925-377-0977

SPORTS LAMORINDA'S LOCAL SPORTS NEWS Girls' Tennis Rivalry Match-Ups

9/14/10 Miramonte 8, Acalanes 1

SING	GLES:			
1.	H Andersen (M) def. Jorgensen	6-4	6-0	
2.	M Andersen (M) def. Karagocev	6-0	3-6	(13-1
3.	McCollom(M) def. Landry	6-0	6-1	
4.	Wendt (M) def. Koyake	6-0	6-2	
5.	Reed (M) def. Bittner	6-1	6-1	
6.	Majundar def. Chow	6-3	6-0	
DOU	JBLES:			
1.	Lindsay/Lee (A) def. Alper/ B Anderson	6-3	6-4	
2.	Ehringer/Galindez (M) def. Grant/Yang	6-0	7-5	
3.	Straughn/Engstrom (M) def. Chen/Bauer	6-3	6-1	
9/16	5/10 Acalanes 2, Campolindo			
	5/10 Acalanes 2, Campolindo	7	6-3	
SING	5/10 Acalanes 2, Campolindo GLES:	7 6-4		
SIN 1.	5/10 Acalanes 2, Campolindo GLES: Wedlake (C) d. Jorgensen	7 6-4 6-2	6-3	
SIN 1. 2.	5/10 Acalanes 2, Campolindo GLES: Wedlake (C) d. Jorgensen Karagocev (A) d. McCue Shapiro (C) d. Landry	7 6-4 6-2 7-5	6-3 6-2	
SINC 1. 2. 3.	5/10 Acalanes 2, Campolindo GLES: Wedlake (C) d. Jorgensen Karagocev (A) d. McCue Shapiro (C) d. Landry	7 6-4 6-2 7-5 6-3	6-3 6-2 6-4 7-5	(10-7
SINO 1. 2. 3. 4.	5/10 Acalanes 2, Campolindo GLES: Wedlake (C) d. Jorgensen Karagocev (A) d. McCue Shapiro (C) d. Landry Faulkner (C) d. Koyake	7 6-4 6-2 7-5 6-3	6-3 6-2 6-4 7-5 3-6	(10-7
SINC 1. 2. 3. 4. 5. 6.	5/10 Acalanes 2, Campolindo GLES: Wedlake (C) d. Jorgensen Karagocev (A) d. McCue Shapiro (C) d. Landry Faulkner (C) d. Koyake Barabi (A) d. Huberts	7 6-4 6-2 7-5 6-3 6-4	6-3 6-2 6-4 7-5 3-6	(10-7
SINC 1. 2. 3. 4. 5. 6.	5/10 Acalanes 2, Campolindo GLES: Wedlake (C) d. Jorgensen Karagocev (A) d. McCue Shapiro (C) d. Landry Faulkner (C) d. Koyake Barabi (A) d. Huberts Perrella (C) d. Bittner	7 6-4 6-2 7-5 6-3 6-4 6-3	6-3 6-2 6-4 7-5 3-6	(10-7

Nefdt/Clark (C) d. Boltz/Leibowitz 6-2 6-2 3. Head Coach Brad Rieser commented, "Without a doubt, the future of these newcomers is certainly a bright one, bound to help take

Acalanes to a new higher level" 9/23/10 Miramonte 8, Campolindo 1

Singles:

Kaiser (M) d. Wedlake	6-1, 6-3		
H. Andersen (M) d. McCue	7-6 (7), 6-2		
M. Andersen (M) d. Shapiro	6-3, 6-1		
McCollom (M) d. Faulkner	6-1, 5-7, 11-9		
Wendt (M) d. Huberts	6-4, 2-6, 12-10		
Reed (M) d. Orwig	6-3, 6-2.		
Doubles:			
Korich/Hill (C) d. Alper/B. Anderson	6-2, 6-4		
Schulz/Majumdar (M) d. Nefdt/Stone	6-4, 7-5		
Galindez/Ehringer (M) d. Kelley/Perrella	6-4, 6-2		





Meg Andersen, Miramonte

Miramonte is undefeated in league play and improves to 10-2 on the season. "Our Lady Matadors are a very accom-

plished and experienced team and they bring won-



Nicole Wedlake, Campolindo

derful skill and determination to each and every one of our matches. Their focus towards excellence has been impressive so far this season and our record of 10-2 thus far is proof of that. We still

Emily Lindsay, Acalanes

Photos Andy Scheck

have a lot of work to do to fulfill our team goals for the season and to continue the great tradition of Miramonte girls' tennis," said coach Michael McCollom. C. Graveson

Orinda Triathlon for Fun and Health

... continued from page A1







Arden Creson Orinda, age 11



Team Jack Matt Ryan in the transition

Photos Ohlen Alexander

"Towards the end, I got tired on my bike on the really steep hills. Next time, I would not play a football game before [the triathlon]." Jack Strong, 11, Moraga

"I had some trouble with my shoes, so that definitely slowed me down. I carbo-loaded: I ate pancakes and I ate 3-4 bananas an hour before to prevent cramps. I'd pace my swim next time, and train for the biking more. And I'd have a lot more water." Pierce Haley, 18, Orinda

"This year, I tried it just for fun, but next year, I'm going to train for it. I was weak in the biking part. And my legs hurt now." Kristen Hong, 13, Orinda

"Her legs hurt, but once she heard there were free cupcakes, she could run again."

Hong's friend, Marie-Claire Schillinger, 13, Orinda

"I ran the course with my dad and I went to bed at 7 o'clock to get ready. What was fun? Everything was fun!" Elouise Engs, 8, Orinda

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