

Olivia Williams finished the 6-and-under 25-yard butterfly in 23.47 seconds.

Lafayette Swim Conference's First Championship

By Rebecca Eckland

ast weekend, you saw the sights and sounds of any swim meet: the smell of chlorine, the flicker of a swimmer's body through the water, and excited cries as athletes neared record-breaking finishes. But this swim meet was unlike any other. Five Lafayette teams--Sun Valley Swim Team, addition to traditional scoring methods, LSC has added new cat-Springbrook, Rancho Colorados, Lafavette Moraga Youth As-

sociation (LMYA) and Oakwood Swim Team-- competed together in the first-annual Lafayette Swim Conference (LSC) Championship meet at the Steve Heaston Aquatic Center.

A new innovation of the LSC is its methods of scoring. In egories. Teams are now ranked according to improved or "pop"

times and points per swimmer. There is also a "spirit award" which was granted to Sun Valley Swim Team for the unrelenting enthusiasm of its athletes and coaches.

Springbrook took the LSC Team Ranking crown, earning 5,310.5 points. Rancho Colorados was the runner-up.

... continued on page C1

Quote of the Week:

"Running, as opposed to serving, is a gauntlet for those who choose public service in retirement."



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Read Harpham Decides One Term is Enough, page A5 (election updates for Lafayette and Orinda can be found on A2 and A7).



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Town Okays Sales Tax Measure for November Ballot

By Cathy Tyson

he Moraga Town Council enthusiastically agreed to put a one-cent sales tax measure, that would sunset in 20 years, on the November ballot to fund road and storm drain repair. It's no secret to residents that according to The Pothole Report, Moraga's roads rank in the lowest 15 percent of Bay Area roads.

Jill Keimach noted that the endeavor started four years ago with RECON-Revenue Enhancement Community Outreach to Neighborhoods-which was organized to address Moraga's crumbling streets. RECON looked at cost cutting measures and a variety of possible revenue-raising scenarios including an ad valorem tax, a bond measure, a Community Facilities District and a sales tax.

RECON's recommendation came after repair has gone up. surveys, extensive community outreach and focus groups showed support of the Town's effort to find a way to fix the roads. In a Town-sponsored survey by Godbe Research in May of 2012, a majority of those that responded supported a \$0.01 sales tax.

There's no extra money available to keep Calling it a "team effort" Town Manager up with the \$25 million cost of road maintenance when the entire budget to keep the Town running is \$6 million annually. To deal with its own state-wide budget issues, government officials in Sacramento have taken nearly \$5 million from the Town of Moraga since 1992. Due to recent declines in property values the Town has seen a slight dip in annual revenue, while the cost of providing public safety, parks and recreation and road

"In order to begin addressing the \$25 million backlog in street and road repair needs out of the general fund would require the entire elimination of all other services the Town provides - for over four years," said Keimach in her staff report for the July 25 Town Council meeting. "The Town of Moraga continues to live within its meansnever spending more than the current revenue would allow, but as a consequence the streets have fallen further into disrepair. Delaying maintenance and repairs to Moraga's local streets and roads only increase costs in the long run - without additional funds, our street and road condition will decline and the cost of repairs will triple in ten years." ... continued on page A4

Life in Lamorinda



Canyon Construction and Holy Shepherd team up for a new building. Cathy Dausman reports. Page B1



Sports

New Mats Coach

Conrad Bassett catches up with Drew McDonald. Page C2

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Our Homes

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Cathy Dausman dives into pool remodeling. Page D1

www.lamorindaweekly.com 925-377-0977 Wednesday, August 1, 2012





Lafayette

Civic News Public Meetings

City Council

Monday, August 13, 7:00 pm Lafayette Library & Learning Center, Community Hall, 3491 Mt. Diablo Blvd

Planning Commission

Monday, August 6, 7:00 pm Lafayette Library & Learning Center, Community Hall, 3491 Mt. Diablo Blvd

Design Review

Tuesday, August 13, 7:00 pm Lafayette Library & Learning Center in the Arts & Science Discovery Center at 3491 Mt. Diablo Blvd.

Check online for agendas, meeting notes and announcements

City of Lafayette:

www.ci.lafayette.ca.us Phone: (925) 284-1968 **Chamber of Commerce:** www.lafayettechamber.org



Week of July 15-21 Lafayette Police Incident Summary Report, week of July 15-21 included the following:

Burglaries:

3300 block of Victoria Avenue 3100 block of Somerset Place 100 block of Camellia Lane

Changes Ahead for City Council Anduri announces that he, like Federighi, will not seek re-election

By Cathy Tyson

ing, 10-year City Council Member Carl Anduri announced he won't be running for another term. He joins Mayor Carol Federighi in saying good-bye after years of volunteer service. Only incumbent Mike Anderson will seek re-election to the City Council in November. Accord- plained Anduri, adding that he logs

t the July 23 City Council meet- ing to City Clerk Joanne Robbins as about 200,000 air miles a year as of July 24, Mike Anderson, Traci Reilly and Mark Mitchell have pulled nomination papers for the election, but she cautions, "Pulling papers and turning them in are two different things."

"I have a great day job," ex-

President of Lex Mundi, an association of global independent law firms. He noted that the current five members of the Council have a combined total of 66 years of service. Anduri is looking forward to more personal time and thanked residents for their support over the years.

Those considering a run for office should have a few extra days to prepare their papers. The rules say that if one or more incumbents do not file nomination papers by the August 10 deadline, the deadline is extended until August 15. Potential candidates should contact Robbins at (925) 284-1968.

Conflict Continues as Downtown Plan Wraps Up

By Cathy Tyson

Downtown Specific Plan continued with last week's full house at the Community Hall. There doesn't seem to be much common ground between homeowner groups, especially the Lafayette Homeowners Council, and the City, mostly due to requirements to meet state mandated affordable housing numbers.

Themes that have been reiterated throughout the multi-year process once again were brought up to the City Council. Longtime opponent Eliot Hudson asked the Council, "What homeowners association has been before you that has supported the Downtown Specific Plan-none." Throughout the process, not a single homeowners group has come out in

Dassionate discussion over the concern about traffic congestion, air quality and school funding made it unanimous – audience members are clearly not in favor of the Downtown Specific Plan (DSP).

> At the prior City Council meeting considering the DSP in June, Council members asked staff to provide answers to specific questions related to a proposal prepared by the Lafayette Homeowners Council (LHC). Specifically, how will the LHC proposal impact the city's ability to meet the states regional housing needs allocation?

Niroop Srivatsa, Building and Planning Services Manager, answered those questions at length in her staff report prepared for the July 23 City Council meeting and verbally favor of the plan. This, coupled with for the benefit of the audience. The

lengthy answers are best examined via the staff report available online, through the City's website, www.lovelafayette.com.

In its June 25 letter the LHC argues, "Increased density with its projected impacts on our downtown remains a threat to our small city's viability." They recommend a 25-foot height limit for properties fronting Mt. Diablo Boulevard.

The staff report prepared by Srivatsa responds in part, "a lowering of the height limit allowed by right will significantly reduce the City's ability to meet the State's regional housing needs allocations. The reduction in the height limit will likely be viewed by the State as a constraint on the development of housing for all income levels."

The report points out that this concern was examined by the Planning Commission during its analysis, back in 2010 and 2011. The bottom line: the Planning Commission believed the height question should be dealt with through design guidelines and the City's discretionary review process, and that lowering the height limit to 25 feet would discourage private investment in the downtown. "Greater height does not equal greater density," emphasizes the report, "the DSP's maximum of three stories guarantees this."

The public hearing on the DSP will continue at the August 13 City Council meeting, 7 p.m. at the Lafayette Library and Learning Center Community Hall. A decision on the Plan is slated for September 10, 2012.

Vantastic New Vehicle for Lamorinda Seniors

By Cathy Tyson



were served in 2006, helping seniors independently age in place as long as possible.

Mary Bruns, Lamorinda Senior Transportation Coordinator, was able to get the van for a

3600 block of Mt. Diablo Blvd. (commercial burglary) 1400 block of Sunset Loop (auto burglary) 3200 block of Palomares Street

Petty thefts:

4000 block of Mt. Diablo Blvd, 100 block of Lafayette Circle

Suspicious Circumstances/ Vehicle/Subject:

1000 block Upper happy Valley Rd. 3200 block Hillview Lane 100block of Middle Road 100 block of Silverwood Drive 3600 block of Mt. Diablo Blvd. 900 block of Mountain View Dr. (vehicle)

El Nido Ranch Road/Hwy 24 (vehicle) 3300 block S. Lucille Lane 100 block of Chapel Drive Edwards Court at McGraw Lane (vehicle)

Black Hawk at Meadow Lark (vehicle) 3300 block Moraga Boulevard 3400 block School Street Hwy 24 at Mt Diablo Blvd 3800 block of happy Valley Road 1000 block of Oak Hill Road 600 block of Murray Lane (vehicle) 400 block of Tahos (vehicle) 100 block of Camino diablo (vehicle) 100 block of Camino Justin (vehicle) 100 block Lafayette Circle 3800 block Los Arabis Drive 500 block St. Mary's Road

Music/Party disturbances:

4000 block Mt Diablo Blvd Mt Diablo at Acalanes Road Valente Drive Diablo Creek at Hidden Valley Road Camino Colorados at St. Mary's Rd. Rohrer Drive at St. Mary's Road

Traffic Stops:

Over 141 traffic stops logged within the same week.

The trio of Spirit Vans ready to serve seniors in Lamorinda. Because the van on the far right is so new, identification above the windshield isn't ready yet. Photo provided

Tith two vans that have racked up a gram in Walnut Creek.

combined total of over 430,000 miles, it seemed like the best birthday gift ever when cost of the program, Lafayette pays the largest the newest Spirit Van arrived at the Senior Transportation Program in Lafayette. Tricked out with a built-in grocery rack to help elders handle packages, a smoother ride and better gas mileage, the first-ever brand new van is already popular, providing rides to seniors for medical appointments, errands and the senior lunch pro- roughly double the amount of patrons who or get more information call (925) 283-3534.

