



# SPORTS MEDICINE CENTER FOR YOUNG ATHLETES

**WALNUT CREEK 925-979-3430**  
**OAKLAND 510-428-3558**

- SPORT-SPECIFIC PHYSICAL THERAPY FOR THE DEVELOPING YOUNG ATHLETE
- LONG-TERM SPORTS PERFORMANCE ENHANCEMENT
- INJURY REDUCTION TECHNIQUES



## Cal Magic Earns Championship

Submitted by Greg Davis



Back row, from left: Kate Minden, Kierra Krawec, Mia Grillo, Sam DeVecchi, Jackie Nichols, Emily Smith, Isabel Hough, Kaitlin DeVries, Keeley Murphy, Coach Haris Obic; front row: Anya Li, Annie Midthun, Molly Ikeya, Holland McDonald, Lauren Van Stralen, Rachel Brickman, Molly Davis Photo provided

California Magic U14 girls took home another championship in the competitive Juventus Northern California Spring Showcase on March 8-9.

The Magic U14 girls' team had not played

together for three months for the high school soccer season break, but they jumped back into club soccer with ease. Coach Haris Obic said, "These girls have so much passion for this game."

## Swimming at College

Submitted by Tracy Fu



Front row, from left: Rachel Cleak (Cal Poly), Padon Sivesind (Cal Poly), Jenny Hu (Tufts), Megan Fuqua (Boston College), Jenna Haufler (Pomona), Megan Howard (Navy), Shannon Herman (SDSU), Meghan Biomong (USCB), Andrea Ward (UCSB), Megan Liang (Frankling & Marshall), Camille Cadwell (Cal Poly), Sam Flower (UCSB), Devin Kennedy (Pitzer); back row: Albert Miao (UCSB), Erica Muller (Pacific Lutheran), Steven Stumph (USC), Courtney Whyte (Notre Dame), Chris Peterson (UCSB), Chris Leon (Cal), Megan Freeman (Emory), Mollie Larsen (Cal Poly), Cameron Hoyh (Rider), and Katy Yeh (Lewis & Clark). Photo provided

During the 2013-14 season, Orinda Aquatics had 38 alums competing in collegiate aquatic programs throughout the country.

Some of these swimmers qualified for the NCAA Swimming and Diving Championship. In addition to Andrea Ward (see our March 26 issue), Courtney Whyte (\*11 Campo and current University of Notre Dame junior) swam the fly

leg of the 200 medley relay team.

At the NCAA DIII Championship, Brooke Woodward (\*10 Miramonte) competed for Emory University in three individual events. This was her fourth championship meet. Alyssa Levine, a senior representing Williams College, competed as well.

## First Tournament, First Title

Submitted by John Zuber



Top row, from left: Coach Jon Zuber, Owen Hansen, Brett Donat, Grant Harper, Colby Burns, Will Windatt, Kade Shipp, Grant Daley; bottom row: Nicolas Bamont, Mark McCurdy, Nick Kresnak, Kyle Sintchak, Vince Bianchina Photo Matt Hansen

The 12U Seals baseball club of Lamorinda entered their first tournament March 22-23 and walked away with a title. Lamorinda opened play against Sierra Valley Storm. They earned a 14-1 win. Later that

day, they defeated the San Ramon Slammers 13-3. They faced the Slammers in the next game and won 9-1. In the championship, the Seals beat East Bay All Sports Dawgs 6-4 for the title.

## CLAM Aims for NCS

Submitted by Marie Estorge



Chester Halstead

Photo Dana Piercy

CLAM and Berkeley had a dual meet on March 22, and Lamorinda divers recorded many top finishes.

Acalanes' Sarah Koenigsberg qualified for the NCS dive meet with a score of 282.00.

In Future Champions, Acalanes' Laura Connolly and Miramonte's Emily Stewart finished

second and third, respectively. Campo's Tim Lovelace finished first in boys'.

In JV girls, Acalanes' Maggie Phillips and Campolindo's Jessica Sanborn also finished second and third. Campolindo's Chester Halstead recorded a top finish on the boys' side.

## Success Starts Early

Submitted by Steven Peterson



The Lamorinda Rugby club has had a busy season. The U10 Open team became the NorCal Champions, defeating Silicon Valley in the semifinal and the Pleasanton Cavaliers in the final on March 15. The U12 Open and Lights teams took third and second place. On March 22-23, the Middle School Gold team placed second in the year end NorCal tournament. The Light team finished third.

U10 team takes title. Photo provided

## Serious Series

Submitted by Lynn McAuliffe



Paul Gannet pitched a no hitter against San Ramon.

Photo provided

The Moraga Baseball Association's 14U Mavericks are 3-3 after two weekends of three-game series. The team recorded its first win against the San

Ramon Slammers in a pitchers' duel. Paul Gannet pitched a no hitter, and the Mavericks won 3-0. The team then went 2-1 against the Fremont Titans.

## Performing in the Classroom, Pool

Submitted by Jessica Bernheim



Adam Streeter

Photo provided

Adam Streeter, former Campolindo Cougar and current water polo player for The George Washington University, was honored for his academic performance. Streeter recorded a cumulative grade point average between 3.71-4.0 while playing water polo for the school. This is the fourth time Streeter was named to the Collegiate Water Polo Association Men's Varsity

Scholar-Athlete Team.

Streeter has not only performed well in the classroom, but he has been an important contributor in the pool. He recorded 11 goals, six assists, and 22 steals this season. He ranks second on the team with 16 field blocks, and is tied for the fifth-highest single season total in program history.