civil engineer, inventor, mathe-

matician, and fighter pilot. The camp was kicked off by an inspiring speech by former judge Ladoris Cordell, who challenged the girls to be "upstanders" rather than "bystanders" in life. After returning from the Stanford University science camp this summer, the girls spoke of fabulous "hands on" experiences including: constructing a robot with sensors and programmable actions – like turning a figure 8 or slamming a golf ball – learning how to suture from a veterinarian; dissecting a squid; constructing balloon-powered and mousetrap-powered car models

designed for long travel or for speed; extracting DNA from strawberries; and visiting the NASA history museum with spectacular auditorium views of the heavenly bodies.

OML Dorm Moms (and AAUW members) Gail Chesler and Jan Cushman kept very busy with the six OML campers and 16 additional girls from other districts in their dorm groups, facilitating the girls week so they optimized their learning and their adven-

The girls also participated in Professional Women's Night - sort of like "speed dating" for the girls to meet and ask questions of 12 women with STEM (Science, Technology, Engineering & Math)-related careers.

AAUW will be selecting another round of Tech Trekkers in the spring of 2014, and some of the 2013 girls may have a chance to return as junior counselors in 2016. For information about the AAUW-OML Tech Trek and Scholarship programs, visit www.aauw-techtrek.org.





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## Civic News Moraga

## Making a Local Treasure **More Visible**

#### ... continued from page A4

The foundation's recommendaenue, and the promotion of the Pavilion as venue for cultural events.

vacated two areas on the Hacienda property: the second floor, which once housed town offices, and some land along Moraga Road that was the town's corporation yard but is unused at this time.

Foundation board members believe that a marketing study of potential uses of the second floor should be conducted before any renovation work begins. "The cost of the renovation will be significant," said Woehleke; in addition to being ADA non-compliant, the second floor has out-dated restroom facilities and many fixtures, such as windows, need to be replaced.

that certain projects be conducted to improve the revenue stream coming from the Hacienda. "We would like to replace the existing fountain patio at the main Hacienda building with a larger, hardscape patio area to accommodate larger groups and events outdoors," said Woehleke. "We would also like to improve and enlarge the Pavilion's bar and kitchen functionality."

One of Woehleke's main points was the necessity of creating additional parking spaces at the former corporation yard in combination with establishing greater visibility from Moraga Road. The Hacienda has an entrance on Moraga Road but it is not for public use – visitors must enter the property from Donald Drive. The seclusion of the venue is part of its charm, but it is a challenge as well.

Bob Reynolds, a retail profes-

sional and former foundation board tions to the Town Council included member, said that lack of visibility is continuing weekend wedding rentals, a big handicap for the Hacienda. "We which are a significant source of rev- have too many 'best kept secrets,'" added resident Edy Schwartz, who lamented the small size of the A-In recent years Moraga town staff frame sign directing customers to new the Hacienda Café. "People want to preserve the historic feel of the Hacienda, but they are also dreaming about bigger possibilities," she said.

www.lamorindaweekly.com

Mayor David Trotter asked town staff to look into possibilities for improving signage directing the public to the Hacienda.

The Town Council recommended the preparation of a complete facility assessment so that all of the work that needs to be done can be planned and budgeted over time.

"They (the foundation) are a private entity and we can't give them directions," noted Councilmember Michael Metcalf. "I suggest that you The foundation recommended keep doing what you are doing and come up with ideas, and be open and receptive," he told foundation board members. "Don't ask us what you should do, work in cooperation with the Parks and Recreation Department and Commission and come to us with proposals."

> The Moraga Hacienda de las Flores Foundation is seeking volunteer candidates for the Board of Directors. Board members have interests in one or more of:

- Planning through execution of Hacienda renovation/
- enhancement projects. - Organizing community events
- to celebrate the Hacienda and increase awareness.
- Raising funds for Hacienda projects. Please visit

haciendafoundation.org/index.php and use the Contact Us tab to express interest in learning more.

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## Livable Moraga Road Project

#### ... continued from page A5

years ago when a suggestion was Michael Metcalf's suggestion that made to narrow Moraga Road to two lanes, Mayor David Trotter warned get a lot done" gained momentum, staff against revisiting that idea. "(It's) and the Town Council decided to a non-starter. I would not support it keep the committee small, adding under any circumstance."

Town Council struggled for a while shop." with the necessity to expand particiof Commerce, and Saint Mary's Col- moragaroad.

Recalling the public outcry a few lege, among others. Councilmember "a nucleus of motivated people can one member from the Youth In-Staff also proposed the creation volvement Committee and agreeing of a Town Advisory Committee to to invite special interest groups when provide input on materials and topics needed. "We could talk to the same to be reviewed at the public work- people we always talk to," pleaded shops and liaise with town decision- Jill Keimach, town manager, "but the making bodies. Staff suggested that purpose is to get young people and the committee be formed by one rep- different perspectives on this comresentative of each formal commis- mittee. It's not only drivers, but kids sion and committee in town, but the who ride their bikes to the yogurt

The project's website is still under pation to other interest groups such construction, but residents will soon as the Hacienda Foundation, Cambe able to find information and uppolindo High School, the Chamber dates at www.moraga.ca.us/livable-

## **Community Service**

## Senior Symposium a **Stellar Success**

**Submitted by Dick Holt** 



Lafayette Community Foundation board members Dick Holt and Don Jenkins introduce Senior Rides director Elaine Welch at the recent Senior Photo Matt Shriner

early 200 people attended year's theme, "Aging by Design," the 5th Annual Senior Sym- provided updates on transportaposium hosted by the Lafayette tion options as well as the devel-Community Foundation in coop- opment and progress of the eration with the Lafayette-Orinda Lamorinda Village Project. For Presbyterian Church, and co- more information and how to be chaired by LCF board members notified of future events, visit Don Jenkins and Dick Holt. This www.lafayettecf.org.



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## 12th Annual 9/11 Remembrance and Candlelight Vigil Tonight

By Clare Varellas



Photo Doug Kohen

any Americans remember exactly how they felt 12 years ago on that fateful Tuesday morning of Sept. 11, 2001 when hijacked passenger airplanes were crashed into the Pentagon and the World Trade Center. But despite the impressions that the attacks, the deaths, and the stories of heroes left on many souls, Lafayette resident Jim Minder worries that over time our memories of Sept. 11 will begin to fade, unless we work to keep them alive.

It is for this reason that Minder founded the Lafayette Flag Brigade in 2001, a group of eight that works with dozens of other volunteers to put on an annual 9/11 remembrance and candlelight vigil on El Curtola Bridge in

"The Lafayette Flag Brigade is about never forgetting 9/11, and we try to present people who were eyewitnesses and original source material," said Minder.

when Minder noticed a man wavder was driving on the freeway. very willing to speak at it. Minder decided to join him, and

over time he and a small group of others organized monthly meetings to wave flags over the bridge at passing drivers.

One year later, the first remembrance and candlelight vigil was held. Every year the event has evolved, so that today it will feature various musical performances, a posting of the colors by Lafayette Boy Scouts, four significant speakers, a vigil prayer by a pastor, and an incredible amount of primary source photos and newspapers from around the country.

One of the event's speakers is Sean Hickey, one of the first responder New York firefighters who worked to rescue people at Ground Zero that day. Another is Stephen Gelman, a Navy Commander for the Naval Criminal Investigative Service (NCIS) who worked with the FBI in counter-terrorism in both the United States and the Middle It all started on Sept. 11, 2001, East following the events of 9/11. Gelman appreciates Lafayette Flag ing a flag on the bridge while Min- Brigade holding the event and was

"Unfortunately, it's not a pleasant www.nevereverforget911.com.

thought to remember," said Gelman. "A lot of people died, and it's good to honor all the first responders. We tend to have very short attention spans in this fast-paced culture, so it's good to

[look back]." First responder firefighter Hickey expresses similar notions, and says that he appreciates people honoring the anniversary of a day that will never leave him.

"What happened to New York happened to the country, and New York is my home," said Hickey. "Every year I long to be with the guys I was with on 9/11, and because I'm so far away, [the people at the event] are like my adopted family. I can be around people that care about what happened. They honor a day that I have to live through 365 days a year."

The event is open to the public and will be held today, Sept. 11, from 4 to 8 p.m. on the El Curtola Bridge at the Hwy 24 overcrossing in Lafayette (take Pleasant Hill Road, south exit to Old Tunnel Road, then to the top of the hill). For information and a map showing the location, visit

## From Front Page

## Two Local Firefighters Reflect on Work at 'Ground Zero'

#### ... continued from page A1

It took Lee over an hour and a half to walk around the smoldering rubble of collapsed buildings. "I've been doing this a long time, and one of the things you don't see on TV, you don't see in the movies, you don't see in print, is what we call 'the smell.' It was an overwhelming smell of death," said Lee. "The smell of burning, decomposing bodies, buildings still smoldering, fuel, plastic, all mixed together. I've dealt with a lot of things, like decomposition, but ... you lock this in your memory. You'll never experience it again.

"And the sight of a firefighter, smashed. There was no structure to a body." He saw the metal self-contained breathing apparatus that firefighters carried, smashed flat. "That was on somebody's back," said Lee, pausing, collecting his thoughts. "The amount of pressure that caused it to flatten ... I couldn't imagine."

It was also the first time that Lee had seen what he termed the "big machine" in motion. "It was a teaching moment for me," he said. "To see the full arm of the federal government come in, with the state and local governments, the military – it gave me a real understanding of how the system works. It gave me a greater understanding of how to deal with a multi- Pile," he was told. casualty event."

infused into Lee a stronger commitment to his profession. "It made me more dedicated to do this job," he

Lee is a member of five outside emergency medical and incident teams in Contra Costa County. "We are training new teams - the next generation of disaster workers," he said.

"It's going to happen again, and what I learned, I want to pass on."

#### Gil Caravantes - Contra Costa County Fire Protection District, Station 17, Lafayette

When ConFire captain Gil Caravantes heard the news of Sept. 11, he did not hesitate to act.

Over the years, Caravantes frequently visited New York City, and during those trips the personable Caravantes made plenty of friends, particularly among fellow city firefighters. With the news of the attacks, he knew his friends and comrades were in trouble, and they needed him. He took 10 days of vacation time and flew to New York

He taxied into lower Manhattan, approached the battalion chief and told him he was there to do whatever was needed.

Caravantes donned his fire gear, The experience in New York also hopped onto the department bus and None of it matters anymore."

headed each day to the smoldering stack of collapsed buildings at Ground Zero to assist in the recovery efforts. He walked over a mile from the perimeter area, past fire engines that had been crushed and burned, into a hot, burning, smoking pile of complete devastation.

But what got to Caravantes most was not the destruction; it was the look on people's faces.

"People were around the perimeter area, they looked like skeletons walking around. They would hand us flyers as we walked toward The Pile. ... Can you look for my sister, please? My father? But we weren't finding people," he said. ""We were finding body parts.

"I would dig and find a picture of a family, maybe from someone's desk, and I'd realize that I wasn't going to find anything that looked like what was in that picture." Caravantes returned to California, his job became his comfort zone. One of his toughest adjustments? "It took me about five years to get through the national anthem," he said, choked up to this day as he recalled the many firefighter funerals he attended.

"This job is a passion for me," "We need you to go down to The said Caravantes. "And the 9/11 experience just added to it.

"All of the petty stuff in life?

## 200 SMC Students Start the Year by Volunteering

www.lamorindaweekly.com

By Chris Lavin



These fruit pickers are just a few of the 200 Saint Mary's College students who gave back to their community Aug. 31 for the WOW Saturday of Service. Among other projects, students picked fruit at participating Lamorinda homes for donation to a food bank. Posing with apples from their first house (from left, back row): Moraga homeowner Chris Merlin, Jose Rodriguez, Makana Ward, Guy Whittall-Scherfee, Hailey Zummo, Megan Zummo (twin freshmen), Ollie Maggi, Kiara Grey, and Jordan Lampi. Front row: Sarah Dempsey, Rachel Hartley, Raegina Mafnas, Alondra Gallardo, Lyric Kadir, Viviana Garcia, and Alakoko Kailahi. Photos Chris Lavin

n enthusiastic intern grabbed Catholic, Lasallian, and Liberal and Lafayette homes. hold of a microphone. The 200some students standing before him sounded as if they had just graduated from high school – but they had already done that. Instead, Saint Mary's College students were cheering about getting their hands dirty in the real

Students teamed up with local neighborhood groups in Lamorinda, Oakland and Alameda Aug. 31 to pick fruit, rake parks, design Urban Farmers project, in which respreschool materials and more for the college's annual Weekend of offer their bounty to food banks. At lems in this country, and we feel Welcome (WOW) Saturday of Service. The event is coordinated aga, students picked 179 pounds of by CILSA, the academic center at apples Saint Mary's, which promotes a culture of service and social justree," said Urban Farmers organtice education that integrates the izer Siamack Sioshansi, before

"We have a great turnout, and it's a lot of freshmen," said Danny Vieria, after he put down the microphone and sent his volunteers off to their transportation. "And that's really good. They get to meet other students and give back to the community at the same time."

from homeowners participating in the idents register their fruit trees and one house on Larch Avenue in Mor-

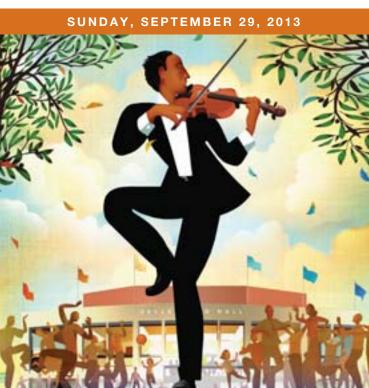
"And that's just from one three traditions of the college: they moved on to other Moraga

WOW students not picking fruit were working on the Campus Legacy Garden at Saint Mary's, a garden with the Alameda Point Collaborative, a park in West Oakland, and with Jumpstart Preschool to design and package materials for under-served preschoolers.

"It's a good way to start off the One group took off to pick fruit academic year," said Ryan Lamberton of CILSA. "A lot of important learning happens outside the classroom. We face a lot of complex social probdeeply that we need to help people learn to confront them. Problems like hunger and access to healthy food and quality of education ... these are issues that Saint Mary's students come here to help solve someday. So this is a good start."



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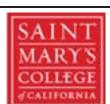


Incoming Saint Mary's College student Kiara Grey shared her enthusiasm for picking apples for the Contra Costa County Food Bank as part of the WOW Saturday of Service event.

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Keith Gallery has been converted to a mini-theater for Afterglow videos. A new Keith exhibit will open Oct. 20.



