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## Run, Lafayette, run!

By Pippa Fisher



Photo provided

\$16,400 from the Art and Wine Festival, for schools.

The event has something for everyone, from the fast 5K race, to the challenging 10K course that goes around the reservoir. There is also a two-mile fun run/walk. Strollers and dogs are welcome for the 10K and two-mile runs only. According to the chamber, this event provides "the fastest 5K and the toughest 10K in the land."

Although runners do come for this event from far and wide, it has a definite community feel as residents run it year after year with their neighbors and friends. And this year, says Lifson, all the local school principals are participating.

This year will also see newly designed medals for all category winners and unique, red carpet-style photo ops.

As well as the runners, the event attracts hundreds of spectators who cheer on participants and can also take advantage of the Healthy Lifestyles Fair, located next to registration and the start/finish line on the corner of Mt. Diablo Boulevard and Oak Hill Road. Musical entertainment will be provided by the Stanley Middle School Band.

The 5K, 10K and two-mile races begin at 8 a.m., 8:15 a.m. and 8:45 a.m. respectively. Participants can preregister with the chamber. Same day registration will also be permitted.

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