Fire-resistant landscaping tips for front and back yards

By Jenn Freedman

Another scorching summer has led to record-breaking wildfires across California, including three major brushfires in Lamorinda. As residents contemplate landscape updates in the coming year, it is important to be aware of crucial guidelines that will aid in smarter landscaping decisions.

A firescape, or fire-resistant landscape, uses plants less likely to burn and strategically places them to resist the spread of fire to your home. According to the Cal Fire website, readyforwildfire.org, there are several fire-resistant landscaping tips to consider when designing your yard:

- Avoid continuous tree or shrub canopy adjacent to the home or other structures.
- Do not place medium to large shrubs beneath trees.
- Make sure to have a defensible space of 100 feet around your home, which is required by law and includes two zones: Zone 1 – or “lean, green, and clean zone” – extends 30 feet out from buildings, structures, and decks. Remove all dead plants/grass/weeds/debris from yard, roof, and gutter. Trim trees regularly, keeping branches at least 10 feet from other trees. Zone 2 – or “reduced fuel zone” – fills the remaining 70 feet (or to property line). Be sure to cut grass down to a maximum of four inches high, remove fallen debris, and create horizontal and vertical spacing between shrubs and trees.

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### Lamorinda Home Sales recorded

<table>
<thead>
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<th>City</th>
<th>Last reported:</th>
<th>LOWEST AMOUNT:</th>
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<tr>
<td>LAFAYETTE</td>
<td>18</td>
<td>$780,000</td>
<td>$2,450,000</td>
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<td>MORAGA</td>
<td>6</td>
<td>$475,000</td>
<td>$1,930,000</td>
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<td>ORINDA</td>
<td>9</td>
<td>$1,050,100</td>
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Home sales are compiled by Cal REsource, an Oakland real estate information company. Sale prices are computed from the county transfer tax information shown on the deeds that record at close of escrow and are published five to eight weeks after such recording. This information is obtained from public county records and is provided to us by California REsource. Neither Cal REsource nor this publication are liable for errors or omissions.

#### LAFAYETTE

- **518 Bavarian Court**, $1,440,000, 4 Bdrms, 2574 SqFt, 1974 YrBlt, 9-6-18; Previous Sale: $1,360,000, 04-12-07
- **3319 Beechwood Drive**, $1,003,000, 3 Bdrms, 1252 SqFt, 1946 YrBlt, 8-31-18; Previous Sale: $565,500, 10-15-03
- **3303 Berta Lane**, $995,000, 3 Bdrms, 1296 SqFt, 1957 YrBlt, 9-6-18; Previous Sale: $46,000, 07-13-77
- **1216 Cambridge Drive**, $2,450,000, 4 Bdrms, 2565 SqFt, 1966 YrBlt, 8-31-18; Previous Sale: $119,000, 08-13-73
- **30 Circle Creek Court**, $780,000, 2 Bdrms, 1248 SqFt, 1978 YrBlt, 9-6-18; Previous Sale: $345,000, 11-20-01
- **985 Condit Court**, $1,325,000, 3 Bdrms, 1596 SqFt, 1956 YrBlt, 8-24-18; Previous Sale: $94,000, - -
- **3252 Greenhills Drive**, $1,860,000, 4 Bdrms, 3480 SqFt, 1986 YrBlt, 8-27-18; Previous Sale: $1,680,000, 08-24-16
- **963 Hawthorne Drive**, $1,475,000, 4 Bdrms, 1908 SqFt, 1941 YrBlt, 9-5-18; Previous Sale: $1,435,000, 03-30-15
- **3747 Highland Road**, $1,425,000, 4 Bdrms, 1827 SqFt, 1974 YrBlt, 8-27-18; Previous Sale: $660,000, 03-19-02
- **3155 Indian Way**, $1,750,000, 4 Bdrms, 2702 SqFt, 1959 YrBlt, 8-28-18; Previous Sale: $339,000, 07-31-87
- **651 Moraga Road #32**, $475,000, 2 Bdrms, 1144 SqFt, 1962 YrBlt, 8-30-18; Previous Sale: $275,000, 10-11-01
- **119 Ascot Court #6**, $490,000, 2 Bdrms, 1140 SqFt, 1970 YrBlt, 8-24-18; Previous Sale: $445,000, 08-18-06
- **625 Augusta Drive**, $855,000, 2 Bdrms, 1262 SqFt, 1976 YrBlt, 9-4-18; Previous Sale: $325,000, 05-07-99
- **3143 Old Tunnel Road**, $1,085,000, 3 Bdrms, 2100 SqFt, 1954 YrBlt, 8-24-18
- **3445 Moraga Boulevard**, $950,000, 2 Bdrms, 768 SqFt, 1961 YrBlt, 9-6-18; Previous Sale: $900,000, 02-25-16
- **949 Oak View Circle**, $1,838,000, 3 Bdrms, 1904 SqFt, 1954 YrBlt, 8-28-18; Previous Sale: $1,100,000, 08-17-16
- **3336 Oak Court**, $1,248,000, 3 Bdrms, 1722 SqFt, 1964 YrBlt, 9-6-18; Previous Sale: $339,000, 07-07-92
- **3125 Sharon Court**, $1,335,000, 3 Bdrms, 1861 SqFt, 1956 YrBlt, 8-27-18
- **1226 Woodborough Road**, $1,487,500, 2 Bdrms, 2344 SqFt, 1957 YrBlt, 8-29-18