Helen Lundeberg Untitled (known as Blue View), 1974 Acrylic on canvas, 60 x 60 inches Courtesy of Louis Stern Fine Arts

Kathryn Van Dyke Knowing Me Knowing You 4, 2010. Installation with mirror and microfilament variable dimensions Courtesy of the Artist and Stephen Wirtz Gallery, San Francis

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## Lafayette's Gold Coast Chamber Players Celebrate 15th Anniversary

By Sophie Braccini



Gold Coast Chamber Players explore the relationship between Antonin Dvorak and African American Spirituals with (from left) Dr. Alvin McLean, piano; Lawrence Beamen, vocals; Robert Howard, cello; Hrabba Atladottir, violin; Pamela Freund-Striplen, viola; and Laura Albers, violin (assistant concertmaster SF Opera).

moved to Lafayette with her husband 15 years ago, the Gold Coast Chamber Players found their new home. "I want to thank many people who have been there with us all these years," she says, "and this year, at each performance we will individually thank some of our supporters." To celebrate the anniversary, Freund-Striplen has invited performers of the highest caliber to present a classical music program for seasoned and novice music lovers alike.

The concert that will launch this year of celebration features Hungarian strings music with Bartok and Kodaly, "a set of pieces that is very engaging, fiery, and passionate. This one is a good one for those who know (classical music) and those who don't," says the director.

Freund-Striplen moved from Alameda to Lafayette for the schools, and the family arrived in a community that had already developed very strong musical education programs. "In fact just as we arrived Steve Falk, the city manager, said to one of his neighbors that all that was missing in Lafayette was a chamber orchestra," says Freund-Striplen, adding that Falk

hen Pamela Freund-Striplen has been one of their strongest supporters. Gold Coast Chamber Players performed at Town Hall Theatre for seven years, then moved to various churches until the Lafayette Library and Learning Center came into view. "We were asked some advice when the concept of the community hall was defined," says Freund-Striplen. "The result is a place that has perfect acoustics and that has become our home since its opening."

> The concept of this ensemble is different from many. Freund-Striplen invites different musicians for each concert; some come back year after year, some don't. "The corner stone of the orchestra is its flexible core," she says. "When I create the cohesive programming each year, I think at the same time about the right people to work together on each piece." The benefit, she says, is that they are always in a 'honeymoon period.'

"Sometimes I meet musicians who are very special, like Amati Ensemble," she adds. "I end up becoming involved in their series and they also come to us. I think that it is great for the community to be exposed to a wide range of musicians and talents from different places."

Also special to the Gold Coast Chamber Players are the discussions prior to the concert, and the postconcert receptions with the musicians. "About 75 percent of the people come to the optional talk," she says. "People find that understanding more about a piece, even if they are already quite knowledgeable, increases their appreciation and pleasure. And the discussion afterward shows that classical music is not a stuffy-powdered-wig experience, but something very accessible and pleasurable for all ages." This congenial approach without ever compromising on the quality of the entertainment can explain the growing popularity of the orchestra.

"Last year we tripled the sales of our season tickets," she says. "It is a big help to know how many people will come." Some people had to be turned down at the door for last year's concert with Lafayette's own Juliana Athayde.

"She is a wonderful musician," says Freund-Striplen of the young Rochester Philharmonic Orchestra concertmaster. She has invited Athayde to be part of the Hungarian Strings concert this year, along with Freund-Striplen, San Francisco Symphony's cellist Amos Yang, violinist Candace Guirao of the New Century Chamber Orchestra, and Russian piano soloist Yana Reznik, who performed on the Horowitz Steinway last

There will be two performances of the Hungarian Strings concert: Friday, Sept. 13 at 7:30 p.m. and Sunday, Sept. 15 at 2 p.m. at the Lafayette Library Community Hall. Freund-Striplen hopes that everyone who wishes to be there will get a seat. "The audience is what makes it all worthwhile for me," she says. "To see people I know and I don't know, see them engaged and happy, that's my reward." For more information and tickets, visit www.gcplayers.org.

## "Kauwboy" (Little Bird) at the Orinda **Theatre**

By Sophie Braccini



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# Rheem Valley Convalescent "Kauwboy"

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n the film "Kauwboy," 10-yearold Jojo is often left to his own devices. His mother is no more than a smiling image on the wall and a distant voice on the phone; his father is locked up, a bit too rough, and out of his depth.

Jojo finds secret comfort in taking care of a baby Jackdaw that has fallen from its nest. The bird is more touching than pretty: it is sparsely feathered, a little thing chirping and frail that Jojo immediately takes charge of. Yet, in spite of its weakness, the tiny Jackdaw gives Jojo the necessary strength to confront reality.

Jojo is endearing; he is a dreamer hoping for a better life. Netherlands director Boudewijn

Koole found in Rick Lens an excellent child actor to portray the abandoned boy full of hopes and desires, trying to escape his difficult present. He is a boy in need of being loved

and the spectator wants to protect

and take care of him.

Koole has a way of depicting the magic that can come from some children and their imaginations. There is something of Peter Pan in Jojo; his whimsical side that tends to ignore reality is engaging. He tries to live by creating his own world, to grow without the support of his mother's love. Beyond his 10 years of age, he possesses a great strength.

The director tactfully shows indatheatres.com.

the oblique way children can 'make do' with their distress, showing the pain but also the liveliness of the child and his resilience. The topic could have been approached with a gooey Disney-like sentimentality, but in "Kauwboy" the bird is not a magical friend fallen from the sky with human-like feelings, but, more modestly, the precious conduit that will permit fragile Jojo

Jojo's gradual discovery and understanding of the bird is his gate to adulthood. He learns what it is to be responsible for another being.

In an interview for Onlinefilm.org, Koole said that the story of "Kauwboy" was closely tied to his own. "When I was 12, a Jackdaw landed on my bedroom's windowsill ... little by little, we became friends. It came back every day and was becoming bolder, coming into my bedroom and perching on my shoulder," he remembered. He also said that it took him a long time to find the right child to play Jojo. "We saw at least 300 boys before meeting with Rick Lens," he said. "We looked in the streets, in musicals, in bird refuges, and called casting agents." Koole said that the first time he saw Lens he intuitively knew it would be a perfect cast. The young actor is indeed remarkable.

"Kauwboy" is a delightful and poetic family movie for viewers of all ages: children will appreciate the respect given to their peers without too much corniness or simplification; adults will feel their hearts open and be reminded of the pains and the joys of childhood.

The movie will be presented at the Orinda Theatre for one week, beginning Sept. 13. For more information, visit www.lamorwww.lamorindaweekly.com

## Dreaming of a Better Night's Sleep

By Cathy Tyson



Cathy Tyson, feeling "very attractive" in her husband's CPAP test device. Photo T. Tyson

night's sleep? It's easier said than done for the many people who suffer from sleep apnea. Breathing that stops and starts during the night may signal a potentially serious sleep disorder, according to the Mayo Clinic. For some, sleep interruption throughout the night results in exhaustion during the day that can cause irritability and morning headaches.

There are two types of sleep apnea – obstructive sleep apnea, which is more common, caused by a blockage of the airway, or the less common central sleep apnea, where the airway is not blocked but the brain muscles that control breathing.

The most obvious characteristics include excessive daytime sleepiness, loud snoring, observed episodes of breathing cessation, and abrupt awakenings accompanied by shortness of breath.

Risk factors for obstructive sleep apnea include: excess weight, having a thick neck, high blood pressure, a narrowed airway, being male, family history, use of alcohol, sedatives or tranquilizers, smoking, and nasal con- Brodwin practices dental sleep medigestion. About 70 percent of people with obstructive sleep apnea are overweight or obese, notes the American prescribes a fitted oral appliance that Sleep Apnea Association.

Moraga resident and this writer's pardon the pun, palatable solution. husband, Tom Tyson, recently transihe has sleep apnea. In addition to being tested, the doctor advised Tyson to eat better and to exercise more. Doesn't everyone have room for im-

provement in these two categories? His insurance carrier gave the green light for two diagnostic tests that can be done at home: one was a monitor to quantify such things as breathing and oxygenation rates using a harness device with straps that surround the chest along with electrodes for fingers and a small nasal contraption; the other was a portable continuous positive airway pressure device, more commonly known as CPAP. Both tests, which are geared to collect and first tier of treatment, Brodwin data while sleeping, were supposed to be used for three consecutive nights. Measurements included nasal airflow, oxygen level, body position and more.

While the monitor with harness was only slightly awkward and vice, CPAP, weight loss or even surdoable, with only minor whining for three nights of tests, the CPAP lasted a total of 10 minutes – but it was cumbersome.

Many people manage to master the CPAP machine, and are thrilled with their results. Moraga resident Bob McLaughlin uses one; he was diagnosed about two years ago with sleep apnea. A specialist gave him a 10-question quiz – every answer was yes. "It makes a big difference in my energy level and alertness." Prior to CPAP, he was napping at lunchtime and drowsy component to good health. Here's to on the way home from work. waking up ready to take on the day.

oesn't everyone want a restful McLaughlin says now he feels "much better."

On the other hand, Lafayette resident Marilyn Finn is less enthusiastic. She says her experience has been frustrating; she's had sleep apnea for many years and was diagnosed by Kaiser through their Sleep Clinic. "The CPAP machine did not work well for me, after many tries and modifications, so I stopped using it," said Finn. "This turned out to be a big mistake when recovering from surgery for a total knee replacement a couple of years ago. I spent 24 hours in ICU, so now use the CPAP religiously. According to the equipment fails to send proper signals to the readings, I am a huge success. According to me, not so much."

> In going over the results with his doctor, Tyson was dubious, noting that he didn't feel he had any symptoms and that his snoring had been significantly reduced simply with diet and exercise. After a verbal volley, he told the doctor, "I'm just not going to use the CPAP machine." Plan B was to investigate a dental devise to help with sleep apnea.

> Lafayette resident Dr. Bennett cine, an alternative to the CPAP machine for patients that qualify. He is FDA approved and can be a more,

After practicing as a family dentioned to a new physician who recomtist for over 30 years, he's now treatmended having a sleep study to see if ing snoring and sleep apnea exclusively. "Ninety percent of sleep apneaes are undiagnosed," said Brodwin, adding that snoring noise can cause couples to sleep separately along with a host of other issues. He calls sleep apnea a "major health problem" that sometimes stems from anatomical issues like large tonsils or tongue, or from being overweight. The custom-fitted appliance helps maintain an open, unobstructed airway in the throat when worn during sleep. It works by repositioning and stabilizing the lower jaw and tongue

and looks like a sports mouth guard. While CPAP is the gold standard said clinical research has shown the same level of efficacy for mild to moderate sufferers with an oral appliance or mandibular advancement de-

Whether patients use a dental degery, sleep apnea is a condition that won't go away on its own. If you suspect you might have sleep apnea, it's best to start with a visit to the doctor.

For some with mild to moderate obstructive sleep apnea, uvulopalatopharyngoplasty or UPPP is an option – it's the surgical removal of excess tissue in the upper airway, including the back of the mount and the throat. Even the name is a mouthful. As with any surgery there are various complications that may arise.

Healthy, restorative sleep is key

#### **Sleep Apnea Resources**

For more information, visit the following websites: www.mayoclinic.com/health/sleep-apnea/DS00148 www.sleepapnea.org www.sleepdisordersberkeley.com/sleep-apnea/







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## "Holding Silvan"

#### A poignant memoir about the tragic task of letting go **By Lou Fancher**



Monica Wesolowska Photo provided

he too-short, 38-day biography of baby Silvan, captured in writer Monica Wesolowska's searingly unsentimental "Holding Silvan: A Brief Life" (2013, Hawthorne Books), is one of this year's most beautifully written, tragic, exquisite reads.

Face to face with their seemingly perfect, soft-skinned infant, Wesolowska and her husband, David, learn their newborn child has suffered a devastating, pervasive brain injury. Staring into the gloom of a decision with no clear escape, Wesolowska wrestles and writes her way to resolution. "Holding Silvan" is a story of discovery. It is the brilliantly told, honest, bittersweet journey of a mother lovingly letting go of her

Following a normal pregnancy and a delivery that S-curved into a wild, ethical ride, Wesolowska finds herself flung from the heights of postpartum ecstasy into a fog-filled, surreal world of "severe hypoxic ischemic encephalopathy" and 21st century medicine.

The prognosis, delivered in "The Bad News Room" by neonatologist Dr. A, enters her understanding in fits and lumps. "Seizures" are events even her father has endured, she reasons, at hands demonstrate skull plates, shifting like continents in the birth canal contemporary

blood clots, forces her to sit, "sick, woozy, and nauseated." Uttering dire possibility in a single word, "die," is both nearly impossible (to her mother's heart) and a relief (to her sparse, achingly forthright writer's instincts).

When Silvan stops eating and slips into a coma, modern medicine's artificial ability to keep people alive beyond terminal markers of the past wedges her into a mental corner. "Even if he revives, he'll never be able to survive on his own. Even if he revives, it will be a life of constant dying," she writes.

Wesolowska swings on the pendulum of medical advice and suggestion: parsing the difference between euthanasia and removing a feeding tube; considering an unwaveringly misguided doctor's questions about future regret. (How could there not be a thousand potential regrets swirling in the mind of a parent in her predicament?) Clawing their way out from under cascading, insensitive comments from doctors, friends and family, she and her husband unite. Despite their individual tendencies, split paths of melodramatic expressivity versus skeptical rationalism, they refuse to splinter. Instead, they brace against the wind of Silvan's final

Miraculously – yet mounting pain upon grief upon suffering - Silvan lingers. "Desperate for him to stop breathing, I am in love with every breath he takes," Wesolowska con-

The 38-day span of Silvan's life allows doubt to crack the surface of the couple's fundamental convictions. Wesolowska is fearless in examining the fissures; delving into religion, faith, marriage, her brother's suicide, and flawed humanity.

Elevated by Wesolowska's distinone moment. Watching the doctor's guished, flowing voice, the memoir parallels the traditions of classic and

and crunching cranial vessels into Stripped of imprecise excess, void of sentimentality but never cold, razorsharp in self-examination and often funny just before reverberating with pathos, it almost hurts to read "Holding Silvan." But it's a good kind of pain and ultimately, oddly uplifting. This is great writing, distilled to essential language and never overwrought, despite the tragedy it describes.

Silvan's death is covered swiftly and in a closing chapter, we read of happy September sunshine enjoyed by Ivan and Mark, two children born to the couple in the years following their older brother's death.

The treasure Wesolowska discovers (and swept along with her elegant prose, we do too) is love: messy, rough, agonizing, piercing, tender, swelling, bursting, flooding, irrevocable, mother's love.