While Moraga and Orinda contribute to the share; inexpensive rides are available for any senior in Lamorinda, \$5 each way; or, for those going to the C.C. Café at the Senior Center in Walnut Creek, round trip rides are free and the lunch is only \$2. The program has been steadily gaining ridership and now boasts

fraction of the purchase price; and over 88 percent of the cost, or \$54,889, was paid by a federal grant. Bruns had been patiently waiting for the grant to come through since she applied for it back in May of 2009 - apparently the wheels of the federal government turn mighty slowly.

The newest ride couldn't have come at a better time. The original van is a 1999 model that was donated to the Senior Transportation Program by County Connection. The second van is slightly newer – a 2002 model also from County Connection. The oldest van will now serve as back-up, in case of break-downs or maintenance.

It takes a village to run the program. "We have two new volunteer drivers in training which will bring us up to 13 volunteer drivers,' said Bruns. "By September, 2012, we expect to have all the shifts covered and will be able to offer morning and afternoon service Monday through Friday."

She's always on the look-out for grants and donations to help with fuel and maintenance costs. In May, gas to keep the two vans busy ferrying seniors cost \$1,243. To schedule a ride



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Constructing a Local Legacy

By Cathy Tyson

dent of Branagh Development, and his wife Mona, owner of Pacific Bay Interiors, tragically died in a plane crash July 14 Lamorinda residents mourned their passing. Branagh construction projects throughout the area will remain as a testament to their vision of quality craftsmanship.

"Peter and Mona believed in quality craftsmanship and simple but elefamilies who lived in the homes they built with passionate attention to detail," said son Matt Branagh. "They loved to participate in the process of helping a family realize their dream. They designed their homes and other projects with the whole community in mind, working enthusiastically and Lamorinda. They left big shoes to fill but the Branagh Development legacy the people we serve. Timeless design. Better living. Enduring quality. Proven value with generations of in- involved in a luxury mixed use contegrity." The projects were at various

hen Peter Branagh, presi- some in the proposal stage. Completed projects in Lafayette include the 21 well-appointed homes surrounded by preserved mature oaks and laurel trees in the Hidden Oaks development off of Olympic Boulevard, the Branagh's own lovely home in Happy Valley, Springhill Manor homes and more. A number of residential projects have been completed in Moraga as well.

Under construction is an office gant design that enhanced the lives of building on Risa Road and Mt. Diablo in Lafayette, and a single family home on Happy Valley Road. The largest Branagh project is approved, but on hold - 55 spacious condominium units in the Woodbury located behind the Veterans Building on the west end of town, along with nearby EcoVive West - an almost carefully to balance development with 10,000 square foot office building preservation and the natural beauty of nearby and two single family homes on Prado Way. Branagh was also part of a group that purchased the historic will continue. We do what is best for 20-acre Moraga Adobe property in Orinda.

Beyond Lamorinda, Branagh was dominium project in Walnut Creek and had extensive interest in commerstages of development, some were cial and residential developments in built, others under construction and Pleasanton.

Check, Please for Hungry Hunter



Hungry Hunter Restaurant is of- Properties on the one and a half ficially demolished. The former acre site. Five three-story Craftshome of prime rib and cheesecake at the corner of Pleasant Hill a central common area for resi-Road and Mt. Diablo Boulevard dents. C. Tyson

irst went the parking area, will soon be the home of a 23-unit then the restaurant, now the townhome project by Signature man style buildings will surround

More Lafayette Civic News on Page A9



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Questions with home care?

DEAR VANESSA:



Vanessa Valerio, RN VP and COO for Patient Care



My uncle has been diagnosed with Parkinson's for over a year, he has a slow progression, beginning of stage two and is showing symptoms that include slight tremors, slow movement, mild memory loss and speech problems. He is beginning to become depressed. We are the only family he has and we live out of state. Recently he has been beginning to withdraw and become less social. He lives alone and does not have many friends around anymore. What can we do to help with his ability to continue to be social? Are there any programs that he can become involved with that will encourage activity and more interaction with others? What else can we do as a family to help with the issues that may arise with the progression of this disease? Are there any community resources available for patients with Parkinson's? I believe Parkinson's should not keep the affected away from society/social interactions, and therefore I am seeking guidance from you regarding this sensitive situation. Thank you for all of your help. EDEN

DEAR EDEN:

Parkinson's symptoms manifest differently in different patients. Many patients experience some symptoms and not others, and even the pace at which the disease worsens varies on an individual basis. We are most familiar with the motor symptoms as they are the most evident signs of the disease from the outside; these symptoms include tremors, slowness of movement, impaired balance, and rigidity (these can hamper coordinated and effortless use of the body). There is an increased awareness of the importance of other symptoms that are called "non-motor" symptoms which can have a major impact on people. These include cognitive impairment, ranging from mild memory difficulties to dementia, and mood disorders, such as depression and anxiety. Also common are sleep difficulties, loss or sense of smell, speech and swallowing problems, unexplained pains, drooling, and low blood pressure when standing. Your uncle's speech may have been perceived by others as hesitant, slow, quiet, garbled and repetitive. These speech problems may have contributed to problems with social interactions which could isolate him. Many people develop negative impressions about individuals with Parkinson's, based solely on how they communicate. These perceptions limit opportunities for social interaction and full participation in society for those with the disease, reducing their quality of life. Have you talked to him about speech therapy? This non-drug treatment has been viewed as an intervention that can greatly enhance speech and overall quality of life. Consult with your uncle's physician and others involved in his overall treatment plan

Exercise and physical therapy are the most frequently recommended non-drug treatments for Parkinson's. Exercise programs can help your uncle stay active and relatively limber, and improve his balance and motor coordination. Ask his doctor regarding muscle-strengthening exercises. Exercise may have positive effects on some of the non-motor symptoms by reducing sleep dysfunction and improving emotional well-being. Occupational therapy can help your uncle in a variety of tasks that impact daily living and quality of life, from physical movement to handwriting to adaptation of utensils and other household items. Psychological therapy and counseling can be helpful to treat depression and anxiety; these intrinsic symptoms should not be left untreated.

As much as possible, your uncle should get among other people, if only by taking walks in public places or going out to shop. This kind of interaction provides an important sense of connectedness. This helps to sustain self-esteem and to take your uncle's mind off the Parkinson's for a while. If your uncle enjoyed being around other people before his diagnosis, he will still enjoy this interaction even if it becomes more difficult. Given his situation, hiring an in-home caregiver is a good option at this point. A Parkinson's diagnosis is a life-changing event for everyone affected. A caregiver/companion can provide social interaction for him; he or she can be involved in providing assistance or treatment to improve your uncle's life and help with the tasks of daily life that may become difficult or impossible. A caregiver serves an invaluable role as the doctor's day-to-day eyes and ears as well.

Here's a website that will help you find a support group and relevant Web resources: http://www.michaeljfox.org/. The Parkinson's Institute in Sunnyvale is another relevant resource: http://www.thepi.org/. It is America's only independent non-profit organization that combines research and patient care for Parkinson's Disease under one roof. Avenidas' Parkinson's Support Group provides a supportive environment in which persons with Parkinson's can share some of the difficult and discouraging issues involved in living with Parkinson's (http://www.avenidas.org/services/health-wellness/support-groups).

Coping with Parkinson's is a challenge but it can be managed. Parkinson's can't be cured but its symptoms can be treated. There is hope! VANESSA

Got Questions & Answers about Home Care is written by Vanessa Valerio, RN, VP and COO for Patient Care at Home Care Orinda. If you would like more information about senior care and how home care can help, please email Vanessa Valerio at vanessav@careindeed.com, call her at (925) 317-3080 or visit their website at www.homecareorinda.com/.

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Town of Moraga: www.moraga.ca.us Phone: (925) 888-7022 **Chamber of Commerce:** www.moragachamber.org Moraga Citizens' Network: www.moragacitizensnetwork.org



Car burglary, 7/26/12 Apparently the Beatles tribute band at the Moraga Commons was not enough to keep bad guys at bay for a fellow who parked his car near the Commons for the weekly Thursday music fest. The car was parked near the skatepark on Moraga Road from 6 p.m. to 9 p.m. A smashed passenger side window greeted the car owner; unfortunately his laptop, iPad and iPad keyboard did not greet him, since they were stolen.

Extortion, 7/26/12 An unknown male caller contacted an employee of Saint Mary's College and told her that he had abducted her brother and sister-inlaw and was holding them hostage, and that he'd release them in exchange for \$2,000 sent via Western Union. Turns out both brother and sister-in-law were safe - one was at home and one at work. Police are investigating.

Parked with pot, 7/17/12 At the end of Donald Drive at Mulholland Ridge, police were on patrol just after 11 p.m. and found a car parked in this secluded locale. Three 18-year-old males were in the car, along with visible bottles of beer, and the lingering cologne of burnt marijuana. A bit of the evil weed was left in the center console. Driver and passengers were cited for possession of less than one ounce of marijuana and open container. Note: cops are well aware of all the "party" spots in town.

Planning Commission Approves Hetfield Subdivision

By Sophie Braccini

L for The Wyro Company to get the conceptual design of the subdivision of the Hetfield Estate past the Moraga Planning Commission. The seven-lot plan that the Commission approved in mid-July is quite different than the original— the overall footprint and lot sizes are smaller, the impact on existing slides has been diminished and the size of the homes should not exceed 4,000 square feet. Early opponents of the project, the non-profit Preserve Lamorinda Open Space and some of the neighbors along Sanders Drive, said at the meeting that they could work with the plan. One of the participants described this project as a good example of give and take, leading to a compromise.

Staff opened the discussion at the July 16 meeting with a new conceptual plan for the 58.20acre property located off Sanders Drive, along a creek. The property, which includes six large slides, offers a scenic landscape and is zoned MOSO, the Moraga Open Space Ordinance, which

t took only six and a half years oped lots and hill sides.

At an April meeting John Wyro, representing the owners, proposed six large lots that would have been able to accommodate large homes, under a Moraga rule that sizes a home in proportion to the land it occupies. Town staff offered up an alternative plan for eight smaller lots with smaller homes. The purpose of reducing the global footprint of the development was to avoid disturbing three slides that will need to be excavated and stabilized, a serious endeavor that will move tens of thousands of cubic yards of dirt. The new 7-lot plan proposed by staff should leave one of the undisturbed.

