

Not to be missed

Brown Bag - Study Skills & Learning Styles-Thursday, March 12, Noon - 1:30pm, library Walnut Creek Intermediate School, 2425 Walnut Blvd, Walnut Creek. Why does my child listen to music while doing homework? Discover Your Child's Learning Style. Come and find out how to help your student learn more effectively and efficiently by tapping into his/her learning style. We will discover how sensory and emotional stimulation play an important part in your student's learning process. We will also be discussing the role of stress in your student's life. No fee, register at the event or on-line at (course no 05-6112) <http://adulted.acalanes.k12.ca.us>.

The REAL Impact of Sports in Lamorinda- Wednesday, March 18 7:00 pm Stanley Library. Join us for an exploration into the physical and emotional impacts of sports on our middle schoolers. How do we avoid 'over participation', which leads to physical injuries and mental burnout. Why, when we get on the playing field, do we overlook disrespectful behavior, bullying and unsportsmanlike behavior, all in the chase for a win? And how do we help our children enjoy sports in our community?

Robin Bousquet, Sports Medicine Center for Young Athletes, Children's Hospital, Oakland; Erika Carlson, Sports Psychologist, Excellence in Sports Performance, Walnut Creek.

PERSPECTIVES

Jan Passion and Ellen Furnari: The Nonviolent Peaceforce. Wednesday, March 11 at 7:00 pm, Mt. Diablo Peace & Justice Center at Mt. Diablo Unitarian Universalist Church, Owl Room, 55 Eckley Lane, Walnut Creek, CA 94596 (925) 933-7850 www.mtdpc.org.

ClimatePath.org is hosting the March 12, 2009 movie event as they are having a kick off evening at the Rheem Movie Theatre. There will be wine and appetizers, and music from 6 pm to 7 pm, followed by the movie, "Who Killed the Electric Car?" After the movie, coffee and sweets will be served. Please visit the host's website (<http://www.climatepath.org>) or www.sustainablelafayette.net

Science and Religion—"What is our hope at the "End of Time?" is the topic for the March 16 meeting at 7:15 in the Davies Room, Lafayette-Orinda Presbyterian Church, 49 Knox Drive, Lafayette. Based on the book, God of Hope and the End of the World by Cambridge physicist and Episcopal priest, John Polkinghorne, the discussion will include scientific, biblical and theological viewpoints. For further information the church at 283-8722 or email, edschoenberger@1964.sun.com.

Please submit: **Events:** calendar@lamorindaweekly.com
Stories: storydesk@lamorindaweekly.com
Letters: letters@lamorindaweekly.com
Opinion: letters@lamorindaweekly.com

The Future of US-Cuban Relations and Foreign Policy under Obama. Lafayette Library welcomes award-winning journalist Reese Erlich on Wednesday, March 18 at 7:00pm to discuss the uncertain future of US-Cuban relations. Cuba is currently in the midst of a historic transition as the half century rule of Fidel Castro has come to an end. In his newest book, Dateline Havana: The Real Story of U.S. Policy and the Future of Cuba, Reese Erlich lays out President Obama's options and challenges regarding Cuba. This free program is presented by World Affairs Council, East Bay chapter. Registration/Reception: 6:30 PM, Program: 7:00 PM.

Ygnacio Valley Republican Women Federated, Wednesday, March 18, at 5:00 PM—No Host Cocktail Party/General Meeting at Zio Fraedo's Restaurant, 611 Gregory Lane, Pleasant Hill with Special Guest Speaker Dana Walsh the 2008 Republican Candidate for Nancy Pelosi's seat—come enjoy delicious hors d'oeuvres and listen to this wonderful speaker. It's a great time for friends and neighbors to get together. \$30 RSVP: Barbara Allen: 925/672-5061 or jngcabot@pacbell.net or our website: www.yvrfw.org

Vigil- Iraq War Year Six -March 19th at 7:00pm corner of Deer Hill and Oak Hill Road, across from the Lafayette BART station. Sponsored by: The Crosses of Lafayette, Mt. Diablo Peace & Justice Center Lamorinda Peace & Justice Group, Buddhist Peace Fellowship.