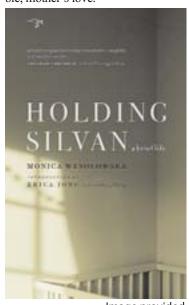


Image provided

Wesolowska, a graduate of Reed College and a recipient of a fellowship from the Fine Arts Work Center in Provincetown, has been an instructor at UC Berkeley Extension and elsewhere for over a decade. She will discuss and sign copies of her memoir at 1 p.m. Sunday, Sept. 22 at Orinda Books, 276 Village Square.

#### Car Travel with Pets

By Mona Miller, DVM



Mona Miller's 2-year-old golden lab, Luka, travels safely in his car harness. Photo M. Miller

state, and the Bay Area has an abundance of hotels, parks and public areas that welcome our furry and feathered friends. Many of us consider our pets part of the family and want them to accompany us on vacation. Some dogs readily jump in the car and sit quietly in their assigned seat. Others, however, cruise around the car's interior during the trip. This can create distraction and other safety

issues for both the driver and the pet. Should dogs be allowed to stick their heads out the window? Some dogs really enjoy this and never suffer ill effects. However, there can be significant health risks. I have seen dogs with life-threatening injuries who have fallen out of cars moving at even low speeds. Ear flaps can get irritated and swollen from repetitive flapping in the wind. A dog can get eye iniuries such as corneal ulcers or lacerations from small rocks, dirt or other debris. There is a company that makes eye goggles specifically designed for dogs (Doggles) to help protect against high-speed wind, as well

alifornia is a very pet-friendly an adjustment period to get used to this headwear.

> Restraint while being transported is an important topic. As of 2009, California requires any animal transported in the back of a vehicle "in a space intended for any load" on the highways to be either (1) cross tethered to the vehicle or (2) protected by a secured container or cage, to prevent the animal from falling, jumping, or being thrown from the vehicle (Cal. Vehicle Code § 23117). This does not apply to the interior of the car, where there are also safety concerns. The American Veterinary Medical Association statement recommends keeping dogs in properly secured, size-appropriate kennels that have good ventilation, or alternatively a seatbelt harness system. The rear seat of the car is the ideal location, since deployed airbags in the passenger seat can cause injury.

> In 2012, several states (although not California) passed "distracted driving" laws regarding proper restraint of animals in vehicles. The purpose of these laws is to prevent accidents and protect human life, al-

though clearly there are benefits to the animals as well. In a collision at 50 miles per hour, a 10-pound dog will hit an object with 500 pounds of force. Imagine those internal injuries sustained to both the person driving the car and to the animal.

Cats, birds and other pets traveling in cars should also be contained to a specific area of the car. Accidents can happen even with a calm, welltrained pet. Something startling may cause your bird to fly off your shoulder and around the car's interior in distress. Any pet that gets onto the floor under the driver's feet can not only distract the driver but also get injured during braking of the car. Restraint also allows the driver to safely open the car door at a rest stop without fear of the pet running out. A friend of mine lost her cat in Kansas during a cross-country move when she opened the car door.

I feel that driving with pets should be a goal-oriented activity - to get where you're going with Buffy or Fluffy safely and securely, so that you can enjoy the destination. Some useful websites are: www.avma.org and www.dmv.org/how-to-guides/pettravelling.php.



Dr. Mona Miller lives in Lafayette with her son, two cats and Luka, a yellow Labrador. She has worked in the Lamorinda area since moving here in 2001. She attended U.C. Berkeley as an undergraduate, and received her DVM from U.C. Davis. She can be reach via email at MonaSDVM@aol.com.

as ultraviolet light. Most dogs need

## Lamorindans Invited to Honor the Late Wayne F. Miller, Legendary Photographer and Orinda Resident

www.lamorindaweekly.com

By Laurie Snyder



"Resignation," responded Miller when asked to describe this math test moment experienced at some point by every student, everywhere. Copyright, Wayne F. Miller, 1958. Used with permission.

he family of long-time Orindan, Wayne F. Miller, has extended an invitation to area residents to join in celebrating his life and work at 2 p.m. Sunday, Sept. 15 at the Lafayette Veterans' Memorial Building in Lafayette.

Miller, who passed away in May at the age of 94, preserved forever the faces of America's World War II fighting men, and chronicled the early aftermath of the atomic bomb drop at Hiroshima. After documenting the experience of Chicago's post-war black society, he turned his lens on Orinda. His 1958 book, "The World Is Young," captured life in a largely undeveloped, but growing town.

His photos of wife, Joan, and newborn son, David, were included in the New York Museum of Modern Art's acclaimed Family of Man Exhibit. One captured David's delivery by Miller's own physician-father. Chosen by Carl Sagan's team to be one of just 115 images and sounds to tell Earth's story, it still travels the galaxy aboard Voyager I and is currently at the heliosphere's edge in interstellar space. Asked by this reporter in 2012 if he thought someone or something "out there" might eventually find it, Miller's eyes twinkled. "That would be kind of fun to find out, wouldn't it?"

photography, Miller and his wife celebrate a life well lived.

spent decades sharing their passion for California's redwood forests with their sons and daughters, Jeanette and Dana. "That is the most exciting experience in the world to be amongst those young trees and old trees," he said as he pointed to a very tall redwood in his Orinda back yard. Nurtured from infancy by Joan, they named it after son, Peter, the young boy contemplating a butterfly on the cover of "The World Is Young."

Wayne Miller's passing was heralded by LeMonde in France, the New York Times, and by other major news outlets across the globe. On Sept. 15, Shifting his focus away from his neighbors and hometown fans will

## Eau de Upgrade

## Petroleum smell permeates road paving progress

By Cathy Dausman



Measure K replacing trucks

troleum product rolls along the area company began fielding calls from

Photo Cathy Dausman

ometimes the sweet smell of as the town undertakes its three year progress smells a little less ... plan to upgrade street surfaces. sweet. Take the road paving process About the same time, Pacific Gas in Moraga, for example. Heavy ma- and Electric Co. spokesperson chinery bearing rather unrefined pe- Tamar Sarkissian confirmed her a fire watch as required.

odor similar to gas.

"We received more than 20 calls since August 20, and have sent out a gas service representative each time to investigate," she said. "Each time, it has been confirmed that the odor is not coming from natural gas. It has been determined this is actually an odor coming from a local street repaving job, and not related to PG&E," she said.

Moraga-Orinda Fire Department also received one call near the end of August from a resident concerned about the smell. MOFD Fire Marshall Kathy Leonard said PG&E had opened a utility vault to complete an upgrade, possibly venting gas, albeit safely, along a stretch of St. Mary's Road near Bollinger Canyon Road.

Leonard said MOFD had posted

Mike Koenig, project manager

Moraga residents who reported an for VSS International says he "absolutely" knows the truck contents

> "I don't know why [it smells the way it does]," he said, but "wherever the truck is [the smell is there too]." The trucks carry a Department of Transportation sign designating the contents as hot asphalt, and bearing the placard number

"The asphalt is heated to 325 degrees," Koenig added.

"There's not much they can do [about the smell]," added Ryan Perry of Harris Associates. Perry did say he'd suggest the Moraga street paving Facebook page to include information about related petroleum

Naturally, safety is everyone's foremost concern: "Safety is our top priority," PG&E's Sarkissian said, "and we take these kinds of calls seriously. Any time a customer suspects they may be smelling gas, we encourage them to call 1-800-PGE-5000 immediately."

Leonard said while MOFD fire department trucks have equipment used to "sniff" for suspicious gas smells, she added "please, any time people are concerned [about a gas smell] they should call 911."

#### **Want to Learn** More?

Petroleum refinement, from crude oil to gasoline is discussed online at: http://science.howstuffworks.co m/environmental/energy/oil-

The placard designation system ("what's in that truck?") is explained online at http://tinyurl.com/lshub76.

## **Lifelong Learning This** Fall in Lafayette

**By Cathy Tyson** 



Film critic Michael Fox makes a presentation at an open house. Photo provided

he Osher Lifelong Learning Institute is coming east of the tunnel. Affiliated with UC Berkeley, OLLI is an educational program for lifelong learners who have reached the half century mark and beyond. They are offering two classes starting this fall at the Lafayette Library and Learning Center that while interesting and informative offer brain fitness as critic and journalist. a special added bonus to attendees.

activities that provide novelty and challenge build a stronger brain and contribute to longevity," said Satya Levine, communications coordinator for OLLI. For mature students these classes, taught by experts in the subject matter, explore music and movies respectively, but without pesky exams cussing both classes will be held at the or grades.

"Engaging in the community and challenging ourselves to learn new things – to go beyond our comfort zones – are two pillars of brain health and longevity. OLLI is aims to address both of these factors and to have fun doing it," said OLLI Director Susan Hoffman.

While OLLI has offered classes in Berkeley for some time it is continuing its successful relationship with the Lafayette community. "We are Michael Fox will discuss the 2013 John Prescott will trace developments tion, visit www.lllcf.org.

in classical music from the Middle Ages to today," said Hoffman.

In "Top docs: 2013 Oscar Nominees," students will watch one of the 2013 documentary film finalists each week and discuss goals, strategy, storytelling and more while considering the filmmaker's point of view. Instructor Fox is a professional film

"A Listener's Introduction to "There is growing evidence that Classical Music" instructor Prescott, a musicologist who taught at UC Berkeley and at the Crowden School, invites students who like classical music but don't know the difference between a symphony and a sonata to learn more.

An information session dis-Lafayette Library's Community Hall from 3 to 4:30 p.m. Thursday, Sept. 12. The classes will be held on Thursdays, starting Oct. 3. For more information or to register, visit olli.berkeley.edu or call (510) 642-

In addition to the OLLI classes, the Lafayette Library and Learning Center Foundation offers an array of interesting events, that also provide a mental workout; in the next four weeks look for learning and entertainpleased to offer two courses at the ment options including a Common-Lafavette Library. Film critic weath Club event, Hiking Inn to Inn discussion, the Gold Coast Chamber Oscar contenders for the best docu- Players, to the San Francisco Opera mentary feature and musicologist Guild and more. For more informa-

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## Los Perales Elementary Gets New Principal

By Chris Lavin



LAMORINDA WEEKLY

Incoming Los Perales Elementary School Principal Amy Banks was welcomed to the school by Superintendent Bruce K. Burns. Photo Chris Lavin

Elementary School welcomed the newest kid on the and assistant principal at Tassablock Aug. 28: their new principal, Amy Black.

Moraga," Black said. "I feel like I've struck gold in coming here. Everyone has been so welcoming. I was impressed by the teachers and the staff, and then I met the kids, who are just great." Black replaces Charles Miller.

She comes to Moraga from live," she said. the San Ramon Valley Unified

The students at Los Perales as principal of Sycamore Valley and Alamo elementary schools, timately, Black said, it was her "It feels fantastic to be in sons who tipped the scale to be closer to home. She lives in Walnut Creek, and she has two sons attending Lafayette Elementary

> "I was already involved in this district as a parent. So I finally decided it was time to give back to the community where I

School District, where she served School District Superintendent on special assignment.

(and former longtime Los Perales principal) Bruce Burns described Black as "an excellent communijara Hills Elementary School. Ul- cator with a passion for working with teachers and students."

Black earned her undergraduate degree at San Jose State University, her master's in educational leadership from California State East Bay, and her multiple subject teaching credential at Saint Mary's College. She has taught second and fifth grades, as well as high school English. She has also served as a In a statement, Moraga reading specialist and a teacher

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## Local Nonprofit Picks Up Pieces after Burglary

ynthia Brian, founder of the Moraga non-tion. Drawers had been ransacked, books flung booth Sept. 28 during the Moraga Pear Festival. hallway following a Sept. 2 burglary where suspects stole video and production equipment.

"What kind of person burglarizes a charity?" Brian said.

Teen volunteers of the nonprofit that has empowered women, youth, and families through improved literacy and positive message programming for the past 15 years were shocked by the devasta-

profit Be the Star You Are (and Lamorinda from the shelves, and paper strewn throughout the Weekly's gardening goddess), found front doors rooms. With limited financial resources, the nonsmashed, with wood and sheetrock scattered in the profit couldn't afford adequate insurance for business property coverage.

> Doug at the Moraga UPS store was outraged about the burglary, and offered to print flyers for the organization's Letters for Literacy programs and upcoming essay contest.

Brian is determined to get things back to normal. She and teen volunteers are still planning to host writing activities at the Be The Star You Are J. Wake

"I'll be at the booth to meet the public all day," said Youngjoo, a writer for Lamorinda Weekly's Teen Scene and host of the young adult radio show, Express Yourself. "We are going to have fun and move

For more information on the Pear Festival booth, visit http://starstyleradio.com/Events/Entries/2013/9/28\_Pear\_Festival\_2013.html. For more information about Be the Star You Are, visit www.bethestaryouare.org.



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## TEEN SCENE

#### Music Makes the World Go Round

By Konnie Guo

Tusic is a constant presence found practically everywhere. While some of us are content to simply enjoy listening to music, others are dedicated to making music an integral part of their lives. Lamorinda is fortunate enough to have many talented young musicians. Even though it's summer vacation, many are still working hard making the music that they love.

Kelvin G, a clarinetist who studies at Miramonte High School attended a three week intensive music camp over the summer. He was part of the Stanford Youth Orchestra, which provided an opportunity for gifted young musicians all across the world to gather and play together. In the three weeks that they were there, the entire orchestra had to learn several different pieces and be able to perform them in a concert held at the end of each week. Despite the heavy workload, the orchestra was able to make every concert professional and a success. "Being around and working together with people my own age made it a really fun and educational experience. Although we had to practice rigor- Club Be the Star You ously, it was all worth it in the end. I was able to make Are!®. She is an avid many new friends who all share my passion in music." reader, and during her

Moraga teen and enthusiastic pianist Yurika spare time, enjoys play-Kazama also devoted part of her summer to music. She ing the piano and doing participated in a chamber music program by the San Francisco Conservatory of Music called Summer Music West. In the program, young musicians were assigned groups to perform in ensembles. Though students received the music beforehand, they had just ten days at the Conservatory to get to know each other, rehearse, and polish their pieces to make them performance-

ready. Coaches worked with the students, making sure that they were practicing efficiently and effectively. Kazama explains, "We played in groups of three or four, which meant that everyone had to do their best, since a single mistake could really stand out. I learned so much in just a week and a half. The coaches were really helpful, and I now appreciate music even more. I only wish it had lasted longer!"

Music can really bring the world together. As a pianist myself, I know how much work and practice it takes to make just a few notes perfect. It makes it all the more admirable that these two Lamorinda teens would give up their time to learning more about music. As the school year begins, keep this in mind: the best way to succeed is to practice. After all, practice makes perfect!

