

Part 2, Half-Day Camps (Part 1, Full Day and Overnight Camps published on March 12 2014)

Football Instruction from Winning Players

By Cathy Tyson



Former NCS Champion varsity football players who have just graduated from Miramonte High School, along with recent alumni will be staffing a youth football camp this summer. It's not every day local kids get to work out with "celebrity" football players who they may have seen on Friday nights this past fall.

While the camp is brief, just four days, it offers an early summer respite for parents, a solid work out for kids, a chance to work on skill development with high school star athletes, and perhaps a dash of inspiration. Now in its second year, the camp is staffed by mostly college-bound young men under the supervision of popular coach Jack Schram. Photos provided

Parents have commented that there's a bit of 'fan-dom' by these kids entering grades 5 through 8 this fall, many of whom witnessed the unbelievably heroic season the Mats varsity team enjoyed.

Coach Schram said the kids will focus on skill development and the fundamentals of the game – no pads and no contact – in this camp that is especially geared for first-timers. Students will be separated by age group; Schram said it will be very similar to spring practice with the varsity players, focusing on catching, throwing, running routes, acceleration and agility.

The camp, hosted by Mats Football Club, LLC, runs from 1 to 2:30 p.m. Monday



through Thursday, June 16-19. It's unclear whether four short days of instruction can prepare would-be players for the intensity of high school football, both boys and girls are welcome to attend, but perhaps it's enough to motivate football tossing for the balance of the summer. For more information, email Matsfb@hotmail.com.

If your child is interested in more football, see the entry below about the Cougar Youth Football Camp for grades 4-8 offered at Campolindo High School July 7-18.

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