The Commonwealth Club -Robert Baer: Inside Iran, Tuesday, March 24, 6:30 pm. After spending 25 years as a CIA operative in the Middle East, Baer believes America needs to negotiate directly with Iran. Considered a leading expert on the Middle East, Baer visited Iran to interview suicide bombers, a grand ayatollah, the hard-line chief of staff of Iran's military forces and the terrorist chief of Hezbollah. Find out why Baer maintains that America's hopes in the Gulf lie in peaceful collaboration or even alliance with the fastest growing power in the Middle East. 6 p.m. check-in, 6:30 p.m. program, book signing to follow. Cost: \$12 members, \$18 non-members, \$7 students (with valid ID.) The Veterans Memorial Hall, 3780 Mt Diablo Blvd., Lafayette.

OTHER

Sex After 50: Keep the Fires Burning. Have you ever wondered why your sex drive may change with menopause and aging? Have you wondered if there is anything that can be done about these changes? Join us for a conversation with Risa Kagan, MD to learn more. Thursday, March 26, 6:30 to 8:00 pm, Women's Health Center in Lafayette, 3595 Mt. Diablo Blvd. Suite 350. RSVP: 510-869-6137.

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St. Stephen's Episcopal Church will be hosting a "Community Treasures" Garage Sale on Saturday, March 7 from 8 am - 2 pm. Money raised will support the Youth Program's Mission Trip to Mississippi to assist Katrina victims.

Free, open classes on Brain Wave Vibration, March 7, March 21, March 28, 10:00 a.m.-11:00 a.m. at Dahn Yoga, The Rheem Center, 452 Center Street, Moraga, 925-377-9642. Brain Wave Vibration involves the gentle, rhythmic shaking of the body, through which the practitioner can quickly lower high-frequency brain waves in order to reduce stress, and promote healing in the body.

3rd Annual Run for Kieran - Sunday, March 8, at 9 am starting at Stanley Middle School. Fun run (2 miles) for all ages. Baby joggers welcome. *For the more "competitive runners" we are offering a 7 mile run this year! Fee - \$20/participant. For more information, contact the Quinn family at quinnsix@sbcglobal.net.

MORAGA MOVERS March 9 luncheon will feature a delicious St. Patrick's fare—Corned Beef and Cabbage with all the trimmings. Our featured speaker, Steve Kendall, has earned rave reviews for his talent in analyzing handwriting. Reservations for the March 9 luncheon must be made by Wednesday, March 4, by 5 PM (925) 376-6622. The \$15 price of the meal (which includes gratuity and tax) is payable at the entrance.

AFTERNOON TEA will be held Thursday March 12 from 1 - 3 p.m. at the Lafayette Community Center in the Sequoia Room. Join us for some friendly conversation and goodies. Helen Stimson will demonstrate some new recipes and share her ideas and variations for a relaxing afternoon tea. The price is \$20 for non-members and \$18 for members. To register, contact Emeritus College (925) 906-9105.

Town Hall Theatre's Annual Fundraiser - Friday, March 13, 6:30 to 11:00. Please join us at Town Hall Theatre for a night of fabulous food, complimentary drinks, bidding and entertainment. Bid on spectacular live auction items and enjoy some Town Hall style entertainment featuring our THK instructors and teen assistants. Party tickets and raffle tickets for an overnight stay at Lafayette Park Hotel are available at: www.townhalltheatre.com.

Moraga Rotary Club's Night at the Races! Saturday March 14, Holy Trinity Hall, 1700 School Street, Moraga. Gates open 5:00pm. Enjoy a great catered dinner with no host bar. Wager play money on six video horse races, and bid on wonderful live and silent auction items. Tickets: \$40.00 per person. For ticket information or to reserve a group table, contact Vickie Devlin at 707 738-5026 or Dardoodles@aol.com.

Las Trampas Pool, a club with a main pool, kiddie pool, lawn area, picnic and BBQ areas, swim team and recreational swimming, is now accepting membership applications. Stop by the pool and pick up an application or download an application on the web at www.las-trampaspool.com. Contact Membership Director, Krista McGuire at 256-8349 or krista_mcguire@earthlink.net.