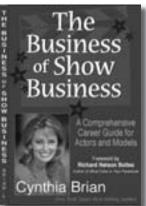
Konnie Guo, a junior at Miramonte High School, is a member of volunteer work.



Teen Scene is YOUR voice. If you have something to say or have writing skills and want to be part of our Teen Scene team, email our Teen Coach, Cynthia Brian, Cynthia @Cynthia Brian.com.

The opinions expressed in Teen Scene are those of the writer and not necessarily those of the Lamorinda Weekly.

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## Afterschool Treats: Ho Hos Not Just for Holidays!

By Susie Iventosch



Homemade mascarpone-filled Ho Hos

Photos Susie Iventosch

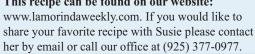
Hos were to become a delicacy of the past. Hostess treats were restocked on grocers' Snowball fan, being a coconut-marshmallow kind of kid, it never hurt my feelings when my mom carefully tucked a Ho Ho not only find a Ho Ho in their lunch pail, in my lunch bag or had a box of them on the counter for after-school treats.

into their school lunches. In fact, I would someone will have a very tasty lunch treat!

fter the bankruptcy of Hostess last not really have ever considered eating one November, many thought that Ho again, until one day at a bakery I saw homemade Ho Hos made with mascarpone But, thanks to a joint venture between filling. Now, that really caught my atten-Apollo Global Management and C. Dean tion, so I purchased one and devoured it on Metropoulous & Co., several popular the way home! This experience gave me the great idea of making them myself, only shelves in July. While I was more of a using the tiramisu mascarpone made with coffee rather than plain mascarpone.

Your kids will really love it when they but one made with loving care by mom (or dad)! Or, maybe they will trade or sell them Because I love to bake, we deprived to their friends, as I later discovered that my our kids of Ho Hos, which never made it older son had a habit of doing! Either way,

Susie Iventosch is the author of Tax Bites and Tasty Morsels, which can be found at Across the Way in Moraga, www.amazon.com, and www.taxbites.net. Susie can be reached at suziventosch@gmail.com. This recipe can be found on our website:





#### **Homemade Mascarpone-Filled Ho Hos**

(Makes 16)

#### **Chocolate Cake**

Note: I used a flourless chocolate cake that I found on Epicurious for the cake part, but you can use any cake that works for a chocolate roll.

#### **INGREDIENTS**

6 ounces bittersweet chocolate chips

3 tablespoons water

6 large eggs, separated and at room temperature

2/3 cup granulated sugar, divided in half

1/4 teaspoon salt

#### **DIRECTIONS**

Preheat oven to 350 degrees. Grease an 11x17 jelly roll pan and then line with parchment. Also grease, or spray the parchment paper to make lifting the cake easier.

Melt chocolate and water. Set aside just until cooled. Meanwhile, beat egg whites until soft peaks form. Add 1/3 cup sugar and continue to beat until it holds stiff peaks. Set aside.

In a separate bowl, beat egg yolks with sugar and salt until thick and lemon colored. Fold cooled chocolate into egg yolks until well-blended. Then gently fold 1/3 of egg whites at a time into chocolate mixture until well-blended.

Pour batter into prepared pan and bake for approximately 15 minutes, or until cake is slightly puffed and top is dry to the touch. Remove from oven and place two slightly damp paper towels on top of cake for five minutes. Remove towels, loosen edges with a knife and allow cake to cool completely.

When cool, cut cake into rectangles (about 2 3/4 inches by 4 1/4 inch) and with a flat spatula lift cake rectangles from parchment paper. One at a time, lay each piece on a flat surface and spread filling over top. Starting at a narrow end, roll into a little log. If the cake begins to crumble a bit, don't worry, just pat into filling and keep on rolling.

Cover each little cake with chocolate ganache and refrigerate for at least two hours before serving. This allows the ganache to harden and the rolls to become a little more firm.

Serve with a sifting of cocoa powder and a dollop of whipped cream.

#### Mascarpone filling

8 ounces Tiramisu Mascarpone, softened to room temperature (BelGioioso makes this and it can be found in the specialty cheese section usually)

- 1 cup heavy cream
- 2 teaspoons vanilla extract
- 2 tablespoons powdered sugar
- 2 tablespoons cocoa powder

Beat heavy cream with electric beaters until stiff. Fold in vanilla. In another bowl, blend mascarpone with powdered sugar and cocoa powder with a wooden spoon and fold in whipped cream mixture until blended.

#### Ganache

12 ounces bittersweet chocolate

1/2-3/4 cup heavy cream

In a small saucepot melt chocolate. Blend in cream until smooth and pourable.

## "Blue Jasmine" Woody delivers another hit!

By Adam Reeves

oody Allen has had some huge Hawkins as Jasmine's sister, Ginger, is you may find yourself waiting to see what the reviews look like and hear the critics' and audiences' reactions before you decide if you want to go yourself. Well, wait no longer!

This Woody Allen film is a hit.

The scene stealer in this film is Cate Blanchett. She is the strongest reason to see the film. Her performance as Jasmine is nothing short of astounding.

woman teetering on the edge of insanity, any other actress could have "overdone" the performance in the style of would be how its message is so bla-Joan Crawford or Bette Davis, but tant. "Blue Jasmine" presents many Blanchett plays it full tilt and keeps the life lessons and themes to the audicharacter of Jasmine as real and bethat will be getting many nominations for the Academy Award, Golden Globe, and more.

ing cast are all perfect, too. Sally your sister was never there for you!

hits and he had has some huge "spot on" with her performance. The flops. When you hear that another role called for a strong contrast to Woody Allen movie is coming out, Blanchett's and Hawkins did a perfect job. She is venerable and naïve, very likeable and sympathetic.

Some have compared this film to Tennessee Williams' "A Streetcar Named Desire." Having seen both films, I could see how the overall theme and character situation was similar, but "Blue Jasmine" is not a remake or retelling at all. Enjoy the film for what it is. Knowledge of "A Streetcar Named Desire" is not necessary or When an actress plays a role of a even important for an enjoyable expe-

> My only complaint about the film ence. Some of them hit you over the fault of the script not the actors.

Bobby Cannavale's character, Ginger's lover, named Chili, must say The actors making up the supportabout 10 times in the film, "Look how



From left, Cate Blanchett, Director Woody Allen and Alec Baldwin.

Photo Jessica Miglio © 2013 Gravier Productions, courtesy Sony Pictures Classics

She was rich and never helped you when she could. Don't forget that!"

It was obvious in the film that lievable. This is likely a performance head a bit too much, but that is the Blanchett defined her relationship with her sister as only needing her when she was in trouble. Hearing the character Chili actually say that in the film multiple times was unnecessary and annoying.

"Blue Jasmine" is rated PG-13. This film is for adults due to an adult situation. There is nothing shocking or profane to shelter children from, but they would likely be bored and unable to connect with the story. The total running time is 1 hour and 38 minutes.

You can view the trailer at zemrak.com.

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#### **Holy Shepherd Lutheran Church** 433 Moraga Way, Orinda, 254-3422 www.holyshepherd.org



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- ►Sunday Worship

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## Not to be missed

**ART** 

Saint Mary's College Museum of Art is presenting "Points of View" with en plein air painters Mary Lou Correia and Paul Kratter through Sept. 29. Two new exhibits opened Aug. 4: "Afterglow" features installation, video, painting, sculpture, and photography by the next generation of light and space artists Michelle Blade, Gina Borg, Claude Collins-Stracensky, Michael Damm, Kathryn Van Dyke, Chris Fraser, Evan Holloway, Ruth Laskey, Laurie Reid, Jonathan Runcio, and Dean Smith. Also opening was a new body of work by photographer Lee Saloutos. "Surface: Transformative Photography from Nevada and the Great Basin" features vividly colored and abstracted desert detritus and desolate but eerily beautiful abandoned mine interiors. Admission: \$5 adults, K-12 free. Hours: Wednesday through Sunday, 11 a.m. to 4:30 p.m. For info, (925) 631-3379 or visit www.stmarys -ca.edu/saint-maryscollege-museum-of-art.

Local artist Marianne Brown, who has taught watercolor in Lamorinda for 40 years, will be honored by two student artists, Orinda artist Jenifer Kolkhorst, who studied with Brown for 25 years, and San Francisco artist Diane Goldstein who also studied with Brown, at a special exhibit featuring the three artists' non-objective and abstract watercolor paintings, and acrylics through Sept. 30 at the Orinda Library Art Gallery. Emanuel Rosenheim, a lifelong painter/ceramicist who has taught for many decades in the area, will also show his works in cases at the gallery.

The Moraga Art Gallery's new show entitled "Indian Summer," highlighting ceramics by resident artist Donna Arganbright, and jewelry by guest artist Terri Durkovic. The show runs through Oct. 26 at 522 Center Street, Rheem Shopping Center, Moraga. Free. The gallery is open Wednesday through Sunday from noon to 5 p.m. For more information, email moragaartgallery@gmail.com or call (925) 376-5407.

The America's Cup challenge is coming soon, and to help the Bay Area celebrate, the Lafayette Gallery is hosting a new exhibition titled "Making Waves" running through October. Themed around water and sailing, the new show links to the "Impressionists on the Water" exhibition currently at the Palace of the Legion of Honor in San Francisco, as well as to the magnificent sight of the AC-72 catamarans foiling across the Bay at 50 knots! The exhibit features not only art in oil, acrylic, watercolor, monotypes and mixed media, but also a wide variety of photographs, jewelry, ceramics and prints for every style of décor and budget. The gallery is open Tuesday through Saturday from 11 a.m. from 5 p.m.; Sundays from 11 a.m. to 2 p.m.

#### MUSIC

**Gold Coast Chamber Players 2013-14 Season. What better** way to open the 15th Anniversary Season than to feature a locally grown talent, the daughter of Bob Athayde (music teacher at Stanley Middle School), violinist Juliana Athayde. Juliana has skyrocketed to the top of her field and holds prestigious positions in New York and around the U.S. She returns to her hometown to help open GCCP's 2013-14 season: Violinist Juliana Athayde, Cellist Amos Yang and Pianist Yana Reznik; String Duos by Bartok and Kodaly, Lizst Hungarian Rhapsody for solo piano, Dohnanyi Piano Quintet at 7:30 p.m. Friday, Sept. 13 and at 2 p.m. Sunday, Sept. 15 at the Lafayette Library Community Hall. (See story page B2)

Saint Mary's College of California presents Organist Carol Williams in Concert at 7:30 p.m. Monday, Sept. 16. Internationally known organist Carol Williams will perform in the SMC Chapel. Cost: \$20 suggested donation. For more information, visit "stmarys-ca.edu/carol-williams-inconcert" or contact Brother Martin Yribarren at myribarr@stmarys-

Violinist Juliana Athayde, a Lafayette native and the youngest concertmaster in the history of the Rochester Philharmonic Orchestra (New York), will perform Mozart's spectacular Sinfonia Concertante (for violin and viola) with Pamela Freund-Striplen, violist and artistic director of the Gold Coast Chamber Players at the Lesher Center for the Arts in Walnut Creek (tickets: \$10 - \$30). Order tickets by phone at (925) 943-SHOW) or online at www.LesherArtsCenter.org.

The Big Band of Rossmoor – Dance and Show – from 8 to 10 p.m. Saturday, Sept. 21 at The New Rheem Theatre main auditorium. Swing with the sounds of the 1940s, as Generations In Jazz Foundation presents The Big Band of Rossmoor. The show features Rossmoor's seniors and Lamorinda's most musical middle and high school student associates. Tickets: \$10, available from the Lafayette Chamber of Commerce or at the door. For info, call (925) 284-7404.

The 3rd Annual Orinda Jazz Festival, a benefit for the Orinda Arts Council, is scheduled from 11:30 a.m. to 7 p.m. Saturday, Sept. 28 at the Orinda Library Auditorium and Courtyard. The star-studded event will include Jason Marsalis from New Orleans, Claudia Villela from Brazil, Mads Tolling from Denmark, the Los Angeles-based Brian Kinler Band, and local favorites Carol Alban, Bob Athayde, Rhonda Burnett Benin, and others. Free music workshops for the community. For details, visit www.orindajazzfestival.org.

Free music in Downtown Pleasant Hill at the Pleasant Hill Chamber's 11th Annual Art, Jazz & Wine Festival from 10 a.m. to 6 p.m. Saturday, Oct. 6 and from 10 a.m. to 5 p.m. Sunday, Oct. 7. Fun for the entire family. Music both days with a variety of bands. Stroll down Crescent Drive and visit many fine arts and crafts booths, restaurants, food vendors, wineries, and microbreweries. Bring the kids for activities and entertainment for the entire family! For more info, visit www.pleasanthillchamber.com.

Lamorinda Community Drumming for Seniors - 11 a.m. to noon on the 2nd Monday of each month at Lamorinda Music, 81 Lafayette Circle, Lafayette. Drumming has been used for centuries to improve health, create community and provide opportunity for creative expression. If you want to improve your brain health while having fun, come and participate. No prior musical experience necessary. Instruments will be provided or bring your own drum or personal percussion instrument. Wheelchair accessible, all are welcome. Cost: optional donation, no one turned away. For more info, email community.drumming.seniors@gmai l.com or call Colleen at Lamorinda Music: (925) 385-0963.

#### THEATER

Improv Master Lisa Safran Presents "Improv(e) Communications." The workshop luncheon mixes fun with self-improvement. Open to the public, the event takes place from 11:30 a.m.to 1:30 p.m. Thursday, Sept. 12 at the Lafayette Library and Learning Center, 3491 Mt. Diablo Blvd., Lafayette. Registration: \$25 for LCC graduates or Walnut Creek Chamber members; \$30 for the general public. Seating is limited and registration is required www.lccalumni.net.

The Eugene O'Neill Foundation will sponsor "Modern Audiences/Classic Plays" beginning at 2 p.m. Sunday, Sept. 22 at the Old Barn at Tao House, part of the Eugene O'Neill National Historic Site in the Danville hills. Reservations for "Modern Audiences/Classic Plays" are available at www.eugeneoneill.org. Due to limited seating, reservations are recommended. Tickets: \$10 donation. Access to Tao House is by National Park Service shuttle from the Museum of the San Ramon Valley, 205 Railroad Avenue, Danville. Contact Gary Schaub, gschaaub1@gmail.com or (925) 938-5454, or Barbara Grant at grant1220@comcast.net or (925) 820-8409.

