Digging Deep

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Aloe-aloe vera is plant that needs to be in a container in everyone's kitchen. It's an excellent first air remedy for burns, bites, and scratches. I break off a leaf and pour the thick gel directly on the wound. Aloe vera relieves itching and pain almost instantly.

Schlumbergera-Christmas Cactus is a favorite of every family for the holidays. The tips of the plant begin to grow darker, then magically a flower bursts into bloom in shades of pink, red, or white. They need more care than other cactus and are worth the trouble.

Hylotelephium-Formerly called a Sedum, Autumn Joy is a favorite low maintenance mainstay in my garden containers. Deep rose enation are borne on burgundy stems with green-blue leaves. Sedum is best pruned back in spring, then it sprouts again bearing clusters of flush pink flowers from summer through fall. You can break off a stem to plant anywhere. It grows with little water.

Stenocereus thurberi-organ pipe cactus is covered in spines and can grow to twenty-five feet with numerous ribs, but in a container it will remain small, which is the only way I'd want this cactus around. It boasts a pretty white cactus flower and requires only a few drops of water a month to thrive

How to grow succulents

There are thousands of succulents and cacti that will adapt well in Lamorinda gardens. Choose the forms, colors, and flowering patterns that you prefer. Succulents are excellent in rock gardens as well as containers and cacti may used as privacy hedges. Peruse your local garden center, ask lots of questions, and get the information you need about growing patterns, especially height, width, and root depth. Succulents prefer bright light, thriving in cool nights with warm days. They aren't that fussy about soil as long as it drains well. Add sand or perlite to increase aeration and drainage. In the summer months, succulents are thirsty. In winter, they may only require water every couple of months. Overwatering is the main cause of the demise of succulents. Better dry than die!

Cacti are macho plants. Use caution with these menacing monsters. Those spiky thorns protect the plants from animals and humans. Always wear long sleeves, pants, and gloves when handling cacti. My sister created a cacti fence around her barn to keep out the predators. It works! Succulents make wonderful dormitory gifts for university students who want a bit of nature inside but have little time for nurturing.

Looking back, my brother made a great choice for his plot of land. As water prices rise, we may be wise to look to these prickly, pretty, and practical plants as a viable alternative to living green.



Who says cactus don't grow in pine groves? Pine nuts and tequila anyone? Photo Cynthia Brian

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