"We will not oppose staff's plan," said Suzanne Jones on behalf of Preserve Lamorinda Open Space, a group that had been against the development of the Hetfield property.

Some of the neighbors expressed deep concern over having homes built across from their back yards. Others moved closer to a compromise solution. Bob limits development on undevel- Hellerbeck indicated that he did a quick calculation using the

could support what he called a average size of the lots along that well thought-out, 7-home plan. street and answered, "About "It would be my hope that the 4,200 square feet." Kline reneighbors can work with Mr. sponded, "Then I don't see why Wyro to insure the least impact on the environment and a positive new homes below what the outcome for everybody," he said.

Wyro adopted a more conciliatory position as well. "I, too, appreciate the process," he said. "The comments that are made affect our thinking...In the spirit of moving this plan forward and making things happen, we are willing to accept staff's recommendation for 7 lots with a maximum house size, including garage, of 4,000 square feet."

The commissioners debated remaining 3 impacted slides the opportunity to further limit the size of the homes, since one of the major concerns of the neighbors was that the new homes would be out of character with the rest of the neighborhood in which homes average 2,100 square feet. "What is the maximum size allowed for the homes on Sanders Dr. if the owners wanted to remodel?" asked Commissioner Jim Kline. Planning Director Shawna Brekke-Read

we should limit the size of the neighborhood is authorized to build."

This reasoning persuaded his colleagues. The Commission also limited the number of adjacent two-story homes in the development, and required the planting of native evergreen trees to provide winter screening of the new structures.

The last concern was that the site might suffer the same fate as the Vista Encinos project. That property was approved for subdivision for the Wyro Company, resold to a new developer that carved home pads and has since left the site disfigured and unattended. Staff proposed to add a yearly review of the project and obligation to take care of the landscaping until homes are built.

Next steps for the project include approval of the general development plan and precise development plan.

It's Hard to Get a New Commercial Sign in Moraga

By Sophie Braccini

ccording to Nick Ghassem, the peal July 16. Town of Moraga has delayed cation for a new sign for the Valero corner of the intersection of Moraga Road and Rheem Boulevard. The Planning Commission approved the plans for the gas station renovation in February. The Design Review bearing his gas prices—one that is significantly smaller than that of any feet, compared to an average of 37.50 square feet for existing signs. Ghassem appealed to the Planning Commission, which denied the ap-

sign ordinance a few years ago. The gas station that sits at the southeast Planning Commission decided nonetheless to rely on the only existing text in Moraga that defines how businesses can advertise their services. "We are not a policy-making Board subsequently decided to body," said Planning Commission allow him to display only one sign Chair Stacia Levenfeld. "We are here to interpret the code." "This process has taken four other gas station in town: 30 square months, during which I could not do any business," said Ghassem, who planned to open the new gas station, complete with mini-mart and car wash, in late June.

Ghassem indicated that he was nity to advertise in a very competi-Moraga's previous Planning Di- ready to do everything else that the tive market," he said. "In the name for months the approval of his appli- rector tried fruitlessly to amend the Design Review Board demanded of of fairness I hope that you would him. "We will paint the canopy and building trim in a dark gray color rather than the standard Valero bright teal, to be in keeping with the explained that the existing stations semi-rural character of the town," he said. He also agreed to have his sign lit with an exterior light rather than an interior one for esthetics. But requiring him to build a new smaller sign was, in his view, a lot for the Board to ask. Resident Gordon Nathan spoke in favor of the applicant. "If everybody else has multiple signs, it seems to me that it would be only fair to give him the same opportu-

find it in your heart to cut him some slack."

Slow learner, 7/22/12 A pick-up truck was stopped on Woodminster Drive for a broken brake light. Astute officer notices the smell of alcoholic beverage on the driver. He 'fessed up that he had enjoyed two beers approximately four hours prior to getting behind the wheel. The fellow was on probation for a prior DUI. He took a breathalyzer test and scored .044 less than half of the threshold for impaired driving; he was cited and released.

Backpack with bong found at golf course, 7/18/12 Moraga Security personnel found three backpacks and a black plastic bag while looking for an errant golf ball. Surprise, surprise the backpacks contained a glass bong, lighters, sunscreen, bug spray, plastic containers and candy. The goods were booked into evidence as found property. If you happen to have lost your backpack bong on the golf course, feel free to contact police to get it back.

Stolen or just rollin'? 7/18/12 A gentleman parked his car at the Orchard Supply Hardware store, and stepped inside for approximately 10 minutes. When the driver came back to the car, it had been moved about fifty feet south of the original parking place, stopping against a tree. Thankfully, no noticeable damage to people, other drivers, the errant vehicle, or the tree. After the reporting person notified an OSH manager, he put the car into park from drive. Driver insisted his car was stolen and could not have been left in gear...

Assistant Planner Kelly Suronen have signs that predate the sign ordinance and will have to follow the rules when they update their signs, but "this is an opportunity to bring signs into compliance and make them more semi-rural in character as the General Plan calls for," she said.

The Commissioners agreed and denied the appeal of the DRB decision. Decisions of the Planning Commission can be appealed to the Town Council.

Town Okays Sales Tax Measure for November Ballot

... continued from page A1

She points out benefits of a \$0.01 sales tax - giving Moraga local control of local revenue raised to fund road and storm drain repair and maintain other town services; money raised cannot be taken away by the State. The additional sales tax doesn't apply to groceries, prescription drugs, professional services or rent, so it shouldn't be a burden for those on a fixed income. The statewide Integrated Waste Management sales tax is currently 8.25 percent; if passed, the new rate in Moraga will be 9.25 percent.

In addition, there are a number of stores in town that draw people from outside of the community, shoppers that drive on Moraga's roads - providing a way to share the cost. The ballot measure includes independent audits by a Citizen's Oversight Committee and the Audit and Finance Committee.

Neighborhood streets in this revenue," said Dale Walwark.

bedroom community would be the lucky recipients of repair. Moraga Way and Moraga Road are classified as arterials - so they can receive State or Federal funds for repair. For example when 3.2 miles of Moraga Way was resurfaced in 2008, it was mostly paid for by a Surface Transportation grant of over \$1 million along with a grant from the California Board – which incorporated bits of tires that would have gone to landfill in the rubberized asphalt.

Throughout the auditorium at Joaquin Moraga Middle School, audience members were entirely in favor of placing the measure on the ballot. "Our roads are falling apart now - we need to do something or we will end up like Orinda," said Richard Olsen. "Streets and storm drains desperately need an on-going source of

Bill Snider, a Moraga resident said Mayor Mike Metcalf. "I and owner of two local stores, supports the measure wholeheartedly, he spoke of the importance, not only of maintaining the Braccini, who was unable to atroads, but shopping Moraga first. tend this meeting of the Town

All the Town Council memus – we're not going to get help from the County or Sacramento,"

think we should go for it with everything we've got."

(Editor's note: Reporter Sophie Council, was lauded by council bers in attendance eagerly chimed members for her outstanding in with their support. "It's up to coverage of Moraga's infrastructure issues.)

Tentative language for the measure reads:

To keep local streets from falling into disrepair and maintain Town services, including: fixing potholes and cracks; maintaining neighborhood police patrols and response times; repairing neighborhood streets; maintaining recreation programs for youth and seniors; other general Town services, shall the Town of Moraga enact a one-cent sales tax for 20 years with authority to incur debt to accelerate infrastructure projects, with annual audits, citizens' oversight, no funds for Sacramento and all funds spent only for Moraga?



Planning Commission Approves Development of SMC Rec Center

Neighbors remain concerned about light, noise

By Sophie Braccini

during the coming school year. One of the projects planned for the sesquicentennial is the building of the new Joseph L. Alioto have not been shy about expressing concerns related to noise, parking, traffic, and the use of lights—especially with the recent completion of the new sports field. The Planning Commission approved the development permit July 2, and will require the College to remedy noise and lighting short." problems. Hearings on these issues will begin August 6.

project will require the excavation of approximately 24,830 cubic yards of soil from an existing borrow pit and the grading and filling of the project site to match the elevation of Filippi Academic Hall.

Saint Mary's College (SMC) will eliminate 37 parking spaces on the south side of the baseball field spectator facility to allow construction of the building and proposes to convert 18,600 square feet of existing landscaping along the north side of St. Mary's Parkspaces.

Public meetings have been

Debrate its 150th anniversary traffic impacts. He reported that during the construction of the baseball field, work sometimes started as early as 5:30 a.m. "For some time I have wondered why Recreation Center, and neighbors it was so hard for the College to come to terms with the impact its practices and policies are having on the surrounding neighborhoods," wrote O'Connor in an email to the Town Manager. "I think we can safely say ... that the College's sentiments about being good neighbors have fallen way

Phil Arth, who also lives on Joseph Drive, added that his com-The 60,000 square foot recre- plaints have been ignored in the ation center will be located in the past. He suspects that the plan northwest portion of the campus submitted now by SMC is only a and will include a swim center first step and that the ultimate goal and a baseball seating facility. will include even more lights and Along with the recently con- noise. "I can foresee Saint Mary's structed field, the athletic center coming back to the Town seeking and offices will create a recreation lighting for the baseball field if corridor and pedestrian plaza. The not for all the athletic fields," he wrote. "Why go to the expense of constructing a baseball field with an attendant 950-seat grand style structure and not provide lighting?"

The outpouring of concern was such that the Town started discussions with campus officials regarding noise and lighting impacts of the sports field outside the context of the current project. The Planning Commission decided to give SMC the opportunity to remedy the problem on its own, and way into 62 (net) new parking the College hired a lighting consultant who will produce a report before the August 6 meeting.

C aint Mary's College will cel- the potential for more noise and increase in traffic SMC must contribute a fair share towards the construction of a roundabout or alternative control at the intersection of St. Mary's Road and Rheem Boulevard. The College will also have to develop a Special Event traffic and parking plan.

> With regard to the construction's potential noise impacts, work is permitted only during the week between 8 a.m. and 6 p.m., and on Saturday until September 1. Multiple conditions of approval regarding environmental aspects are addressed in documents that can be found on the Town's website at moraga.ca.us.



