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Brothers Take CPR Training to Las Lomas High School Honoring Wrestler's Memory

Submitted by Sandy Lilienstein



Las Lomas High School nurse Kathleen Mooney, De La Salle High School student Jake Lilienstein, Las Lomas High School student Akmal Khakimov, and Acalanes High School student Brian Lilienstein stand with a CPR mannequin. Photo Sandy Lilienstein

Brothers Brian and Jake Lilienstein wanted to honor the memory of wrestler Amir Khakimov, a beloved Las Lomas High School student who passed away last May. Amir's younger brother, Akmal Khakimov, joined the brothers and helped train 400 Las Lomas freshman students led by school nurse, Kathleen Mooney and David Lilienstein, MD. The program was such a success Las Lomas will have their sophomore class also trained. The CPR mannequins belong to Acalanes High School and were gifted by the City of Lafayette and Acalanes Boosters through a program started by Acalanes student Brian Lilienstein with the help of Athletic Director Chris Clark and school nurse Dvora Citron. Brian raised an additional \$500 for Las Lomas, through a donation from Fertility Bridges. Las Lomas was then able to purchase 14 CPR manneguins to seed their program. Through Brian's project, Acalanes High School now has bystander CPR training built into freshmen physical education classes and Las Lomas is hoping to raise additional funds to support a sustainable CPR training for their students, too. By December 2013, their community service program will have trained over 1,500 students.

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