

## Digging Deep with Goddess Gardener, Cynthia Brian

### Planting peace

Photos  
Cynthia Brian



Plant deep pink freesia bulbs for an explosion of spring color.



Narcissi is already in bloom, but you can plant additional bulbs now.



Pick Fuyu persimmons while green if squirrels and birds are a problem.

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**TURN OFF** sprinkler systems. Water by hand when necessary.

**LOWER** mower height as lawn growth slows. If you didn't fertilize in October or earlier in November, fertilize now with an organic fall blend.

**GUARD** against an unexpected frost by watering deeply and covering susceptible shrubs with burlap, fabric, or blankets the afternoon before the cold arrives.

**REDUCE** your garden work out by seeking out plants that are identified as "compact." Look for tags that say dwarf, patio, knee-high, tiny, or baby in the variety name. If a plant tag says "perfect for cut flowers" it will

grow to be too large for a small space.

**PICK** pomegranates as they ripen or split. Harvest persimmons on trees that are being ravaged by birds and squirrels even before they are ripe. Leave on the countertop to ripen as needed.

**DECORATE** for Thanksgiving with pumpkins, Indian corn, and gourds.

**COOK** a pan of cubed winter squash with rosemary for a healthy and satisfying Thanksgiving side.

**VISIT** our local parks to inhale autumn aromas and savor the sensational fall foliage.

This year marks the 200th birthday of Frederick Law Olmstead. As we celebrate Thanksgiving, we can add his legacy to our thankfulness list for introducing America to

the beauty, tranquility, and necessity of experiencing nature through the development of idyllic parks in towns and cities.

Let us also give our thanks to the hard-working volunteers of local garden clubs who have planted a multitude of bulbs that will blanket our roadways and hillsides with glorious blooms come spring!

My gratitude to you for being part of my Digging Deep family. Plant peace this Thanksgiving with friends and family and celebrate the melodic beauty of our rural landscapes.

Happy gardening and happy growing.  
Happy Thanksgiving!