

The window display at the Lafayette McCaulou's.

Photo Pippa Fisher

# Teddy bear window display a Christmas toy tradition

By Pippa Fisher

McCaulou's shop window. From Thanksgiving onward lights twinkle and music tinkles as the display of cuddly moving teddy bears enchant in a different winter wonderland scene each year.

McCaulou's Founder Dave McCaulou, still working

t's a Lafayette tradition every Christmas season – the to keep the empire of 22 stores running every day, started store featuring a Christmas living room scene with mechstore was built to suit their need, including the corner window, which is such a perfect spot for the annual display.

McCaulou remembers seeing the Breuners Furniture

with the Lafayette store in 1963. "We were the first ten- anized people in downtown Oakland as a small boy with ants in the shopping center," he says explaining that the his parents. It made such an impression on him that he decided to do the same in his store and over the years collected antique toys for his display.

... continued on Page A12



Letters to the Editor Α9 Community Service **B4** Not to be Missed B6-B7 **HOW TO CONTACT US** В7 Classified C2 Love Lafayette C4



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# Caltrans throws wrench in work on new Canyon Bridge

By Vera Kochan



Temporary Canyon Bridge

meeting. Construction of the New Canyon the stars simply didn't align. Bridge would be delayed an additional

Photo Vera Kochan

dric Kwan, Moraga's director of pub-nior civil engineer, Shawn Knapp, met all lic works, had some bad news to im- of the Caltrans deadlines, making sure to part to the town council during its Dec. 12 provide a faultless reimbursement package,

In a last minute meeting on Dec. 10, Caltrans told Kwan that the funding was Even though Kwan and the town's se- no longer available. Caltrans did offer to

change the status of the project to "advanced construction," which would provide higher priority for the project when

funds do become available. According to Kwan, the staff had done everything possible to get the funding to begin the construction process in January. "Caltrans headquarters in Sacramento has a Bridge Structural Review division. They are six months behind, and they do not have a timeframe for turnaround like they do with local assistance. Because of that delay, we will miss the construction season for 2019."

Caltrans was able to find funding for the fiscal year 2020-21. However, this means the project won't begin until 2020, when the reviews are completed. Kwan said he always approaches any project with a Plan B. "This gives more time to get the new package prepared and get bids out early." With this delay he hopes to get better bid offers for the construction.

... continued on Page A10

### **A Note About Our Newspaper Carrier**

Blackhawk Enterprise (email mailblackhawk@gmail.com) has been delivering the Lamorinda Weekly to all homes in Orinda, Lafayette and Moraga since January 2011.

The team of eight drivers works hard to make sure you get your newspaper every other Wednesday. Blackhawk Enterprise and its team members would like to wish our readers a joyous holiday season and a very happy new year.

Please see their Holiday message on page A9.

Thank you, Lamorinda Weekly

#### **Civic News** A1-A12 Life in Lamorinda

OUSD joins Sandy Hook Promise – Page A7.

#### **Fire Districts**

Latest MOFD long-term liability report – Page A8.

Applauding Lamorinda Arts Council community efforts -Page B1.



**Sports** 

**B1-B8** 

Lamorinda boys soccer preview -Page C1.

#### C1-C4 Our Homes

Garden trends for the upcoming new year -Page D1.





## Lafayette

#### **Public Meetings**

#### **City Council**

Monday, Jan. 14, 7 p.m. Lafayette Library & Learning Center, Community Hall, 3491 Mt. Diablo Blvd.

#### **Planning Commission**

Monday, Jan. 7, 7 p.m. Lafayette Library & Learning Center, Community Hall, 3491 Mt. Diablo Blvd.

#### **Design Review**

Monday, Jan. 14, 7 p.m. Lafayette Library & Learning Center, Arts & Science Discovery Center, 3491 Mt. Diablo Blvd.

#### **School Board Meetings Acalanes Union High School District**

Wednesday, Jan. 16, 7 p.m. AUHSD Board Room 1212 Pleasant Hill Road, Lafayette www.acalanes.k12.ca.us

#### **Lafayette School District** Tuesday, Jan. 22, 7 p.m.

Regular Board Meeting District Office Board Room 3477 School St., Lafayette www.lafsd.k12.ca.us

Check online for agendas, meeting notes and announcements City of Lafayette: www.ci.lafayette.ca.us Phone: (925) 284-1968 **Chamber of Commerce:** www.lafayettechamber.org

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# City appoints interim city manager

By Pippa Fisher



Niroop Srivatsa Photo Jeff Heyman, City of Lafayette

s the search continues for a Anew city manager following the resignation of City Manager Steven Falk effective at the end of this year, the city has appointed longtime staff member Niroop Srivatsa as interim manager. The council anticipates its search for a permanent city manager will be completed by spring.

appointment at the Dec. 10 meeting. Srivatsa has over 30 years of local government experience with 24 of them in Lafayette. She has served as the city's director of planning and building services for the past 17 years during which time she has led city staff and advised the council and planning commission on land use policy, strategic growth initiatives and housing and economic development matters.

Srivatsa has acted as incident commander during emergency operations drills and has held leadership roles during real emergencies such as the 2000 flooding in Lafayette. She has also served as acting city manager from time to time and is one of the most visible staff members, having met with many residents over the years on land-use projects.

Srivatsa serves on the League

The city council voted for the of California Cities' Revenue and Taxation Committee, which provides policy direction on pending legislation to the League board and advocates for local control. She was recently appointed as an alternate commissioner to the California Statewide Communities Development Authority, where she will review and approve applications from more than 500 cities, counties and special districts for funding community infrastructure, affordable housing, and environmental

Falk, who has held the position since 1996, said in a statement from the city released Dec. 12, "Ms. Srivatsa's personal work ethic can be summarized in three words - 'whatever it takes' – and her love for and dedication to Lafayette and its mission to preserve and enhance the city's semirural character is

"She has a rich and unmatched understanding of the city's major physical, engineering, and development challenges," added Falk. "Ms. Srivatsa will serve ably as the city's interim city manager."

Srivatsa has a bachelor's degree in architecture and town planning from Madras University in Chennai, India. She and her husband, Sanjay, have two sons who attended Lafayette schools.

"I am honored and excited to be appointed as the interim manager for a city that I truly love," said

"Our community is profoundly fortunate to have Niroop working for them as interim city manager," said Mayor Cam Burks. "She is an outstanding, deeply qualified leader who will play an integral role in moving our city forward," adding, "I couldn't be more pleased with the council's selection."

# New mayor calls for respectful, civil collaboration as city changes guard

By Pippa Fisher



Newly elected Lafayette City Council members Susan Candell (left) and Teresa Gerringer (right) join Mayor Cam Burks (center) at the Dec. 10 city council meeting. Vice Mayor Mike Anderson did not attend the meeting.

Photo Jeff Heyman, City of Lafayette

t was all change at the packed ing Mayor Don Tatzin and out- Gerringer and Susan Candell. Dec. 10 city council meet- going City Manager Steve Falk, Vice Mayor Cam Burks moved ing - a meeting that recognized along with Council Member Ivor to the central chair on the dais and celebrated the many years Samson, and then installed newly to assume the role of mayor and of service to the city by outgo- elected council members Teresa Council Member Mike Anderson,

took over as vice mayor.

First up was Tatzin to address Falk's many achievements during his 22-year tenure as city manager. Falk will be retiring at the end of the year. Noting amongst other accomplishments Falk's ability to "hire wisely," Tatzin remarked on the low turnover within city staff and also remarked on the healthy state of the city's finances, the fixed roads, the robust restaurant row, new sidewalks, public art, the new library and Veterans' building and described Falk as "visionary."

stepping away from the dais, paid tribute to Tatzin with whom, he acknowledged, he has had some vehement disagreements and to Falk, with whom he has not always agreed either, and he spent a while addressing the recent election. "Irrespective of how you voted," he said, "there is a common sadness that our city is divided and needs to be brought together again. I

Referring to "absurd and irresponsible comments" on social media and "vile and disgusting personal accusations with no basis or he hopes never to see such hatred and bigotry in the community again and said that he hopes that going forward people can recognize that ideas sometime clash and that it is healthy for democracy.

Tatzin then made his final remarks as mayor and noted that over his 33 years on the council, including seven stints as mayor, he has served with 17 different council members. He credited his wife, Ellen Reintjes, for her continued support. Tatzin talked about a theme that he has frequently referenced - the virtuous circle of Lafayette, saying that people move here for good schools and become involved for good in the community.

Burks paid tribute to Tatzin and noted that Tatzin always stressed the importance of civility, decency, respect and collaboration and expressed his hopes to support that legacy within the council.

As Tatzin and Samson left, Candell was sworn in by City Clerk Joanne Robbins and Gerringer was

although absent on the evening, er. Both made remarks expressing thanks to family and gratitude for being able to serve.

The new mayor's remarks focused heavily on the theme of transparency and collaboration, overcoming the "fracturing and divisiveness" that the community has experienced over the past several months. "The foundation of my vision for 2019 rests on taking action that will unify the city, stimulate respectful and civil collaboration and the pedestrian-friendly downtown, strengthen the community," Burks

"It's imperative that we, as a city council, foster an inclusive and Samson, in his remarks before transparent environment; one that prioritizes civility, respect, kindness and openness to everyone's opinion," Burks said. "Debate and alternative views are foundational elements of our democratic system. We need to affirm these elements in ways that do not alienate our fellow neighbor."

Burks reaffirmed that he is eager to focus on protecting local control on land use and development from a state legislature that he says appears eager to strip these fundamental rights.

He stressed the importance of reaffirming community values and accountability," Samson said that committing to a dedicated plan to augment transparency in everything the council does.

Burks spoke too of an expanded emergency preparedness focus, particularly in the area of wildfire

Additionally he said he wanted to address "development of robust senior community inclusion strategies, material relationship growth and the execution of holistic objectives in support of our exceptional schools, and adoption of innovative solutions to bolster our small business and commerce environment; (these) are all areas that I would like to see us pursue."

Burks expressed confidence in the two new council members and the vice mayor.

"These three individuals bring extraordinary skill and dedication to the city council," said Burks. "Along with a community eager to continue the Lafayette tradition of public engagement around every corner, I believe strongly that we are well positioned to have a posisworn in by state Sen. Steve Glaz- tive and successful year ahead."

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# Council opts for applications, interviews to fill vacant seat

By Pippa Fisher



All four members of the city council, from left: Council Member Susan Candell, Vice Mayor Mike Anderson, Mayor Cam Burks, and Council Member Teresa Gerringer listen to public comment at the Dec. 19 meeting.

vacant fifth seat on the city council, members faced a tough decision. resulted in a unanimous decision to views in early January.

eve of the Nov. 6 election with the behind the second place candidate? untimely passing of Council Memprompted many in the community third placed candidate, former city many others are calling for the city to honor the way in which councils have traditionally acted in such situations, by taking applications council members as they took puband going through an interview lic comment. process.

two years of the term remaining, the council must appoint a new member rather than hold a special election. But that's where the legal guidelines end. With a community divided following a bitterly campaigned election fuelled by negative and sometimes false comments

Photo Pippa Fisher special meeting, held Dec. 19 on social media, the new city coun-Ato decide how best to fill the cil that includes two brand new

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Should the timing be taken into accept applications and hold inter- account, given that voters had just spoken and that Samson had gar-The seat became vacant on the nered 4,641 votes, only 590 votes Would he have been elected had ber Mark Mitchell. The timing has voters been asked to elect for three spots? Is it more transparent to to call for simply appointing the hold open interviews with further public input even if the end result council member Ivor Samson. But is the same? Should the city use the method of interviews that has worked in the past? These considerations were on the minds of the

The council, which had previ-Because there are fewer than ously heard comments from 30 members of the public at the regular Dec. 10 meeting, once again took comments from close to as many people in addition to the many emails, letters and online comments they had received on the subject. ... continued on Page A10

# COMPASS the night before Christmas and all of us here, LIL Lafayette | Moraga | Orinda 925 254-3030

# Terry Ring named Lafayette **Business Person of the Year**

By Pippa Fisher



From left: Terry Ring and Dana Green

Photo Andy Scheck

take place at the Lafayette Park Director Jay Lifson. Hotel and Spa on Feb. 1.

Green, made the announcement on behalf of the Lafayette Chamber of Commerce Dec. 20. The selection was made by current Chamber President Kathy Merchant, incoming President Christina Alba and by Green, from seven nominations.

"Not only did Terry run a successful construction business here in Lamorinda, he is one of those chamber.org/.

his year's Business Person of residents in Lafayette that always the Year is Terry Ring of Lagravitates to a place where he can fayette's Ring Construction. A din-roll up his sleeves and help," says ner and formal presentation will Chamber of Commerce Executive

Lifson explains, "From the Last year's winner, Dana Rotary Stage at the Reservoir, and the Veterans Memorial to being a founding member of the Iron Man Team volunteering at the Art and Wine Festival, he is always the first one there and the last to leave."

> Details on the Business Person of the Year dinner and registration will soon be available on the Chamber website: https://lafayette-

# City explores options on banning flavored tobacco products

By Pippa Fisher

Dec. 10 meeting concerned a proposed ordinance banning the sale the city. The council voted unani-Anderson absent, to direct city staff to explore options for instituting a ban on FTPs and imposing a tobacco retailers' license. Staff will February.

ne of the first agenda items Vice Mayor Cam Burks initiated before the new council at the discussion regarding the banning

of FTPs. "I believe we are facing a seriof flavored tobacco products in ous public health crisis in our community. Our school kids, specifically mously, with Vice Mayor Mike at the Lafayette middle school and high school ages, are using flavored tobacco products at an alarming rate; products that based on clear evidence, cause profound medical bring options back to the council in harm to our children. The stakes are enormous and our kids depend In the Nov. 26 meeting, then- on us. . . . continued on Page A10

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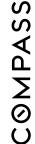
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#### Moraga

#### **Public Meetings**

#### **City Council**

Wednesday, Jan. 9, 7 p.m. Council Chambers and Community Meeting Room, 335 Rheem Blvd.

#### **Planning Commission**

Council Chambers and Community Meeting Room, 335 Rheem Blvd.

#### **Design Review**

**TBA** 

Council Chambers and Community Meeting Room, 335 Rheem Blvd.

#### **School Board Meetings Moraga School District**

Wednesday, Jan. 15, 7 p.m. Joaquin Moraga Intermediate School Auditorium 1010 Camino Pablo, Moraga www.moraga.k12.ca.us See also AUHSD meeting page A2

Check online for agendas, meeting notes and announcements

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# Moraga's 2018 Year in Review offered as Trotter and Onoda step down

By Vera Kochan



From left: Vice Mayor Teresa Onoda, Supervisor Candace Andersen and Mayor Dave Trotter Photo Vera Kochan

The end of November 2017 saw the Rheem sinkhole repaired and a temporary Canyon Bridge installed. The town hired Cynthia Battenberg as town manager, who in turn, oversaw the hiring of three new department heads: Parks and Recreation Director Breyana Brandt; Planning Director Derek Farmer; and Administrative Services Director Norman Veloso.

Moraga received a \$2.38 million sinkhole reimbursement and initiated a rescission of emergency funds, while still allowing for storm drain maintenance and repairs as well as continued plans for the new replacement of the a number of years. Canyon Bridge.

A Moraga Specific Plan Grant introduced the possible creation of been my biggest cheerleader. a new "main street" in the center

uring the Dec. 12 town coun- of town. The natural surroundcil meeting, exiting Mayor ings were upheld with the Urban Dave Trotter prepared an impres- Creeks Grant and Laguna Creek sive slideshow touching on Mora- Restoration. There was an adopga's successes during the past year. tion of new hillside and ridgeline regulations, as well as a new all-access playground in Moraga Commons Park. A new Moraga Trails Map has become available and the Bollinger Valley (126-lot) project development application was denied.

The Rheem Theatre reopened, along with several new restaurants, adding an evening entertainment vibe to the town.

Not to be left out, town safety was an important issue with the adoption of a firearm storage and maintenance ordinance. It was noted that crime statistics have gone down and were the lowest in

Vice Mayor Teresa Onoda The continued beautification said, "Thank you to the town of of the town was a major priority. Moraga for having faith in me. Thank you to my husband, who's

... continued on Page A10

# Homeless in Moraga . . . it can happen to anyone

By Vera Kochan

cial situation.

to paycheck due to rising insur-

the phrase, "Living one payments, mortgage and rent and paycheck away from the street." the everyday expenses of raising According to www.Marketwatch. a family. According to a staff recom, millions of Americans are doport presented Dec. 12 by Moraga Police Chief Jon King to the town The recent fires throughout the council, "Each year, Contra Costa state or other natural disasters often County conducts a 'point-in-time' come to mind as possibile causes count of homeless individuals for homelessness, but if the main throughout the county. In 2017, housing in Contra Costa County." breadwinner in an affluent town 1,607 persons in Contra Costa could be catastrophic to their finan- less and living without shelter and reflected an 80 percent increase in which provides state funding to lo- diapers, clothing, formula and free Many people live paycheck the number of homeless seniors. Seven of these people were identi-

lost their housing."