#### KIDS, PARENTS & TEENS

The Lafayette Library and Learning Center will be hosting its first ever Battle of the Bands! Teen musicians aged 12-18 can submit online video auditions via email to pbrogan@ccclib.org until 11:59 p.m. Sunday, Sept. 15. These videos can be from a video sharing service such as YouTube or Vimeo or even a camerarecorded audition. Videos will be judged by online survey and the top four finalists will compete from 5 to 7 p.m. Friday, Oct. 18 in the Community

Be the Star You Are!® booth sponsored by The Lamorinda Weekly from 10 a.m. to 4 p.m. Saturday, Sept. 28 at the Pear and Wine Festival in Moraga. Enjoy writing activities with the young writers of Teen Scene, pick up potpourri and books from Digging Deep columnist, Cynthia Brian. Fun for the whole family. For info, visit http://starstyleradio.com/Events/Entries/2013/9/28 Pear Festival 2013.h

#### **OTHER**

The Lafayette Flag Brigade's 12th Annual 9/11 Remembrance and Candlelight Vigil from 4 to 8 p.m. Wednesday, Sept. 11 at El Curtola Bridge, Hwy 24 overcrossing @ 680 Freeway in Lafayette. Never forgetting 9/11, with the largest overpass flag display in the state, the United States volunteers and their flag folding ceremony, the local Blue Star Moms, and the Lafayette Boy Scouts Color Guard. The event also includes the special 12th anniversary music program, VIP speakers, local singers, and the 9/11 Memorial Theatre as well as the candlelight vigil at dusk. This is a family-oriented, educational, and nonpolitical event. All are welcome. Free commemorative flags for children. For more information, visit www.nevereverforget911.com or contact Jim Minder at (925)262-3307 or Patty O'Day at (925) 209-5250. (See story page A14)

Red Cross Blood Drive from 10 a.m. to 3 p.m. Wednesday, Sept. 11 at the Orinda Community Library (Founders Auditorium), 26 Orinda Way, Orinda. Your donation can save lives, and it's easy! Stop by on your lunch break or your way to work. To schedule your appointment or for more information. visit: www.redcrossblood.org (sponsor code: ORINDA), or call 1-800-RED-CROS (1-800-733-2767.)

**Interested in Investing? The East** Bay Discussion and Special Interest Group, San Francisco Chapter of American Association of Individual Investors (AAII) will meet from 7 to 8:40 p.m. Thursday, Sept. 12 at the Orinda Library, 24 Orinda Way, in either the Garden/Gallery/May Rooms. Attendees are primarily AAII Members but guests are welcome. There is no charge to attend. The agenda varies between open forum topics suggested by attendees at the meeting, and/or speakers and presentations on topics suggested in advance. This is an opportunity to discuss current investment issues, share questions, and concerns in an open forum, and interact in a small group setting with presenters and other attendees. For more information, contact Mike Skinner, group leader at (510) 526-1154 or michaelskinner984@yahoo.com.

There's a unique opportunity for all those attending the Diablo Valley Quilt Show in Walnut Creek from 10 a.m. to 5 p.m. Saturday and Sunday, Sept. 14 and 15 at the Tice Valley Community Gym, 2055 Tice Valley Blvd: In addition to showcasing over 250 quilts made by DVQ members, there will be a special exhibit of quilts made by Nancy S. Brown from Oakland. There will also be quilts made by guild members on display, more than 20 vendors, a guild sponsored boutique, and free demonstrations. Admission: \$10 (good for both days). For www.diablovalleyquilters.com.

... continued on next page

Please submit events to: calendar@lamorindaweekly.com

## Not to be missed •



## Not to be missed •

www.lamorindaweekly.com



**OTHER** ... continued

Celebration of Life in Honor of World War II and Life Magazine Photographer, Wayne F. Miller at 2 p.m. Sunday, Sept. 15. Members of the public are invited by family of the late Wayne F. Miller to a celebration of his life and work. A photographer with Edward Steichen's famed U.S. Navy photography unit, Miller captured the humanity of American sailors as they prepared for their naval and air battles, and also documented the early aftermath of Hiroshima. Location: Veterans Memorial Building, 3780 Mt. Diablo Boulevard, Lafayette. (See story page

Car buffs will have three great events to attend in Orinda. The weekend kicks off with a pre-show party at 7 p.m. Friday, Sept. 20, followed by the free 9th Annual Orinda Classic Car Show presented by Orinda Motors from 10 a.m. to 3 p.m. Saturday, Sept. 21 in Orinda Village, 63 Orinda Way. Car enthusiasts can then enjoy a 'Speed on the Screen' special-feature movie night with two showings of "Gone in 60 Seconds" at 5:30 and 7:45 p.m. Sunday, Sept. 22 at the classic art deco Orinda Theatre. For more info, visit www.OrindaCarShow.com. Those interested in entering a vehicle, subscribing to email updates, or attending the Pre-Show Party may do so online.

Friends of Orinda Creeks takes part in Coastal Cleanup Day 2013. Join Friends of Orinda Creeks in the annual beach and inland watershed cleanup right here in Orinda. Trash accumulates along San Pablo creek in downtown Orinda and flows downstream all the way to San Pablo Reservoir and beyond to San Francisco Bay. Help take care of the fragile marine environment by volunteering your time. Join Friends of Orinda Creeks at 9 a.m. Saturday, Sept. 21 in the parking lot next to Vintage House (25 Orinda Way). Bring sunscreen, gloves (if you have them) and wear long pants and sturdy shoes. All other equipment will be provided. For further info, contact Jim Luini at (925) 254-6208.

Don't miss the "Best of the East **Bay"** Lafavette Art & Wine Festival from 10 a.m. to 7 p.m. Saturday, Sept. 21 and from 10 a.m. to 6 p.m. Sunday, Sept. 22 in downtown Lafayette. The award-winning Art, Wine and Music Festival includes four Stages, 20 live bands, 250-plus artists, kid-zone, great food – and the largest selection of wine, beer and ale of any SF Bay Area festival. Free admission. For complete Lafayette Art & Wine Festival details, visit http://lafayettefestival.com.

The San Ramon Valley Genealogical Society will be meeting from 10 a.m. to noon Tuesday, Sept. 24 at the library of the LOS Church, 2949 Stone Valley Road, Alamo. The program (of interest to both beginner and more advanced genealogists): Let us help you find long lost Aunt Millie. For info, call Ed O'-Donnell at (925) 310-4691, or visit the website http://srvgensot.org, or e-mail SRVGS@SRVGenSoc.org.

San Francisco's East Bay Area food lovers will again have the opportunity to join a fun, culinary gathering to savor and sample their way through Orinda restaurants at the Sixth Annual Orinda Restaurant Tour conducted by the Orinda Chamber of Commerce from 5:30 to 8:30 p.m. Tuesday, Sept. 24. Guests will ride a San Francisco Trolley to sample fine restaurants throughout Orinda, with each restaurant providing a small portion that best represents the establishment at no cost to ticket holders. The event will start at Orinda's Theatre Square. Cost: \$40 advanced; \$45 at the door. Reservations will be limited, so attendees are encouraged to reserve early. For tickets and info, www.orindachamber.org/OrindaRestau

Moraga Pear & Wine Festival from 10 a.m. to 4 p.m. Saturday, Sept. 28 at the Moraga Commons. This family event includes music, artists' booths, a pear cooking contest, and children's activities. Entertainment at the festival will consist of local bands during the afternoon. A limited quantity of fabulous pear pies will be sold; whole or by the slice!

rantTour2013.htm.

Muir and celebrate National Public Lands Day during a special presentation by Robert Hanna, John Muir's Saturday, Sept. 28. Hanna will describe Grant at (925) 376-2584. and uncover the many sides of Muir through family stories and never before seen photographs and writings. Seating is limited, and reservations are required. For more info and to make a reservation, call the John Muir NHS at (925) 228-8860.

To mark a decade of volunteer service to the people of Contra Costa County, Parents for a Safer Environment, and co-sponsor, The Town of Moraga, will be presenting the community with a series of the most practical, cost-effective and least toxic pest control alternative demonstrations on the gorgeous grounds of the historical Hacienda de las Flores in Moraga from 8 a.m. to 5 p.m. Tuesday, Oct. 1. Cost: \$10 for each of the six, one-hour demos or \$50 for the entire day. (Half-off for additional registrants from public agencies, non-profits, or businesses with six or fewer staff.) Organic, gourmet lunch available with pre-orders. For info, contact: Susan Jun-Parents for a Safer Environment, (925) 283-4609; susan@pfse.net, Lysle Buchbinder, Parents for a Safer Environment, (510) 526-7541, lysle@pfse.net.

Unlocking the Key to Cures for ALS, Parkinson, and Alzheimer's Diseases – Paul Alan Cox, Ph.D. will update audience members on this exciting research, current human trials, and the background that led the way to this innovative approach at 7:30 p.m. Wednesday, Oct. 2 at the Orinda Country Club. For more info, visit www.ethnomedicine.org.

#### **POLITICAL GATHERINGS**

Healthcare Reform discussion presented by: James A. Holt, RHU, REBC. Free information seminars at the Lafayette Library in October. Topics include: What is Covered California? Grandfathered vs. Nongrandfathered plans; Tax Credits -Individual and Small Business; Changes Starting Jan. 1, 2014; and How Will My Health Plan Be Affected? from 7:30 to 8:30 p.m. Thursday, Oct. 3 and from 10:30 to 11:30 a.m. Friday, Oct. 4 at the Lafayette Library and Learning Center, 3491 Mt Diablo Blvd, Lafayette. For reservations, call (925) 280-8700.

#### **SENIORS**

"Hearing Aids: Fact vs. False Advertising" presented by Diablo Valley ENT audiologists. Have you noticed the recent spike in hearing aid advertisements that seem too good to be true? Consumers are often lured in with 'bait' such as highly-discounted products and false promises, only to be sold more expensive items. Discover the truth about hearing aids, acceptable price ranges, and what your rights are as a consumer from 10:30 a.m. to noon Thursday, Sept. 19 at the Lafayette Library and Learning Center, Arts & Science Room. Plenty of time will be allowed for questions and answers. Cost: \$1 Senior Services members; \$3 non-members.

#### **GARDEN**

Lafayette Community Garden and Outdoor Learning Center - Winter Gardens from 3:30 to 5 p.m. Saturday, Sept. 14. Nanette Heffernan returns to the Community Garden for a lively discussion on how to prepare your garden for winter to ensure that you have a healthy spring. She will also discuss winter edibles that do well in Contra Costa such as Swiss chard, broccoli, and collard greens. Take home great knowledge of caring for your garden this winter and maybe even some cool season seedlings to plant! Classes are free but \$5 donation is appreciated to help support our education programs. Register for classes at lafayettecommunitygarden.org.

Moraga Garden Club first meeting this year features speaker Nancy Bauer, Bay Area writer and garden instructor, who will discuss "The California Wildlife Habitat Garden" at 10

**Explore an intimate view of John** a.m. Thursday, Sept. 19 at the Holy Trinity Cultural Center, School St., Moraga. (Social hour starts at 9:30 a.m.) Guests are welcome. For inforgreat-great-grandson, at the John Muir mation call Elaine Frazel at (925) National Historic Site (NHS) at 6 p.m. 376-6452; for membership call Jane

#### **Please submit:**

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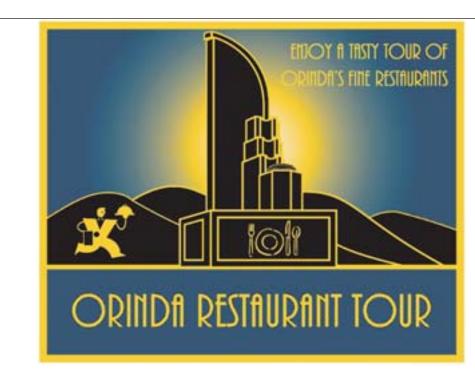
## Saturday, September 21st

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Also visit www.OrindaCarShow.com for information about events.

## The New Buzzword is Entomophagy

Are you ready for cricket snacks?

By Sophie Braccini



John Heylin prepares cricket meal-based snacks in Canyon. Photo Sophie Braccini

ccording to the Food and Agriculture Organization of the United Nations' 2013 report on future prospects for food and feed security. insects offer a huge potential for enhancing food security worldwide.

Young Canyon resident John them from a Louisiana farm. Heylin, who is concerned about the future of our planet, does not want to be the last one to jump on the insect bandwagon and recently started a new company, Chirp Farms, that produces snacks incorporating cricket

meal as its source of animal protein. His recent appearance on Lifetime channel's "Supermarket Superstar" sent his sales through the roof and he is now considering raising crickets himself as opposed to purchasing

While people from many tropical countries consider insects as decoration, entertainment, food and medicine, most westerners simply see insects as pests. "Yet this is far from the truth," says Heylin. "Insects provide food at low environmental cost, contribute positively to livelihoods, and play a fundamental role in nature."

The young entrepreneur explains that 10 pounds of feed are needed to produce 1 pound of cow protein, while crickets will gain 1 pound of weight for just 2 pounds of feed.

In addition, insects can be reared on organic side-streams and can help reduce environmental contamination. Insects are reported to emit fewer greenhouse gases and less ammonia than cattle or pigs, and they require significantly less land and water than cattle rearing. "As developing countries achieve greater wealth people want more meat, and this is unsustainable," he adds. "Soy protein takes a lot of land and has increased deforestation in Brazil (the main exporter of soy). So bugs provide a way to solve this problem."

Right now Heylin operates his snack making operations from Canyon. "I buy 10,000 crickets at a time (10 boxes, 1 foot by 5 inches)," he says, "I get them alive and put them in a freezer." In sub-zero temperatures the crickets go into hibernation before peacefully dying. Then hours at a low temperature before generation of protein that will be betturning them into 2.5 pounds of flour

The 'cricket-meal' is 65 percent mistreatment of animals." protein, contains all 20 amino acids, vitamins, iron, etc.

"It's like eating a super lean steak," he says. The FAO's report indicates that the nutritional value of edible insects is highly variable because of the wide range of edible insect species. For example, the composition of unsaturated omega-3 and six fatty acids in mealworms is comparable with that of fish (and higher than cattle and pigs).

Heylin adds honey, flax seeds, sunflower seeds, crispy rice, dried apples, peanut or almond butter and chocolate chips to his bar. The cricket meal itself has a very pleasant, malty taste; the bar tastes like any healthy protein snack. Heylin also produces whole prepared beetles and crickets; this reporter had to overcome some initial hesitation before sampling them, but found that the crunchy treat tastes like the spice that was added by

"I want to stay away from the freak-factor," adds Heylin. "What we

Heylin dehydrates them for a few are doing here is working on a next ter for the environment, better for humans and does not involve the

> The biggest problem Heylin faces is cultural. Most people recoil at the idea of eating insects. Heylin, who graduated from University of Washington, spent two years in Niger with the Peace Corps on a sustainable agricultural project where he got a very different perspective on the urgency to find a worldwide solution for feeding people.