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held to discuss the project and will only exacerbate existing focused on light, glare and noise could be cut back to 9 p.m. impacts generated by the evening operation of SMC's new field.

fields have caused significant inwill amplify the problems," wrote Joseph Drive resident Darrell King. "Due to our proximity to the sports fields, we are subject to the glare of the huge stadium lights and hear the full spectrum of noise coming from the field activities," which he said disturbs tions, or perhaps a new design." the sleep of his young children.

When the sports field was apneighbors have expressed con- proved a year ago, the conditions cerns that the new construction of approval allowed lighting until 10 p.m. unless neighbors filed sigproblems. In general, comments nificant complaints-the hours

"The residents of the Bluffs community are relieved that St. "The recently opened sports Mary's College (SMC) has recognized that the performance of the convenience to my family and the light fixtures on the intramural proposed student recreation center field has been undesirable," wrote Frank Comprelli after the College hired the consultant. "We concur with SMC that the original lighting design process may have been faulty and that adjustments need to be made, including equipment modifications, equipment addi-

Other areas of concern have J.D. O'Connor, who makes his been addressed by the conditions home on Fernwood Drive, ex- set for the approval of the develpressed additional concerns with opment. To mitigate a potential

Harpham Decides One **Term is Enough**

Mendonca confirms she will seek reelection

ouncil Member Howard calf, along with residents Seth the Moraga Town Council, noting run again. that "running, as opposed to serving, is a gauntlet for those who tion papers is August 10, but if choose public service in retirement."

Harpham's Council colleagues (925) 888-7022. Karen Mendonca and Mike Met-

Harpham wrote in a recent Freeman and Phil Arth, have email to reporter Sophie Braccini pulled nomination papers. Menthat he will not seek re-election to donca has declared her intent to

The deadline to file nominaone or more incumbents fail to file the deadline will be extended As of July 26, according to until August 15. Potential candi-Town Clerk Marty McInturf, dates should contact McInturf,

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Public Meetings

City Council

Tuesday, August 7, 7:00 pm Auditorium, Orinda Library, 26 Orinda Way

Planning Commission

Tuesday, August 28, at 7:00 pm Tuesday, August 14 cancelled Auditorium, Orinda Library, 26 Orinda Way

Finance Advisory Committee

Wednesday, August, 22 at 6:00 pm Sarge Littlehale Community Room, City Hall, 22 Orinda Way

Check online for agendas, meeting notes and announcements **City of Orinda:** www.cityoforinda.org Phone (925) 253-4200 **Chamber of Commerce:** www.orindachamber.org The Orinda Association: www.orindaassociation.org





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Orinda City Council Approves 10-Year Plan to Fix Roads and Drains

City hopes voters back sales tax increase

By Laurie Snyder

City Council paved the way for Orindans to make their voices heard again regarding the City's aging infrastructure by adopting a 10-year "Roads and Drainage Repairs Plan" and authorizing staff to place a halfcent sales tax hike measure on the November ballot.

If voters approve the initiative, Council members say Orinda's 92.5 miles of paved public roads would gradually be restored from their current overall Pavement Condition Index (PCI) ranking of 49 (poor) to a good rating of 70. (Entirely new roads are assigned PCIs of 100.)

City's policy has been to focus its limited pavement rehabilitation dollars about \$2.3 million per year out of a roughly \$10 million total City budget - on arterials, collectors and school routes because those streets have the most impact on residents. As a result, Orinda's 64.3 miles of non-private residential streets have dropped to an even lower PCI of 37 - poor or very poor condition.

The "City would need to spend an estimated \$52 million (in today's dollars) on pavement rehabilitation over a 10 year period," reads the staff report, in order "to bring the City's entire public road system (arterials, collectors, school routes and non-private residential roads)" up to the good PCI of 70.

Phase one would be supported by the proposed half-cent sales tax in-

t its July 17 meeting, the Orinda crease with funding for phases two and three covered by \$19.8 million bond or parcel taxes in 2016 and 2020. The final phase would cover ongoing maintenance.

> Although revenue generated by this tax increase "cannot be committed to a specific project or single purpose" since, by law, "a general sales tax must be placed in the General Fund and must be available for any and all municipal purposes," the staff report states that "this Council has expressed a desire that the money would be annually allocated for road and drainage infrastructure."

The new tax would be authorized According to staff reports, the for 10 years, would sunset in 2023, and "requires an annual audit of the sales tax, which must include the amount generated and all allocations made from the tax. Second, it requires the City Council to establish via res-

olution by April 1, 2013 a Citizens' Oversight Commission to review the expenditures or to assign these duties to an existing City Committee or Commission."

Currently, Orinda receives just one percent of its current 8.25 percent sales tax rate. In 2011, this amounted to roughly \$924,853. Staff estimates that, if voters agree to the tax hike, the additional revenue generated would rise from approximately \$540,000 in 2014 to \$702,000 in 2022.

As expected, Orinda Citizen Infrastructure Oversight Committee members spoke in support – as did residents who had previously voiced their opposition.

"I think we're moving in the right direction with the sales tax," said Council Member Dean Orr were Vince Maiorana who also urged the Council to ensure that the ballot's wording will articulate that the fund-

ing generated will be used on roads in the worst shape.

Richard Colman again cautioned against overtaxing citizens and stated his preference that the ballot measure require two-thirds backing by citizens rather than the 50 percent simple majority being sought, but ultimately also expressed support. "I believe that fixing Orinda's roads is a high priority."

Council Member Victoria Smith prompted chuckles as she noted that Council may have witnessed a first a meeting at which all residents presenting their thoughts did so in favor of the overarching infrastructure improvement strategy.

Vice Mayor Amy Worth and chosen to draft the language that will be used for the November ballot measure.

Multi-Phase Approach to Fund Orinda's Road and Drain Repairs

-			
7	Phase 1:	2012	Half-Cent Sales Tax Measure with 10-year sunset (appropriated annually by Orinda City Council from General Fund)
- r	Phase 2:	2016	\$19.8 Million Bond or Parcel Tax (enabling Orinda to draw down \$4.95 million annually for four years if passed by two-thirds of voters)
-	Phase 3:	2020	\$19.8 Million Bond or Parcel Tax (enabling Orinda to draw down \$4.95 million annually for four years if passed by two-thirds of voters; raising Orinda's PCI to 70 by 2024)
- 1	Phase 4:	2022	Extension of Half-Cent Sales Tax for ongoing maintenance (appropriated annually by Orinda City Council from General Fund)
7	Source: Ci	ty of Or	inda 10 Year Roads and Drainage Repairs Plan (Draft)

Maureen Wilbur







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Manzanita Bridge Replacement Project Moves Forward

By Laurie Snyder

planned replacement of a crumbling bridge near the East Bay Municipal Utility District (EBMUD) Orinda Water Treatment Plant, the Orinda City Council adopted the initiative's proposed Mitigated Negative Declaration, and voted 4-0 to authorize staff to open the construction bidding process for the project (Council Member Sue Severson was absent).

Council members and staff recalled the amount of time and effort involved in getting this project approved by various re-Director Chuck Swanson observed, "It's finally come to this.... I think we have everything ready to go."

Vice Mayor Amy Worth noted that the project is part of the larger effort to repair and upgrade all of California's bridges statewide.

Constructed over San Pablo Creek in 1937, Manzanita Bridge is now seismically unsafe with a deck located within a flood zone. When completed, the new structure will be 15 feet wider and 12 feet longer. According to the 170page staff report, its replacement laration stipulates that "all work in will "alleviate hydraulic, structural and alignment deficiencies, provide a five-foot higher elevation to avoid flooding and improve flood water flow, and provide a pedestrian sidewalk on one side of the bridge."

Collowing a public hearingBut, because this upgrade hasJuly 17 to consider the such potential to harm wildlife – including the California redlegged frog, Alameda whipsnake, western pond turtle, dusky-footed bats, and the yellow-legged frog - planning has crept along at a banana slug's pace. Nearly 50 general and specific "Avoidance and Minimization Efforts" for just these animals alone have been spelled out over five pages of the "Manzanita Drive Bridge Replacement Project Initial Study and Mitigated Negative Declaration," along with further measures to preserve trees and view authorities. Public Works jurisdictional waters. Additionally, rock slope protection and landscaping are planned to limit erosion.

> Work will initially involve construction of a one-lane bridge, asphalt concrete roadway, and grading and drainage - all temporary to provide a detour route in preparation for the removal of the existing bridge. In addition to creating a sturdier structure a chemical transfer line will be installed, for which the City will share the cost with the East Bay Municipal Utility District.

> The Mitigated Negative Decthe creek must be done in the 'dry months' with all construction in the creek between April 15 and October 15. The current estimated work duration for the entire project is 180 working days and will likely occur over a period of two years."

ticipates bringing a recommended mated \$3,022,653 cost, which is project bid back for Council's ap- expected to cover 1.25 acres of proval by mid-September.

woodrat, special status birds and State grant funding to cover scape areas.

Swanson indicated that he an- \$2,479,198 of the project's estitemporary and replacement City personnel have secured bridge sites, roadways, and land-



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Council Sees Red?



Photo Ohlen Alexander

Uuddy the Blood Drop and Mar- 80-plus locations will likely top Jesus Christ of Latter Day Saints drive in the Northern California urged attendees at the July 17 Blood Services Region's history. Orinda City Council meeting to The Interfaith Blood Drive was held support the second annual American after press time, July 31 at the Red Cross Interfaith Community Church of Jesus Christ of Latter-Blood Drive. July donations from Day Saints in Moraga. L.Snyder

Dilyn Wright of the Church of 2011 results – the single largest

Smith and Glazer Seek to Serve

tent to seek re-election to the Orinda City Council in the had pulled papers as of July 26. November General Election.

hile a few of the incumbents in Lafayette and event either of the incumbents fails to file nomination pa-V Moraga have decided not to run again, both pers, the deadline will be extended until August 15. Ac-Steve Glazer and Victoria Smith have expressed their in- cording to City Clerk Michele Olsen, only the incumbents

Page: A7

Potential candidates should contact Olsen at (925)253-

The deadline for nominations is August 10. In the 4221.