King added, "The homeless issue goes far beyond the individuals who are seen on the streets. There are individuals and families who are 'couch surfing,' or staying with friends when possible, because of their inability to find affordable

Moraga has authorized the less Emergency Aid Program, child care services, offering free of financial distress."

ost likely everyone's heard ance and healthcare costs, car fied as Moraga residents who had any services it provides to assist individuals in the community.

> There are several organizations within the local area that can help with essential needs, such as food pantries that offer free food to local residents; utility and rental assistance programs, which offer money to help pay rent or utilities; temporary free homeless shelters; be able to access the funding and for children with families in need; Ca.

and pay day loan companies that make quick, easy loans to people in financial distress. However Suntopia, which publishes information about these differing services, stresses that loan companies "are not charitable organizations. They can have high interest rates. We do not recommend a loan to solve your financial problems. We offer outlets offering free and reduced this list because some people use such as Moraga loses their job it County were found to be home- town's participation in the Home- price clothes and household items; them for immediate relief in times

> For more detailed information cal governments. The town would or reduced cost daycare service visit www.Suntopia.org/Moraga/

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# Los Perales Elementary School's **Ink Recycling Program**

By Vera Kochan



Used cartridges Photo Vera Kochan

on't throw away your used toner and inkjet printer cartridges. Los Perales Elementary School, 22 Wakefield Dr., Moraga, (925) 631-0105, has found a way to earn extra cash from used cartridges without spending a dime.

Dana Ludwig, the school's site technology coordinator, estimates that Los Perales has earned between \$100-\$150 per year by recycling the cartridges through Funding Factory. Ludwig said, "The nice feature about this program is that the company provides UPS shipping labels for free. I just pack up the cartridges in a box, affix a shipping label, and then it gets picked up along with the other UPS packages at the school."

Funding Factory (www.fund-

ingfactory.com), was founded in 1997. According to its website, the company and its participants "have helped keep over 43.3 million pounds of items out of landfills, simply by collecting used toner and inkjet printer cartridges. Our mission is to recycle and remanufacture used toner and cartridges, giving items the second life they deserve, while providing

earn money." Ludwig said Los Perales has been partnered with Funding Factory for almost 20 years. The only item they don't accept is copy machine toner tubes. While the amount paid for each cartridge may vary according to the brand, model number and type of cartridge (laser or inkjet), the program itself is 100 percent free.

a simple way for organizations to

If you have cartridges piling up around the house or office, bring them to Los Perales Elementary's office, and Ludwig will gratefully accept them. "It is nice to know that we are doing something to help the environment while earning a little money for the school," she said.

# Moraga Town Council reorganizes

By Vera Kochan



Marty McInturf administers oath of office to Mike McCluer and Steve Photos Vera Kochan



Vice Mayor Kimberleigh Korpus and Mayor Roger Wykle

arty McInturf, Moraga's town clerk, administered the oath of office to newly elected council members Mike McCluer and Steve Woehleke during the latter part of the Dec. 12 town council meeting, followed by the nomination and election of a new mayor and vice mayor. Moraga's new mayor is Roger Wykle, whose term expires December 2019 and council term expires December 2020. The new vice mayor is Kymberleigh Korpus, whose term expires December 2019 and council term expires December 2020.

Recently appointed council member, Renata Sos, also has her council term expire in December 2020, and she is now joined by Mc-Cluer and Woehleke, whose terms both expire December of 2022.

Wykle said, "Thanks for my second time as mayor and the trust and confidence. I think we're going to do great things. And, welcome to Mike and Steve."

"I'm feeling in awe and very privileged to be here," Korpus said. "I'm looking very much forward to getting to know our new town council members better and having us pull together as a team and work for the betterment of the town."

McCluer stated, "It's great to be ... continued on Page A10

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#### Orinda

#### **Public Meetings**

#### **City Council**

Tuesday, Jan. 8, 7 p.m. Library Auditorium, Orinda Library 26 Orinda Way, Orinda, CA 94563

#### **Planning Commission**

Tuesday, Jan. 15, 7 p.m. Library Auditorium, Orinda Library 26 Orinda Way, Orinda, CA 94563

#### Citizens' Infrastructure **Oversight Commission**

Sarge Littlehale Community Room, 22 Orinda Way, Orinda, CA 94563

#### **School Board Meetings Orinda Union School District**

Monday, Jan. 14, 6 p.m. Regular Board Meeting 8 Altarinda Rd., Orinda www.orindaschools.org See also AUHSD meeting page A2

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# OUSD honors Rossiter, welcomes Daoust, elects officers, and hears about fire danger

By Sora O'Doherty



Outgoing Orinda Union School District board member Julie Rossieter was honored for her eight years service. Photo Sora O'Doherty

board member Julie Rossiter. Mayor Amy Worth came to celebrate her and to show her appreciation of her leadership. Representatives your life for eight years." from the offices of Rep. Mark De-

There was a large turnout on also sung Rossiter's praises. First Dec. 10 to honor outgoing elected in 2010, Rossiter served Orinda Union School District eight years. Contra Costa County Supervisor Candace Andersen praised Rossiter's leadership on the school board, adding, "You gave up

Rossiter spoke of leaving as saulnier and state Sen. Steve Glazer "overwhelming and bittersweet."

She reflected on how much has re-elected board members Carol comed Liz Daoust. "I'm excited and Glorietta parent Alex Rudd. for Liz to come aboard," she said, ergy as an educator.

sworn in by Andersen, along with

happened in the past eight years, Brown and Jason Kaune, who apmajor changes such as common peared telephonically because he core with its new testing and the was out of town. Following the master facilities plan adopted by swearing in, the meeting observed the board. "The district is in a good a moment of silence for the deaths place," she concluded, as she wel- of Miramonte student Luca Giro

Hillary Weiner was unanimouswelcoming her perspective and en- ly elected president of the board, and Cara Hoxie was unanimously Daoust, newly elected, was elected to serve as vice president.

# Fire danger concerns

A group of local residents spoke to the OUSD board about a situation that they consider to be a fire danger. Vic Ryerson and other residents of Ivy Drive described how their homes bordered one side of a creek while Orinda Intermediate School owns the opposite bank of the creek. The school's side of the creek bank from the bridge at the entrance to the school down to the main playing field is heavily overgrown, Ryerson said. George McGregor said that while the Ivy Drive neighbors try to keep their side of the creek maintained, they fear the fire danger posed by the dead trees, oak and Monterey pine, and other combustible fuel. Ryerson said that one Fourth of July a young person started a fire with a firecracker in the creek area, and three years ago a contractor who was clearing weeds for the purpose of fire abatement also started a fire.

Steve Zanke suggest that the board undertake a study of the creek maintenance, and Jill Oberheim told the board of her fears of fire, especially in the wake of the recent Camp Fire. Ryerson agreed that in a wildfire situation with strong winds, a fire would quickly spread from the OIS side of the creek to his and the other neighbors' backyards.

# Orinda reorganizes the city council; Mayor grants awards of excellence

By Sora O'Doherty

Orinda's mayor for the next year, Dean Orr. A reception followed and Council Member Darlene the meeting. Gee steps up to be the vice maycompleted its annual reorganization, welcoming newly elected council members Dennis Fay and Peggy, widow of Orinda's first coe could not be present on Dec.

s expected, Vice Mayor Nick Kosla and honoring outgo- mayor Dick Peggy, and former 11, but did attend the Nov. 18 Inga Miller has been elected ing members Eve Phillips and City Manager Janet Keeter.

The meeting was well at- lence to Maggie Boscoe of the displays, she calculates that she or. On Dec. 11, the city council tended, including former mayors Lamorinda Arts Council, who has presented 34,000 works of art Bobbie Landers, Bill Judge, Vic- has been the volunteer curator of to gallery visitors. toria Smith, Laura Abrams, Bea the Orinda Library Gallery. Bos-

meeting to accept the award. She Outgoing Mayor Amy Worth noted that in the 17 years she has presented her awards of excel- been arranging monthly artwork

... continued on Page A12



# "Trust the magic of new beginnings..." - Meister Eckhart

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# **OUSD** joins Sandy Hook Promise

By Sora O'Doherty

rinda Intermediate School stunew programs under a Memorandum of Understanding with Sandy Hook Promise entered into by the Orinda Union School District in media, from individuals who may December. Sandy Hook Promise is a national nonprofit organization founded and led by several family members whose loved ones were killed at Sandy Hook Elementary School on Dec. 14, 2012. Based in Newtown, Connecticut, the organization's goal is to honor all victims of gun violence by turning their tragedy into a moment of transformation by providing programs and practices that protect children and prevent the senseless, tragic loss of

life.

dents will benefit from three are covered by the MOU: "Say Something," which teaches students how to look for warning signs, signals and threats, especially in social want to hurt themselves or others and to say something to a trusted adult to get them help; "Start with Hello," which teaches youth how to be more inclusive and connected to one another. This program works to create connectedness and sustain an inclusive school culture by minimizing social isolation, marginalization and rejection before an individual chooses to hurt themselves or others; and "Signs of Suicide," which trains youth and adults how to identify, intervene and get help

There are three programs that for students who may be depressed or suicidal.

Jen Woodman, dean of student services, says that suicide among students can be contagious, and all school districts were required last year to adopt preventative programs. She said that there have been clusters of student suicides in some districts in the state. "Say Something" will be the first program to be rolled out, intended to align with the federal program in

The program will be funded by Sandy Hook Promise and will run for three years, concluding in December 2021.

# Behind closed doors, Orinda considers fate of 53 Rheem easement

By Sora O'Doherty

located at 53 Rheem was considered by the city council in closed session Dec. 18. New Mayor Inga Miller reported that the council remains committed to having the trail reopened and had given directions to staff. She added that the matter would return to the city council, but was unable to give further details of the council's closed door session.

Prior to the council adjourntake action to reopen the trail across action. the property, which is said to have for decades allowed local residents to walk their children to Glorietta Elementary School, or just to meet friends. Property owners Kent and Dawnell DeSpain installed a locked gate, closing the trail earlier this

Allison and John Banisadr, who used to live on Parkway Court, both attended the meeting to speak and submitted written comments. The Banisadrs said that they had attend-

The problem of the easement ed the 2016 planning commission meeting to voice concern about the trail remaining open, and did not object to the DeSpains' plans because they relied upon their public promise to keep the trail open. Having built their home, the DeSpains placed a locked gate connecting to their neighbors' fence, effectively preventing any access across their land to Parkway Court. The Banisadrs and other commenters said that ing to the closed session, several the current situation is not fair and residents appealed to the council to urged the council to take immediate

> Before the meeting, Associate Planner Adam Foster had alerted interested residents that the matter would be considered in closed session and invited them to speak before the session began. He has been keeping interested residents apprised of developments regarding the trail, including copies of correspondence from the DeSpains' attorney, Nathan Scheg of the Ironhorse Law Group.

> > ... continued on Page A10

#### Orinda church promotes stopping gun violence and suicide By Sora O'Doherty

An unrelated Say Something program is run by the Reverend Michelle Robbins at St. Mark's United Methodist Church in Orinda on Moraga Way. They will be holding two Say Something workshops. The first, facilitated by Yvonne Murray, at 1:30 p.m. Sunday, Jan. 13 will focus on stopping gun violence and suicide before it occurs. Murray has over 20 years of leadership working to solve critical social problems and has personal experience of losing a family member to gun suicide. She is the Faith Outreach Lead for the Moms Demand Action for Gun Sense Peninsula Group. Brian Walley, an Orinda police officer, will be there to explain the process of calling in a 5150 and what happens when they respond. California Welfare and Institution Code section 5150 provides a process for taking people into custody when they are a threat to themselves or someone else.



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#### **Fire Districts**

Moraga-Orinda Fire District

Board of Directors Wednesday, Jan. 16, 7 p.m. Go to the website for meeting location, times and agendas. Visit www.mofd.org



## **Public Meetings**

ConFire Board of Directors Tuesday, Jan. 15, 1:30 p.m. Board Chamber room 107, Administration Building, 651 Pine St., Martinez. For

# meeting times and agendas, visit http://alturl.com/5p9pu.

# Latest MOFD financial report shows a \$12 million dent in long-term liabilities

**By Nick Marnell** 

cial news, including the errant reporting of \$23 million, a fired auditor, and warnings of bankruptcy and fire station closures, the Moraga-Orinda Fire District presented a rosier economic picture to its board and district residents at its Dec. 5 public meeting. The MOFD Certified Audited Financial Report for 2017-18 detailed a ciary net position equals the assets healthy revenue increase, a higher held in trust by the district pension operational surplus and a decrease manager, the Contra Costa County in district long-term liabilities.

According to the CAFR, general fund revenue grew \$1.8 million over 2017, an 8.6 percent increase, raising the district June 30 general fund balance to \$6.3 million. The reserve improved to 28 percent of budgeted general fund revenue, though still falling short of the district goal of 50 percent.

The report listed MOFD current assets at more than double the current liabilities of \$6.2 million, with the district long-term liabilities decreasing \$12 million, thanks largely to the net pension liability dropping from \$33 million to \$23 million.

fter years of negative finan- sion liability calculation was added term liabilities. A pension obligato the footnotes of the report: The \$23 million net pension liability equals the difference between the district's \$193 million total pension liability and its \$170 million fiduciary net position. Total pension liability is the present value of the benefits already earned by MOFD employees, and the fidu-Employees' Retirement Association, to pay those benefits. The calculation of the individual component parts of the formula is done by actuaries hired by CCCERA.

> As of the end of 2017, the district pension plan was 88 percent funded. Though a fully funded pension plan is ideal, a typical corporate pension plan was 90.2 percent funded in 2018, according to Northern Trust, a financial management company. Also of note, as of June 30 the MOFD pension rate stabilization trust fund held more than \$700,000.

In addition to the net pension liability, three other main compo-An explanation of the net pen- nents comprise the district long-

tion bond, purchased in 2005 for \$28 million, shows a balance of \$14 million, and the district retiree health care liability sits at \$15.3 million. Lease-purchase agreements for district apparatus and the renovation of Fire Station 43 bring the total noncurrent liabilities to \$56 million.

The district capital fund account reports a balance of \$8.3 million, with much of the money committed to capital projects like the renovation of district fire sta-

The good news may be shortlived, however, as in December the 2018 financial markets have headed toward bear territory. That negative performance will likely hurt the return on assets held by the district pension manager, which projects a 7 percent annual return on its investments. According to the district audited report, had CCCERA used a 6 percent discount rate in figuring the longterm expected rate of return on its pension assets, the 2017 MOFD net pension liability would have been \$50 million.

# Spirit of Saint Mary's headed to afterlife



Engineer Chris Davies ends an 11-year relationship.

ne of the most popular, larger- of Saint Mary's. MOFD agreed to made its last emergency call and will soon be sold to the highest bid-

The MOFD board of directors authorized Fire Chief Dave Winnacker to dispose of Truck 41, the Spirit of Saint Mary's, as the truck completed 17 years of service and had reached the end of its useful

its expected lifespan, as trucks nor- come truck certified in 2006 and mally provide 15 years of service, according to the chief. "This piece ing year. He logged 15,000 of the of equipment no longer has a place 54,000 miles put on the vehicle. in our response matrix," Winnacker told the board. "It is not even in re- orable moments on the truck, with serve status."

a new truck, which is deployed at Fire Station 44 in Orinda, the demise of Truck 41 was inevitable. The death warrant was sealed in November, when Winnacker negotiated with Saint Mary's College officials and they granted the district an early exit from a 20-year crew, came into play," he said. fire apparatus agreement with the school.

In 1999, Saint Mary's College contributed \$650,000 to the 2000 Spartan Fire Truck, the Spirit way," Davies said.

than-life personalities of the permanently house and maintain Moraga-Orinda Fire District has the truck and use it on emergency calls from 2001 until 2021. "We don't see an issue that the truck did not last through the length of the contract," said Mike McAlpin, assistant vice provost of the college. "We are proud of our collaboration with the community, and we hope there will be other opportunities for collaboration with the fire district."

Chris Davies was the primary Truck 41 had in fact exceeded engineer on Truck 41, having betaking over the controls the follow-

Davies recalled his most memthe 2017 La Finestra-Lafayette When the district purchased Circle fire atop the list. "It was a very challenging fire for a driveroperator - having access issues, water supply issues, overhead ladder obstructions, exposure issues. This was the kind of call where time in the seat, along with having a very experienced and dedicated

Some events were maybe less memorable than others. "If you drive a 47-foot, 74,000-pound fire truck long enough, you're bound district toward the purchase of a to have an issue or two along the

Photo Nick Marnell

When he was a fairly new engineer, Davies responded to a fire alarm on Crestview Drive in Orinda. Davies was forced to make an even tighter hairpin turn than usual because a car was parked where it should not have been. Sure enough, the right rear of the truck body completely bottomed out and stuck. The crew spent the next 30 minutes working to free the truck. "I didn't make many friends in Orinda that day as traffic was completely blocked from getting through and there were people yelling and screaming at us," Davies said. "Luckily the call ended up being a false alarm."