> Heylin's next phase is to have an organic cricket farm. "They reproduce really fast and do not need a lot of space to live a normal insect life," he says, adding that he has been looking for a piece of land.

> The cricket bars can be bought at www.chirpsfarms.com. You can learn more about eating insects by watching Marcel Dicke on Ted Talks: http://www.ted.com/talks/marcel\_dic ke why not eat insects.html.

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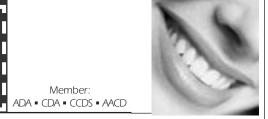
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## business briefs

The Corner Book Shop Gets Artsy

3491 Mt Diablo Blvd., Lafayette (corner of 1st Street and Golden Gate Way) (925) 283-1967 friendscornerbookshop.com

The Friends of the Lafayette Library and Learning Center have created a deliciously colorful display at the Corner Book Shop to attract attention and delight library patrons. The Friends operate the shop where they sell gently used books. staff and donated inventory, lation. expenses are kept low. The



Thanks to an all-volunteer Friends Corner Book Shop temporary art instal-Photo courtesy Dana Green Team

bulk of the proceeds support the library. The Corner Book Shop has more than 25,000 books available for sale at unbeatable prices. The artful display will be on site for just a few days.

#### Nelson Named Moraga Chamber Executive Director (925) 323-6524



Kathe Nelson

Kathe Nelson has been named executive director of the Moraga Chamber of Commerce, effective immediately. A seasoned sales professional with a career spanning nearly three decades, Nelson has served as Moraga Chamber's administrative assistant for the past three years. "Kathe has played a major role in our growth the past few years and her well-deserved promotion to executive director will assure future success for the Moraga Chamber," said Frank Melon, the chamber president. "Kathe will be the catalyst to facilitate the long Photo provided term strategic plan for the Moraga Chamber of Commerce." The chamber membership has

grown by over 20 percent over the past three years and currently has 158 members. In addition to coordinating all chamber events, mixers and board of directors meetings, Nelson will be the primary liaison with city and regional governmental offices. In addition, she will assist with chamber fundraisers such as the annual Community Faire and summer golf tournament and head a new membership drive. During her sales career, Nelson served in senior sales management positions with companies such as Gillette, Pfizer, Schick and ACCO. She, her husband Walter, and granddaughter Jessica live in Moraga.

**New Broker at Better Homes** 

3701 Mt. Diablo Blvd., Lafavette

(415) 505-3536 or (925) 284-9500, ext. 234, homes@tomajtrenda.com

Better Homes Realty in Lafayette announced the addition of new broker and co-owner Tomaj Trenda, who has served hundreds of residential sellers and buyers during the past 10 years in Alameda and Contra Costa counties. He recently obtained his broker's license and passed the California Department of Real Estate exam.

#### **News from three Chambers of Commerce**

Chamber mixer at Blodgett's Abbey Carpet & Flooring from 5:30 to 7 p.m. Wednesday, Sept. 11 at 3291 Mt. Diablo Ct.

The 18th Annual Lafayette Art and Wine Festival will include hundreds of artists, five stages with live entertainment, wine, beer and a kid's zone from 10 a.m. to 7 p.m. Saturday, Sept. 21 and from 10 a.m. to 6 p.m. Sunday, Sept. 22. Free admission and free parking with shuttle service. Just one block from BART. For more information, visit www.lafayettefestival.com.

The next Chamber general business meeting will be at 7:30 a.m. Oct. 25 at the Hacienda de las Flores.

Orinda

Ribbon Cutting for Hello Tiara in Theatre Square at 5:30 p.m. Thursday, Sept. 19. The Orinda Classic Car Show Weekend, Sept. 20-22, begins with the pre-show party Sept. 20, the Car Show Sept. 21 and the Sunday Movie Night on Sept. 22. More info and tickets are available at OrindaCarShow.com.

On Tuesday, Sept. 24, Orinda will celebrate its restaurant row with the 6th An-Restaurant Tour. For information, http://www.orindachamber.org/events.htm.

> If you have a business brief to share, please contact Sophie Braccini at sophie@lamorindaweekly.com

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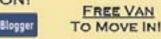
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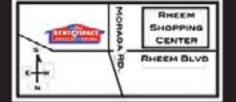








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## AMORINDA S

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## Water Polo Teams Ready for Competition

By Marissa Harnett



Miramonte went 5-0 in league last year and look to repeat their success.

hile many high school stu-head coach Kim Everist. dents soaked up the last few days of summer vacation, the water Campo last year, losing to the polo teams were in the pool gearing up for the intense season ahead.

Practices began Aug. 19, and nonconference matches fill the September schedule. In October, DFAL competition begins. All six Lamorinda teams, the girls' programs and the boys' programs, are in contention for the title.

#### Girls:

Campolindo has consistently been a target for their Lamorinda rivals, and for teams from around Northern California. Winning two of the last three NCS championships and going 26-1 last season, Campo is threat to Campo's dominance this likely to remain the team to beat.

The Cougars graduated three seniors (two starters), but gained talent from the JV squad (Ellen Gerst) along year they have a seasoned squad, rewith three key freshmen, Becca Buck, turning five of six starters. Head Kari Jensen and Olivia Price.

"We have clear values, objectives of doing well this season. and goals each season. If we stay focused on those and continue to build on our strong work ethic, the program beat for the last two decades. The will continue to be successful," said

Acalanes proved to be a threat to Cougars by one goal in the NCS Finals. However, Acalanes graduated five seniors (four starters) who played in key positions - goalie and both offensive and defensive centers. Still, head coach Misha Buchel is optimistic about the upcoming season.

"The challenge for our coaching staff is going to be the development of some of the raw talent we have and getting them to contribute in various roles." Buchel explained. "That said, I'm confident we're going to be in the mix at the end of the season."

year. The Mats have been consistently strong, reaching at least the quarterfinals in NCS each year. This coach Trevor Rose likes their chances

Miramonte has been the team to NCS trophy has been theirs for 13 of **Photos Gint Federas** 

the last 18 years. Despite losing some strong seniors, younger players are already stepping up to the challenge of filling those shoes.

"I have enjoyed seeing that many of the players have improved greatly during the off season due to some hard work," said head coach James Lathrop.

Miramonte, who went 19-9 overall and 5-0 DFAL last year, will need to answer to their tough rivals. Both Acalanes and Campolindo were strong last year, finishing their seasons 14-13 (3-2 DFAL) and 17-7 (4-1 DFAL) respectively.

Campo comes into this season Miramonte poses a significant down some key players, including J.D. Ratchford, arguably the best shooter in the NCS. Still, head coach Miles Price is confident they can make up for what was lost to gradua-

> "We are coming into the season with a very fast and talented young team," he explained. "I think our advantage lies in our speed, defense and the work we have put in during the off

> Acalanes advanced in last year's quarterfinal match for the NCS title against the higher-seeded Cougars, but then lost to Miramonte in the semifinals. The Dons hope to take back the title they earned in 2010. "Every year we aim to win every game we play," explained head coach Clarke Tamariki.

> He added, "To beat the Mats you need everything to work out right. They are well coached, and realize their place in such a strong program. That is the program we all hope to

**Rivalry Games:** girls' varsity at 5 p.m.; boys varsity at 6 p.m. 10/2 - Campo @ Miramonte 10/9 - Acalanes @ Miramonte 10/30 – Acalanes @ Campo



Campolindo boasts a young, talented team this season.



Despite losing key starters from last year, Acalanes is poised to make a run at the title.



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#### Wednesday, September 11, 2013

#### NorCal Kids Tri Turns 5

**Submitted by Charles Vollmar** 



Zevin Acuna

summer with a triathlon. The Orinda Community Foundation sponsored the Fifth An-

ver 300 kids gathered at Miramonte nual NorCal Kid's Triathlon on Aug. 31. High School to celebrate the end of The race introduces children to triathlons in a safe and supportive environment.

Boys:

Boys:

Alex Low Quinn

**Photos Gint Federas** 

#### **Results**

6 and under: Girls: **Kate Hopkins** Cameron Moayedi Ella Binney **Brock Bliss** Hannah Gally Renzo Digrande

7-8 year olds:

Girls: Boys: Nora Thompson **Teddy McCarty Taylor Ford** Zach Weller Zoe Petty Matteo Petty

9-10 year olds:

Girls: Oceane Streubel **Brock Zamanian Sydney Roberts** Joe Hempeck Marlowe Malachowski Alex Karp

11-12 year olds:

Elizabeth Kratchenko Max Cruz Costello Savannah Decarlo Michael Giertz Lizzy Follmer Tyler Smith

13-14 year olds:

Girls: Kaylee Jackson Quinn Jensen

Seren Tochikura Arden Creson Kai Mills 15 and up:

Girls:

Rhea Manocha **Zachary Umar-Durr** 

6 and under Girls: **Campo Carpool Rockstars** 

**RELAYS:** 

LaVa Stingrays 9 - 10 Girls: **Dream Chasers** 

Eliannama 9 - 10 Boys: The Three Musketeers

11 - 12 Girls: L&I

13 - 14 Boys: Park Day School



Monica Dikov



Daniela Moroz



Jessica Wright

## SMC Sweeps Home Openers, Poised for Strong Season

#### By Michael Sakoda

back in action and hoping to build on returns. last season's success. With a 3-1 start Pac-12's Colorado, the Gaels are this season. looking as good as ever.

strong season in a row," said head Hutson, a 6'5" transfer from the Unicoach Rob Browning.

The Gaels finished with a 17-10 record, going 12-4 in conference play. They finished third overall in the WCC, but earned an at-large bid to the NCAA tournament, where they defeated San Diego State in the first round before falling to No. 4 USC in the second round.

Browning predicts another strong campaign, "I think we'll be as good as we were last year," he said. "We will be contending for the WCC Championship."

The team will be tested in the preseason against ranked opponents, No. an impact. Gillcrist and Loos com-2 Stanford, No. 11 Iowa State and No. bined with Hutson to record 25 kills 13 Nebraska. League play isn't much easier. The WCC boasts No. 14 San Diego and No. 25 BYU.

key players, graduating Gabby Jolly, Lauren Corp, and Missy White, they return five starters, including All-WCC performers Kristina Graven and Dalas Dodd.

Graven had 12 kills and 11 digs in the win over Colorado and paces the team with 49 kills this season.

"We lost three starters, but I think we're at least as good as last year, per-

aint Mary's College's volleyball haps even better," said Browning. The team has been a consistently core of the offense, Jordan Shaw, strong program, and the Gaels are Samantha Tinsley and Sarah Reams,

Shaw had 14 kills in win on the to the season, including a defeat of the road and is tied with Graven for 49

Additionally, SMC's depth has "Last year was our fifth really grown with the addition of Madelyn versity of Texas. Hutson was key in the 3-0 sweep of Air Force on Sept. 7. She notched nine kills and three

> The return of veteran players who redshirted last year with injuries further boosts the Gaels roster.

> "Danica Mendivil and Natalie Loos are strong players...they'll be contributing," said Browning, who said to also keep an eye on redshirt junior Rachel Gillcrist. "Her role has expanded more than anyone's," he explained.

The returners have already made against Air Force.

The opening games have already shown the Gaels are ready to meet ex-While the Gaels did lose some pectations. "There's some really good teams in our league, but I think we're one of them," Browning added, "If we play the way we expect to play, we'll have a very good shot of going to the tournament again."

> The Gaels take on Portland Sept. 19 at 7 p.m. in the WCC opener.



Natalie Loos (above), Rachael Gillcrist and Madelyn Huston combined to record 25 kills in a win over Air Force. **Photos Tod Fierner** 



The Gaels are off to an early 3-1 start behind a strong offense.



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#### **U13 Reaches Finals**

**Submitted by Corinna Sassano** 



Photo provided

amorinda U13B Navy team was a finalist in the 2013 Mustang Stampede Tournament. The team played five games in three days.

and Santa Rosa Sparta, and one loss, against dropped the finals match 0-1 to De Anza.

De Anza Force, the boys qualified for the semifinals.

In the semifinals, the team faced San Juan Lightning. They battled to a 1-0 win to With two wins, against MVSC Fusion advance to the championship game. They

## **U12 Navy Wins First Tourney**

**Submitted by Carrie Hansen** 



Front row, from left: Kellen Clancy, Sean Donovan, Christian Ramsey, Giovanni Sponzilli, Erik Voss, Joel Kofman, Toni Grubesic, Emillio Heredia; back row: Coach Billal Samy, Brett Donat, Nolan Smith, Kai Digrande, Jamiel Liu, Andrew Sturgen, Seji Minowada, Owen Hansen Photo Matt Hansen

Creek Summerfest, on August 24-25. Lamorinda posted two wins and a tie leading up to the

he Lamorinda United U12 boys' navy championship against Sacramento's American team earned first place at the Walnut River Revolution. United won on penalty kicks after holding onto a 1-1 tie in regulation and

## A True Pioneer

Submitted by Christopher O'Donell



Photo Bob Ellis

department made the jump from NCAA DII to DI this year, and the volleyball team is one of the first teams to debut in the D1 era

Former Campolindo Cougar Anisa Smith helped to lead Campolindo to a State Cham-

he UMass Lowell Pioneers athletics pionship in 2010. Now, the current junior middle hitter leads the Pioneers during this tough transition year.

> Smith had nine kills and three blocks against Sacred Heart University. She currently leads the team in attack by kill percentage, averaging 2.57 per set.

## Lamorinda Weekly

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## **Soccer Club Win in Penalty Kicks**

**Submitted by Chris Easter** 



Top row from left: Brianna Donat, Jessica Carlin, Jadey Sadoff, Lindsay Easter, Rosie Cruz, Julissa Martinez, Angeline Liu, Coach Mohamed; middle row: Maggie McGuire, Cecilia Gee, Emma Nushi, Katharine Larson; Lisa Bramley, Regan McQuaid; bottom row: Ariana Romero and Adriana Uyehara, Not Shown: Jackie Geannacopulos

mer. Most recently, in the Santa Cruz ended, with the teams switching sides, still Breaker's Cup. The girls faced Butte in the knotted at 1-1. championship match with no reserves.