The Orinda Community Center will be hosting a new series of Salsa Dance classes. The instruction is progressive and step-by-step, so everyone can learn to dance salsa! Instructor: Tomaj Trenda. Mondays: 7:00 - 8:30 Beginners, 8:00 - 9:30 Intermediates. 7-week series: \$80/single, \$145/couple. \$15 Drop-in. Orinda Community Center, 26 Orinda Way, Orinda. www.SalsawithTomaj.com.

MORAGA GARDEN CLUB - Meets 9:30 a.m. third Thursdays monthly - September to May. March 19, 2009 Patricia St. John, Landscape Designer will talk about "Container Gardening with Spillers, Fillers and Thrillers." Holy Trinity Cultural Center, 1700 School St., Moraga. Membership - Pat 925-4675.

Montelindo Garden Club Meeting Friday, March 20, Orinda Community Church, #10 Irwin Way, Orinda, Meeting at 9:30, Speaker at 10:30. Speaker: Amy Meyer, author of the book, New Guardian for the Golden Gate, How America Got a Great National Park, will speak about her work as a citizen-activist in the Golden Gate recreational area-The meeting is free and welcomes guests. Web Site: www.montelindogarden.com email: montelindogarden@aol.com.

Please submit events to:
calendar@lamorindaweekly.com

Not to be missed



THE HEARST ART GALLERY OF SAINT MARY'S COLLEGE PRESENTS FREE DIGITAL ART DEMONSTRATION MARCH 19, 7 P.M.

Thursday, March 19, 7 - 8 p.m., Soda Activity Center, Saint Mary's College

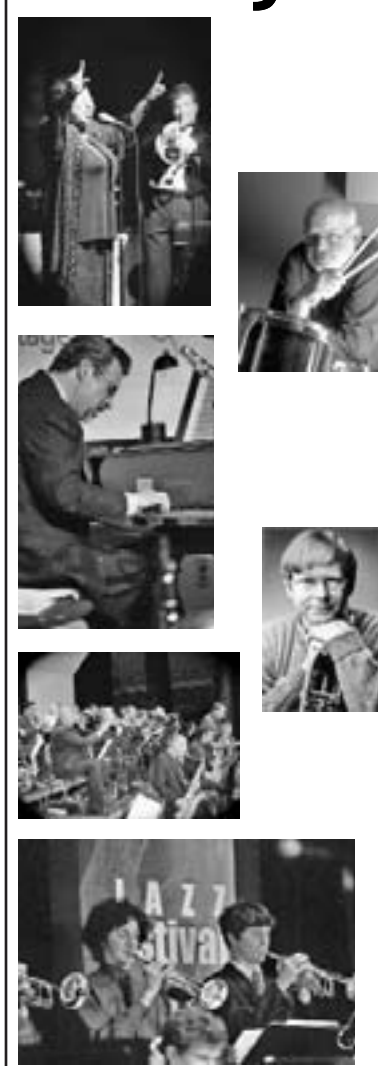
using software as brush and canvas, noted artist Bert Monroy will offer a public Photoshop demonstration and question and answer session.

The Gallery will be open from 8 to 8:30 p.m. so that participants may view his new exhibit.

Master Artist Tribute VIII: A Digital Artist Paints With Light. On view through April 5

Exhibition Hours: Wednesdays - Sundays, 11 a.m. - 4:30 p.m.
Gallery Admission: \$3 adult; children free; Gallery members free
www.hearstartgallery.org
925.631.4379

Generations in Jazz Presents the 9th Annual Lafayette Jazz Festival



Del Valle Club House, Rossmoor
Thursday, March 5th, 7:30 PM
Opening Night Private Party by Invitation Only
Kaiser Permanente Senior Advantage, Sponsor
THE ROSSMOOR BIG BAND & DOUBLE TAKE
\$5 ticket, call Lafayette Chamber 284-7404

Acalanes Performing Arts Center
Friday, March 6th, 7:30 PM
Diablo Foods, Sponsor
STANLEY MIDDLE SCHOOL JAZZ MESSENGERS & FACES OF JAZZ
\$5 ticket

Saturday, March 7th, 7:30 PM
Oakwood Athletic Club, Sponsor
ACALANES SCHOOL JAZZ BAND & THE RAY BROWN GREAT BIG BAND
\$10 ticket