Davies mused about Truck 41. at times sounding as if he was losing a family member. "T41 was a great piece of apparatus to work on for all those years," he said. "It was a head turner that many children and adults alike enjoyed seeing. Whether it was responding to an emergency, driving in the Fourth of July Parade, or just cruising through town, people always stopped what they were doing to watch T41 drive by. Wherever T41 goes from here, it will be a wonderful addition to its new department and the community it serves."

# **Police Departments**

#### **Lafayette Police Department**

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Lamorinda Weekly has contacted the Lafayette Police Department and the city several times to publish the incident report. Unfortunately we are unable to provide the report at this time.

Moraga Police **Department** Incident Summary Report Dec. 4 - Dec. 16 Alarms 911 Calls (includes hang-ups) 65 **Traffic Suspicious Circumstances** 6 Suspicious Subject 4 Suspicious Vehicle 11 Service to Citizen 25 Patrol Request/ Security Check 32 Supplemental Report Welfare Check

#### Vehicle violations

Excessive Speed Moraga Rd./Canyon Rd. Moraga Rd./Moraga Via Rheem Blvd./Park St. Moraga Rd./Corte Santa Clara School St./Moraga Way Reckless Driving

St. Andrews Dr./Augusta Dr. Rheem Blvd./Harold Dr. 1000 Block Sanders Dr. Donald Dr./Moraga Rd. 1900 Block Ascot Dr. Tc - Property Damage

Ace Hardware 1400 Block Moraga Way Fraffic Hazard Moraga Rd./Canyon Rd. Moraga Country Club Moraga Rd./Donald Dr.

#### Other criminal activity Commercial Burglary

1400 Block Moraga Way

Dependent Adult Abuse 1900 Block Ascot Dr. Grand Theft From Building St. Mary's College Identity Theft 1900 Block Ascot Dr. 200 Block Corliss Dr. /andalism

Los Perales Elementary School Rheem Elementary School Violation Custody Order Camino Pablo School Warrant Arrest

#### Top Of Fay Hill Nuisance to the Community

Disturbance-Domestic

Donald Dr./Donald Pl. 50 Block Ashbrook Pl. Disturbing the Peace 50 Block Ashbrook Pl. Moraga Commons Park Police Department 300 Block Bedford Pl. Harassment 40 Block Laird Dr.

oud Music 1400 Block Camino Peral oud Party 2000 Block Ascot Dr.

Public Assembly Check Rheem Valley Shopping Center (2)

Moraga Rd./Donald Dr.

Accident Property

#### Accident Injury

Moraga Rd./Draeger Dr. Police Department Death Non Criminal 900 Block Country Club Dr. Mentally Ill Commit Campolindo High School Missing Adult 600 Block Rheem Blvd.

#### **Orinda Police Department** Incident Summary Report

Dec. 2 - Dec. 15

Alarms 911 Calls (includes hang-ups) 95 Traffic Suspicious Circumstances 5 Suspicious Subjects 15 Suspicious Vehicles 16 Patrol Request/ Security Check 24 Service to Citizen 41 Supplemental Report 11 Vacation House Check 14 Welfare Check 10

#### Vehicle violations

Hit and Run Misdemeanor 10 Block Sleepy Hollow Ln. 200 Block La Espiral Anta Maria Way/Camino Pablo Reckless Driving

Moraga Way/Ivy Dr. Orchard Rd./Glorietta Blvd. Camino Pablo/Claremont Ave. Glorietta Blvd./Moraga Way Moraga Way/Brookside Rd. Tc - Property Damage

Library Traffic Hazard

Happy Valley Rd./Sundown Terrace Moraga Way/Overhill Rd. St. Stephens Cr./El Nido Ranch Rd. Vehicle Theft 10 Block Pueblo Ct.

#### Other criminal activity

Assault w/ Deadly Weapon 10 Block Abbott Ct.

Battery Orinda Convalescent Meadow View Rd./Glorietta Blvd. 10 Block Mira Loma

Burglary Police Department Identity Theft

30 Block Ardilla Rd. Ordinance Violation 20 Block Ardilla Rd. 100 Block Lucille Way Stanton Ave./Claremont Ave.

Panhandling Safeway Petty Theft 20 Block Redcoach Ln. Prom Shoot

20 Block Ardor Dr. Residential Burglary 100 Block Van Ripper Ln. 30 Block Park Lane Dr.

100 Block Ardith Ct. Vandalism 50 Block Moraga Way Rite Aid

Vandalism Medical 90 Block Orinda Way Violation Restraining Ordinance 10 Block Richard Ct.,

Warrant Arrest Beverages And More Rheem Blvd./Calvin Dr.

#### **Nuisance to the Community** Public Assembly Check 300 Block Camino Pablo

School Assembly Check Miramonte High School (4)

Accident Property Moraga Way/Glorietta Blvd. 10 Block Los Dedos Rd. 400 Block Camino Sobrante Moraga Way/Lloyd Ln. Estabueno Dr./Moraga Way Bomb Threat 90 Block Moraga Way H&S/Tr Sale Marijuana Miramonte High School Hazmat

100 Block Overhill Rd. Missing Adult 600 Block Tahos Rd. Other Infraction Bart Orinda Station



Photo Nick Marnell

New Moraga-Orinda Fire District board members are sworn in Dec. 19 at the Hacienda de Las Flores in Moraga by Contra Costa County Superior Court Judge John Kennedy. From left, Greg Baitx, Michael Donner and Steven Danziger. Fire Chief Dave Winnacker looks on.

> Share your thoughts, insights and opinions with your community. Send a letter to the editor: letters@lamorindaweekly.com

## Letters to the Editor

#### Poor response to smoke for some of RBK's appeal, esconditions

Our region was recently choked by heavy wildfire smoke for nearly two weeks. During this period, the level of fine particulate air pollution ranged from unhealthy to hazardous. At the beginning as the smoke pushed in, there was little alert in the media or through government agencies. Through the ensuing days there was inadequate and sometimes misleading advice about how we should protect ourselves. The most common and sometimes only advice was to stay inside, as if that alone would protect us. As the days past there were some stories in the news about wearing N95 masks and avoiding physical activity but little else.

Conditions this hazardous should have triggered serious public alerts to the eight million people exposed. Each day the media should have emphasized both the short and long term adverse health effects from breathing high levels of fine and ultrafine particulates. Advice about with the Council on an issue protecting ourselves should have and Dave returned my call imexplained that without adequate mediately and most importantly filtering, inside air quality will listened to me. In the preceding soon become as bad as outside years when issues came up such condition. Proper use of HVAC system filtering, air purifiers, and auto cabin filtering should have been prominent topics in and Town staff to come up with the media. Advice about respirators should have emphasized funding such as Grants to offset there use wherever harmful air quality existed, including not just outside spaces but also in most inside areas. And because engaging in vigorous physical activity dramatically increases the volume of particulates taken into our lungs and bloodstream, we should have been advised to in Moraga. It doesn't matter if halt all athletic and other strenu-

Francisco Bay Region is one of the worst regions in the US for annual average fine particulate mitment it also means they will matter (PM2.5) air pollution. Wildfires are making what is already an unhealthy situation even more serious. Not only should the news media be more proactive about informing all of us of how to protect ourselves from fine particulates, we also Barry Behr need local, State, and Federal Moraga action to both alert us when hazardous conditions exist and to Veterans appreciate supadopt policies that will reduce our exposure.

James Leach Lafayette

#### **Bauer-Kahan headline**

I'm a mom (among other things), and I was dismayed by the Dec.12th headline announcing Rebecca Bauer-Kahan's Assembly win, which read, "Orinda mom takes over District 16 California Assembly seat."

I will acknowledge that headline writing is tougher than it looks. In this case, the editor had to define Rebecca Bauer Kahan using two (maybe three) words. "Orinda [something]" was an obvious choice, but why, Orinda Mom? Why not, Orinda Attorney? Or, Orinda Environmentalist? Or, Orinda Community Leader? All of these phrases are used by RBK in describing herself on her website. She lists mother... last.

It comes down to this: Is "Mom" the one word that most accurately and fully describes who RBK is, in the context of winning a major (and extremely close) political race at the state level? I don't think so. Being a mom is important and noteworthy, and it probably accounts

pecially to other moms. But it's not what got her elected. I would venture to say that to most voters, her childbearing status was rather secondary to her experience as an accomplished attorney, respected educator, and inspiring community leader and

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It's important to note, also, that I don't think Steve Glazer was ever referred to as an "Orinda Dad" when he won the Senate Race. There's certainly nothing wrong with being a parent, but we have to ask ourselves: Why are women so frequently described by their domestic roles, and not by their other accomplishments?

Miriam Storch Orinda

#### Thank you Dave Trotter

I want to thank Dave Trotter for his many years of service to the Town of Moraga. I moved here 10 years ago and needed to work as the sink hole and Canyon Bridge Dave worked tirelessly along with the rest of the Council solutions. They found optional the Town out of pocket expenses. I have observed individuals criticize Dave and the Council but have offered no solutions. Dave has always demonstrated the ability to listen and build consensus to develop the right solution. This has benefited all of us you agree with an elected official ous outside and indoor activities. or not, they should to be recog-According to the EPA the San nized for their commitment to serve. It should not be forgotten that when they make this comspend a great deal of time away from their family. Dave and his family have made that commitment to the Town of Moraga for the past eighteen years. Thank You Dave Trotter.

#### port of Lamorinda citizens and businesses

On behalf of all of the members of Veterans of Foreign Wars Post 8063, I would like to express our deep gratitude to the people of Lamorinda for their generosity in supporting our recent Buddy Poppy fundraising effort leading up to Veterans Day. Every penny of the more than four thousand dollars raised will go directly to local veterans in need. It was an outstanding effort by the members of Post 8063 who volunteered to man the poppy distribution sites and collect the donations. In addition, we are grateful to Diablo Foods of Lafayette for allowing us to use their location as a collection point. We mourn the passing of Ed Stokes, their founder and a member of our post. He was an outstanding person and an example to us all. Thanks also to Bank of America of Orinda for providing a very productive site for our efforts. Without the generosity of our local citizens and the support of all participants, we could not have accomplished our mission. We salute you!

Bill Charles **Buddy Poppy Chairperson** 

Opinions in Letters to the Editor are the express views of the writer and not necessarily those of the Lamorinda Weekly. All published letters will include the writer's name and city/town of residence -- we will only accept letters from those who live in, or own a business in, the communities comprising Lamorinda (please give us your phone number for verification purposes only). Letters should be 350 words or less; letters of up to 500 words will be accepted on a space-available basis. Visit www.lamorindaweekly.com for submission guidelines. Email: letters@lamorindaweekly.com; Regular mail: Lamorinda Weekly, P.O.Box 6133, Moraga, CA 94570







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# Beauty store owner mobilizes donations for Camp Fire victims

Submitted by Kathy Merchant



Photo provided

Aowner of Lafayette Beauty, learned of the devastation of the Camp Fire, she went into action. of \$5,000 worth of shampoo, soap, lotions, cosmetics and more. Later her landlord joined in with a matching lot in the cold with nothing was

quickly reached out to her beauty store community to collect \$25,000 worth of sundries, gift cards, blan-The first step was her own pledge kets and pillows, reading glasses, and first aid kits. "The thought of people sleeping in a Walmart park-

s soon as Carrie La Shell, ing \$5,000 donation. La Shell heartbreaking, and I wanted to do something to help," she explained. The response in donations was so overwhelming that La Shell had to rent a U-Haul truck to deliver the goods. What a beautiful way to wrap up 2018.

# Volunteers sought for committee and commission vacancies

By Sora O'Doherty

interest:

Lafayette tion Study Committee, Down- office, 329 Rheem Blvd. town Street Improvement Master Plan Implementation Committee, org/home/showdocument?id=456.

#### Moraga

to serve on all of its boards, compiring), Art in Public Places Committees, and commissions. In 2018, mittee (one term expiring), and the

perhaps it is your New Year's there are still openings on the De-Public Works Aesthetic Review resolution to volunteer to sign Review Board (one opening), serve your city or town. If so, the Local Sales Tax Oversight Comfollowing information will be of mittee (one opening), and the Park and Recreation Commission (one opening). If interested, applicants Lafayette needs volunteers. may go to the town's website and There are currently openings on click on the applicable committee Vector Control District Trustee the following commissions and or commission to complete the ap- (one vacancy), County Library committees: Capital Projects As- plication/questionnaire. A signed Commission (one term expiring), sessment Committee, Creeks copy and a letter of interest and and the Contra Costa Transporta-Committee, Community Center resumé, should be sent to the town tion Authority Citizen Advisory Foundation, Downtown Conges- clerk or dropped off at the clerk's Committee (one vacancy).

#### Orinda

Emergency Preparedness Com- applications from resident volunmission, Environmental Task teers to serve the city on its Plan-Force, Senior Services, Transpor- ning Commission (three terms tation & Circulation Commission, expiring), Parks and Recreation Youth Commission. Apply any- Commission (two terms expiring), time; vacancies remain open until Citizens' Infrastructure Oversight filled. Application forms are avail- Commission (three terms expiring, able at https://www.lovelafayette. one vacancy), Finance Advisory Committee (two terms expiring, one vacancy), Historical Land-Moraga depends on volunteers marks Committee (two terms ex-

Committee (one term expiring).

The city of Orinda is also seeking applications from resident volunteers to serve as the city's liaison to the following local agencies: Contra Costa Mosquito and

Statement of Interest forms are available from the Orinda city The city of Orinda is seeking clerk's office, 22 Orinda Way, by emailing City Clerk Sheri Smith at ssmith@cityoforinda.org or by calling (925) 253-4221. Application forms may also be downloaded from the city's website.

Completed Statement of Interest forms should be submitted to the city clerk's office by 5 p.m. Monday, Feb. 4. Qualified applicants will be invited to interview before the City Council on Saturday, Feb. 9.

# Moraga's 2018 Year in Review offered as Trotter and Onoda step down

#### ... continued from Page A4

Thank you to the staff, both past them his congratulations and best and present, for teaching me what wishes. He agreed with Onoda that I needed to know, so that I could the past 12 months was equal to, if be the best council member that I not better than, previous councils. could be." She felt that it has been Amidst his thanks to staff and felthe best town council Moraga has low council members, he noted, ever had.

ed council members Mike McClu- then mentioned his wife. "Thank er and Steve Woehleke, offering you Debbie for everything.'

"It's been a privilege to serve with Trotter welcomed newly elect- you these past few months." Trotter

Trotter concluded, "I've had a very good run on the town council. Twelve years is a long time." He added, "I leave with few, if any, regrets; hundreds, if not thousands, of friends made along the way and a profound appreciation for the faith and trust that the people of Moraga have given me."

# Moraga Town Council reorganizes

#### ... continued from Page A5

I'd like to thank all the residents from the heart." of Moraga, my supporters and my

Woehleke conveyed, family. I'm going to do my best humbled and honored to be elected. My priority is to craft goals that can to represent Moraga. I'm a town I owe many, especially my wife, council member, but I'm really just Peggy. I pledge tonight to listen and a resident like everybody else, and take on board what my fellow town I'm here to serve you, and that's council members communicate."

He added, " I understand there's "I'm much to accomplish in Moraga. also be supported by the resources that we have. I look forward to working with my co-council mem-

# Council opts for applications, interviews to fill vacant seat

... continued from Page A3

and argued analysis of the votes to should not be appointed there and

Mayor Cam Burks acknowledged the volume of public input, and noted that both options had significant merit and compelling arguments. In the end, however, all supported the previously used open application/interview process and recognized the need to codify the process to develop policy for the

"I would like to thank the members of the public who took the time to attend meetings and provide insightful and sincere public year on Jan. 14. comment on this very important discourse, on all sides of the de- fayette.org.

Residents expressed their opinions bate, was civil and respectful and, again, demonstrates the passion in demonstrate how Samson should or our community to come together, get involved, speak up, and advocate for what folks truly believe is in the best interest of Lafayette."

The council is accepting applications until 5 p.m. Friday, Jan. 4. Registered voters residing within Lafayette city limits can apply to fill the term, which ends December 2020.

The council will review applications and hold interviews during the week of Jan. 7 and hopes to make the appointment by Jan. 11, ideally installing the new member on the first council meeting of the

For more information, go to the matter," said Burks, noting, "The city website at https://www.lovela-

# City explores options on banning flavored tobacco products

#### ... continued from Page A3

We must act now to stop what is stated that four out of five kids enabling our next generation to become addicted – for life – to nicotine and tobacco," said Burks.