United U15 tied it up 1-1, the girls really ning but came roaring back to win it on the settled in. The game went into overtime final shot.

he Lamorinda U15 girls reached four tied 1-1. United was spent but found the retournament finals matches this sum- solve to battle on. The first five minutes

The game then went to penalty kicks. Butte led at half time, 1-0. When Lamorinda went down by a goal at the begin-

## **Nationals Win All-World Sports** Tourney

Submitted by Mark Vicencio



From left: Harley McKee, Ben Salquist, Kyle Hinds, Jack Stryker, Matt Burns, Ryan Levy, Paul Griessel, Matty Vicencio, Cole Gallagher, Kevin McConnell, coach Justin Hughes; not pictured: Ty Ewing, Devin Shields, Jacob Westphal, Michael Hooper.

he USA Nationals 15U team made up of players from Lafayette and Moraga won the All-World Sports 16U Division in Fremont held Aug.17-18. In the championship game against the San Francisco Rascals, pitcher Kyle Hinds went the distance in in a 5-2 win.

trailing 1-0 when Cole Gallagher got the inning tournaments.

started with a sharp single to left. Key hits in the inning by Kevin McConnell, Harley McKee and Paul Griessel put the Nats up 5-1. Griessel had four hits with 3 RBIs and Harley McKee added two hits and an RBI.

The tournament win marked the third chama gutty 7-inning effort. He allowed just two pionship of the summer for the Nationals in four runs while striking out eight and walking none attempts. The team was coached by Acalanes varsity head coach Justin Hughes, who guided Entering the last inning, the Nationals were the Nats to a 9-3-1 record in the three California

## **Submit stories to** sportsdesk@ lamorindaweekly.com

(we prefer to receive your original photo file, minimum size: 200 dpi and 1200 pixels wide)



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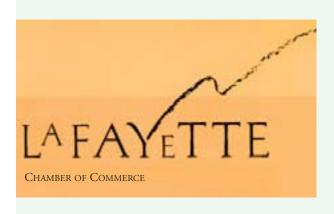






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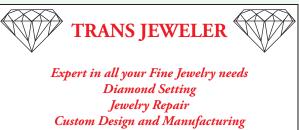




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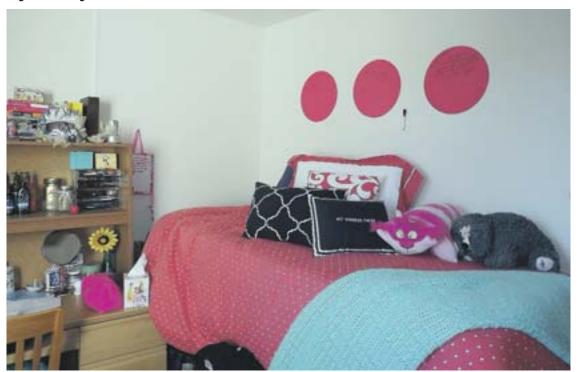
# Pamozinda OUR HOMES

Lamorinda Weekly Volume 07 Issue 14 Wednesday, September 11, 2013

# The Home Designer Dreamy Empty Nest ... read on page D11

### Dorm Room Décor

By Cathy Dausman



Polka dots and a pink spread enliven one co-ed's new living space.

Photo Cathy Dausman

ometimes ... just sometimes ... stack and pack housing is a reality. The challenge is to make it fun. That's what the class of 2017 is experimenting with as they move on campus at Saint Mary's College and decorate what is for some, their first home-away-from-home – the college dorm room.

Our Homes previously touched on downsizing and compact living when it toured a Lafayette in-law apartment featured on an East Bay Homes tour this summer. (https://www.lamorindaweekly.com/archive/issue0711/Two-Lafayette-Homes-on-AIA-Tours.html). That project was a freestanding 750 square foot dwelling. But student spaces are one room

dwellings designed to work as living, sleeping and study space, and they do it all in less than 300 square feet while housing two to three people!

"Saint Mary's has approximately 4,200 students, with 2,800 undergraduates and 1,400 graduate students," said Elizabeth Smith, assistant vice president for college communications. She estimates about 1,650 undergrads live on campus.

Marie Lucero, director of Campus Housing and Conference Services, explained, "Saint Mary's College has six freshman halls, all on the central campus." Four years ago, as incoming class sizes continued to increase, the college measured every dorm room. It will come as no surprise that space is at a premium.

Two students, or an occasional lone student (single room charge is more expensive) live in 15 by 12 feet of space; three students have a 21 by 12 foot space.

Identifying the larger rooms and redefining them as triple bedrooms allowed housing services to carve out space for an additional 35 students, Lucero said. Old-style built-in closets gave way to modular furniture in the triples. Now desks, dressers and lockable closets can be reconfigured to accommodate under-desk drawer preference (right or left side) with drawer space either stacked up or tucked under beds.

Three students to a room also means one roommate will be sleeping above a desk. The newer "suite" residences have four to six students sharing a semi-private bathroom.

Saint Mary's College designates its living space as single gender either by floor or suite. Only one on-campus resident unit is single gender, because of an extremely limited number of rooms (10), and that is not a freshman dorm.

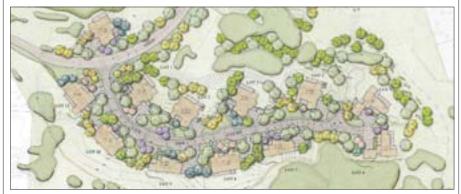
Dorm decorating was still a work in progress when *Lamorinda Weekly* toured the campus during Weekend of Welcome. At least one sleepy student was using her room as a bedroom during the photo session. Needless to say, the lights remained off at that location, as did the camera.

The halls in each dorm were decorated by theme – Paris, for one, Pixar for another. Inside the rooms, students turned to color and wall space to personalize. Posters were a quick fix for institutional off-white wall colors, and Lucero said the more creative students cover their walls in geometric designs using wall-friendly painter's tape.

... continued on page D4



#### ORINDA ~ NEW HOME DEVELOPMENT



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Page: D2 OUR HOMES Wed., September 11, 2013

#### Lamorinda Home Sales recorded

City	Last reported:	LOWEST AMOUNT:	<b>HIGHEST AMOUNT:</b>
LAFAYETTE	17	\$490,000	\$2,001,000
MORAGA	12	\$400,000	\$2,250,000
ORINDA	10	\$475,000	\$1,650,000

Home sales are compiled by Cal REsource, an Oakland real estate information company. Sale prices are computed from the county transfer tax information shown on the deeds that record at close of escrow and are published five to eight weeks after such recording. This information is obtained from public county records and is provided to us by California REsource. Neither Cal REsource nor this publication are liable for errors or omissions.

#### LAFAYETTI

1 Burr Court, \$1,500,000, 3 Bdrms, 2009 SqFt, 1958 YrBlt, 8-9-13;

Previous Sale: \$220,000, 01-13-86

3651 Crescent Drive, \$885,000, 2 Bdrms, 1129 SqFt, 1946 YrBlt, 8-1-13; Previous Sale: \$843,000, 08-12-05

918 Dewing Avenue #A, \$588,000, 2 Bdrms, 1245 SqFt, 1991 YrBlt, 8-8-13; Previous Sale: \$468,000, 10-15-03

600 Francis Drive, \$700,000, 3 Bdrms, 2025 SqFt, 1967 YrBlt, 7-31-13; Previous Sale: \$759,000, 07-09-04

3540 Herman Drive, \$1,174,000, 3 Bdrms, 1774 SqFt, 1953 YrBlt, 7-31-13; Previous Sale: \$1,315,000, 05-20-05

3644 Happy Valley Road #A, \$1,984,000, 4 Bdrms, 3405 SqFt, 1964 YrBlt, 8-9-13; Previous Sale: \$2,100,000, 06-13-07

46 Knox Drive, \$910,000, 3 Bdrms, 1926 SqFt, 1968 YrBlt, 7-31-13; Previous Sale: \$729,000, 08-01-02

3195 Lucas Circle, \$1,125,000, 4 Bdrms, 1905 SqFt, 1957 YrBlt, 7-31-13; Previous Sale: \$280,000, 04-10-86

3272 Marlene Drive #10, \$490,000, 3 Bdrms, 1160 SqFt, 1972 YrBlt, 8-9-13; Previous Sale: \$302,500, 10-14-10

3453 Moraga Boulevard, \$650,000, 3 Bdrms, 1184 SqFt, 1953 YrBlt, 8-9-13; Previous Sale: \$224,000, 02-28-89

546 Morecroft Road, \$1,180,000, 4 Bdrms, 2861 SqFt, 1967 YrBlt, 8-9-13; Previous Sale: \$410,000, 04-03-97

407 Ponderosa Court, \$1,775,000, 5 Bdrms, 3537 SqFt, 1985 YrBlt, 8-13-13; Previous Sale: \$375,000, 11-29-84

110 Promintory Lane, \$2,001,000, 5 Bdrms, 3979 SqFt, 1988 YrBlt, 8-9-13; Previous Sale: \$1,405,000, 08-22-02

3302 Springhill Road, \$730,000, 3 Bdrms, 2315 SqFt, 1938 YrBlt, 7-31-13 870 Tanglewood Drive, \$1,168,000, 5 Bdrms, 2806 SqFt, 1972 YrBlt, 8-2-13

649 Sky Ranch Court, \$1,235,000, 4 Bdrms, 2305 SqFt, 1978 YrBlt, 8-13-13; Previous Sale: \$1,385,000, 08-15-08

3283 Walnut Lane, \$1,280,000, 6 Bdrms, 2529 SqFt, 1950 YrBlt, 7-31-13; Previous Sale: \$1,180,000, 08-18-08

#### **MORAGA**

1414 Camino Peral, \$400,000, 2 Bdrms, 1126 SqFt, 1971 YrBlt, 8-1-13

798 Crossbrook Drive, \$1,250,000, 4 Bdrms, 2471 SqFt, 1966 YrBlt, 8-8-13; Previous Sale: \$975,000, 03-16-12

139 Danefield Place, \$1,250,000, 4 Bdrms, 2325 SqFt, 1964 YrBlt, 8-2-13; Previous Sale: \$468,000, 08-29-96

2083 Donald Drive, \$815,000, 4 Bdrms, 2944 SqFt, 1963 YrBlt, 7-31-13; Previous Sale: \$1,100,000, 08-29-05

66 Hardie Drive, \$1,230,500, 3 Bdrms, 3140 SqFt, 1961 YrBlt, 8-2-13

6 Lance Court, \$927,500, 4 Bdrms, 1701 SqFt, 1962 YrBlt, 8-13-13; Previous Sale: \$340,000, 12-06-91

1012 Larch Avenue, \$775,000, 5 Bdrms, 2806 SqFt, 1957 YrBlt, 8-7-13; Previous Sale: \$775,000, 05-18-04

52 Merrill Circle #N, \$2,250,000, 5 Bdrms, 5471 SqFt, 1990 YrBlt, 8-7-13; Previous Sale: \$1,535,000, 04-24-98

25 Merrill Circle #S, \$1,810,000, 5 Bdrms, 4155 SqFt, 1989 YrBlt, 8-8-13; Previous Sale: \$940,500, 10-06-89

122 Miramonte Drive, \$605,000, 2 Bdrms, 1514 SqFt, 1965 YrBlt, 8-9-13; Previous Sale: \$509,500, 10-07-04

... continued on page D14



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## Dorm Room Décor

#### ... continued from page D1

They also refer to a website called apartment therapy, she said. Surprisingly, "moms have a big say about how the beds are to be made up," said housing assistant Liz Graham.

Pink was the coeds' go-to color. Brittani Decloedt was just stepping out when *Lamorinda Weekly* reached her dorm room. "We're going to definitely add more to it," Decloedt said of their decorating project in progress. "My first impression of the room was that it was



Traditional on the outside, but holding all manner of modern amenities (rented refrigerator, or student-owned flat screen TVs), Aquinas Hall is one of six freshman halls on campus.

bigger than a lot of other dorms I've seen at different colleges. I also was excited to have my own closet and desk area.

"Since the day Lamorinda Weekly took pictures, I've added a collage of photos to my wall, a couple of posters, and have cleaned up the mess on my desk!"

# Looking for Dorm Design Dos and Don'ts?

Finding creative ways to dress up a dorm room can be challenging. Visit these websites for décor and design tips perfect for tight spaces: www.apartmenttherapy.com www.designyourdorm.com www.myhomeideas.com/decorating/before-after/cute-dorm-room-decorating-ideas-00415000069106



Modular furniture and bunk bed ladders ensure floor-to-ceiling use of space even in a tight-quarters triple. Photos Cathy Dausman



A sports fan first and foremost, this college freshman's room reflects a love of local sports teams.



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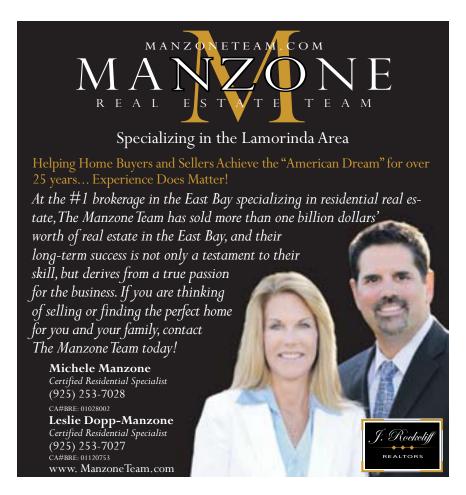
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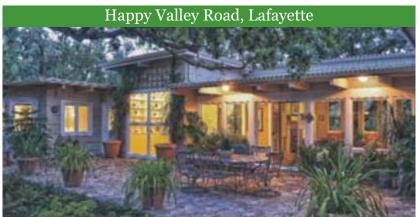
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Page: D10 LAMORINDA WEEKLY OUR HOMES www.lamorindaweekly.com \$\mathcal{P}\$ 925-377-0977 Wednesday, September 11, 2013

## Easy Winter Home Prep

By Andi Peterson Brown

Iknow, I know—it's 80 degrees out and I'm writing about prepping your home for winter. But if you are anything like me, once the holidays hit, getting up on the roof to clean the gutters is just not going to happen. Thus, there is no better time than a warm fall weekend to spend a few hours preparing your home for the cold, wet weather that is just a couple short months away. These easy tips can prevent future costly repairs, lower your utility bills, and ultimately protect your largest investment.

- Clean your gutters. It's so easy and yet so hard. But failing to clean your gutters will cause long term water damage to your siding, roofing, and wood trim.
- Inspect your roof and flashing. Been some time since anyone's been up there? For minimal cost, a roofer can inspect, diagnose, and perform basic repairs.
- Inspect your heating system. For minimal cost, and HVAC technician can tune up, clean, and perform basic repairs to ensure your system is running at maximum efficiency.
- Reverse your ceiling fans to push warm air down.
- Extend downspouts. Water should drain a few feet away from your foundation, not flow right onto it.
- Caulk around windows and doors. And those foam and fabric front door draft stoppers—yes, those, the ones on late night infomercials for twelve bucks—they work wonders.