#### MORAGA

- **1908 Old Spanish Trail**, $1,585,000, 4 Bdrms, 2000 SqFt, 1936 YrBlt, 9-6-18; Previous Sale: $1,550,000, 04-02-02
- **56 Parson Brown Court**, $1,930,000, 4 Bdrms, 3145 SqFt, 2000 YrBlt, 8-30-18; Previous Sale: $1,266,500, 09-19-01

---

**ORINDA ~ 11 Moraga Court**

Beautifully updated and expanded single level rancher features 5 bedrooms, 3 bathrooms, office or in-law, au-pair setup with its own entrance, kitchen and private, fenced yard. Located at the end of the court, the more than half acre lot offers a true park-like yard. Great commute location, just minutes to downtown Orinda, Lafayette, Moraga, Bart and Hwy 24. Offered at $1,829,000

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*... continued on Page D17*
31 BROADMOOR STREET, MORAGA | OFFERED AT $1,475,000

Prime Moraga Country Club location rarely available for-sale. This 2828 sq. ft. two story 4 bedrooms 2.5 baths home sits on an oversized 9000+ sq. ft. lot.

The quiet, court setting is exceptional with its natural California beauty and adjacent open space. The home is just steps to satellite pool, nearby sports field & basketball court and walking distance to MCC Club House.

The comfortable master retreat is located on the first story offering all the right spaces including remodeled bathroom, two walk-in closets and separate home office. Take in lovely vistas of rolling Moraga hills from nearly every window and enjoy fall evenings on your spacious decks.

The open floor plan includes hardwood floors, vaulted ceiling and gorgeous gourmet kitchen with stainless steel appliances and stylish tile floors. Enjoy entertaining friends and family in your large living room with cozy fireplace.

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Realtor®
Broker Associate
C 925.818.8000
Kurt@KurtPiperGroup.com
www.kurtpipergroup.com
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Fire-resistant landscaping tips for front and back yards

.. continued from page D1

Moraga-Orinda Fire District Chief Dave Winnacker reinforces the importance of firescaping: "MOFD encourages residents to consider fire resistant landscaping to increase the defensible space around homes and to make our community more resilient and prepared for a wildfire event. These passive measures significantly increase the survivability of homes and will dramatically slow the advance of fire, giving responders valuable time to suppress a fire before it spreads."

While there are many choices for fire-resistant plants, examples of safer plants suitable for Lamorinda specifically include:

- Trees: western redbud, citrus, coast live oak, Carolina laurel cherry;
- Shrubs: aloe, coffeeberry, bush morning glory, pomegranate, Italian buckthorn, currant;
- Groundcover: bearberry cotoneaster, carpet bugle, candytuft, trailing South African daisy, fan flower; and
- Vines: cape honeysuckle, and potato vine.