Statistics from the Acalanes Union School District California Healthy Kids Survey suggests there is reason to be concerned, particularly with the use of electronic cigarettes with 41 percent of juniors reporting they have used a vaping device.

And, among high school age smokers, over half use mentholflavored products, according to the California Department of Public Health.

"putting flavor in the poison." eral speakers, including Lafay-American Cancer Society Cancer Action Network Margo Connolly

who start smoking do so with a flavored product.

In 2009 the FDA banned flavored cigarettes excluding menthol. Although the FDA is currently considering a ban on the sale of FTPs there is no timeline for imposing such a ban. There are moves to impose a ban at the state level too, which is welcomed

"I applaud federal and state government action in this space, specifically the leadership of our state Sen. Steve Glazer, and his other legislative colleagues who "It is time to put kids above recently announced plans to ban profit," said speaker Dr. Phillip sales of flavored tobacco prod-Gardiner, co-chair of The Afri- ucts and flavored e-cigarettes. can American Tobacco Control But we cannot wait for these large Leadership Council during public government institutions to move comments, as he explained that slowly through the process," said the flavors used to entice kids is Burks. "As an independent city, we can act more nimbly and more The council heard from sev- quickly – this is where local government can make the biggest imette resident and member of the pact and it's exactly why I joined the city council."

Several neighboring towns who urged for a citywide ban, and and cities, such as Alameda, have from Amanda Gutzwiller of the imposed a ban and require licens-American Lung Association, who ing of tobacco retailers.

# Behind closed doors, Orinda considers fate of 53 Rheem easement

#### ... continued from Page A7

Wolff that the DeSpains relied upon the findings of a survey that, that the purported 'trail easement' does not correspond with the previously existing (and now permanently closed) path through ful and prosecuted accordingly." the DeSpain's private property."

Scheg told city attorney Osa Further, he continued, "the rejected trail easement crosses unimproved land that would be he said, "conclusively determines treacherous for pedestrian access and use." Scheg warned that any attempt by the city to remove the DeSpain's gate would be "unlaw-

# **New Canyon Bridge**

#### ... continued from Page A1

Moraga Town Manager Cyn- in September, the town will purreceive the funds in the 2018-19 fiscal year, and we've increased our priority for funding."

the emergency relief funds covering the \$11,000 per month rental of the temporary bridge expires necessary.

thia Battenberg added, "The good sue additional grants by asking news is that we're not budgeted to for an extension toward the permanent repair phase.

Drivers, bicyclists and pedestrians can take comfort in know-Kwan explained that although ing that the temporary bridge has served Moraga well and will continue do to so for as long as is





# MCC Evacuation drill fills Moraga Way

**By Cathy Dausman** 



Emergency crews at Moraga Way at St. Andrews Drive intersection prepare to divert to northbound-only traffic. Photos Cathy Dausman

Way in the early morning Dec. Country Club residents opted 15 spilling by design into the into the exercise, but he did note southbound lanes. The traffic - a conflict with an early Miraquick, quiet and orderly - was monte High School water polo part of a simulated 3.2-mile-long competition, so was unsure how wildfire evacuation of the Mor- many would actually commit. aga Country Club neighborhood weeks, perhaps months in the in California," said Cal Fire's making. Dennis Rein, emergency preparedness coordinator for the for East Bay operations, who Moraga-Orinda Fire District said this first-ever fully functional Lamorinda area wildfire evacuation exercise was a joint venture ple) until they get their respond- were detained at St. Andrews overseen by MOFD and Moraga, ers on site "from the other side of Drive and Moraga Way, and a Orinda and Lafayette police de- the county." partments.

breaking new ground here."

sponder observers from neighboring communities and government organizations were on site, as well as a large volunteer corps from the Lamorinda Com-Team, MOFD Support 241 and the Lamorinda (amateur) Radio Group. "This is not just the agencies doing the evacuation," Rein said. "We're depending on residents to buy in (to the drill)."

And buy in they did. MCC residents Clay Claassen and Susan Karplus approached MCC general manager Ron Haas earlier this year to inquire about southbound lanes. training their residents. When of how interested we were," Kar-

Acar traffic filled Moraga said initially 370 of 521 Moraga

"It takes a village to fight fires Mike Marcucci, assistant Chief said his organization really relies on local cooperators (MOFD in Moraga and Orinda, for exam-

"I've never heard of anybody Marcucci remembers town sirens was re-established around 7:30 turning contra flow traffic in the used as flood alerts in the 1990s. a.m. "Everybody came back Bay Area," Rein said. "We're Having today's technology which safely," said MPD Chief of Poincludes reverse 911 phone calls lice Jon King, who called the A contingent of first re- made to targeted cellular and event "a game changer." landlines and providing detailed instruction is huge, he said. Technology played an important part in the exercise, from customized electronic alerts to data collecmunity Emergency Response tion, mapping software and even drone videos.

text, email and voicemail went out through a customized Contra Costa County Community Warning System list. Within minutes a steady stream of traffic turned left off St. Andrews Drive and northbound onto Moraga Way, occupying both northbound and

The exercise ended at Glothose three reached out to CERT rietta Boulevard, where drivers and local police "they got a sense were allowed to turn right and head home. "We had so many flares on the ground at Glori-

steady stream of northbound Chief Dave Winnacker. Haas have thought it was a real fire," observed Orinda Chief of Police Mark Nagel.

> In all, more than 100 automobiles made the drive. "It was interesting," said MCC resident Frank Newborn. Newborn and his wife Amy were part of the exodus. "I'm not sure how well it simulated a real situation, as it obviously was a learning experience," but the Newborns did identify two elderly neighbors who don't drive.

A few uninformed drivers few MCC late participants were A third-generation firefighter, turned back. Normal traffic flow

> "People on both sides learned something," he said, adding "I had officers asking to work the event, even on their day off. God forbid this would really happen, but we know now we can do it."

"We're in the crawling stage At 7:01 a.m. notifications via of a worst-case scenario," Winnacker said, "but this (drill) will arm us with what we need to do.

"Armed with what you saw today, educate your neighbors," he said, and "learn to be resilient, self-reliant, and able to heal." When this happens "there will be no lift-assist calls (answered)," Winnacker said.

Rein said plans are being made to run similar evacuation drills in Orinda, Lafayette and Canyon.



# REE SCULPTU

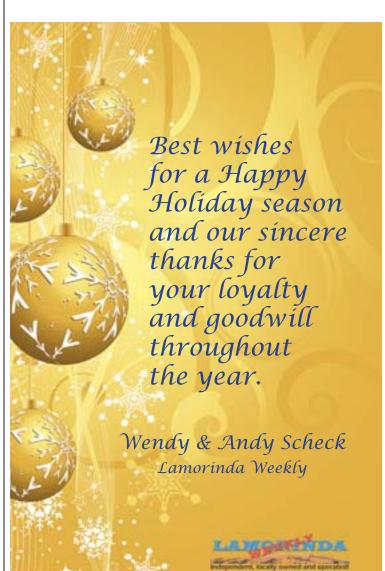
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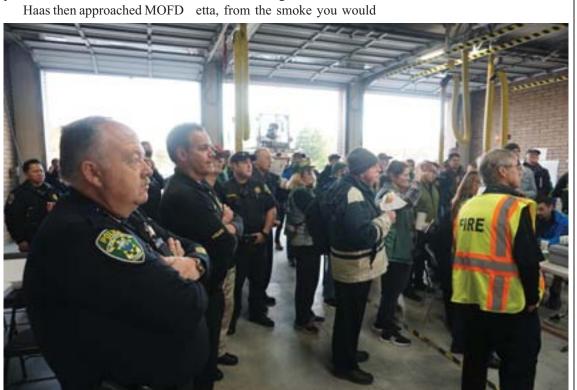


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Moraga police chief Jon King and Orinda police chief Mark Nagel attend an evacuation drill briefing.

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# Storefront window display

... continued from Page A1

McCaulou credits Store Supervisor Sue Borges who, he says, is very artistic. Each year a group of employees work on the window at night. They are helped by talented Lafayette carpenter Ron Gilardi who builds whatever they need to create the scene. "They have fun," says McCaulou.

For several years, McCaulou storage throughout the rest of the child-height.

explains, they rotated the differ- year. ent displays around as many as fresh each year. Borges kept detailed records for the following year. Now, however, the display

McCaulou says families eight or 10 of their stores, thus sometimes take their Christmas keeping each store's window card photos with the display as a backdrop.

"A million fingerprints on the glass and we know we're sucis only found at the Lafayette cessful," says McCaulou, notstore. The collection is kept in ing that all the fingerprints are at

# Orinda reorganizes the city council; Mayor grants awards of excellence

... continued from page A6



Award of excellence presented to Maggie Boscoe of the Lamorinda Arts Photo Sora O'Doherty

In the same vein, another award went to the Friends of the Orinda Library. The award was accepted on behalf of the Friends by president Nancy Ross-Madnick and treasurer Linda Landau. Worth recounted how the library began as a box of books for borrowing in the general store in 1915. In 1959 the

Friends incorporated, with the goal of building a library. They achieved that goal, building the new library and the library auditorium. Today they manage the library's finances, raise funds for the continued maintenance of the library, sort books, run the on-site bookstore, and

Worth's third award went to Steve Harwood, whom Worth hailed as "The Voice of Orinda." Harwood has been the longtime voice of Orinda youth sports, the city's Fourth of July parade and chairman of the Lamorinda Idol competition.

Supervisor Candace Andersen was on hand to honor Phillips, Orr and Worth, as was Teresa Gerringer, who appeared on behalf of state Sen. Steve Glazer, who was unable to attend. Andersen praised Worth as the only person to hold the position of mayor of Orinda four times. Phillips and Orr both received proclamations from the city extolling their service to the city for four and eight years on the city council, respectively.

Prior to serving on the city council, Orr had served eight years on the planning commission. Worth praised Orr's wife and daughters, who were present, for their sacrifice of "so many Tuesday nights" so that their father could serve the city. She similarly commended Phillips' family, but Phillips' young daughter had been taken home to bed earlier in the evening.



The Lamorinda Office of Dudum Real Estate Group would like to take this opportunity to wish you and your loved ones a Happy New Year! We hope the coming year is filled with peace and joy.

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## Arts shine on in Lamorinda

www.lamorindaweekly.com

**By Lou Fancher** 



Miramonte High School junior Jenni Coletta sings at Dec. 12 Lamorinda Photo Lou Fancher Arts Council's annual holiday luncheon.

Council's annual holiday luncheon, instant proof of the organization's value arrives in the uplifted arms, snapping fingers, assertive singing and vocal proclamations of Homeless Project," and select strength from local youth perform- Lamorinda Idol singers. ers. In a private dining room at the Orinda Country Club on Dec. 12, LAC board members, community Elementary, and OIS eighth-grader arts supporters and invited guests Amelia Chen performed at the lunenjoyed French chicken topped cheon. During 2018 the LAC enwith artichokes and capers or lemon-parmesan cod while being also displayed the visual artwork

uring the Lamorinda Arts dams Family" from Orinda Intermediate School's Bulldog Theatre (produced by Bay Area Children's Theater), a screening of Lamorinda ShortDocs 2018 winner, "The

Both Mckenna Rose, a thirdgrade student at Sleepy Hollow gine behind these powerful voices entertained by the cast of "The Ad- of 60 artists, 250 local high school

students and 320 elementary and middle school students in exhibits held at the Orinda Library art gallery. Enthusiasm for the arts in Lamorinda as expressed through the council's activities this year supported not only the first-ever Arts Affair that showcased LAC partnerships with local arts organizations, but also Stanley Middle School student Neve Abcari's award-winning short documentary and the endeavors of Miramonte students Nejla Ackdoe-Pagey and Jenni Coletta, who delivered to the appreciative audience sincere renditions of emotional, melodic

In opening statements at the luncheon, LAC Board Chairperson Jenny Staelin highlighted additional accomplishments that included, among others, October's Art of Mixology that raised nearly \$10,000, and a new, outdoor Arts Moves Project supported with \$9,000 from private donors, businesses and local foundations. For the first time, a "Spark the Arts" award was given, with honors in 2018 to Mark Coffey for editing and outreach related to the LAC newsletter. As an advocate for visual, performing and literary art produced and enjoyed by people of all ages, Stalin said LAC hopes always to cultivate activities that "bring us together, uplift our hearts, open our minds, educate our children and provide joy to all who experience

Staelin said future plans include expanding Arts Affair into an annual fundraiser. "We have to be careful not to overextend, because we're an entirely volunteer-run organization. (Managing Director Meredith Friedman is the sole paid

attend and this event has great po- College, Town Hall Theatre, Cal tential." As an indicator, Arts Affair Shakes. What can we do to bring portends the type of initiative Stae- artists together? We want to be the lin and the LAC plan to pursue with hub." local organizations. "We'd love to

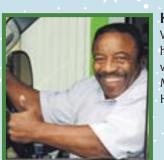
LAMORINDA WEEKLY

staff position.) We had 120 people partner more with Saint Mary's

... continued on Page B5



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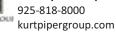


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# Moraga golfer makes the record books

elusive hole-in-one. Lori Dixon-Boettler hit her first one, righthanded, in 2003. This year, Dixon-Boettler accomplished something that very few ever have; in fact, according to various record keepers, tion, she is likely the only woman to have these bragging rights: this past fall, Dixon-Boettler hit her second hole-in-one, this time playing left-handed. And the vivacious golf isn't even her primary passion; swimming is.

natural athletic abilities, Dixon-Boettler was an avid tennis player for many years. Living in Orinda, divorced with one young son, Dixon-Boettler met Fred, an ardent golfer (now her husband of 28 years) and states that she "probably never would have started playing golf if it wasn't for him." In fact, the very energetic 72-year-old says, "as a young person, I thought 'who like that." But then she started only is golf far more difficult than right-handed. When he said he was

very golfer dreams of that she expected ("In tennis, the ball is unaware of any, Dixon-Boettler always moving. In golf, the ball is just sitting there. How hard can it be?" she remembers thinking), "it's such a beautiful way to enjoy the outdoors."

including the U.S. Golf Associa- Boettler spoke with a golf salesperson who, when hearing about her strong tennis backhand, suggested she play golf right-handed. Since left-handed clubs are harder to come by, she took his advice. After Moraga grandmother claims that only four years of playing, Dixon-Boettler reached the golfer's pinnacle by hitting that hole-in-one at the Acknowledging that she has Moraga Country Club, her home

In Hawaii several years later, Dixon-Boettler and her husband started talking to a man they frequently saw fishing. As luck would have it, the fisherman was Mark Rolfing, an on-course commentator and analyst for NBC/Golf Channel and host of his own NBC Sports series, "Global Golf Adventure." Dixon-Boettler, who is anything would play a slow and boring game but shy, asked Rolfing if he knew of any woman who's ever gotten a playing and discovered that not hole-in-one playing both left- and

was inspired to take on the challenge; the very next day she ordered left-handed clubs and has been playing that way ever since.

Fast forward to September Naturally left-handed, Dixon- 2018 at Michigan's famed Threetops Course (considered one of the hardest par three courses in the U.S.). Dixon-Boettler has actually been thinking about switching back to playing right handed, "But," she says, "I keep hearing in my head, 'no woman has ever gotten a holein-one playing both right- and lefthanded.' And, since life is about making and reaching goals, I decide to stick with the left hand."

> She plays the first hole but can't find the second one "and I'm so embarrassed. We're holding up foursomes behind us because we can't find the hole," Dixon-Boettler reports. They finally find it and she swings again. "Now we can't find the ball. Optimistically, when you can't find your ball," Boettler continues, "you look in the hole. And, amazingly, there it is. The ball marked with my signature 'L."

> Excitedly asking if anyone witnessed this, someone from the group behind them responded and he verified this incredible accomplishment to the course golf pro.

According to the National Hole-In-One Registry, only three people are listed as scoring a hole-in-one from both left and right sides: Dixon-Boettler and two male golfers. Communications with the USGA revealed similar information: there are 21 times listed when someone achieved a hole-in-one playing right- and left-handed, but there are no names or genders associated with this list. "You are the first verified woman that's ever done this,"



Lori Dixon-Boettler shooting her second hole-in-one —this one left handed — this year in Michigan

Dixon-Boettler was advised by Jerry Tarde, Golf Digest editor.

Not one to ever rest on her laurels, Dixon-Boettler is now reaching for new goals which don't include tennis rackets or golf clubs.

