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## Frannie's Harvest Salad

By *Susie Iventosch*

(serves 6)

### INGREDIENTS

- 1 large head butter lettuce, torn into pieces
- 1/2 cup dried cranberries
- 1 pear, cut into bite-sized pieces
- 1 ripe, but firm avocado cut into bite-sized pieces (optional)
- 1/3 cup toasted pecans pieces
- 1/4 cup crumbled blue cheese
- 1 recipe Frannie's stoned-ground mustard vinaigrette (below)

### Vinaigrette

- 1/3 cup rice vinegar
- 1/2+ cup extra-virgin olive oil
- 1-2 teaspoons lemon juice
- 1-2 tablespoon stoned ground Dijon
- Salt and Pepper, to taste

### DIRECTIONS

Mix all and shake well! Toss over salad. (Adjust oil, vinegar and mustard to your own tastes - while some like a more tart dressing, others prefer more olive oil.)

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