For a comprehensive list of plants with favorable and unfavorable fire performance ratings, visit diablofiresafe.org/tolerance. Local nurseries, like Orchard Nursery in Lafayette, McDonnel Nursery in Orinda or the Moraga Garden Center, can also offer guidance on fire-resistant plants available locally. A plant’s fire resistance can be seriously compromised if not maintained: plants not properly irrigated or pruned have an increased fire risk.

Landscape contractors can offer guidance for firescaping your specific home as well as solid plant choices, such as Christian Ehrhorn of Misty Morning Gardens in Orinda. "When I design landscapes that require buffers from fire-prone areas, employing plant species and natives such as Coffeeberry and Cotoneaster are solid choices. When these types of low-growing dense species are planted in broad areas and combined with permeable hardscape elements like gravel or decomposed granite, they can act as a fire break."

Plants not recommended for fire-prone areas generally have a low-moisture content, high percentage of dead matter/debris, and/or a high surface area to volume ratio. Examples of trees that fall into this unfavorable bucket include fir, spruce, and eucalyptus.

Ensuring we adhere to firescaping guidelines will safeguard our community into next summer and beyond.
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219 PASEO DEL RIO, MORAGA

Spacious and well-maintained by the original owner, this 4 bedroom 2.5 bathroom single-story home in Campolindo has a charming courtyard entry, a remodeled gourmet kitchen with granite countertops, a family room with a brick fireplace, a formal dining room and a living room with vaulted open beam ceiling and a stone fireplace. Other amenities include dual-pane windows and doors, numerous skylights, recessed lights, hardwood floors, pull-down stairs to attic storage, newer central heating and A/C and a 2-car attached garage. The beautiful flat rear yard is completely fenced and has lawns, aggregate and brick patios, a fire pit, a sport court and a sparkling pool and spa. Close to Campolindo High School, Cabana Club Swimming Pool and Lafayette Reservoir rim trail via a path at the end of the street.

PENDING! | 219PaseoDelRio.com | Listed at $1,425,000

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Feng Shui

Spring cleaning in the fall?

By Michele Duffy

Most of us associate tidying up the areas where clutter accumulates in the springtime, however fall is equally relevant to let things go that no longer serve us and clutter definitely falls into that category. Feng Shui allows us to be more connected and aligned with nature by inviting the wisdom and healing nature offers into our homes. Clutter accumulates when energy stagnates and, likewise, energy stagnates when clutter accumulates. Clutter a symptom of energy drains, stuck, heavy or stagnant life force chi.

When you clear the physical, emotional and mental clutter, the stagnant energy in you and your environment releases and is free. Releasing the stuck energy may keep you in a holding pattern of exhaustion or procrastination, feeling overwhelmed, depressed or anxious.

Clearing clutter also gives you more clarity, better sleep, more vitality, greater joy, ability to move forward, welcome the new, weight loss, increased prosperity, more time, less cleaning and clearer thinking.

So like the sturdy trees around us that lose their leaves as a signal the fall season has arrived, you can also release and lose the clutter in your home that has accumulated over the year so far.

Since fall weather is much cooler, clearing out the garage is much more enjoyable in cooler temperatures. There is nothing more daunting or discouraging than trying to clean out the garage in 90-degree weather, so take advantage of the cooler air of fall, especially early in the morning, and get busy purging.

And with the fall and winter holidays coming soon, getting a head start on clearing our pantries, kitchen cabinets, dining room drawers, and other areas allows us to be better prepared to create a refresh on our upcoming holiday season. It also gives you a chance ahead of time to review all the moving parts, discard ratty dining room linens and make slight upgrades in your entertaining needs. Having plenty of time to plan intimate gatherings will truly allow you to entertain with grace.

Our clothes closets and dresser drawers need winterizing as well. Put the summer gear away and have the warmer sweaters ready to go. While you are winterizing your closets and drawers it’s a great time to purge old clothes or things that no longer fit, or donate items to local charities. The same is true for clearing out the shoes and boots and perhaps donating the ones that no longer work.