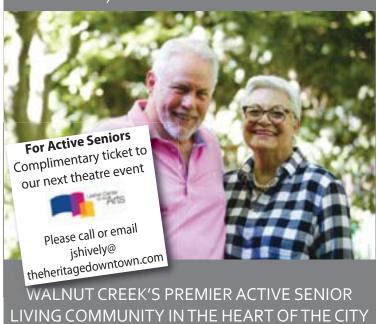
Twenty years ago, with a bad back and on her doctor's recommendation, Dixon-Boettler started swimming. She now swims competitively in the Masters Championships and won three first place medals for her age group in the Senior Games earlier this month.

tennis. She still plays golf, although any age."

says she'll probably switch back to playing right-handed. And she swims as frequently as possible. "That's what I really love doing," she says.

A spiritual woman who reads psalms and proverbs every day while sitting in her favorite chair taking in the beautiful views from her Moraga Country Club home, Dixon-Boettler, who prides herself on being a motivator, hopes to inspire others to keep moving, no matter how old. And, she proudly Dixon-Boettler no longer plays states, "You can learn new skills at

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# New novel delves into science of CRISPR Cas9 gene editing technique use

By Sophie Braccini

dark and suspenseful storytelling. It is a trend that comes from adult literature, think of "The Reckoning" by John Grisham or "Dark Sacred Night" by Michael Connelly. Books such as "Thunderhead: Arc Jennifer Wake, who writes under the name J. Finn Wake, has published such a young adult novel: dark, mysterious, and thrilling. It is also a story born of the author's love of the sea and its inhabitants. rogue science incidents, "Cry of tale where the fairies are crossing the boundaries between the human and animal kingdom and the bad witches are picaroon scientists manipulating genes we fear could pop out for real any time.

The story is set on the Pacific coast of Northern California. Two teens, quirky and brilliant 15-yearold Noah and his friend Taylor, a fearless girl, get tangled in a dark mystery that requires them to push both their intellectual and emotional boundaries.

Noah is different, and he is embarrassed by what is a little too "special" about him. He is not badly victimized at school, but bullying is never very far. He has few friends, but for Taylor, and Noah also has newly realized gifts, such the ability to hear and understand marine mammals. When Noah shares his perceptions and ideas with Taylor, it is enough for the adventurous girl to start a spiral of actions that they are unable to stop until complete

It is a classic story of good versus evil, where rogue scientists will stop at nothing to conquer recognition and fame. The interesting twist here is that just recently, such a scientist in China claimed to have edited a human genome and given twins genetic traits that will reproduce in future generations.

Scientific aspects in the book

want realistic, challenging, of a Scythe" by Neal Shusterman a specific location within the geare not for timid hearts; and now, nome. Wake's description of this leave the reader wondering, as Lamorinda Weekly's own editor genetic editing technique will sat- some questions go unanswered and As science fiction borders recent the Seals" is a modern day fairy

oday's young adult audiences involve genetic editing using CRISPR Cas9 (clustered regularly interspaced short palindromic repeats), the RNA-guided gene-edbacterially derived protein (Cas9) and a synthetic guide RNA to introduce a double strand break at isfy science-minded youth, but it is explained simply enough to make it accessible to all. Bottom-line: what story is real science and the extrapolation she makes is, unfortunately, not impossible. Besides the scientific backdrop, this is the story of youth overcom-

ing differences, taking risk for a good cause and maturing in the of the Seals." process. Wake does not shy away from difficult ethical questions such as whether the ends justify the means, and parents who get the

book for their child will enjoy reading it for all the good conversation topics that can come from it.

"Cry of the Seals" is Wake's iting platform that makes use of a first novel. She has been a writer for years, contributing to regional magazines and newspapers. The characters are well developed and very credible. The ending might others have found too quick of a denouement.

It is fair to say that about half the author uses as the base of her of the readers for young adult literature are not that young anymore, and those interested in a good adventure, set on the edge of land and sea, and who are intrigued by what is possible with science today might also want to check out "Cry

> The book can be found at Orinda Books, ordered through other book stores, and purchased online.

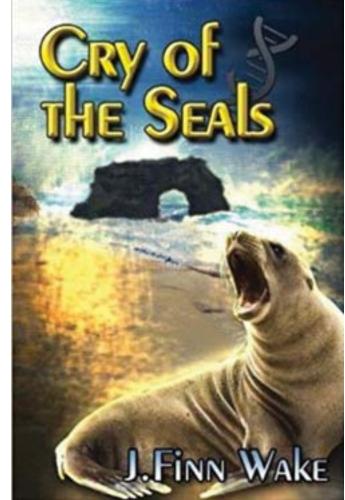


Photo provided

Day Trippin'

# Skip over to Santa Cruz

By Fran Miller



www.lamorindaweekly.com

Hotel Paradox patio

Ljures Beach Boys' tunes and oldschool boardwalk roller coasters, it might be time to re-explore our seaside neighbor. Sure, 'Surf City' (just a 1.5-hour drive south, if the traffic gods are smiling) is all about the beach, but a weekend visit can entail so much more. A hip hotel, fine dining, shopping, and basketrecipe for a rejuvenating getaway.

Stay. Hotel Paradox (a Marsits inland on Ocean Avenue and Park the car, forget about it, and make sure you've got your walking with natural elements that reflect its beach and forest surroundings, once served as UC Santa Cruz's likely sparring for rights to fifth floor, horizon-facing digs. Comfy rooms feature reclaimed wood paneling, river rock shower floors, and eco-friendly bath products.

Central areas are whimsically adorned with artwork by a rotating cast of local artisans. A giant felled eucalyptus tree serves as the checkin desk. Borrow a beach cruiser is home to one of retail's greatest from the in-house fleet, or rent an electric Blix bike or an inboard cific Avenue. From the inspiring, electric skateboard to cruise the independent Bookshop Santa Cruz, downtown corridor. A large, central to the requisite surf shops, to at pool and hot tub area is enhanced least three comfort shoe specific with overhead twinkle lights, a fire boutiques (Santa Cruz residents are pit (grab a s'mores package from in-house restaurant Solaire and roast away), and rentable cabanas. In any season, Hotel Paradox is on Front Street for a true Santa fun, festive, and family friendly.

tion for breakfast, lunch, and din- vibes and re-harmonize mind and ner. Make sure to meet resident body. bartender John Dunleavey, aka 'Rainbow,' a local idol known State Warriors tickets? The Santa for his personable demeanor. For Cruz Warriors are the next best something off-property, head to thing - and in some ways, even Soif Restaurant and Wine Bar on better. This Golden State Warriors Walnut, off of Pacific, a favorite NBA G League 'developmental'

f the mention of Santa Cruz con- and seasonal fare. An intimate dining room with open kitchen sits adjacent to the small wine retail shop lined with unique and exclusive labels, many of limited production and handmade following organic and biodynamic practices. An emphasis is placed on local producers, as well as Italian and French varietals - many of which are feaball, for instance, create the perfect tured on the by-the-glass restaurant menu. Order a half glass of each in order to try several. It's fun to sip riott Autograph Collection Hotel) and compare. Find one you love, and make a post-dinner purchase. is centrally located to every stop (For those who prefer a martini to a throughout this ideal weekend. merlot, Soif also serves classic and modern cocktail creations.)

Chef Tom McNary takes pride shoes. This cozy retreat, infused in presenting a menu that highlights the finest local, seasonal, and organic products. His regularly changing menu features minimally overflow dorms, and students were manipulated dishes that allow the fresh ingredients to shine, such as a Fogline Farms roasted chicken with lemon and garlic, served with a farmers' market slaw and roasted potatoes, or a salad of 'caught-thatday' crab and winter citrus. Regulars are rarely presented with the same menu twice.

Do. Downtown Santa Cruz shopping and dining streets - Paserious about their shoes), Pacific Avenue has got it all. Don't miss Vibes' Up, just around the corner Cruz shopping experience; prod-Dine. Solaire is a winning op- ucts here promise to increase good

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Santa Cruz Warrior mascot Mav'Riks

Photos provided

playing not in a 20,000 seat arena, but in the intimate 2,500 seat Kaiser Permanente Arena, where fans sit within reach of the action and pay a fraction of the price of GSW tickets. (The season runs through March 23.)

And if the siren song of the waves beckons, by all means, head to the Boardwalk. But with so much to see and do in Santa Cruz, the iconic destination is relegated to just another stop along the way.

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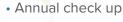
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## Moraga Rotary named 'Outstanding Club' in Northern California District

**Submitted by Gary Irwin** 



Three recent presidents of Moraga Rotary accept the recognition banner of "The Outstanding Club of the Year," from left: Club presidents Ron Mucovich, Dianne Wilson, and Kevin Reneau. Sitting: Cliff Dochterman, former Rotary International president and current Moraga Rotary Photo provided

Rotary Club of Moraga was recognized as "The Outstanding Club of the Year" at the Rotary District 5160 awards dinner held recently in Woodland, Yolo County. This District consists of 72 individual Rotary Clubs ranging from Berkeley and San Ramon in the south to Weed near the Oregon border, with four clubs in Lamorinda. This award has been given annually to the Outstanding Club since 1994, when it was created by Cliff Dochterman when he was serving as worldwide president of Rotary International, and has been passed along each year to the winning club. This award honors the recent achievements of Moraga Rotary under club presidents Kevin Reneau, Dianne Wilson, and Ron Mucovich.

One factor contributing to Moraga Rotary winning this award was the successful fundraising, design, and completion of the All-Access Playground at the Moraga Commons, which achieved wide community support and is regarded as the largest privately funded gift to the town of Moraga. Donations in excess of \$350,000 were received from more than 200 foundations, companies, individuals, and other organizations, including several service clubs and grants from The Rotary Foundation. The project has brought many segments of the local citizenry to work together, and the playground has been overwhelmingly accepted by children and parents.

The creative playground equipment enables special needs youngsters the opportunity to play with other children, and it serves children from many Bay Area communities.

The current major international project of Moraga Rotary is building a critically needed children's home in Sierra Leone, Africa, for children orphaned due to the outbreaks of ebola. Each speaker at Moraga Rotary last year was presented a backpack to be given to an orphaned child in Sierra Leone to enable them to attend school. Moraga Rotary has raised about \$200,000 for the project, much of which came from local community groups and individuals. Already the kitchen to serve the orphanage has been constructed.

Moraga Rotary has served the community for more than 50 years through sponsorship of 14 Odyssey of the Mind teams, scholarships awards to Campolindo High School and Saint Mary's students, exchange students, sponsoring Interact and Rotaract Clubs at Campolindo and Saint Mary's College, donations to Moraga Education Foundation, and the Field Day for third-, fourthand fifth-graders. The Club also helps or donates to Monument Crisis Center, Food Bank of Contra Costa and Solano, RotaCare Free Clinic, books for the library at Juvenile Hall, assistance to fire and flood disasters, and many other community and international service activities.

Rotary Club of Moraga is a local service club within Rotary International, one of about 33,000 Rotary Clubs in about 200 countries. Regular meetings are held on most Tuesdays at the Moraga Country Club. For further information, call Debbie Koo at (925) 376-9137, or check out moragarotary.

# Lafayette Garden Club supports Miramonte High School horticulture program with dollars and muscle

**Submitted by Marcia Raos** 



Photo provided

strong supporter of the Miramonte Horticulture Program and this summer donated \$2,000 to the horticulture program for the creation of their contemplative garden. The donation came from proceeds of the Garden Club's May garden tour, titled "Artful Gardens." Five gardens in Lafayette and Orinda were open to the public May 12 for viewing, with over 500 residents visiting the gardens that Saturday.

Lafayette Garden Club members again supported the school Oct. 13 and worked with the horticultural program instructor, Chrissy Orangio to build their new 6-foot by 12-foot greenhouse on Miramonte High School property. The greenhouse will be for their support."

he Lafayette Garden Club has been a used by students of the horticulture program to propagate plants for planting this spring and throughout the school year. According to Orangio, the students started right away with their propagation efforts the Monday morning following the installation.

Lafayette Garden Club members Laurie Callaway, Linda Mizes and Linda On along with Greg Ow and Joe Dylewski, and contractor Omar Rodriquez, joined Orangio and Mike Davis from Miramonte to complete the installation in six hours.

Orangio states that "The green house will go a long way in the years to come to support our student's Horticultural efforts. We are very grateful to the Lafayette Garden Club

# Local NCL Holiday Giving event

Submitted by Cheryl Bjornson



Photo provided

League came together on Sunday, Dec. 2 for NCL chapter graciously donated all of the its annual Holiday Giving event in support of thousands of items that filled the food box Monument Crisis Center. The young women and toiletry bag donations for Monument assembled 85 large boxes of non-perishable Crisis Center.

ver 100 Ticktockers from the Lam- food, 400 toiletry bags for teens and 18 orinda Chapter of National Charity fleece blankets. Members of the Lamorinda

# Local students participate in 'Kindness Matters' competition

**Submitted by Robert Murtagh** 



Orinda Intermediate School, from left: Tyndall Beaham, teacher Susan Weiss, Grace Wood, Tanith Brooks-Williams, Amelia Adams-Brace and Lion Bob Murtagh. Photos provided



Joaquin Moraga Intermediate School, from left: Lion Bob Murtagh, teacher Moose Wexler, Penelope Gates, Chance Newby, Sophia Ahrens, and Principal Joan Danilson.



Stanley Middle School Principal Betsy Balmat, Paige Carpenter, Molly Breznikar, Michael

Balmat, and teacher Robert Anke. his year, more than 200 students in the cally imagine what kindness looks like. Lamorinda area submitted artwork for an international competition conducted by Lions clubs in over 200 countries. Pictured are the winners from Orinda Intermediate School, Stanley Intermediate School and Joaquin Moraga Intermediate School. This year's theme, "Kindness Matters," complements the local iKind program. The posters, which are on display at Lamorinda libraries through December, are amazing and graphi-

This is the 15th year Lamorinda schools have participated in this contest, which is open to students ages 11-13. The Lions are grateful to the dynamic art teachers in our three intermediate schools who were able to elicit this level of creativity.

For more information about Lions or the Peace Poster Contest contact Bob Murtagh, (925) 283-1841.

Community Service: We are pleased to make space available whenever possible for some of Lamorinda's dedicated community service organizations to submit news and information about their activities. Submissions may be sent to storydesk@ lamorindaweekly.com with the subject header In Service to the Community.

## Local arts contest celebrates its 6th year

www.lamorindaweekly.com

**By Kristi Conner** 



The LYAS team, from left: Charlie Keohane, Stella Bobrowsky, Isabel Rurka, and John Kalil.

Photo Jenn Keohane

now any middle school students looking for a fun winter break activity? The Lafayette sixth annual middle school competition, open to middle schoolers livwho can enter photographs or writing pieces to a panel of professional judges. The lucky winners will take home fabulous prizes worth hundreds of dollars.

The goal of LYAS is to help bring enjoyment into the arts, and to let middle schoolers explore their creative side. The contest gives students an incentive and a als and businesses like The Rotary goal while leaving the path to the contest entirely up to the middle schooler to navigate.

riety of prompts including Vibran- 31. If you know a middle schooler cy and Early Morning for photog- who enjoys creative writing or phoraphy to "You discover you have tography, encourage them to enter a superpower!" and "You found a at www.lyas.org.

time machine. Where do you go first?" for the writing category.

"The contest gave me the con-Youth Arts Society has opened its fidence to keep writing and faith in my abilities," past writing winner and current LYAS President Charing or attending school in Lafayette lie Keohane said. "LYAS has really inspired me to keep writing!"

> The LYAS is completely nonprofit and was founded in 2012 by high school students Uma Unni and Linnae Johansson. It is fully run by passionate teens who want to help others embrace their creative juices. They rely solely on donations from generous Lafayette individu-Club, Realtor Lori Legler, and Diablo Rapid Print.

The contest opened Nov. 12 Students can choose from a va- and will accept entries through Jan.

# Social visits to the vet for dogs

Fears and anxieties in pets – part 2

By Mona Miller, DVM

veterinary hospital can be a scary experience, and this makes it more challenging to accomplish the goals for the veterinary visit, as I discussed in my previous article (http://www.lamorindaweekly. com/archive/issue1218/pdf/Fearsand-anxieties-in-pets.pdf). All vet staff prefer that all dogs enjoy their the "poking and prodding and close trip to the hospital, with lots of petting and treats to provide comfort the time. If trust has been estaband trust that we are just trying to help them.

to be more wary, anxious or fearful, just like some humans. For these dogs, exposing them to a veterinary hospital more, rather than less, is an effective strategy to take the "sting" out of the experience. I consider this to be similar to pediatric dentistry visits – those first few years provide a positive experience to the child, so that he or she learns to trust the dentist and allows more involved procedures at a later age with a minimum of fear.