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## Head and Arm above the Grass

By Cathy Dausman



Photos Cathy Dausman

ultimedia artist Tony Zorich said he never had a lesson in his life, but that doesn't mean he's not creative. Witness the rosin and fiberglass statue in the Lafayette man's front yard, a wall-sized painting in the works under cover along his porch and a house filled with scenery painted in bright primary colors and 3-D art. Zorich displayed his front yard statue – a man's head and right forearm - at last year's Burning Man event in Nevada. It took him two and a half months to build. "Burning Man is held on a dry lakebed," Zorich explained. When assembled, the pieces represent a man rising from the water clutching a fish. "There were at least 50 people looking at this every time I visited the [Burning Man] site," he said. When he brought it back, his neighbors suggested he leave it in his yard. The skull is reminiscent of another local artwork head, residing outside a Walnut Creek bank. "I did it before him!" Zorich said, laughing.



925-377-0977

Page: D11

#### The Home Designer

## Dreamy Empty Nest

#### By Brandon Neff

fter years of play dates and tantrums, Jell-O stains and slip covered furniture, you're waving goodbye to the last of the litter headed off to University, and saying hello to the idea of rediscovering long-ago tabled projects and a home designed just for you. As their car makes its final turn off your street, your mind is filled with a jumble of emotions - sadness, unease, and, what's that? A glimmer of happiness?

Sure, it's hard to adjust after all those sleepless nights, but hey, think about all the extra space, soothing quiet and beautiful fabric coming your way! Remember, you're not losing a son (or daughter); you're gaining a healthy dose of refined living. And, nowhere else is that newfound calm needed

than in the bedroom – your place to decompress, recharge and dream. And so, to bed.

www.lamorindaweekly.com

When designing a bedroom I always think about ways to bring serenity and texture to the space. How you end each day, and greet the next should be spent in a room filled with notes that soothe all of your senses – color, fabric, lighting and art – all in concert to lull you off to sleep at night and wrap you in comfort when you awake.

For this project, I was commissioned by a busy couple - an ER doc and his partner who heads global marketing for a major motion picture studio – to transform their lackluster master suite from dated to drop dead gorgeous.

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Photos courtesy Brandon Neff Design

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#### One-of-a-Kind Craftsmanship and Views

#### II Birchwood Place, Moraga

**New Listing!** So much to love inside and out! This very special 2-story home is located on a cul-de-sac in the sought after Rheem Valley Manor neighborhood. Situated on more than I acre of land with expansive Mt. Diablo views, this home is a treasure. With 4 bedrooms. 2.5 remodeled baths and custom craftsmanship throughout this more than 2400 square foot home, you won't be disappointed. The updated kitchen with granite, dark cabinetry, and stainless appliances takes in the views and looks onto the level lawn, spacious deck and fruit trees beyond. The family and living rooms orient to the

view as well. The master and hall baths have been remodeled by a local artisan and are truly works of art that must been seen to be appreciated. The home also features a formal dining room, breakfast nook, dual-paned windows and many more upgrades, as well as numerous custom creations throughout. In addition of course are tops schools, an excellent central location, and easy access to Moraga Commons Park and the Lafayette-Moraga Trail.

Offered at \$1,275,000

Photos and virtual tour at: www. I I BirchwoodPlace.com.





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## Dreamy Empty Nest

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During our initial conversations, the only clues I gleaned about their expectations for the space was their desire for a room to lounge in and provide a place to unwind. The rest was up to my imagination – a fantasy project for any designer.

From the very beginning, I knew I wanted the room to shimmer - natural light was abundant, and I envisioned harnessing that light to full effect. Everything had to have interest, texture and luminosity. I achieved this with a few key materials: a silvery grass cloth wall covering, mohair velvet accents and a variety of finishes including polished chrome, horn, silk, bone and malachite.

With a pared down palette and only a few accessories, the fabrics needed to take center stage to cushion my clients from floor to ceiling. Installing full length linen draperies (50 yards worth!), and custom cornice boxes gave the windows and French doors real presence. Lengths of charcoal gray wool were used to upholster the dressing room and walkin closet walls, along with striped linen Roman shades for the smaller windows. Accent fabrics in emerald, celadon and jade were used to infuse real depth to the pale scheme. ... continued on next page



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To keep the room from becoming too sweet, I added an exotic Ikat accent fabric to the custom bedding and ottoman – its classic motif holds all the hues in the room and adds a little visual tension – something I feel every space needs to keep things interesting.

Tip: to contrast the pale tone-on-tone area rug, I had the floors stained a deeper walnut – a great trick to help make a room look taller – the floors recede giving the ceilings more height.

I designed the custom bed with an exaggerated wing back headboard, again to draw the eye upward and add height. A pair of swivel chairs in a cream boucle, and a black Saarinen side table ground

the sitting area beneath a contemporary drum pendant in the corner. Lastly, after a bit of cajoling, we settled on an atmospheric photograph for the only adorned wall. It features a time-worn apartment lobby complete with graffiti art and layers of patina coating the classical mouldings.

Surely, we didn't forget about a cozy movie night, so a state-of-the-art television and surround sound was installed with all of the components tucked away in the walk-in closet. I'm not usually an advocate of a TV in the bedroom, but I balanced its size with the gas fire insert giving it a more balanced appearance.

As in all my work, I installed three zones of lighting: recessed cans for overall light and artwork; decorative sconces for accent; and unique table lamps for specific task lighting.

Remember, lighting is essential – without it you'll never see the beautiful details in your new space.

Tip: for a cleaner look, use three inch LED or halogen cans – great light with a smaller profile trim.

Designing a restful bedroom, or living room for that matter, just takes thoughtful consideration of how you want to live in that room. Figuring out what colors and textures speak to you is the first step. Look for inspiration – a calm ocean, a grove of trees or a winter sky can all provide all the ideas you need to create something soothing.

Everyone I work with has their own individual style and taste level. My job is

to ascertain what really moves them and makes them feel most at home. As you design your own empty nest take a pause to reflect, and ask yourself what elements truly inspire you. Dream big.

Brandon Neff is a Bay Area based Interior Designer. He can be reached at BrandonNeffDesign.com or at brandonneffdesign@ yahoo.com.



#### Introducing Lamorinda Architects Cafe



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Each visit will be scheduled to ensure little to no waiting. Registration is required. Bring any plans, sketches, photos and wish lists along with you.

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#### Dudum real estate group Distinctive Properties







#### 660 LOS PALOS DRIVE, LAFAYETTE

\$1,775,000

Enjoy the premier Burton Valley Los Palos neighborhood at its finest. Five bedrooms, three and one half baths, (3388 sq. ft.) gourmet kitchen spaces, K and K windows, inlaid wood floors, gorgeous pool. Completely rebuilt in 1998 by well know Bay Area designer Peter Baltay. Mid Century modern meets Craftsman in this glorious remodeled family home.

#### WWW.660LOSPALOS.COM







#### 840 SANTA MARIA WAY, LAFAYETTE

\$1,000,000

This updated rancher was staged to perfection and its proximity to K-8 schools, the trail and downtown added to the panache. It's a four bedroom, three bath rancher at 2300 square feet and .23 acres of land. The perfect family home with an updated kitchen which opens to the family room. The family room has large outlooks to the trail and expansive backyard. The trail neighborhood at its best!

#### WWW.840SANTAMARIA.COM



#### Lamorinda Home Sales recorded

...continued from Page D2

720 Moraga Road, \$540,000, 4 Bdrms, 1918 SqFt, 1960 YrBlt, 8-9-13; Previous Sale: \$315,000, 01-30-90

153 Walford Drive, \$1,050,000, 3 Bdrms, 1698 SqFt, 1964 YrBlt, 8-14-13; Previous Sale: \$1,050,000, 04-18-07

#### **ORINDA**

53 Acacia Drive, \$795,000, 3 Bdrms, 1614 SqFt, 1942 YrBlt, 7-31-13 109 Ardith Drive, \$1,050,000, 3 Bdrms, 2548 SqFt, 1960 YrBlt, 8-8-13; Previous Sale: \$440,000, 12-12-97

142 Ardith Drive, \$807,000, 3 Bdrms, 1658 SqFt, 1960 YrBlt, 8-14-13 10 Crown Court, \$850,000, 3 Bdrms, 2254 SqFt, 1973 YrBlt, 8-8-13; Previous Sale: \$890,000, 09-29-05

6 Hillcrest Drive, \$1,560,000, 4 Bdrms, 3207 SqFt, 1952 YrBlt, 8-6-13; Previous Sale: \$467,500, 08-30-96

6 Las Vegas Court, \$475,000, 3 Bdrms, 1395 SqFt, 1954 YrBlt, 7-31-13 145 Las Vegas Road, \$1,650,000, 4 Bdrms, 4061 SqFt, 1939 YrBlt, 8-8-13; Previous Sale: \$1,993,000, 05-02-00

167 Las Vegas Road, \$888,000, 3 Bdrms, 1759 SqFt, 1954 YrBlt, 7-31-13; Previous Sale: \$829,000, 04-01-13

124 Moraga Way, \$1,085,000, 3 Bdrms, 2251 SqFt, 1936 YrBlt, 8-2-13; Previous Sale: \$925,000, 07-16-09

1 Scenic Court, \$1,000,000, 6 Bdrms, 2158 SqFt, 1951 YrBlt, 8-9-13

## Lamorinda Home Values are Up!

	August	August	%
Lamorinda:	<u>2012</u>	<u>2013</u>	<b>Change</b>
Properties Sold*	72	72	0.0%
Average Sale Price	\$889,000	\$1,033,000	17.3%
Price per Square Foot	\$419.6	\$475.4	13.3%

<sup>\*</sup> Single-family homes on MLS, excluding any with no sale price.

To see details on individual recent Lamorinda home sales, go to:

www.Lamorinda.net

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## Ask Cynthia Brian-Beans or NOT? Reader's Request



#### Hi Cynthia:

My kids brought me a bag of beans that they want me to cook up for them. They picked them somewhere on a trail. Since I am not a gardener, I thought I'd ask you if these are edible before feeding the family. Thanks for identifying them. Amy

#### Hi Amy:

The photo you sent was blurry but from what I can tell these are NOT beans but wisteria pods. I'm emailing you one of my photos as a match. Wisteria pods resemble bean pods and can easily be mistaken to the untrained eye. Do NOT cook or eat the pods as they are poisonous. Even though wisteria is part of the pea family, the seeds and pods are not edible. Even the flowers can be toxic. As little as two seeds ingested can cause serious health issues.

As much as foraging is touted, it is wise for all of us to remember to never eat anything that has not been 100 percent identified as edible. Please make sure to advise children never to eat vegetation they pick without asking if the produce is safe. On a happier note, you can dry the pods, pop them, and plant the seeds to grow your own beautiful and fragrant wisteria vines.

Happy Gardening and happy growing!

Cynthia

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Cynthia Brian

The Goddess Gardener

Cynthia@GoddessGardener.com

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I am available as a speaker, designer, and consultant.

Cynthia will answer one or more questions every other issue as space allows. Email your comments or questions to Cynthia@GoddessGardener.com

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128 Scenic Drive Charming ranch w/great expansion potential. Beautiful 1/2 ac knoll setting w/wraparound lawn/lovely views. 4 spacious bedrms, gracious living rm, fab. granite kit. Bonus area ideal for inlaws/home ofc. \$965,000



29 Charles Hill Circle Stylish, sophisticated on .75 acre, this inviting 3bd/2ba home has a lovely, updated kitchen with custom cherry wood cabinets and private setting yet easy access to commute and town.

\$1,150,000



630 Tahos Road 4 bedroom, 3 bath with 3286 square feet. Perfect open floor plan! This light filled contemporary home offers privacy and beautiful views. Enjoy indoor/ outdoor living and a pool.

\$1,475,000



108 Barbara Road Mediterranean style view home, 4 bedrooms and 4 and a half bathrooms, Chef's kitchen with stainless appliances, huge office, lots of natural light.

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1 Camino del Cielo Need more space? Gorgeous newer construction, 4 bed + office, 4900 sq ft with stellar views. Exceptional privacy yet is conveniently located just minutes from downtown Orinda. \$1,699,000

**ORINDA** 

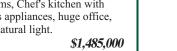


10 El Castillo Spacious 5bd/3.5ba built in 1998. Amenities include: lots of natural light, marble entry, private office, huge kitchen/ family room combo, media room. Minutes from 24.

\$2,150,000



17 Tappan Lane Vistas across Orinda come alive from all rooms of this spacious 4,155 sf with 6 bd/4 ba & 2 half ba. High ceilings & light & bright. Perfect for fun in the sun with yards,



**MORAGA** 



651 Moraga Road # 24 Pottery Barn Style! Chic updated end unit in quiet location at rear of Rheem Terraces. Lovely fenced private patio. Dual pane windows, wood flrs, stainless steel kitchen. Walk to shops, restaurants, Rheem Theatre! \$307,000



271 Paseo Bernal Paseo de Moraga gem in heart of Moraga updated thruout. 3bd/2.5ba w/vaulted ceil., plantation shutters, fab. kitchen w/SS appliances, granite counters, limestone splash. Priv. location backs to

decks, pool, & vineyard on 1.15 ac.

\$2,389,000

**ORINDA** 



40 Los Altos Road Majestic, inspiring, tranquil. It doesn't get any better! 5bd/3.5ba on private gated 2.27 acres with pool/cabana, tennis court/ cabana and serene garden paths.

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**MORAGA** 



open space. \$649,000 **MORAGA** 



21 Tamarisk Beautifully maintained Moraga Country Club home on cul-de-sac with 3 bedrooms and 2 baths, eat-in kitchen, indoor laundry, hardwood floors, vaulted ceilings, new deck, and private backyard. \$769,000

**MORAGA** 



1743 Spyglass Lane Moraga Country Club Forest Hills model, updates throughout include new kitchen appliances, granite counters, updated bath, hardwood floors, new carpet, paint & lighting.

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**MORAGA** 



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1540/1550 Finley Road Terrific horse property on two level sep parcels total 2.98 acres(pr). Rancher w/country kitchen,pool & hot tub. Ranch has 12 stall barn, indr/outdr riding arenas, covered & stall paddocks, fenced pastures & more! \$1,299,000 WALNUT CREEK



1531 Arkell Road Rancher in Carriage Square with HUGE oversized lot. Updated throughout with hardwood floors, pool, patio and grass play area. Great location near Bart, freeway, shops, parks and trail. Must see!

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