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## Salad-black bean avocado salad with lime salsa vinaigrette on a bed of romaine

By Susie Iventosch

2 15-ounce cans black beans, rinsed and drained

1/4 cup fresh cilantro leaves, chopped

1/2 red bell pepper, seeded and coarsely chopped

1 red onion, thinly sliced, and sauteed (in 2 T olive oil) until browned, then cooled

1 avocado, cut into bite-sized pieces

1/2 cup cherry tomatoes, halved

1/2 lime, juiced

1 head Romaine lettuce

Toss all of the above in medium sized bowl. Pour enough dressing over to coat well, but not drown!

## **Dressing**

1/3 cup light olive oil

1/4 cup red wine vinegar

1/4 cup bottled salsa

1/2 teaspoon onion powder

1 small clove garlic, minced

S&P to taste

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