I recommend "social visits" as every time you go to a certain place be a good day – perhaps there are

or some dogs, a trip to the (vet hospital), you will be afraid every time. And it escalates. Often, my clients tell me that they don't want to subject their dog any more often than necessary to a vet trip because the dog is so afraid. However, I believe that's exactly what should happen – increase the number of visits, and to ensure that contact" occur only a fraction of lished that these are friendly people who talk quietly and give out treats, Some dogs are innately wired then the sensory overload and fear is diminished. If the close contact and injections happen every 10th time, for instance, then the pet is more likely to tolerate it for that particular visit.

Social visits are meant to take the sting out of the vet experience, and desensitize to the overwhelming sights, sounds and smells that a dog experiences when he goes to the vet. Usually, these don't need to be scheduled, and ideally are best done during the "quiet period" of the vet workday, which for most a way to expose the dog to the vet hospitals is during the lunch break. hospital without a lot of focused at- If your dog has a favorite food, it's tention on the dog. Basically, this is a great idea to bring this with you, a trip to the vet during which noth- to reward your dog for being brave ing, and certainly nothing scary, and confident during the social happens to the dog – other than visit. If a dog is particularly nerthe sensory stimulation and some vous about getting on the scale to attention from the vet staff that is get weighed, or walking through quiet and positive. I discuss this the doorway into an exam room or with clients as soon as I see signs into a back hallway, this is a great of anxiety or fear, and sometimes time for him to practice. When you that's as young as a puppy. Think get to the vet, you simply tell the about it - if you're anxious in gen-receptionist that you're here for eral, and you don't know what is a social visit for Freddy. The vet happening around you – that some- staff will spend a few minutes and one is getting close to you (for an approach Freddy, give him a treat, exam), and injecting you (with a practice with him getting on the vaccine), or drawing blood (which scale, etc. Sometimes, when you also involves close contact and re- approach the vet hospital, you'll straint), and these things happen be able to tell that this might not

too many dogs in the waiting area. Even so, getting Freddy out of the car and walking him by the hospital is still very beneficial – in that he's experiencing the sights, smells and sounds without the close contact.

Anxiety and fear can be a lifetime problem, and modifying the body's reaction to perceived fear can take quite a long time. Repetition and habituation are key components for success. From my perspective, doing social visits once weekly for six months is not too much. Having said that, empathizing with other full-time parents and working professionals, I recommend that you pick a frequency that is reasonable and still makes sense for positive conditioning. Perhaps you can commit to twice monthly for six months, or even once monthly for 10 months. Talk to your veterinarian about social visits, and remember to put on the dog's Thundershirt before going



Dr. Mona Miller lives in Lafayette with her son, two cats and yellow Labrador. She attended UC Berkeley as an undergraduate, and received her DVM from UC Davis. She has been happy to call Lafayette home since 2001. She can be reached via email at MonaSDVM@aol.com. She welcomes questions from readers that may get incorporated into a

#### Art and coffee



Seven of Lafayette artist Dwight Yassany's original pen and ink drawings of raptors are on display at Papillon Café in La Fiesta Square through December. Yassany's work, which features a combination of soft and dark strokes to achieve the realistic renderings of birds and other animals using a very fine-tip radiograph pen and making thousands of small marks on cotton paper, was exhibited at the Haggin Museum in Stockton for two months last spring (see story, http://www. lamorindaweekly.com/archive/issue1207/Combining-nature-and-spiritual-messages-to-create-award-winning-art.html). - J. Wake

## Arts shine on in Lamorinda

... continued from Page B1

LAC to events like Mixology and Orinda Idol that she says "just took off as if on a life of their own," Staelin said there's room—and need—for more awareness. "We want the community to see us as that hub, but also to know we need their financial support to produce or sponsor these popular community events."

of the LAC would crescendo by allowing people to hear 12-year-old OIS student June Lim belt out a show-stopping phrase from a musi-

While an expanded branding cal or speak in quieter tones about effort launched four years ago in- the importance of art in her life. Afcreased visible connection of the ter creating a buzz with a compelling performance during dessert at the luncheon, June said, "My day would be a lot less fun without art. I love performing. I like to belt a lot. I feel strong." Claiming never to be nervous, confident in her capabilities and eager to master the next song, tap step or portrayal of a character, the young artist imagines infinite possibilities. It's nearly Perhaps community awareness impossible to think of a greater gift to have given a child than this gift provided in part by the LAC and local community support.

#### Submit stories and story ideas to storydesk@lamorindaweekly.com

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#### Not to be missed



B6

through Dec. 29 and includes a wide variety of beautifully glass pieces, original designer jewelry, fiber arts, holiday decorations, small paintings, and many other unique, oneof-a-kind gift items all handartisans.

**the Moraga** Art Gallery pres-Valley Art Gallery's annu- ents "Holiday Magic in Poral Artful Giving show runs celain and Paint," a color- Bedford Gallery, located more at: http://www.bedford- tion \$10-\$20. www.MusicForful new show featuring the works by two of Lamorinda's crafted ceramics, wood and most celebrated artists: Lafayette's Donna Arganbright and Orinda's Maria SantaStefano. The show, which includes paintings, jewelry, ceramics, photographs, and many othcrafted by talented East Bay er gifts of art by the gallery's to make friends, learn about at Lamorinda Music, 81 La-14 members and guest art- art, and help foster the arts fayette Circle, Lafayette. Enists, runs through Jan. 5. For in our community. No prior joy learning to drum in a fun

In the spirit of the season, moragaartgallery.com or call sign up, contact Carmen Kelly Drums are provided. Meet-(925) 376-5407.

Not to be missed

in the Lesher Center for the Arts, offers enriching, educational volunteer opportunities. Train to become a docent from 1 to 3:30 p.m. on Wednesdays, Jan. 16, 23, 30 and Feb. 6, 13. Docent volunteering is fun and provides opportunities to 12:30 p.m. Monday, Jan. 7 more information, visit www. art knowledge is required. To small-group

bedfordgallery.org. gallery.org/support/volunteer

#### **MUSIC**

Drum, Relax and Learn at the monthly Lamorinda Drum Circle from 11:30 a.m. environment.

at (925) 295-1416 or kelly@ ings on the first Monday of Learn each month. Suggested dona-Therapy.com

> William Feasley, classical guitarist, performs at St. Paul's Episcopal Church, Walnut Creek, in Multi-Media Program "Echos of Goya" at 7 p.m. on Jan. 19 at 1924 Trinity Avenue, Walnut Creek. A Classical Guitar Master, Feasley is world-recognized as the featured guitarist in the CBS special, "Eulogy of Segovia." Feasley has been the featured artist for numerous prestigious guitar and music festivals around the world. Donation at the door: average \$20, Students \$10 (all are welcome regardless of donation).

Living Jazz presents "In The Name of Love," the 17th Annual Musical Tribute Honoring Dr. Martin Luther King, Jr. at 7 p.m. Sunday, Jan. 20 at the Oakland Scottish Rite Center, 1547 Lakeside Dr., Oakland. Tickets: Adv. \$25- \$60; Door: \$30-\$65 (discounts for Children 12 and under). All proceeds will benefit the Living Jazz Children's Project. Livingjazz.org/mlktribute

#### LECTURE & LITERATURE

The World Affairs Book **Group will** meet at 3 p.m. Tuesday, Jan. 15 at Orinda Books to read and discuss "Tropic of Chaos: Climate Change and the New Geography of Violence," by Christian Parenti. They meet bi-monthly and welcome new mem-

#### KIDS, PARENTS & TEENS

Mindful Littles presents **Building** Blankets and Warming Hearts from 1:30 to 2:30 p.m. Tuesday, Jan. 8 at Las Trampas, 3460 Lana Lane, Lafayette. Mindful Littles is excited to team up with our Special Friends at Las Trampas for an important service project this winter. Each year the clients at Las Trampas help prepare around 200 blankets for Trevor's Eagle Project Foundation. These blankets will be finished by local Scouts and donated to Children's Hospitals to help keep their patients warm this winter. Free. Register at https:// www.flipcause.com/secure/ event\_step2/NDYyNjg=/37314

Lafayette Youth Commission seventh and eighth grade Tri-City Dance - seventh- and eighth-graders from all three Lamorinda middle schools are invited to the LYC's first Tri-City Dance of the year from 7 to 9 p.m. Friday, Jan. 18 at the Lafayette Community Center. Cost: \$7 per attendee and must be purchased prior to the dance. Dances sell out fast, so reserve your spot today! To reserve your spot or for more info, please visit www.lafayetterec. org or call (925) 284-2232.

#### **OTHER**

Lion's Club Crab Feed with silent auction at 5:30 p.m. Saturday, Jan. 19 at the Holy Trinity Cultural Center, 1700 School Street, Moraga. Tickets for adults are \$55; children 6-12 years are \$27.50. To purchase call (925) 283-1841.

Holy Trinity Serbian Orthodox Church's annual Crab Feed and Dance, 6 to 8:30 p.m. on Saturday, Feb. 2 at 1700 School Street in Moraga. Dinner and Dance tickets are \$50 and must be purchased in advance. Please call or text Thea at (925) 890-0918. The Dessert Silent Auction is back. Chicken dinner choice available by special advance order request.

... continued on next Page

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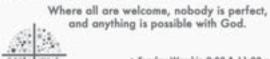
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LAFAYETTE-ORINDA PRESBYTERIAN CHURCH

# Squash-Pumpkin Bread recipe redo

www.lamorindaweekly.com



Photo Susie Iventosch

#### **Pumpkin-Squash Breakfast Bread**

#### By Susie Iventosch

Sometimes there are mixups in communication and we had a few with this recipe in the last issue. If you thought it was a lot of pepitas and nutmeg for one loaf of bread, you bread is so yummy, I wanted to run it again, but with the correct amount of each ingredient. My apologies to anyone who tried the bread from the last issue. I am including the entire story below, so you will have a proper copy this week. After seeing the mistakes, I needed a good stiff drink and began cocktails and decided to make my own hot buttered rum batter. I hadn't had one in years and I forgot how delicious they are. This batter will stay in the

and during the cold winter months it's a great go to, when there's a chill in the air.

#### Squash-Pumpkin Breadupdated

Recently, I made pumpkin were right! But, because this bread using canned pumpkin, which turned out to be more like pumpkin cake and realized that I wanted more substance to my bread. A quick online search produced the Macrina Bakery Squash Harvest Loaf recipe. Macrina supplies many of the coffee shops and retailers with baked goods in the greater Seattle area. I've had their squash to think about festive holiday bread and it is delicious! After reading through the recipe and seeing what we had on hand, I made several changes, one of which was to add some canned pumpkin in addition to freshly refrigerator for several weeks, baked and puréed squash. An-

other was to add raisins to the batter. And, since I am a huge cardamom fan, I included that in the assortment of spices that make this bread so yummy. I also used some white whole wheat flour in place of all white flour, to give a little healthy boost. White whole wheat flour is made from hard white spring or winter wheat berries, and has the nutritional value of whole wheat flour, but milder in color, flavor and texture. It still includes the bran, germ and endosperm of the berries, all ground into the flour. The flour we normally see labeled as Whole Wheat Flour is made from the red spring wheat berry, and has a darker color and more robust flavor than White Whole Wheat flour.

If you plan on having holiday house guests, this bread is delicious and goes a long way, since it is chock full of goodies and quite dense. Double the recipe for two loaves.

For more on the difference between whole wheat flour and white whole wheat flour, please https://www.thekitchn. com/whats-the-difference-between-whole-wheat-and-whitewhole-wheat-flour-236647, https://www.bobsredmill.com/ blog/healthy-living/hard-redwheat-vs-hard-white-wheat/.

For more information on Macrina Bakery, please visit: https:// www.macrinabakery.com/.



Susie can be reached at suziventosch@gmail.com. This recipe can be found on our website: www. lamorindaweekly.com. If you would like to share your favorite recipe with Susie please contact her by email or call our office at (925) 377-0977.

# **Pumpkin-Squash Breakfast Bread**

(Makes one 9 x 6 loaf of bread)

#### **INGREDIENTS**

- 1 cup cooked and puréed squash (Delicata, Acorn or Butternut\*)
  - ½ cup canned pumpkin
  - 2 eggs
  - ½ cup canola oil
- 3/8 cup (6 tablespoons) milk mixed with 1 teaspoon cider vinegar
- 1 teaspoon vanilla extract
- 1 cup raisins, soaked in boiling water and then squeezed dry of any excess water (I use Trader Joe's Jumbo Raisin Medley)
- ½ cup walnut pieces, roasted
- ½ cup pecan pieces, roasted
- ½ cup pepitas, roasted, (green pumpkin seeds), half for bread and half for topping
- 1 cup unbleached white flour
- 34 cup white whole wheat flour 34 cup, packed, light brown sugar
- <sup>3</sup>/<sub>4</sub> cup granulated sugar 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1 teaspoon cinnamon
- 1/2 teaspoon nutmeg
- 1/2 teaspoon cardamom
- 1 teaspoon salt
- 2 tablespoons raw sugar for topping

#### **DIRECTIONS**

For squash: It depends upon the kind of squash you choose in order to know how many to cook, but whatever the case, cut squash in half, and clean out seeds. Place cut side down onto greased baking sheet and cook at 400 F for approximately 35-40 minutes, or until a knife easily inserts and pulp is tender. Remove from oven and cool. Scoop out pulp and smash with a fork, or purée in a food processor. Use 1 cup of this purée for this recipe. Can be made ahead of time and refrigerated until ready to use. \*I used 2 Delicata squash, or 1.5 Acorn squash, but have not yet tried it with Butternut squash.

For nuts: Place nuts and pumpkins seeds on a baking sheet lined with aluminum foil. Bake at 400 F for approximately 10 minutes, or until just beginning to brown. Remove from oven and cool.

For raisins: Place raisins in a small bowl, completely cover with boiling water and allow to sit for about 15 minutes, or until soft. Drain water and squeeze any excess water from raisins. Set aside.

FOR BREAD: In a large bowl, place all dries, including flours, sugars, spices, nuts and half of the pumpkin seeds. In a separate bowl, combine squash purée, canned pumpkin, eggs, soured milk, oil, raisins and vanilla. Mix well. Add to dries and stir until well combined.

Pour batter into a greased 9x6 bread loaf pan. Sprinkle remaining half of the pumpkins seeds and the raw sugar on top. Bake in 350-degree oven for approximately 50-55 minutes, or until a knife inserted in bread comes out clean.

#### Homemade Hot Buttered Rums

(Makes approximate 6-8 small drinks)

#### **INGREDIENTS**

#### **Batter**

- 1 stick (1/2 cup) salted butter, at room temperature
- ½ cup, packed, light brown sugar
- ½ cup powdered sugar
- 1 teaspoon cinnamon ½ teaspoon cardamom
- Dash nutmeg



Photo Susie Iventosch Hot buttered rum

Mix all ingredients with a fork or electric beater until well blended. Refrigerate until ready to use. This batter will last several weeks in the refrigerator.

**Cocktails-per drink** 

- 1 heaping tablespoon hot buttered rum batter
- 1/4 cup boiling water
- 1 shot (1.5 oz.) of your favorite rum (I used Amret Old Port Deluxe Rum from India)\*
- 1 cinnamon stick for garnish

Because these are quite sweet and we had them after dinner, I made them in small Belgian beer tasting glasses, which turned out to be very pretty, too. Just keep the spoon in the glass while pouring the water in, to prevent glass from breaking. Or you can always double the recipe and use a regular mug.

Place batter in glass and add boiling water. Stir just to dissolve. Add rum and garnish with cinnamon stick. Reheat if necessary.

\*I don't know too much about rum, but this is one that was recommended for hot buttered rums at my local liquor store. It has a golden-amber color, and does not have the molasses profiles of some of the darker or spiced rums, which I think made it a great rum for this drink.



## When I say "good," you say "neighbor."

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#### Not to be missed



#### **GARDEN**

The Walnut Creek Garden **Club meeting** begins at 9:45 a.m. Monday, Jan. 14 at Heather Farm, 1540 Marchbanks Road, Walnut Creek. David Rust, an expert on mushrooms and president of the Mycological Society, with his slide show, "Know Your Mushrooms," will help us identify the good and the bad and we will come away with a new appreciation to our ecosystems and human health. Times: 9:45 a.m. - Business Meeting; 10:30 a.m. - Social; 11 a.m. Program. We invite you to attend a meeting. com

The Moraga Garden Club will hold its next meeting at 9:30 a.m. Thursday, Jan. 17, at the Holy Trinity Church, 1700 School Street, Moraga. The guest speaker will be Gail Em-Guide to Working with Leaves in a Contemporary Way." She will speak on "Leaf Manipumons' trademark in flower ar- seat.

ranging has been the development of a dynamic sculptural style that mixes the traditions of both East and West in new and daring ways. This event is free and open to all interested parties. Refreshments will be served. For more information, visit moragagardenclub.com.

