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Recycling for the Greater Good

By Cathy Tyson



John, Angie, Ann and Amy at work on the recycle project at Las Trampas. Photo C. Tyson

Lamorinda Alcohol **Policy Coalition Reaches Out**

By Sophie Braccini



Moraga Safeway supports the Coalition and displays upcoming

n a special recycling program generously sponsored by Rudney Associates, Las Trampas clients work on recycling shampoo, conditioner and lotion. "It was his idea," said Development Director Bonnie Peacock of Eric Rudney, "that instead of using them once and throwing it away, why don't we help recycle and have a project for the clients."

efficiently top off the little bottles,

idea of using a ketchup bottle to do Hotel and Spa. With French food by the job. Partially used bottles are donated by the Lafayette Park hotel and live music by Generations in Jazz, other local hotels, then filled up by the clients and finally donated to charities like Monument Crisis Center, Shelter Inc., Cassidy Program for Homeless Seniors and Nierika House.

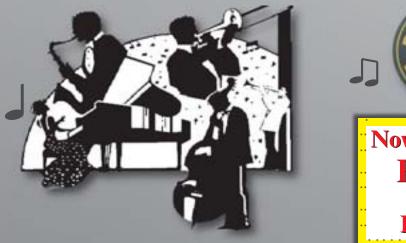
After wrestling with how to most fundraiser event, "What's in our Hat? - The French Connection" on Sunone of the clients came up with the day May 1 at the Lafayette Park at (925) 284-1462.

executive chef Chuck Courtney and along with a silent auction and bidding on a variety of get-aways, restaurants, sports tickets and more, it's sure to be a fun afternoon. Proceeds will benefit Las Trampas in its mission to support adults with devel-Las Trampas is also hosting a opmental disabilities to discover their capabilities and lead fuller lives. For more information, call Las Trampas

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meeting dates

C ince last October Jaime Rich way, or decide that they'd rather Hired by the Center for Human homes than outside. Development to start the Lamor-Miramonte mom and clinical exercise physiologist has been holding regular meetings with a team of local stakeholders to define the Coalition's first objectives. "We have decided to start with identifying how our teens get access to alcohol and propose actions to limit this access," she said. At an April 20th meeting, actions items were listed and a global policy began to take shape.

Rich said that she contacted the different stores in Lamorinda identification (ID) or stealing althird most common way for teens to acquire it – after their parents' home and through older friends and siblings. According to Rich, the Safeway stores resuspected of stealing alcohol from the premises. "The tactic seems to be to take a bottle to the bathroom and hide it in the backpacks," explained Rich, "but since the stores have a 'no chasing' policy some teens were not stopped." A proposal was made to have surveillance outside of the store. No store reported problems with fake IDs, may be because the bearers were never caught.

Orinda Chief of Police Jeffrey issue. According to his sources, rage, often covered up by parents who either prefer to look the other jaime@chd-prevention.org.

Photo Sophie Braccini

Not have their kids drink inside their have their kids drink inside their

In a March 26 address to parinda Alcohol Policy Coalition, the ents, Miramonte Principal Adam Clark wrote: "The Lamorinda Alcohol Policy Coalition found through their research that the number one place where teenagers obtain alcohol is from the home. Please speak to your students about attending parties where adults are allowing alcohol to be served to young people. These parties are continuing to occur where Miramonte students are present."

In the coming weeks, Rich plans to survey parents in order to that sell alcohol; using fake better understand the behaviors and to inform parents of the legal cohol from stores is, according implications of providing alcohol to the Coalition's research, the to minors. The Coalition participants agreed that the survey should be released to parents whose children attend middle school as well.

The meeting's guest speaker ported a sizeable number of in- was clinical psychologist Dr. Tim cidents where youth were Browne of Lafayette, who stated the average age at which children start drinking in Lamorinda is 13. He added that studies show that 40% of the children who started drinking before age 15 will become alcoholics at some point in their lives. "Things can be done," Browne added, "parents, schools and community can have a buffering influence. Parental involvement in the lives of teens is crucial and needs to be supported by good role modeling."

Coalition meetings are open Jennings reported meeting one- to the public and are held once a on-one with students on this month at Orinda City Hall in the Community Room from 10:00 students are getting alcohol with a.m.-11:30 a.m. For more inforfake IDs, and parties continue to mation, contact Jaime Rich at (925) 687-8844 x227 or

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