

# Cynthia Brian's Gardening Guide for March



*A fan of fennel nestled above sage and French persil.*



*Harvest beets and eat the greens and the root vegetable.*

- **PLANT** rhubarb for a pretty perennial that will supply you with plenty of ruby red stalks for pies and tarts this summer. Cut off and discard all rhubarb leaves as they contain poisonous oxalic acid.
- **INVEST** in roots of asparagus. Asparagus can take up to five years to produce spears but will continue to offer a bountiful harvest for 20 years. Experiment with Purple Passion (purple is the color of the year!) for a sweet, tender, and mild flavor.
- **PULL** weeds as soon as you see them sprout while the ground is still moist.
- **CHOP** down cover crops and hoe into the soil.
- **FERTILIZE** lawns to give them a good boost of nitrogen and nutrients for the forthcoming season.
- **PICK** established kale and other greens before they go to seed.
- **CHECK** irrigation system for breaks or leaks.
- **BUILD** raised beds for your vegetables and herbs. Your back will thank you throughout the year.
- **ADD** fresh compost to all garden beds.
- **SEED** or reseed lawns. I recommend Pearl's Premium for its durability, deep roots, and need for minimal water. <http://www.PearlsPremium.com>.
- **PRUNE** privets into hedges and bushes unless you want tall trees.
- **LOOSEN** compacted soil by turning amendments into the soil with a garden fork.
- **CLIP** boxwoods and shape as needed.
- **HARVEST** beets that were planted in fall.
- **BUY** discounted tickets to the June 15 Oakland A's versus Los Angeles Angels Baseball Game with a portion of proceeds benefitting the 501 c3 charity, Be the Star You Are® <http://www.BetheStarYouAre.org>
- **START** seeds of tomatoes indoors or a in a greenhouse.
- **CONTINUE** to pick up all fallen camellia blossoms until there are none left on your bush or tree. My tree had thousands of blooms this year. My daily regimen includes collecting at least 100 or more spent blooms.
- **CHECK** the weather forecasts to know when it's going to sprinkle or rain. It's best to sow and fertilize at this time.
- **SUPPORT** eco-therapy and walk in the woods. Forest bathing or shinrin-yoku has been scientifically proven to improve our immune systems.
- **FOR** more spring landscaping tips, buy "Growing with the Goddess Gardener," [www.cynthiabrian.com/online-store](http://www.cynthiabrian.com/online-store).

Happy Gardening and Happy Growing!