The Montelindo Garden Club will be holding its January meeting at 9:30 a.m. Friday, Jan. 18 at the Lafayette Library of fungi's significant benefits and Learning Center's Community Hall. Presentation: Pruning Tips with speaker Scott Paris. In South Placer County, Scott Paris started as a Landscape Designer and Questions: mslittle44@gmail. opened the High Hand Nursery in 2003 to acquire plants for his landscaping business. More recently he became the owner of Maple Rock Gardens, a landscaping gem and yearround farm which is opened to the public a few times a year. Paris will give tips on prunmons, author of "A Beginner's ing plants in your landscape. www.montelindogarden.com

Winter Rose Care Workshop lation." Emmons started her at 10 a.m. Saturday, Jan. 26 at flower arranging journey McDonnel Nursery, 196 Moramore than 30 years ago while ga Way, Orinda. Email info@ living in Hong Kong and taking mcdonnellnursery.com or call classes in Sogetsu Ikebana. Em- (925) 254-3713 to reserve a

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# AMORINDA SP

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# Lamorinda boys soccer preview

By Jon Kingdon



**Photo Gint Federas** 

the Diablo-Foothill League which had six teams. This year they are in the Diablo League which has 13 teams. The schools that have been added are Ygnacio Valley, Concord, Clayton Valley, Berean (17-8-1), Acalanes hasn't missed Christian, Northgate, Mt. Diablo a beat through the early season. and Benicia which has created a With a 5-2-1 record, the Dons have new dynamic for the teams.

standings. Only playing each other come together early in the season a playmaker who handles and dis-

ast season, the Lamorinda once will give advantage to the boys soccer teams played in teams that are best able to manage the one game, the schedule not allowing them to adjust to their opponent in a second game.

#### Acalanes

Coming off a successful season scored 16 goals and only given up With a six-team league, the 5 goals. It's been the ability of the sive and elusive player. He is more teams would play away and home individual players to work as a of a slasher and is very focused and games. With a 13-team league, team that has led to their success, intense. Nick is technically sound it's now a one and done schedule. says head coach Paul Curtis: "It Miramonte will be playing Cam- has been their willingness to work playmaker. He makes the players polindo twice though only one of together as a unit rather than as a around him look good. Christian the games will count in the league bunch of individuals. They have has had a lot of experience. He is

and it's been great. With as many as a dozen of our players playing on different club teams, my main challenge has been to get them on the same page and the sooner the

Senior midfielders Travis Stevenson and Christian Ramsey and junior Nick Geannacopulos have been the key players on offense. Says Curtis: "Travis is an aggreswith great vision and is a solid

tributes the ball very well."

Acalanes graduating last season, junior Will Easley and sophomore stepped up and proven to be very effective in shutting down their opponent's offenses. "We're really glad to have Will starting in goal," says Curtis. "He is extremely athletic. He is a great study and is willing to do anything to be successful. He has played a lot of club soccer and is an exceptional young man. Owen has a lot of experience and just has to develop further."

The overall defense has been a strong unit that is led by co-captain Bernard Adri and has as many as six different players Curtis can call upon depending on the matchups.

Acalanes also has two freshmen that have stepped up and shown the ability to play with the upper classmen, midfielder Rhett Skrvana and defender Matt Walner.

Curtis appreciates how well things have developed: "We are a little light on experience but we are gaining it as we go. There have been no real negative surprises. Our cocaptains Eric Voss, Stevenson and Adri have done a great job in leading the team. The boys are a good group that like each other and are willing to work hard and they bring a great attitude about learning."

#### Campolindo

After coaching Campolindo to a 130-46-32 record in seven searecord. So many people prevailed defend. We come in waves instead upon Carney to come back that he of relying on one or two scorers." chose to return as the team's head

coach. There has been an immedi-With both of goalies for ate turnaround for the Cougars go-

ing 8-2 so far this season. Carney immediately saw a need Owen Myall, two goalies, have for a change and attacked it with a real vigor: "The culture last year was really bad. I had to go in and get everyone to get back to working hard and putting the team first. It helped that I was able to start the process in the summer and let the team know that things were going to change to where it was before. The players came in this year with a better attitude and understood the need for commitment."

Both the offense and defense for Campolindo have proven to be dominating. After seven games, the Cougars have averaged over 3.2 goals a game and are only giving up a half a goal per game. An attitude change has proven to be the difference, says Carney: "We have a good group of guys that are putting in the work with no selfish attitudes. Our seniors want to leave their imprint on the program. How well we play together is going to make or break our season."

Last year's leading scorers Jose Carra-Hernandez (11 goals, 6 assists) and Kellen Clancy (6 goals, 3 assists) continue to lead the offense. Nathan Links and Riley Breul are also key players in the Cougars offense. Carney is constantly stressing unity: "The general theme is team work. There is no individualism. We're working hard on the sons (2010-2016), Shane Carney movement of the ball and we have took a year off due to the birth of a lot of quick players that get into his child. Last season, the team the spaces to attack. There is not went off the rails with a 6-13-4 one player that our opponents can

... continued on Page C4



# **Best Of 2018**





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# Lamorinda boys soccer preview

LAMORINDA WEEKLY



**Photo Gint Federas** 

been led by goalies Lucas Allen, He is good with his feet and can who was all league last season, and Joe Etheridge. Carney appreciates defend very well and it has been the value of both of his goalies: a good team effort. Center back "Lucas is extremely athletic and he Conner Gregg has been our vocal can make any save. Joe has been leader on the field and has been

The smothering defense has solid in goal when called upon. also play on the field. Overall, we

pulling more than his weight."

Despite the team's initial success, Carney is keeping things in perspective: "With 13 teams in our league, there are any number of schools that can win the league. Anybody can beat anybody else on any given night. long as we're up near the top of the standings, we'll talk about it at the end of the season."

#### Miramonte

Coming off an 18-4-2 season and having graduated four of their top five scorers, it is taking Miramonte some time to adjust. The Matadors have started the season off with a 2-3-2 record. Head coach Masood Ahmadi knew that it was going to take time for this season's used on defense. team to start to gel: "We lost a core of senior players. We are a young taken over as the team's goalie with team that is getting used to each other and the players are learning their roles. It's putting the pieces

game, Acalanes (1-0) and tied Los Lomas (2-2) due to a late mistake lots of promise and energy."

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The offense has been led We're taking it a game at a time. As by midfielders Kent Barbir and Giovanni Sponzilli. Says Ahmadi: "Kent is very strong with the ball and can be both a playmaker and a finisher. Giovanni has really grown and improved. He leads by example and has been a great leader. He is good coaching up the younger players and is always positive." Conor Roemer has also been a force on the offense along with Luca Argast who is also going to be

Junior Ethan Luckenbach has the graduation of Cole Kelez said Ahmadi: "Ethan has had big shoes to fill. He is gaining experience but work on our team chemistry."

... continued from Page C1

of the puzzle together. The players he is not afraid to make mistakes and are working hard and we lost one learn. He is very coachable without a big ego. He is all about the team."

The defense is led by Eric in each game. The team has shown Heillman who was also a lineman for the football team, Simon Neuwirth-Stein and Cayden Weiszmann. Says Ahmadi: "Eric is doing very well. He is a great decision maker and runs very well for someone so big. We moved Simon to fullback from offense and he has made the transition very well. Cayden has shown a good learning curve as well."

> Having played seven games in 14 days, Miramonte does not play another game until Jan. 9. Ahmadi sees this as a way to help the team come together: "The air quality issues set the team back because we were making so many position changes. This big break in our schedule will allow us to focus on training hard and to continue to

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# O TO THOMES

Lamorinda Weekly Volume 12 Issue 22 Tuesday, December 25, 2018



Digging Deep with Cynthia Brian

# Garden Trends for 2019, PART 1

By Cynthia Brian

"Great things are not accomplished by those who yield to trends, fads, and popular opinion." — Jack Kerouac



Bromeliads are colorful and easy to care for.

Photo Cynthia Brian

I'll never forget how excited my mother was to play "Vanna" alongside Pat Sajak on the TV hit, "Wheel of Fortune." It was the first time in the 30-plus years of the show that anyone stepped into Vanna's beautiful shoes to wave byebye, and at 87-years-young, my mom definitely had a reason to gloat. Mom never owned a computer nor even knew what social media was, but a few days after her historic TV appearance, she called me to say that everyone said she was "trending." She didn't have a clue what trending meant, but she knew it must be something fun, fabulous and futuristic.

So what does "trend" actually mean? Every dictionary claims a varied description but in general a trend means an upward drift, a tendency to move in a certain direction. I've never been a person who embraced trends as I believe in being original. I like to connect and having meaning in my surroundings. I prefer style. A style is classic, enduring and lasting. Nevertheless, no matter what your personal design preference is, understanding trends can help you identify what you may be missing or what you need to pay attention to. After you know what is trending, it's up to you to express your true individuality.

Trends are what drive sales and help consumers identify new products and services on the market. For over 20 years, the Garden Media Group has had its fingers on the pulse of a gardening nation. In 2001, outdoor spaces as living rooms were the big hit. The year 2002 was container gardening. By 2006, we had recognized the importance of growing our own food and being sustainable. The birds and bees highlighted our efforts in 2008, and because of the drought, 2011 became the year of succulents. Finally in 2015, millennials were recognized as becoming the next major gardening group, and by 2018 the focus was on wellness.

So what is the chief theme of 2019? No surprise, it is me to she. With the "#Me Too" movement launched, in gardening we are looking to the she, as in Mother Nature, to lead us to the light. Temperatures are rising, major disasters are a regular occurrence, and species are dying. We need to save our planet and being a gardener is one of the first lines of defense. Gardening connects us to nature as we birth the "new environmentalism." Through horticulture, we can assist with solving climate change and biodiversity loss. By finding joy in nature, we have the opportunity to save the environment. When we save our world, we save our species.

... continued on Page D12

#### Lamorinda Home Sales recorded

City	Last reported:	LOWEST AMOUNT:	<b>HIGHEST AMOUNT:</b>
LAFAYETTE	20	\$645,000	\$4,825,000
MORAGA	6	\$1,260,000	\$1,545,000
ORINDA	10	\$950,000	\$3,268,000

Home sales are compiled by Cal REsource, an Oakland real estate information company. Sale prices are computed from the county transfer tax information shown on the deeds that record at close of escrow and are published five to eight weeks after such recording. This information is obtained from public county records and is provided to us by California REsource. Neither Cal REsource nor this publication are liable for errors or omissions.

#### LAFAYETTE

910 Acalanes Road, \$1,190,000, 4 Bdrms, 2133 SqFt, 1970 YrBlt, 11-16-18, Previous Sale: \$1,175,000, 04-17-17

3349 Betty Lane, \$960,000, 3 Bdrms, 1154 SqFt, 1954 YrBlt, 11-05-18, Previous Sale: \$700,000, 04-20-18

375 Castello Road, \$1,101,000, 3 Bdrms, 1554 SqFt, 1961 YrBlt, 11-16-18, Previous Sale: \$650,000, 05-10-12

206 Colt Court, \$1,885,000, 4 Bdrms, 3275 SqFt, 1984 YrBlt, 11-15-18

1000 Dewing Avenue, \$1,170,500, 2 Bdrms, 1443 SqFt, 2017 YrBlt, 11-13-18

3105 Diablo View Road, \$830,000, 3 Bdrms, 1508 SqFt, 1947 YrBlt, 11-14-18

1200 Estates Drive, \$3,860,000, 4 Bdrms, 4401 SqFt, 2002 YrBlt, 11-08-18, Previous Sale: \$3,375,000, 02-18-14

3739 Highland Road, \$1,323,000, 4 Bdrms, 2281 SqFt, 1958 YrBlt, 11-13-18, Previous Sale: \$859,000, 06-14-12

1267 Laurel Lane, \$1,770,000, 4 Bdrms, 2294 SqFt, 1974 YrBlt, 11-08-18, Previous Sale: \$1,066,000, 03-24-11

3 Moss Lane, \$715,000, 2 Bdrms, 1442 SqFt, 1987 YrBlt, 11-16-18, Previous Sale: \$202,000, 12-01-88

10 Moss Lane, \$940,000, 2 Bdrms, 1442 SqFt, 1987 YrBlt, 11-05-18, Previous Sale: \$790,000, 03-20-15

3694 Nordstrom Lane, \$7,800,000, 2 Bdrms, 1035 SqFt, 1988 YrBlt, 11-16-18

3921 North Peardale Drive, \$1,400,000, 3 Bdrms, 1989 SqFt, 1954 YrBlt, 11-14-18, Previous Sale: \$1,575,000, 10-08-18

1036 Oak Knoll Road, \$1,150,000, 3 Bdrms, 2063 SqFt, 1953 YrBlt, 11-16-18, Previous Sale: \$700,000, 09-16-10

3394 Orchard Valley Lane, \$800,000, 5 Bdrms, 1460 SqFt, 1953 YrBlt, 11-16-18

942 Raintree Place, \$2,800,000, 4 Bdrms, 3248 SqFt, 1983 YrBlt, 11-13-18, Previous Sale: \$1,150,000, 08-17-10

1244 Rose Lane, \$7,800,000, 4 Bdrms, 11054 SqFt, 1998 YrBlt, 11-16-18

... continued on Page D10



# The Kurt Piper Group Wishes You Continued Inspiration and Success in 2019









Kurt Piper Barb Brawner Kim Siegel

Kurt has recently established a team of 12 highly-skilled team members and service providers that can deliver superior assistance to our clients.



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Dasha Sienitsky Social Media and Listing Launch



**Lori Rembac** Preferred Stager



**Lindy Evans**Preferred Stager



**Meg Foley** Project Manager



Alex Gutierrez
Landscape Projects



John Haidarian Interior and Exterior Paint



Oscar Ascencio
Construction Projects

Kurt Piper 925.818.8000 kurt@kurtpipergroup.com DRE 01130308



**Kurt Piper Group** 

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Page: D4 LAMORINDA WEEKLY OUR HOMES www.lamorindaweekly.com 925-377-0977 Tuesday, Dec. 25, 2018

#### Feng Shui

## Winter's water element

By Michele Duffy



Water flows in this local creek.

Photo provided

inter's yin and crisp dawn breath invites the dazzling dew left each morning only to retreat with the morning sun and clear blue skies. Water's qualities inform winter days with the gurgling of streams on a brisk hike, and winter blankets our psyches with chilly and dormant seasonal change that invites going deep, getting toasty next to a fireplace, bundling up for long nights of clear starry skies and greater efforts to rest, take a breath, store our energy, and most importantly recharge the kidneys sufficiently before spring arrives.

According to the Feng Shui BAGUA map, the water element rules the Career area which also includes life path, emotions, intuitiveness and spirituality. Water symbolizes the flow of life, freshness and freedom. Water's qualities and water symbolism also include financial well being or being well off, life-force, spirituality, rejuvenation, courage, mystery and depth.

At home, well-placed water elements also include the areas of the Bagua that are first and foremost, ruled by the water (Career) element, but placement in the Bagua areas ruled by the wood element, located at the middle left and the far left area from the main entrance door, is a wise choice as well.

Usually placing an actual water feature, such as a fountain or an aquarium, are the best ways to activate the water element. Water is also activated by correctly placing wavy or flowing art, blues and black colors, or images of waterfalls, calm seas and gentle forest streams. Layering mirrors skillfully will activate the water element in your home office space as well. Placing water literally and symbolically, and the flowing abundance that is associated with the water element, is not recommended in any bedroom, since it's too activating, but placement at the front entrance, backyard, or left area of Wealth &

Abundance is a good choice. I recommend placing an image of water in the master bedroom versus an actual water element so sleep is not disturbed by too much movement or yang energy.

Luckily water allows life to flow and like each of the other five elements contains both yin and yang properties, and reflects the slow growth of winter with quietness and calm (yin) that accompanies a winter season's snowfall (yin) or conversely, the fierce and icy winter storms (yang) that can stop humans in their tracks. It's lively spirited essence must lend enough abundance to pave the way for the new beginnings of a spring that deeply blooms.

The best Feng Shui of all is to choose homes and offices with existing vibrant FengShui, such as those with ample natural light and placement above the road. Avoid homes on sharp angles, dead ends, and roundabouts or cul-de-sacs, unless a fountain or planted garden is in center for all to enjoy. Recognizing at home and in the moment that winter can be left outdoors and with a few small adjustments to our homes' interior can help you spend longer winter days inside, here are nine Feng Shui tips to create your cozy winter retreat:

- 1) Switch all blankets, sheets, decorative pillows textiles to fuzzier, warmer versions.
- 2) Fill baskets with blankets in family or living rooms, near a fireplace.
- 3) Contrast the coolness of the season with a warm glow of red hues.
- 4) Use your kitchen stove often and make tea with local honey.
- 5) Light soy candles, especially in the kitchen.
- 6) Turn up the lights and ignite your fireplace.
- 7) Set a fresh dining table.
- 8) Display fresh flowers in a vase near your front door.
- 9) Spruce up the guest room using Feng Shui for holiday visitors.