OAC ARTS IN BLOOM...IN THE PARK 2012



Art fans of all ages turned out in droves for the Orinda Arts Council's annual Arts in Bloom Festival at the Orinda Community Park July 17. Scoping out displays by area artisans while snacking on goodies from Loard's, attendees also were treated to a concert-in-the-park by 2012 Orinda Idol finalists on a perfect midsummer's eve. Photo Ohlen Alexander





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Page: A8 LAMORINDA WEEKLY

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Wednesday, August 1, 2012

etters to the Edli

Share your thoughts with our community! Opinions in Letters to the Editor are the express views of the writer and not necessarily those of the Lamorinda Weekly. All published letters will include the writer's name and city/town of residence -- we will only accept letters from those who live in, or own a business in, the communities comprising Lamorinda (please give us your phone number for verification purposes only). Letters should be 350 words or less; letters of up to 500 words will be accepted on a space-available basis. email: letters@lamorindaweekly.com; Regular mail: Lamorinda Weekly, P.O.Box 6133, Moraga, CA 94570

Best Use of Our Police?





LeapFrog Plumbing

This morning I was standing next to my car in the parking lot of Rancho Laguna Park around 9:20 in the morning and was talking to a young woman about her plans of an upcoming trip to Budapest. In the middle of our discussion a young policeman came up to us, rudely interrupting our conversation and asked me, "Sir, are you familiar with the Municipal Code?" I thought it was a trick question. Then I realized he was talking about off-leash hours. I answered him that dogs are allowed off leash before nine and after six. That's right, he said but you sir didn't put your dog on leash until 9:03AM. I didn't know how he would know that, but since I had my back to the parking lot around nine, I didn't see the police car driving in, he must have seen me putting the leash on my dog a few minutes late. I suggested that if we were all remiss just by a few minutes in observing our municipal codes, how great that would time, however he asked me for all my personal information. I felt sorry for the young officer, we all get from time to time dumb assignments and I thought this was one of those examples. To send out two squad cars to hassle Moraga citizens in Rancho Laguna Park because they are three minutes late putting their dog on leash is a waste of police time.

Laszlo G. Bonnyay Moraga

Editor:

• On Saturday, June 30th, I showed the Lafayette PD the It is time to stop funding this boondoggle. exact location of a fire pit in the creek.

• There were also benches, garbage cans, bottles, shovels Lafayette and tables in this location.

· On Monday, the park department cleaned up some of the mess but not the fire pit.

• On July 14, there was a large fire in another area of the park. Captain Caravantes of the fire department told me that they were lucky that the fire did not get away from them. He called for assistance and a 12,000 gallon tanker came to help put out the fire. If that tanker could not stop the fire, they would not be able to stop it. There would not be enough water. A large tree was burned down.

• After that fire, the park department pushed all the debris into the creek right on top of a tadpole habitat with live tadpoles.

So we have just increased the pollution in the creek.

Currently, there is uncontrolled serious crime (lighting fires) being committed in the park.

There were rusty paint cans floating in the creek along with old tennis balls, beer cans, cigarettes butts and more. So we have uncontrolled crime, plus pollution in the creek. be. He advised me that he will not give me a ticket this I have been told by members of the park department that they do not have the manpower or money to protect the creek from these crimes or to stop the pollution. For example, car tires have been in the creek for a long time and never picked up. The fire pit is still there.

> While all this is going on, there is an agenda to spend hundreds of thousands of dollars to build a BMX park which will increase the number of people that will be coming to this area.

> I believe, if we increase the number of people to an area that currently cannot be properly patrolled by the police and is already polluted, we will only increase the crimes committed in this park and increase the pollution.

John Briggs

Community Service

We are pleased to make space available whenever possible for some of Lamorinda's dedicated community service organizations to submit news and nformation about their activities. Submissions can be sent to storydesk@lamorindaweekly.com with the subject header In Service to the Community.

Orinda Academy Helps Clean Up Orinda Creeks

Submitted by Ron Graydon



stinging plants to help out their community by participating in a cleanup of San Pablo Creek. Guided by the organization Friends of Orinda Creeks, students and teachers donned work gloves to pull out invasive species, gather trash, and spread mulch. Orinda Academy students broke into groups that removed non-native and invasive plants like ivy and poison oak, while another group raked, turned, and spread mulch on bare or muddy areas. Still another group picked up and bagged the usual litter of water bottles and napkins as well as bike parts, a commercial blender and several brand new, left-foot tennis shoes. Students were rewarded for their hard work with a pizza picnic in Orinda Community Park.



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> rinda Academy put its philos- into action March 23 when students ophy of Community Service and faculty members braved mud and

Little Hearts with a lot of Love Kristi's Run for SHELTER Event Helps the Homeless Submitted by Caroline Conner



Kristi's Run for SHELTER participants, from left: Gabby Sandberg, Nick Pearson, Ella Dunderdale, Kristi Conner (the event's founder), Kendall Keely, Luke Pearson, and Cole Hink. Photo Caroline Conner

three-mile run organized by Kristi Conner, an incoming thirdgrader at Lafayette Elementary School who wanted to find a way to raise money for homeless families in the Bay Area, will begin at 9 a.m. August 19 at the Lafayette Reservoir. Helping Kristi in this endeavor are Ella Dunderdale, Cole Hink, Kendall Gabby Sandberg, a group of 8-, 9-

risti's Run for SHELTER, a Lafayette Elementary School. They are running as a team with the common goal of raising \$10,000 for SHELTER Inc. (www.shelterincofccc.org), a non-profit dedicated to helping the homeless in Contra Costa County, serving over 5,500 people last year alone with over half of them being children.

Kristi's Run for SHELTER first Keely, Nick and Luke Pearson, and began July 31, 2011 when then 7year-old Conner ran three-miles and 10-year-old friends also from around the Lafayette Reservoir and

raised \$3,000 for SHELTER Inc. After seeing the homeless in San Francisco, Conner was moved to try and make an impact on the homeless in her community. Conner came up with the run because she had seen her parents support friends doing similar fundraising efforts for worthy causes.

This summer Conner wanted to expand the Run by inviting her friends to join her. They jumped at the chance to help. Conner said, "If I can raise \$3,000 by myself, just think of how much more money we can raise for the homeless if my friends run, too. And it will be that much more fun to run with other kids!" The kids have been busy with training runs and are looking forward to the run and trying to reach their common fundraising goal. And their parents are excited about the feeling of accomplishment this will hopefully bring to their children. By learning generosity, empathy and compassion for others at such a young age, the parents hope their children will become more well-rounded, responsible, and caring teenagers and adults

For more information about the run, visit www.firstgiving.com/ fundraiser/kristisrunforshelter/2012.

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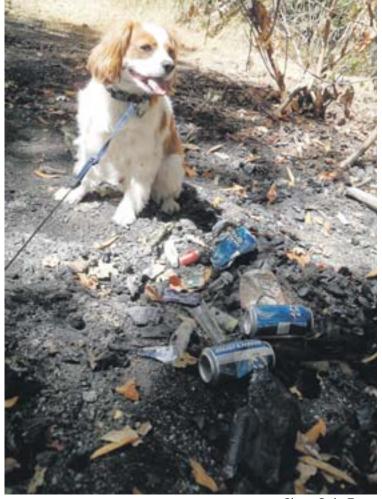
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LAMORINDA WEEKLY

Civic News Lafayette

Evidence Found at Site of Community Park Fire



t could have been much worse. and kids playing soccer, sur- natural section of the Burton Valrounded by vegetation and dry ley area park. At a recent City through the bits of ash last week. area. C. Tyson

Photo Cathy Tyson This was just one of at least Past playground equipment three small fires in the rugged grass, is a secluded glen tucked Council meeting Police Chief into the over 50-acre Lafayette Eric Christensen speculated that Community Park. All that's left local teens were responsible and, of a recent small fire are charred if apprehended, their parents remains including beer cans, a would be liable. Mayor Carol broken Smirnoff bottle, cigarette Federighi added that the City is butts, a condom package, tooth- taking the fires seriously and paste and candy wrappers spotted would continue to monitor the

Jazz Camp is 'Where It's At' for Budding Musicians

By Cathy Tyson







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WE'RE GIVING AWAY A

Sullivan Fortner (piano) and Tom Scott (sax)

Photo Nathan Haese

Lafayette Summer Music Jazz Workshop at Stanley Middle School really is bigger and better than ever. This year, a record number of attendees - 202 student musicians, 47 teachers who are professional musicians, along with 25 volunteers will come together for the week in intensive day-long programs that culminate in a free concert for the Friday afternoon and evening, August 3. Because of the large number of p.m. or later to accommodate the 24 - count 'em, combos that have practiced all week and will be performing Those coming straight from work can grab a casual dinner provided by Chef's Touch on site.

the Generations in Jazz Foundation, this year 50 of the 200 students will receive scholarships - some will go to talented student musicians in Oakland and some to students from New Jersey, and beyond. A very talented New Jersey school happened to perform Generation Jazz Festival in Monterey, camp at Stanford on Sunday.

Tow in its 14th year, the so Stanley Music Director Bob Athayde extended the invitation, and asked their teacher to select musicians that might be interested. Through a network of "amazing volunteers" they have transportation and a place to stay, said Julie Athayde. Also some college students from USC and San Jose State will be on a "work/study" scholarship.

She extends special appreciation community, parents and friends this to Cayford Burrell who does a fantastic job as Director of Operations, Jazz Curriculum Director Frank camp attendees, the final concert Sumares, "Idea Man" Mo Levich, starts at 3:30 p.m. and runs until 8:30 Lafayette Rotary and countless donors and volunteers who make the program possible.

It's a whirlwind week: auditions in the school's multi-purpose room. started on Sunday, July 29 for combo placements, camp started at 9 a.m. the next day. Music campers age 12 and older were welcome and With very generous support from throughout this week will have full days of instruction, snacks and lunch provided by Chef's Touch Catering. Friday is the big finale concert, and on Saturday volunteers are back to clean up and return borrowed music stands and equipment to various schools. Then both Julie and Bob after the Stanley students at the Next Athayde are off to another music

5A VACATION GET-A-WAY EACH WEEK!



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93 Moraga Way, Orinda

Wednesday, August 1, 2012

Lynn's Top Five:

Time for a Mid-year Financial Planning Tune Up!