Sunday, March 8th, 6:30 PM
Sponsor: Bill Graham Supporting Foundation of the Jewish Community Endowment Fund
CONTRA COSTA COUNTY HONOR JAZZ BANDS
High School - Guest Director Dr. Aaron Lington
Middle School - Guest Director Dave Gregoric
\$5 ticket

Tickets Available at the Lafayette Chamber • (925) 284-7404 or www.lafayettechamber.org

Saint Mary's College

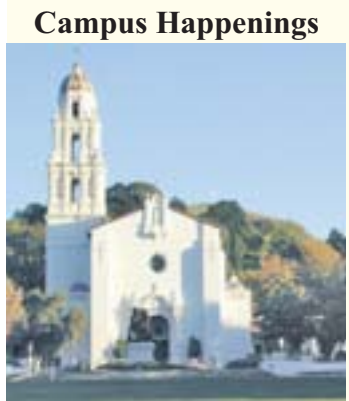


Photo by Ken C. Young, Moraga; www.kcyoungfineartimages.com

Campus Happenings
Music
The Committee for Lectures, Art and Music will present three virtuoso artists for an afternoon of superb music in The Chapel at Saint Mary's College on Sunday, March 15 at 2:00pm. Call (925) 631.4381 or visit www.stmarys-ca.edu

Open House
BA in Leadership & Organizational Studies for working adults; hybrid online format M.A. in Leadership. Open house March 14th 10am-11:30; RSVP www.stmarys-ca.edu/leadershipinfo.

Creative Writing Reading Series at St. Mary's College Wednesday, March 25, 7:30 p.m., Soda Activity Center Leslie Carol Roberts is the author of *The Entire Earth and Sky*:

Views on Antarctica. She was a Fulbright Fellow in Antarctic Studies and holds an M.F.A. in nonfiction writing from the University of Iowa and an M.A. from the University of Canterbury. She lives in San Francisco and teaches at the California College of the Arts. She is currently working on a book about San Francisco's Presidio neighborhood, and this spring she is Distinguished Visiting Writer at Saint Mary's College of California.

Annual Spring Fashion Show -April 4th - 11:00 a.m. The Saint Mary's College Guild and Chico's will present the Fashion Show on Saturday, April 4th, at the Soda Center. Wine and hors d'oeuvres will be available at 11 a.m., lunch will be served at noon, and the Fashion Show will begin after the meal. Models are selected from Guild members, community members and students enrolled at the College. Raffle prizes include items donated by businesses in the area as well as cash. For more information and to make reservations, contact the Fashion Show Chair, Jeffry-Lynn Dunne (925) 284-7750.

Hearst Gallery
Bert Monroy, Master Artist Tribute VIII: A Digital Artist Paints With Light through April 5. The Hearst Art Gallery of Saint Mary's College is pleased to present a major survey of the preeminent digital master Bert Monroy, a world-renowned Photoshop artist and teacher, known for pioneering and innovative digital painting technique. The exhibition opened in January and continues through Sunday, April 5. A Photoshop Demonstration with Bert Monroy will take place on March 19th at the Moraga Room of the Soda Center at Saint Mary's College. 7-8 pm - demonstration, with an exhibition walk through with artist from 8-8:30pm. Free to the Public. Call (925) 631-4379 for more information.

Exhibition hours: Wednesdays through Sundays, 11 am until 4:30 pm
Admission: \$3 adult; children 12 and under free; free parking
Web site: <http://gallery.stmarys-ca.edu>. Telephone: 925-631-4379
For more information about upcoming events at Saint Mary's College, visit the college website at <http://www.stmarys-ca.edu/news-and-events/events.html>.

You are invited to a very special evening of music.



Enjoy the 40's and 50's music of Eddie Williams - a self-contained, complete, one-man show - a powerful mix of vocals and instrumentation featuring Eddie on vocals, guitar and saxophone.

Wine and hors d'oeuvres will be served while you listen to Eddie perform the music of Frank Sinatra, Bing Crosby and more.

Thursday, March 19, 2009
6:45 p.m. to 8:15 p.m.

This is event is free and open to the public.
Please RSVP by March 16th to Candice Moses 925-377-7900 or e-mail to candice.moses@aegisliving.com.

ASSISTED LIVING & MEMORY CARE

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