Once the decluttering is under control you have a better idea of other needs you have, like perhaps painting your dining room, recovering chair cushions, hanging new drapes or whatever is calling your attention.

The finishing touches and creative flair will be far more fun to engage in with the heavy lifting of clearing out clutter already completed.

Feng Shui clutter clearing tips:

• Make sure the wind is not excessively strong or eerily still when you clear clutter. When the wind is excessively harsh, money can’t accumulate, so it’s a great time to get rid of dated documents, files and papers from your office.

• Choose a time of day when you’re the most energized – not in your slump. Daylight and mornings are best of all.

• Wear yang colors of red, orange, pink or yellow clothing if possible – and avoid wearing black, grey or dark blue (yin colored) clothing.

• Take breaks. After 25 minutes you are free to stop for the day. If you feel like continuing, great!

Before you begin, start to shift the stagnation of the area by increasing the yang energy by turning on all of the lights, open the windows or door in that space – even if just a crack – and keep open until you finish, burn sandalwood or juniper incense and keep it burning the entire time. You can also use an electric diffuser with pure aromatherapy oils of sweet orange, neroli or bergamot. Clap and/or ring bells to wake up the space. Then play uplifting, joyful, loud-ish music and keep it playing while you clear.

Clear the clutter just 15-25 minutes at a time (you can set an alarm if you’d like). Take a break and then keep going only if you’re inspired and excited to do so. Mark four boxes or bags as “Trash,” “Recycling,” “Donate,” or “Transit to other house or business.”

Consider whether each item lifts your energy, if you love it, if you use it, and if you need it.

... continued on Page D10
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Feng Shui

Spring cleaning in the fall?

If your answer is “no,” it’s clutter and has to go. After you finish for the day, empty the trash and garbage immediately outside of your home or business, take things in the transit box back to the room where they belong, and spray aromatherapy in the space or burn incense one more time.

Once a room is cleared, use aromatherapy cleaning products scented with pine, basil, lemon grass, tea tree, orange or rosemary to deep clean the walls, ceilings and floors of the room (delegate, if you wish). If you have carpeting or rugs, sprinkle a mix of baking soda with a few drops of aromatherapy oil of choice in rugs (also try Method or Mrs. Meyer’s cleaning products) and vacuum. Then admire your work and appreciate a real sense of accomplishment in taking care of your container and protecting your investment while creating healthy Feng Shui.

Creating spacious bookshelves requires ridding them of non-essentials and letting the natural beauty of organization shine.

Michele Duffy, BTB M.F.S. is an Orinda resident who, since 1999, enjoys creating “Space as Medicine” Feng Shui one space at a time, as well as hiking in nature, cooking, and spending time with her family; Canyon Ranch Feng Shui Master, International Feng Shui Guild (IFSG) Red Ribbon Professional. To schedule a professional 2018 Feng Shui Consultation, contact Michele at (520) 647-4887 or send an email to spaceharmony@gmail.com.
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Resting on the boundary where the North American and Eurasian Tectonic plates meet, Iceland is a country of intense volcanic eruptions, boiling hot springs, rushing rivers, venting steam, spouting geysers, powerful waterfalls, ice caves, aqua blue lagoons, northern lights, and minimal sunshine. Most people live in Reykjavik, the capital, which has a population of only 338,378 and a median age of 38. Iceland, a country of fierce contrasts, is geared for the rugged and the youthful.

I visited this wild, wild country recently during the season of “the midnight sun” when darkness never comes and sleep is elusive. Twilight reigned supreme allowing for plenty of exploring and hiking adventures. Summer in Iceland was freezing cold with unpredictable blustery North Atlantic weather, gray skies, menacing clouds, bone-chilling rain, and gusty winds. Sunshine in any minimal amount was not on the agenda. My daily wardrobe included gloves, faux fur hat, layers of clothing, double mufflers, boots and a warm raincoat. Naturally, a bathing suit was always packed in my bag for that daily dip in a “secret” hot springs lagoon where the natives and visitors come to warm up.