By Lynn Ballou, CERTIFIED FINANCIAL PLANNER™

Too hot to go outside? Have that nagging feeling that there's something you should be doing that you've forgotten? As we are lulled into that peaceful part of the summer, it's easy to see why at tax time we shake our heads and wonder "what was I thinking?!" about a few things that happened during the prior year. Now's the time to take stock of where you are and have some "ah ha!" moments so that you can avoid that tax season lament next year. This is a great time to dust off our financial goals and see if everything's okay and on track. Here are a few things you might want to check up on and ask yourself:

1) Am I on target with my income tax withholding? Whether you have taxes taken out of a paycheck or you pay quarterly taxes, be sure you are withholding the right amount. Owing too much to the government at tax time can derail your budget and be costly in penalties and interest as well. Check in with your tax pro, or use your own talents with your favorite tax software, and see if you need to adjust withholdings or estimated taxes. If you are overpaying, think about reducing your future quarterly taxes so that you don't give the government an interest free loan

2) Am I saving enough? Sometimes when the unexpected happens we tend to drift away from our savings goals. Whether money for investments is being taken out at work through retirement plan contributions such as 401(k)s or you are proactively investing with your after tax earnings, remind yourself of what you need to put away each year and break it down monthly. If you are behind in your goals this year, don't be discouraged, you still have a good chunk of the year left and instead think about the best ways to get caught up. For example, if you are turning 50 at any time this year, you'll qualify for higher contributions to IRAs, 401(k)s and other retirement plans. If you need to save on your own, you can set up automatic investment contributions to make it as painless as possible. Maybe you need to say no to some "wants" (or buy them less expensively) to free up some cash flow to get focused on your future. Don't let time drift by without action ---you'll regret it later on and it will be

intimidating renewal package in the mail from your casualty insurance company. If you are like me, the excitement of reading through and trying to understand it all wanes with time! And how many of us really understand all the line items on these policies anyway? And don't we often wonder if there are coverages we should have but don't? The cure is simple: have a chat with your insurance agent. If they don't reach out to you, then pick up the phone and call them. Ask for an explanation of each line item and talk about your situation and how your life, assets and circumstances have changed. Ask your agent what else they need to know to do a thorough job for you. Sometimes we are very private and reluctant to give our agent the full picture. But it's hard for them to do a great job for us if we don't share the details of our financial situation. If you feel that your agent is brushing you off, shop a lot in the process.

4) I will open my investment statements! Volatility in the markets is here to stay in my opinion. The swooning we experienced this year after a great first quarter has been disheartening to many. But that's not a reason to stick your head in the sand and not look at how things are doing! Not only do you want to be realistic about the torid yourself of those nagging feelprogress of your net worth, but you ings that maybe something needs also can use this as a great time to your attention. Then put it away, think about your portfolio design and go out there and get back to and specific investment choices. Do they reflect your true risk tolerance and are they allocated in a fashion that you feel appropriate? If not, make educated changes, and if you need help, reach out to a CER-TIFIED FINANCIAL PLANNER TM professional or other trusted advisor to help you launch an in-depth review. Yes, it's an election year. Yes, we have a lot of uncertainty about tax laws, the Euro and a million other things. But tell me what period of history is exempt from worry --- yup, none. So open your statements, take a breath, take a peek, and move forward ---you will feel better by knowing what's going

is always an inopportune moment. Solution: plan ahead now! What should be on your radar of future unwelcome guest expenses? Once you know, you can plan. Start saving up for those costs and get the money into savings by setting aside money monthly in a "future expenses" account. If it's something big --- like a kitchen remodel --- and more than you can afford to save up for in advance, perhaps this is time to take advantage of very low interest rates and put a HELOC or other line of credit in place for future use. And while you are doing that, think about your current debts. Any that can or should be paid off because the rates are too high? Any loans that you can or should refinance to a better rate? Think it through, though, because a new 30 year loan at a lower rate when you only have, for example, 17 years to go on your current mortgage, may not save you money in the long run. So, run the around for a better fit. You'll learn numbers, and check it out --- but do check it out!

> So, between summer reading, movies in the air conditioned theater, camping trips and the like, take advantage of those few quiet "in-between activities" moments to treat yourself to a mid-year financial check-up. Even if nothing needs adjusting, you'll be glad you did your homework and you'll be able

too late to get caught up. 3) When was the last time I chatted with my insurance agent? You are busy --- and you get a big

5) Take stock of what you own and what may need replacing or updating in the next few years. It amazes me how as humans we are always so surprised and offended when a major auto tune-up is needed, the roof needs to be replaced or something like the washing machine decides to die at what

on.

your summer fun!



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925-377-0977

New Church Building Will Also Support the Community

By Cathy Dausman



Shovels in hand, from left: Associate Minister Joshua Serano, Orinda Mayor Steve Glazer, and groundbreaking Master of Ceremonies Jack Pease. Chris Avant looks over the shoulders of Serano and Glazer. Photo Andy Scheck

taries and guests gath-Holy Shepherd Lutheran Church for a groundbreaking ceremony for a new Community Support Building – the church's first new structure since the 1960s that will double as a post-disaster emergency center for Lamorinda. The inspiration for that use came after church members volunteered to aid Hurricane Katrina victims and found it difficult to access bathing facilities.

will accommodate temporary showers and have a generator.

program," said Moraga Orinda square foot addition will hold of-Fire District Chief Randy fices for clergy and church board, Bradley. Bradley applauded a library, a chapel, and conference church members "who had the room, coffee kitchen, meeting foresight to think about this kind hall and storage space. of building." He hopes this will nerships for the area. expand "not only physical space, 18-inches long.

hurch members, digni- but faith, tolerance and love."

ered July 23 at Orinda's hoisted golden shovels and posed for the camera a backhoe took its first bite into the soil. A slab will up within the next few weeks.

The building will be LEED certified with evaporative water cooling system, indirect lighting, low-E glass, and ADA compliant bathrooms and will exceed statemandated seismic requirements.

The structure will be built of ICF (Insulating Concrete Form) The Holy Shepherd building concrete with an R-50 insulation value (the highest resistance to heat flow), and will feature 60-"It's absolutely a wonderful foot steel trusses. The 7,200

Canyon Construction of Mor-Soon after honored guests aga is the general contractor. "There is nothing sweeter than to build in the community in which we live," said Chris Avant, be poured and the walls will go Canyon Construction owner and president.

> "This building's a long time coming," said Gilbertson. Eight years in the planning, the building should stand complete by mid-November.

> Although the best is yet to come, church property manager Gerry Perry saw one immediate bonus: "We don't have to weed this [property] anymore!"



Its construction should alleviencourage more emergency re- ate the now daily reconfiguring of sponder/faith based group part- existing church spaces, said Tom Gilbertson, project manager for "I join you in the excitement the church. Chapel pews are movand pride in reaching this mile- able. A three pane etched glass stone," said Orinda Mayor Steve window depicting The Good Glazer, who spoke about the Shepherd will be placed behind power of community to achieve the altar. One exterior wall will great things and the capacity to feature a cubit-sized metal rod,



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Lamorinda Theatres Make Strides toward Digitalization

By Sophie Braccini



Wells Fargo gives \$10,000 to CAIFF, from left: Joan Edelson, Charlotte Holden, Derek Zemrak, Sherry Shahrooz, Edy Schwartz, Judi Kanter, Julie Novak, Vincent Townsend, Jay Ingram, and Steve Hitchcock Photo Sophie Braccini

ast December, Lamorinda The-⊿atres –the New Rheem and Orinda Theatres-embarked on a to digital projection. They had a deadline of April 2012 to start the process. The owners of both theaters, the California Independent Film Festival Association (CAIFFA) explained that major studios will stop distributing the traditional 35mm films by the end of this year; if CAIFFA wants to continue to offer block-busters movies, it has to purchase the equip-

ment at \$70,000 a machine, one for each of the seven screens.

Thanks to GLL Real Estate Partquest for funding in order to convert ners, owners of Theatre Square and the walls of the theater, Orinda will have its three screens equipped in the fall. In Moraga, fundraising efforts have produced enough for one digital projector and CAIFFA President Derek Zemrak is confident that the continuing campaign will allow the Association to purchase a second one in time to benefit from some financial Judy Kanter who sits on the San Franreturn from the movie studios.

"We are very grateful that GLL understood that they were making the right investment for their property by purchasing the digital equipment," said Zemrak. "The effort they have ings, activities and games - will be nade in the Square to attract the right the next big fundraising event for the businesses is in the same line with digital equipment. "The line-up inhaving a cinema here that will continue to offer the newest releases. It Moraga dads who rock out to familiar makes good strategic sense." CAIFFA needs to have 50 percent of lyrics," said Stephanie Kusinski of each theater equipped in order to get Creative Acorns, "and the live band the virtual print fees back from the movie producers. conducted by Charlotte Holden, Judi eclectic sounds from Dream Posse, Kanter, Edy Schwartz and Shari Kiki Stack & Friends, and local rock-Simon has allowed CAIFFA to purchase its first digital projector that will be installed mid-August in the middle friendly activities, crafts and famous theater on the second floor. "It is an food-trucks. operational decision to install it there, because we usually move the movies visit MoragaFunFest.com. For more upstairs," said Zemrak. "The next objective is to raise enough to equip the main theater."

On July 12, Steve Hitchcock, Territory Manager for Wells Fargo, gave a \$10,000 check to CAIFFA to contribute to the Digital fund. "We are here to help out the arts and the community," he said. "Most of our donations are focused on non-profits that help the underserved population, but a small portion goes toward the arts, and Derek has done a lot for the arts in Lamorinda."

The donation was secured by cisco's Symphony Board with Wells Fargo executives.

The August 25 Moraga Funfest a family-friendly, all-day event featuring live performances, special screencludes Juice Box Heroes, the local tunes with parodied kid-friendly phenomenon will continue into the evening with an acoustic performance In Moraga, the fund raising effort by Jay Whitlatch of Aspect, edgy and ers." The large empty lot next to the theater will house carnival games, kid

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See More of the 2012 Winners & Finalists This Fall!

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For details about the FunFest, information about the theaters and to become a member, visit lamorindatheatres.com.

