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'Lamorinda Ladies' Swim Across Lake Tahoe

By Marissa Harnett



From left: Julie Oliver, Meredith Yox, Erin Rau, Andrea Hegarty, Krista Benson, and Marissa Harnett Photo provided

Six women from Lamorinda, members of Moraga Valley Pool, swam in the 38th Annual Olympic Club Trans-Tahoe Relay on July 19. They completed the 10-mile course without wetsuits from Sand Harbor on the east shore to Skylandia Beach on the west shore in approximately five hours and placed seventh in their age category.

Escorted by former Moraga residents Hal and Cam Teasdale in their Ranger 27, each swimmer alternated swimming in 30, 15, and ten minute intervals to reach the other side. Eric Benson assisted in keeping all swimmers safe as they entered and exited the water.

"Conditions could not have been more perfect," said Julie Oliver. "The weather was beautiful, and the water was calm, warm, and so blue!"

The Trans-Tahoe Relay has become one of the largest open water swims in the world attracting over 1200 participants this year. Promoting

camaraderie and competition, the event consistently ranks among the world's top 100 open water swims.

Erin Rau added, "I feel so accomplished. It was such a fantastic day!"

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