As a traveler who dives into the culture of a nation, I wanted to indulge in the Icelandic cuisine. To supply fresh vegetables, hothouses operate year round using geothermal energy providing tasty and nutritious veggies to augment a diet of fish and meat. Dining out is expensive. The average price for a green salad was $30. Everything I ordered at authentic local restaurants was unique and delicious with the exception of fermented shark which was the most disgusting, foul smelling, horrid tasting item I’ve ever experienced. I spent a full day sick to my stomach after just a few nauseating bites, yet this is considered an Icelandic winter staple.

... continued on page D16
BEAUTIFUL BROWN SHINGLE WITH BACKYARD OASIS!
This updated and beautiful home is what you have been waiting for... a California-style brown shingle with an open floor plan and loads of natural light. Tucked back from the street, this home features 3570± square feet of comfortable living spaces, 5 bedrooms, 3 full bathrooms and a fantastic bonus room. Situated on a private .48± acre lot with an expansive deck, pool and spa, this home offers truly incredible living spaces for complete functionality, casual living, entertaining and everyday outdoor enjoyment.

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Tom has been busy in Burton Valley.

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613 Murray Lane, Lafayette
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What interested me most was the ever-changing unique landscape on this small isle bordering the Arctic Circle. I was mesmerized by the plethora of wildflowers, grasses, and moss carpeting the island. Flowers sprouted in the cracks of lava flows, spilled down the sides of volcanoes, and grew on the edges of the glaciers. While riding Icelandic horses (a small sturdy breed endemic to Iceland only) through the countryside, I saw miles and miles of blue lupines filling the fields as far as the eye could see. In the 1950s seeds from Alaskan lupines were scattered in a few regions of Iceland to help with erosion and soil improvement. They have now naturalized, much to the delight of visitors and the chagrin of the populace who have denoted lupines as invasive weeds that crowd out indigenous plants and stunt the growth of hungry sheep. Acres of buttecupps, wild perennial sweet pea, angelica, mustard, hawkweed, lady smock, Arctic sea rocket, meadowsweet, wild strawberry, gentian, Lady’s mantle, marsh marigold, cornflower, yarrow, violets, and Iceland poppy hugged the ground. The dandelions grew to almost two feet tall and are harvested as a nourishing edible. Lichen and moss covered the fields of lava. The treasured Icelandic moss is said to be so delicate that a single footprint will take a hundred years to regenerate.

Autumn is an auspicious time to sow wildflower seeds in America. What makes a flower a wildflower? Basically, wildflowers grow happily without any human cultivation. They live and thrive within an interactive plant community. Many wildflowers are native to a certain region and when they freely reproduce in another area, they have naturalized.

If you’d like to introduce wildflowers into your landscape, decide on the species you want and buy seeds from a trusted company. Make sure the plants are not an invasive species. (You can always check the USDA plant database at https://plants.usda.gov/java/.)

Sow seeds directly into the ground or into containers. Make sure seeds are protected from winter chills and marauding birds.

Here’s my list of beautiful wildflowers that will easily domesticate:
- Blackeyed Susans (Rudbeckia)
- Bluebells (Mertensia virginica)
- Buttercups
- California Poppy
- Columbine (Aquilegia)
- Coneflowers (Echinacea)
- Coreopsis
- Lupines
- Mustard
- Penstemons
- Wild perennial sweet pea
- Yarrow

If flowers can flourish in the extreme climate of Iceland, they will go wild in our temperate gardens. Create secret destinations that are born to be wild!