CAIFFA Names New Program Director

The California Independent Film Festival Association (CAIFFA) named Joanne Foy as the new Program Director for the 15th Annual Festival. Foy is currently a board member for the Association and has been a key contributor to the success of all the annual festivals during the past 10 years. "Joanne has expressed her desire to get deeper into the daily operations leading up to the festival and has the Association's full support in her new and expanded duties" said Derek Zemrak, president and founder of CAIFFA.

"My passion for film festivals goes back to the start of Sundance when they screened films in the library. I look forward to taking CAIFF to the next level and making CAIFF known as the film festival to see the 'Best of Best' independent films from around the world. I have begun a strategic alliance with the Palm Springs ShortFest, the Cannes Film Festival and the Seattle International Film Festival," said Foy.

"I have worked with Joanne for the past two years since the festival came to the Rheem Theatre. Joanne has worked every job related to CAIFF, which brings an invaluable asset to our team," said Edy Schwartz, Community Liaison to the Rheem Theatre. "Along with her experience, she has her passion for Independent Film and her knowledge of the importance of community involvement for the success of the festival."

For more information pertaining to the next festival, scheduled November 8-11, visit the California Independent Film Festival website at www.caiff.org.

Hearing Loss is Prevalent, and No Laughing Matter

By Laurie Snyder



Lafayette resident Marilyn Finn understands the challenges of hearing loss. Photo provided

66 a cell phone commercial, but there's out of every 1,000 are hard of hearnothing funny when an audiologist ing or deaf. Roughly 36 million asks that question in real life, espe- adult Americans report "some decially when the answer is "no." Hearing loss is a genuine problem in of those "either in the work force or our community and across the na- in educational settings." tion, and it is not just a result of aging.

An You Hear Me Now?" is 65 or older have hearing problems, amusing when parodied in approximately two to three children gree of hearing loss" with 60 percent

So prevalent, it is now the third most common physical condition According to the Hearing Loss after arthritis and heart disease, and Association of America (HLAA), can be caused by exposure to noise, while one out of three people aged infection or earwax buildup, struc-

tural changes that occur due to aging been able to hear." Following addior injury, and even as a side effect of a medication.

Finn's hearing impairment was first diagnosed 60 years ago, at age 14. "My youngest brother already had a significant loss due to a high fever as an infant. Bob and I were given lip reading lessons in high school. Later, I lost a significant amount of hearing with the birth of each child."

Finn developed what is often referred to as "nerve deafness" - a profound sensorineural hearing loss in both ears. Following total knee replacement surgery in February, she says, "I noticed very loud tinnitus noises almost immediately, louder than I have experienced before, waking me up in the night. During the day, I was constantly missing things that I should have

tional testing, she learned that she had lost an additional 30 percent of Lafayette resident Marilyn her residual hearing with the surgery. "I was told that many older people do experience a loss in hearing with surgery and that it comes back in many cases within six months to a year. I am not there yet."

Certain drugs can also permanently or temporarily damage hearing. According to various sources, there are currently more than 200 over-the-counter and prescription increased the chances of hearing medications available which may be ototoxic, including certain antibiotics and the beta blocker Propanalol. The first sign of a problem may be tinnitus – a ringing in **ing Loss?** the ears.

since 1986, researchers from not clear. Brigham and Women's Hospital,

Harvard and Vanderbilt universities, and the Massachusetts Eye and Ear Infirmary, also pointed to the regular use of the nonsteroidal anti-inflammatory drug (NSAID) ibuprofen, as well as acetaminophen and aspirin. Reported in "Pain Medications Tied to Hearing Loss in Men" - a March 2010 "Arthritis Today" article, researchers observed that, for men 50 and younger, regular acetaminophen use "nearly doubled the likelihood of hearing loss. Regular aspirin use loss by 50 percent, and regular NSAID use made hearing loss 61 percent more likely."

How Do I Know if I Have a Hear-

"If you have a hearing loss, In speaking to a study underway sounds may seem loud enough, but

... continued on page B5

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LAMORINDA WEEKLY

Wednesday, August 1, 2012



Flowers, Fauna and **Firearms**

Submitted by Josephine (Jo) Mele

've heard travel broadens the mind and that there's always something to be learned. Several years ago we went to Bolivia to visit friends. What did I learn on that trip? My husband can sleep through anything; and getting home alive can be the best part of any vacation.

After staying two relaxing weeks visiting our friends in Cochabamba, Bolivia, my husband and I caught an international flight to Miami, which required a connection in Santa Cruz. Our friends stressed that there was only one Miami flight daily and that we shouldn't stay in Santa Cruz any longer than necessary as it was the cocaine and crime capital of Bolivia.

From the air, Santa Cruz looked normal enough. We collected our luggage, and headed for customs. We were the only ones there: no other passengers, no customs agent, just the two of us. I went to the airline counter and asked where the customs agent was. The woman shrugged her shoulders. "When will he return?" I asked hopefully. I got a big smile: "Manana.'

Even my husband knew that meant no Miami flight for us today. We watched the plane being loaded and the doors closing. We called our friends who helped make reservations for us at a small hotel hidden covered with purple Bougainvillea. dinner fell asleep to the scent of flowers coming through the louvered window.

footsteps stomping down the concrete stairs outside our room; the clock glowed 2 a.m. I could see

I got out of bed, waited for more sounds and peered through the peep hole in the door. I saw nothing! I knew I would have an indentation around my eye I was pressing so hard. When my feet felt like ice on the tile floor I went back to bed and to my still-snoring husband.

I ran through the possibilities: college kids having a good time, drunks trying to find their room, a police raid on known drug lords, robbers looking for the stranded American tourists. I vowed to stay alert until sunrise.

I was jolted awake by what sounded like, Pop, pop, pop! I shook my snoring husband and whispered that I thought I heard gunshots. He sat up, looked around, and said, "I don't hear anything." Then he rolled over and told me to go back to sleep because we had an early flight. Yeah, right! How could I sleep? How could anyone sleep?

I thought about calling the desk and asking if anyone had heard shots or been killed lately but didn't know the Spanish word for gunshots. I decided to take a shower, get dressed, repack my suitcase, and wait for daymuch Spanish. No customs agent light. A shower seemed the most sensible thing to do at least if they shot me I would be clean and dressed.

Ħ

A few hours later, I was surprised to find no blood, no chalk outline, and no dead body in the hallway. Bebehind a high whitewashed wall lieve me I looked everywhere. I decided not to ask anyone at the desk It looked safe enough. We spent the if there had been a problem and careday reading and napping, and after fully eyed everyone's footwear. The clerk asked if we had a good rest; I almost wept. I wanted to leave immediately. My husband opted for I woke to the sounds of heavy breakfast since we had the time and the hotel food was great. Men really are from Mars!

When we finally deplaned in through the slightly opened window Miami and passed through U.S. Cusand noticed several pair of boots toms, I was happy to see those seristopped on the lit stairwell. It ous-looking, uniformed agents. "How was your trip?" one agent asked.

The Watch

925-377-0977

By Derek Zemrak



oes a great cast guarantee a funny movie?

Everyone could use a strong comedy and enjoy a few laughs at the movie theatre after the tragic shooting on July 20 in Aurora, Colorado. Our hearts go out to the victims, their families and the community.

From the outside, The Watch has all the elements to become this century's Ghostbusters with funny guys Ben Stiller (Meet the Fockers), Vince Vaughn (Dodgeball) and Jonah Hill (Superbad) forming a neighborhood watch team after a bizarre killing at their local Costco. Yes, they do end up battling a gooey alien.

The Watch is the perfect example, how-

Photos: Melinda Sue Gordon - TM & © 2012 Twentieth Century Fox Film Corporation. ever, of excess not being the guarantee of a funnv movie.

> Yes, you might laugh at the Costco jokes but what could have been a humorous PG13 comedy like Ghostbusters, The Watch pushed the envelope with sexual and potty-oriented jokes to earn an R rating. What else can be expected from co-writer Seth Rogen (Superbad, Pineapple Express)?

> Does adding more sugar to the cake make is taste better? Unfortunately, The Watch had potential but falls short.

> Derek Zemrak is a Film Critic, Film Producer and Founder of the California Independent Film Festival. You can follow Derek on Twitter @zemrak for the latest Hollywood news.



A neighborhood skater kid (Johnny Pemberton, center) easily gets the better of his hapless interrogators, Evan (Ben Stiller) and Franklin (Jonah Hill).

seemed their owners were listening to something.

They began to whisper. Trying to translate when you're half-asleep and hyperventilating is very difficult, God's sake be quiet!" Then more Bolivia? running, then quiet. My heart was my husband.

"I'm happy to be home," I said with a smile - and my brain silently added – alive. No wonder the Pope but I managed to hear a deep voice kisses the ground on his return to say, "Quickly, follow me and for Rome. Wonder if he's ever been to

Jo Mele is a Moraga resident. beating so loudly I was sure every- The opinions expressed are those of one in the hotel could hear it, except the writer and not necessarily those of the Lamorinda Weekly.

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TEEN SCENE

Consider This: Prestige and Education

By Steven Zhou

have in common?

Prestige.

Admittance at many four-year campuses ordains an unexplainable, automatic aura of respect and power. When asked what school one is attending next year, "the chosen" are proud to pronounce their prestigious university, while basking in the laudatory responses and imminent comments of "Wow! You must be super smart!"

On the opposite end of the spectrum are those who are not applauded upon proclaiming admission to a twoyear community college such as local Diablo Valley College. A friend who will be attending DVC endured "oh, I see" to "good job... I guess" to "at least you are staying in school."

Judging intelligence by the college attended is so deeply ingrained in our culture that, verbalized or not, it affects our perception of accomplishment.

"Community college is looked down upon because stereotypically, the students have lower GPAs or are considered to have been too lazy to apply to any 'real colleges," said Miramonte senior Desiree C. "However, community college is actually a more logical ful. choice for several reasons."

Such benefits include the lower price tag. "The general education is cheaper at only \$48 per unit," continues Desiree, "plus the flexibility to work part time while attending classes is a huge plus." Other DVC-bound seniors point to other selling points as motives for choosing a community college: the lower levels of stress-inducing pressure, the proximity to home, and the ease of transferring to a four-year university when ready.

Yet a general comment heard from numerous Lamorinda interviewees was that stuck between the choice of going to a four-year college that doesn't fit their goals or to a community college, they would accept anything

That do these institutions of higher learning to avoid the stigma that comes with being a "community" college student."