Making small changes has a big impact and by adding small, deeper layers, the spaces you redo begin to blend and feel more comfortable as the Feng Shui also improves. Understanding the balance symbolized in the well known, black and white Yin-Yang symbol, water's fluidity plays a unique role in the natural ebb of seasonal flow. Water feeds the thirsty plants, flowers and trees and lays the underlying foundational planning for the re-emergence of spring. At home, it's not as important to remember all of the specifics of the water element as it is so timely to learn how to stay warm this winter, since now the majority of our time is spent indoors with family and friends. Have a wonderful holiday season and happy New Year! See you in 2019, the abundant Year of the Earth Pig!

Michele Duffy, BTB M.F.S. is an Orinda resident who, since 1999, enjoys creating "Space as Medicine" Feng Shui one space at a time, as well as hiking in nature, cooking, and spending time with her family; Canyon Ranch Feng Shui Master,

Ranch Feng Shui Master, International Feng Shui Guild (IFSG) Red Ribbon Professional. To schedule a professional 2018 Feng Shui Consultation, contact Michele at (520) 647-4887 or send an email to spaceharmony@ gmail.com.







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I look forward to continued success representing buyers and sellers in the Lafayette, Orinda, and Moraga communities.

Terri Bates Walker Broker | J.D.

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# **Off Market Listing**





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#### 30 Dias Dorados, Orinda

Offered at \$2,750,000 30diasdorados.com

5 Bed 4 Bath 3,761± SQ. FT. .57± Acre Lot









Terri Bates Walker Broker | J.D.



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# **Off Market Listing**

# **COMPASS**



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#### 19 Moraga Via, Orinda

Offered at \$1,595,000 19moragavia.com

4 Bed 2.5 Bath 2,881± SQ. FT. .34± Acre Lot











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# I am so thankful for all my friends and clients for making this another wonderful year! I'm blessed to love what I do and to do it in the community I've called home for the past 37 years.



#### **Cheers & Happy Holidays!**

#### 2018 Transactions to Date



515 Miner Road, Orinda



14 Valley Court, Orinda



2 Crown Court, Orinda



11 Parkway Court, Orinda



55 Donna Maria, Orinda



8 Williams Court, Orinda



112 Sleepy Hollow Lane, Orinda



112 Crestview Drive, Orinda (Sold Twice!)



20 Tia Place, Moraga



28 Sullivan Drive, Moraga



725 Country Club Drive, Moraga



14 Diablo Circle, Lafayette



1806 Cole Ave, Walnut Creek



1072 W. Holly Drive, Walnut Creek



41 Cleaveland Road, Pleasant Hill



473 Camelback Road, Pleasant Hill



371 Scottsdale Road, Pleasant Hill



1031 Bending Willow Way, Pittsburg



630 Encinal Court, Walnut Creek



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#### NOW AVAILABLE IN CLAYTON

Verna Way is comprised of six single-story new construction homes. They feature two well designed floor plans that offer 2,647 and 3,054 square feet of living area.



1 White Diamond Lane

4 Bedrooms | 3.5 Bathrooms | 3,054 SqFt Den | Breakfast Nook | 2 Car Garage



3 White Diamond Lane

4 Bedrooms | 2.5 Bathrooms | 2,647 SqFt Den | 2 Car Garage



#### COMING SOON IN WALNUT CREEK

La Casa Via is comprised of two single-story new construction homes. These two distinct floor plans offer 3,054 or 3,885 square feet of living area.



300 La Casa Via



302 La Casa Via



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#### Happy Holidays!

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#### **Pristine Orinda Contemporary Built in 2008**



429 El Toyonal, Orinda

\$1,598,000 5 BD 4.5 Baths

This newer construction spacious 5 bed, 4.5 bathroom home is incredibly private. Designed for modern living with a thoughtful and versatile floor plan. Eat-in Chef's kitchen/family room combo with gas fireplace. Formal dining and living rooms with pastoral views. Delightful outdoor entertaining areas that take full advantage of the privacy and tranquility yet located just a stone's throw from downtown Orinda, Hwy 24, Tilden Park, & hiking trails.



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MART



#### Lamorinda Home Sales recorded

#### ... continued from Page D2

#### LAFAYETTE ... continued

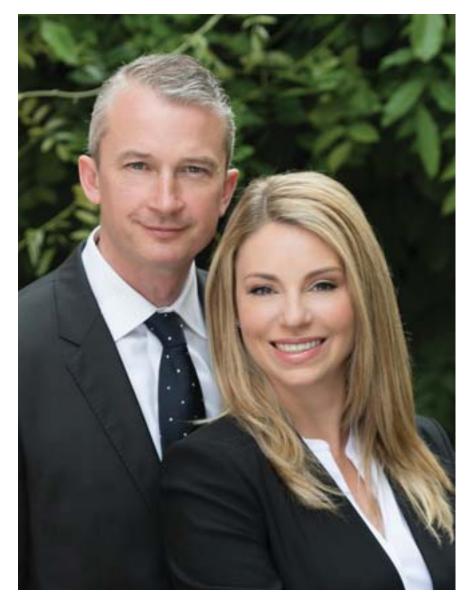
1244 Rose Lane, \$7,800,000, 4 Bdrms, 11054 SqFt, 1998 YrBlt, 11-16-18 1106 Sierra Vista Way, \$1,030,000, 3 Bdrms, 1656 SqFt, 1955 YrBlt, 11-07-18 713 Wee Donegal, \$997,000, 3 Bdrms, 2284 SqFt, 1980 YrBlt, 11-16-18, Previous Sale: \$879,000, 03-21-08

#### **MORAGA**

- 1984 Ascot Drive #C, \$490,000, 2 Bdrms, 1233 SqFt, 1970 YrBlt, 11-15-18, Previous Sale: \$305,000, 04-28-03
- 31 Broadmoor Street, \$1,350,000, 3 Bdrms, 2828 SqFt, 1984 YrBlt, 11-16-18, Previous Sale: \$1,150,000, 07-24-07
- 1369 Camino Peral #B, \$555,000, 2 Bdrms, 1279 SqFt, 1970 YrBlt, 11-13-18, Previous Sale: \$272,000, 02-23-11
- 11 Corte La Rado, \$1,485,000, 5 Bdrms, 2659 SqFt, 1967 YrBlt, 11-07-18, Previous Sale: \$887,000, 04-24-03
- 2 Glen Eagle, \$1,200,000, 3 Bdrms, 3424 SqFt, 1985 YrBlt, 11-05-18, Previous Sale: \$582,500, 05-01-92
- 3 Lisa Lane, \$1,650,000, 4 Bdrms, 2657 SqFt, 1986 YrBlt, 11-09-18, Previous Sale: \$515,000, 03-01-89
- 127 Longfield Place, \$1,755,000, 4 Bdrms, 2436 SqFt, 1967 YrBlt, 11-09-18, Previous Sale: \$1,540,000, 05-07-15
- 454 Rheem Boulevard, \$643,000, 3 Bdrms, 1322 SqFt, 1974 YrBlt, 11-05-18, Previous Sale: \$500,000, 02-19-14
- 1855 Saint Andrews Drive, \$895,000, 2 Bdrms, 1903 SqFt, 1983 YrBlt, 11-14-18, Previous Sale: \$295,000, 03-01-88

#### ORINDA

- 51 Camino Encinas, \$1,975,000, 4 Bdrms, 3172 SqFt, 1956 YrBlt, 11-05-18 32 Candle Terrace, \$3,140,000, 4 Bdrms, 4856 SqFt, 1990 YrBlt, 11-15-18,
  - Previous Sale: \$3,050,000, 06-04-08
- 5 Darnby Court, \$1,600,000, 3 Bdrms, 1942 SqFt, 1962 YrBlt, 11-07-18, Previous Sale: \$1,100,000, 10-20-16
- 511 Hawkridge Terrace, \$1,840,000, 4 Bdrms, 2959 SqFt, 1974 YrBlt, 11-09-18
- 48 Knickerbocker Lane, \$1,765,000, 5 Bdrms, 3570 SqFt, 1980 YrBlt, 11-09-18 12 La Cintilla, \$3,050,000, 3 Bdrms, 3423 SqFt, 1939 YrBlt, 11-09-18,
- Previous Sale: \$1,375,000, 07-05-17
- 11 Moraga Court, \$1,772,000, 5 Bdrms, 2735 SqFt, 1948 YrBlt, 11-09-18, Previous Sale: \$912,000, 06-25-04
- $137\ Overhill\ Road, \$1,\!575,\!000, 3\ Bdrms, 2214\ SqFt, 1953\ YrBlt, 11\text{-}16\text{-}18$
- 31 Parklane Drive, \$1,900,000, 4 Bdrms, 2721 SqFt, 1950 YrBlt, 11-13-18, Previous Sale: \$1,566,000, 10-19-12
- 44 Robert Road, \$1,200,000, 4 Bdrms, 1825 SqFt, 1954 YrBlt, 11-13-18
- 9 Saint James Court, \$1,700,000, 3 Bdrms, 2733 SqFt, 1962 YrBlt, 11-07-18, Previous Sale: \$1,075,000, 12-05-02





# Happy New Year!

Thank you for all of your support in 2018. We wish you and your family the best for 2019.

Thinking of selling your home? Schedule your free sales preparation inspection. Our proven property preparation model has given us unbeaten results in 2018 and we're here to help you in 2019.

The reviews speak for themselves. Paddy Kehoe is the #1 Lamorinda agent on Yelp in 2018.

## The Paddy Kehoe Team



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Leslie Lomond 650.799.2110 leslie.lomond@compass.com DRE 01968517



#### Digging Deep with Cynthia Brian

# Garden Trends for 2019, PART 1

... continued from Page D1



Take a walk through our oak forested trails to de-stress.

Photos Cynthia Brian

How is this a positive upward trend for 2019? Here are a few statistics from 2018:

- \$47.8 billion was spent on gardening, including plants and patio furniture.
- \$503 is the average amount spent per U. S. household on garden supplies. This is \$100 more than last year.
- 29 percent of all gardeners are now in the age range of 18-24 years of age, setting record highs. According to GardenResearch.com, millennials were responsible for 31 percent of houseplant sales!
- More than 2 million jobs have been created through horticulture.

For humans to survive, our earth must thrive. Growing plants both inside and outside are proactive steps anyone and everyone can include into daily life.

An indoor generation has been identified where-

by 90 percent of people worldwide spend 22 hours a day inside without going outside for fresh air. Research indicates that Americans spend 93 percent of their time indoors or in their vehicles and children are outside for less than one hour per day. Earlier generations of children spent 50 percent of their time outdoors. As a species, we have migrated from the farms to the screens. Obesity, mental illness, high cholesterol, depression and anxiety are the results of too much technology where we are plugged in and tuned out to the benefits of fresh air, digging in the dirt, and natural environs.

So what can we do to help ourselves be healthier in 2019 if we have to be indoors fixated on our screens? Install a terrarium, buy a bromeliad or, better yet, take a 15-minute break to walk in a nearby park. Eat lunch on a bench outside. Enjoy a forest bath. Improve your

indoor air quality with a peace lily positioned in a corner of your office, add a pot of herbs to a windowsill, fall in love with tropical plants that will flourish indoors with little care.

By spending too much time in front of televisions, playing video games, texting, being on our phones or tablets, checking social media, or surfing the web, we are disregarding our natural state while increasing our physical and mental challenges. When we take care of ourselves by indulging in nature, we will refresh and reboot our world. Mother Nature is always in charge and we can't ignore her warning signs.

In the next issue, I'll continue this discussion on Garden Trends for 2019. Understand what is trending, then start your own. Until then, consider a digital detox. Get up, get out, dig a little, and breathe our clean air.

Wishing you a fresh start and a new leaf for 2019. Happy, happy New Year!



Holly berries are also plentiful, another sign of a protracted winter.







Emily Estrada Village Associates 925.708.8116 emily@amyrosesmith.com www.amyrosesmith.com CalBRE# 01942438

#### FINDING THE Right FIT



Amy Rose Smith Village Associates 925.212.3897 amy@amyrosesmith.com www.amyrosesmith.com CalBRE: #01855959



Page: D14 LAMORINDA WEEKLY **OUR HOMES** www.lamorindaweekly.com 925-377-0977 Tuesday, Dec. 25, 2018

# Cynthia Brian's Gardening Guide for January

**FREE** seed catalog and free shipping on over 500 seed varieties at Sow True Seed through Jan. 15. Use Code SHIPFREE19 at https://sowtrueseed. com/.

**FILL** a nature RX, even in the cold weather, and go outside for at least 15 minutes a day. The benefits include relaxation, better sleep, fresh air, physical activity and stress reduction.

**START** a gratitude habit for the New Year. It's the season to be thankful and if you start now being appreciative for the small things in life, you can turn this feeling into a year-round practice, bringing you more joy.

**PICKUP** for your holiday tree is available through Jan. 18 on your regular collection day. Remove lights, ornaments, tinsel, and trimmings. Unfortunately, flocked trees are not included in the collection. Schedule a pickup for a fee. Call (925) 685-4711. **BOOST** your vitamin C with fresh

fruit from citrus trees. Ripening for the next two months you will enjoy sweet navel orange, lime, lemon, grapefruit and Clementine.

**HARVEST** your Hachiya and Fuyu persimmons that are still hanging. SHARPEN pruning shears in preparation for the heavy rose pruning you'll do toward the end of January. In the meantime, allow the rosehips to flour-

ish as food for the birds.

PREPARE for winter. A wife's tale from the old country states that when the berries are full, the winter will be long. Cotoneaster, holly, and pyracantha berries are feeding the birds. **IDENTIFY** mushrooms before consuming. Many are toxic.

Happy Gardening. Happy Growing.

Cynthia Brian



With the rains, mushrooms have surfaced. Be aware of what ones are edible.



Cotoneaster branches are full of berries. Winter is here.



Rosehips can be left for the birds dinner until late January heavy pruning. Photos Cynthia Brian



Cynthia Brian, The Goddess Gardener, raised in the vineyards of Napa County, is a New York Times best-selling author, actor, radio personality, speaker, media and writing coach as well as the Founder and Executive Director of Be the Star You Are1° 501 c3.

Tune into Cynthia's Radio show and order her books at www. StarStyleRadio.com.

Buy a copy of her new books, Growing with the Goddess Gardener and Be the Star You Are! Millennials to Boomers at www.cynthiabrian.com/ online-store.

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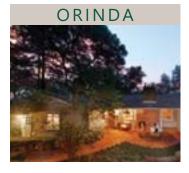


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### LAMORINDA'S LEADING INDEPENDENT REAL ESTATE FIRM



17 Valley View Lane Beautifully renovated traditional 3 Bed/2.5 Bath on a 1.1 acre knoll setting. Indoor/outdoor living.

\$1,579,000



147 Camino Don Miguel Authentic old Orinda Spanish on special OCC view knoll. 3223 sq.ft. of charming living spaces.

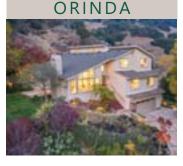
\$1,749,000



64 El Gavilan Road

Great 5 Bed/3 Bath family home with spacious light-filled living in a functional 3364 sq.ft. floor plan.

\$1,750,000



3 Lost Valley Court

Custom contemporary 6 Bed/4 Bath rebuilt masterpiece sits on 2.11 acres in the gorgeous rolling hills of Orinda.

\$2,295,000

#### MORAGA



308 Rheem Boulevard Delightful and renovated 5 Bed/4 Bath with functional floor plan on 1.04 acre beautifully landscaped lot.

\$1,599,000



2427 Cherry Hills Drive Updated Lafayette Single Story Home on Quiet Court. 4 Bed/2.5 Bath, 1885sqft on a .32 acre lot.

Call for Price



4030 Happy Valley Road Available! Elegant country living in Happy Valley. Exceptional detail,

indoor/outdoor living, private grounds.

\$2,849,000





1806 Cole Ave #1A

Beautifully updated rental 1 Bed/1 Bath ground level corner unit with a prime location for commute.

\$1,900

#### WALNUT CREEK



630 Encinal Court

Single Story home checks all boxes! Ouiet cul-de-sac with A+ location: perfect fit for a family or downsizer.

\$1,050,000





#### 3 White Diamond Lane

Beautiful New Construction Single Story Home! 4 Bed/2.5 Bath, den, chef's kitchen w/ a large great room.

\$1,218,000



#### 1 White Diamond Lane

Beautiful New Construction Single Story Home! 4 Bed/3.5 Bath, den, chef's kitchen w/ a large great room.

\$1,285,000



#### 110 Via Cabrera Lane

Beautifully updated 3 Bed/2.5 Bath townhome with the ideal floor plan in the popular Mission Pines. Located off Hwy 4, 680 interchange.

Call for Price

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Margaret Zucker