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Lamorinda Home Sales recorded  
... continued from page D2

**ORINDA**

21 Cedar Lane, $2,200,100, 4 Bdrms, 2761 SqFt, 1961 YrBlt, 8-31-18; Previous Sale: $1,890,000, 11-23-16
36 Dolores Way, $1,100,000, 3 Bdrms, 1733 SqFt, 1952 YrBlt, 8-31-18; Previous Sale: $430,000, 10-26-99
7 Easton Court, $1,200,000, 3 Bdrms, 1624 SqFt, 1960 YrBlt, 8-29-18; Previous Sale: $880,000, 01-30-18
11 El Dorado Lane, $1,620,000, 3 Bdrms, 2528 SqFt, 1972 YrBlt, 8-30-18; Previous Sale: $849,000, 05-29-03
8 Fleetwood Court, $1,316,500, 4 Bdrms, 2186 SqFt, 1962 YrBlt, 8-24-18; Previous Sale: $695,000, 06-28-01
66 Hacienda Circle, $1,175,000, 3 Bdrms, 1790 SqFt, 1964 YrBlt, 8-27-18
6 Lavenida Drive, $1,680,000, 4 Bdrms, 2115 SqFt, 1953 YrBlt, 8-29-18; Previous Sale: $1,680,000, 08-29-18
9 North Lane, $1,050,100, 3 Bdrms, 2212 SqFt, 1946 YrBlt, 9-5-18; Previous Sale: $875,000, 09-30-15
11 Paintbrush Lane, $2,050,000, 5 Bdrms, 2738 SqFt, 2016 YrBlt, 9-4-18; Previous Sale: $1,799,000, 04-07-17

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Cynthia Brian’s October Gardening Tips

**DISCOUNTED** grass seed. October is the month to plant or refurbish your lawn. Since my favorite lawn seed is not sold in California, I have arranged for a special discount for my clients, readers, and radio listeners. Save 20 percent on Grass seed through Oct. 10, with code STAR20. Enjoy!

**SPIDER WEBS** strangling your plants? You might have spider mites. They make a spider web-like netting to protect themselves and their eggs and are almost impossible see with the naked eye. Put a piece of white paper under the leaves of a plant and shake the plant. If a pepper like substance falls on the paper you have spider mites. You can spray with a strong stream of water, use beneficial insects such as ladybugs or lacewings, or spray with NEEM oil. A chemical pesticide is not recommended as it kills the beneficials and not the spider mites.

**RAKE** leaves as they fall. As long as the leaves are not diseased, add them to your compost pile or to an area of your garden that could use extra mulch.

**BUY** spring bulbs now. Refrigerate tulips, hyacinths, crocus, and muscari for four to six weeks. Place in a mesh bag in the refrigerator away from any fruits that could emit ethylene gas, which will stunt blooms. Ranunculus and anemones do not need pre-chilling.

**PLANT** cool season vegetables including beets, carrots, lettuce, arugula, kale, cauliflower, broccoli, Brussels sprouts, peas, and onions.

**CONTINUE** picking tomatoes, peppers, eggplant, and squash for your meals.

**HARVEST** pumpkins, Indian corn, and gourds for Halloween and autumn décor.

**DIVIDE** clumps of daylilies, bearded iris, and clivia as they don’t like to be crowded. Once divided, they will bloom more profusely.

**GIVE** new perennials a chance to settle in for a spring bloom by planting in October.

**REDUCE** irrigation as the weather cools. Reset timers or turn them off completely.

**CHECK** out fall colored deciduous trees and shrubs to add to your garden.

Happy Gardening. Happy Growing.
Cynthia Brian
Cynthia Brian, The Goddess Gardener, raised in the vineyards of Napa County, is a New York Times best-selling author, actor, radio personality, speaker, media and writing coach as well as the Founder and Executive Director of Be the Star You Are! 501 c3.


Buy a copy of her new books, Growing with the Goddess Gardener and Be the Star You Are! Millennials to Boomers at www.cynthiabrian.com/online-store.

Available for hire for projects and lectures.
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**The Village Associates:**
- Ashley Battersby
- Patricia Battersby
- Shannon Conner
- Meara Dunsmore
- Linda Ehrich
- Emily Estrada
- Joan Evans
- Linda Friedman
- Dexter Honens II
- Anne Knight
- Susan Layng
- Charles Levine
- April Matthews
- Hillary Murphy
- Karen Murphy
- John Nash
- Tara Rochlin
- Altie Schmitt
- Judy Schoenrock
- Ann Sharf
- Charles Levine
- April Matthews
- Hillary Murphy
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