> "Looking down on community colleges is just plain dumb," said a Lafayette resident. Senior Kristin C. believes "teens should not go to their safety school. If they really want to study at a specific school, they should work to get in by attending a community college first. Being offered admission by only one university or wanting to move out of the house are not reasons to choose a safety school."

> Jonathan D. also defends the community college system. "On a job application, community college attendance is not as impressive as a four-year university degree, even though community colleges do a great job of teaching. People need to be evaluated on their talents and capabilities, not the school they attended." Although prestigious universities claim many exceptional and famous alumni, four-year institutions are not prerequisites to guaranteed achievement.

> Seventy-six percent of Lamorinda seniors will attend four-year universities. As we congratulate all our graduates, let's remember that it's not the college that determines success; it's our determination to be success-

> Is the pedigreed diploma the definition of accomplishment?

Consider this: Steve Jobs!

The administrator and host for Express Yourself! Teen Radio, Steven Zhou graduated in June from Miramonte and will be attending Pepperdine University on a scholarship this fall.

Teen Scene is YOUR voice. If you have something to say or have writing skills and want to be part of our Teen Scene team, email our Teen Coach, Cynthia Brian, Cynthia@CynthiaBrian.com.

The opinions expressed in Teen Scene are those of the writer and not necessarily those of the Lamorinda Weekly.

925-377-0977

Lafayette Students' Artwork among Caldecott Tunnel's Winning Designs

By Cathy Dausman



Springhill student Chaya Tong holds her winning Caldecott Tunnel Fourth Bore Medallion design Photo Cathy Dausman

Springhill Elementary School, and from their respective counties. Daniell McCann, age 16, of Acalanes High School - will have all but 70 entries; judges then their artwork permanently dis- chose the top six. The Art Deco played over the entrance to the theme was chosen by an online new Caldecott Tunnel as winners public survey earlier this year. in the Caldecott Fourth Bore Proj- Contra Costa Transportation Auect Medallion Design competition. thority Chair, and Lafayette City

open to students in Alameda and winning entries also reflected sim-Contra Costa counties, announced ilar 'subthemes' of Mount Diablo, six winners July 23. Tong and nature and the sun. McCann joined Pleasant Hill Midners were 8-year-old Nuala Gorshow and 11-year-old Aoife Learning Center decorate her fam-School, and Ellina Bartholomew mentary School.

medallions, three on each side of bright sun, and plants. She plans than 300 elementary, middle, and through 'my tunnel'" when her high school students from medallion is installed. throughout Alameda and Contra Costa counties submitted their de- Information Officer Ivy Morrison

wo Lafayette students - sign proposals. Three judges from Chaya Tong, age 8, of each county evaluated entries

An online survey eliminated The competition, which was Council member, Don Tatzin said

Tong, who recently completed dle School's Penelope Watson as third grade in Mrs. Vann's class, is winners in Contra Costa County. already an old pro at art competi-The three Alameda County win- tions. Three winning bookmark designs for Lafayette Library and Gorshow of Thornhill Elementary ily's wall. "I like to draw," she said. Tong and her mother Moona Couts, age 10, of Frank Otis Ele- Nandi researched Art Deco before submitting her simple black and Six hexagonal three-foot white design of rolling green hills, the tunnel, will be installed. More to "make all my friends drive

Caldecott Fourth Bore Public

Local Students Awarded Scholarships

he Northern California Schol- demic year, and Moraga senior,

Transportation Authority.

The Caldecott Fourth Bore con-

said an awards ceremony is sched- Federal Highway Administration, the Alameda County Transportation uled for the fall at Contra Costa California Department of Transporta- Commission. The new tunnel is tion, the Metropolitan Transportation scheduled to open late 2013. To view Commission, the Contra Costa the struction is a partnership between the Transportation Authority, and the www.caldecott-tunnel.org/medallion.

winning designs, visit





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awarded Courtney Laurel Tran of Siemens Merit Scholarship in June. Miramonte High School with a A Campolindo High School student, \$32,000 scholarship. Tran will re- Ye was one of 150 students in 25 ceive \$8,000 per year for four years. states who won the scholarship, Additionally, Moraga native Amy which provides each student with Louise Holm, an honor student at \$4,000 for tuition over the course of Western Washington University, their college years, given in installwas awarded a total of \$3,000 in ments of \$1,000 per academic year. scholarships for the upcoming aca-

arship Foundation recently Annie Ye, was named winner of the

Hearing Loss is Prevalent, and No Laughing Matter

... continued from page B3

Donna S. Wayner, Ph.D., in "An Overview of Hearing Loss - Its Signs, Causes, Implications and Solutions." Wayner goes on to say that you "may hear some people's voices better than others" or "find that facbetter." Another sign is having difficulty making out snippets of conversation in the midst of background noise.

If you think you or a loved one may have a hearing problem, talk to your physician about arranging for an appointment with an otolaryngologist (ear, nose and throat doctor) or an audiologist. You may be required to sign a waiver if you choose to go to an audiologist first before seeing your doctor, due to current FDA (U.S. Food and Drug Administration) regulations.

Your doctor may be able to determine whether or not you have a problem and its likely cause; however, if your physician does not find

People may seem to be mumbling a cause and fails to refer you for furor talking too quickly," writes ther testing, make the appointment yourself. Research your options and have an audiogram done as part of a full evaluation by a qualified hearing professional.

HLAA issues this sound piece of advice: "If anyone, doctor or ing the speaker helps you to hear someone else, tells you that nothing can be done about your hearing loss and you should just learn to live with it, seek another opinion."

The following resources offer more information about hearing loss:

American Speech-Language-Hearing Association: www.asha.org/

Hearing Loss Association of America: www.hearingloss.org/



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A Young Woman's Endeavor: Creating a New Dental Office

By Sophie Braccini



From left: Charmen Brummer and Dr. Julia Hoang

I herself as she finished dental of a brave young heart. school: buy someone's practice within four years. But life sometimes ing their retirement plans and I could takes a different path. After working for a few years in someone else's practice in Orinda, she could not find anyone ready to retire – the usual way to become independent. So Hoang chose a slightly harder path: starting a new practice from scratch in nearby Moraga, with cutting edge equip-

ulia Hoang set an objective for ment, and the energy and enthusiasm

"It seems that dentists are delaynot find someone in Lamorinda ready to pass the baton," says Hoang. Deciding to create a new practice became the only alternative. "It's something you can't do alone. In order to succeed you need to have the right team," says the dentist.

One of the first people who

Photo Sophie Braccini

helped her is Charmen Brummer, a dentistry equipment specialist who's navigated the route to creating a new practice with other dentists all over the Bay Area. "We have been working together for a year and a half," says Brummer, "even before Julia had a space."

"I didn't know where to even start. Charmen put together my broker, my attorney and even helped work with Wells Fargo Bank," adds Hoang. "I couldn't have done it by myself; you need a support system."

Hoang chose to lease 1,600 square feet in the business condo building across from the Rheem Valley Shopping Center, at 533 Moraga Road. Her space on the second floor opens onto a balcony, the rooms are large and full of light, and when in the chair, all you see are trees on the Moraga hills and the sky.

"What is nice when you open a new practice is that you start fresh and you can choose cutting edge equipment. You don't have to rely on old technology," says Hoang. "My purpose is to give the most information possible to my clients, educate them and make the best decisions together."

Hoang believes that attitudes and thoughts about dentistry have changed a lot over the last 20 years. "Nowadays we know that what's best for the tooth is your natural material, so we cut much less," she says. "The patients have also changed. They are more aware of their health and want Hoang, a normal water vacuum to be involved in the decision making, so I have installed equipment that will help to visualize and educate." When the patient is in the chair, he/she can see their own X-ray on a large screen to their left, and Hoang explains how to read it.

"I also have a small intra-oral camera the size of a pen that can take pictures and films inside the mouth," she adds. "It has a dual purpose: it gives easy to read information to the patient, and it also shines fluorescent light on a tooth to reveal the structure and possible decay."

Other state-of-the-art equipment

includes a Panorex X-Ray machine that can capture whole mouth images with no film put in the mouth, in one sitting. "It has a very low radiation level, it gives the dentist complete information, and is very convenient for children, special need patients and of course everyone else," says Hoang.

While she installs the new office and trains her assistants, Hoang continues to work part-time in Petaluma. "The banks work with doctors with dental-specific loans, but they like to see a doctor who maintains a current practice," says Hoang. "It is a lot of work, but it is worth it."

Hoang is checking every aspect of her new space, from the latex-free environment to the paperless office and the Mojave Dry Vacuum. "Julia (Hoang) has invested a little more money in this device that is used to create jets and suction for the patient's mouth," says Brummer. According to wastes thousands of gallons of water just to create the vacuum. The device she chose uses only a fraction of that.

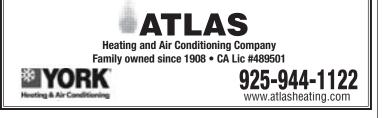
"Dr. Julia is a fabulous, trustworthy, meticulous dentist," says Orinda resident Ksenija Olmer adding that she will drive to Moraga to continue seeing her. Hoang says she takes all types of insurance and that she's maintained her network of referrals with specialists in the area. She started taking new appointments at the end of July. She can be reached at (925) 247-5343.

nda Weekly business articles are intende to inform the community about local business activities, not to endorse a particular company, product or service

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business briefs

Carol Tomlinson Named Moraga Employee of the Month for July



Carol Tomlinson (center) is pictured with McCaulou's store managers Tracy Per Lee (left) and Carol Evans, Rotary **President Frank** May and Moraga Chamber of **Commerce Vice** President Kevin Reneau.

Photo Cynthia Lammi

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visit our website www.bayareadrainage.com Carol Tomlinson, a popular sales associate at McCaulou's, has been named the Moraga Employee of the Month for July. Tomlinson is the fifth recipient of the monthly employee award, sponsored by the Rotary Club of Moraga and the Chamber of Commerce. Other winners have included Al Pyne of Moraga Royale, Mike Hamiche of Safeway, Ana Trinidad of Total Clean and Inge Olson of CVS Drug Store. Tomlinson oversees the women's and lingerie department and maintains inventory and markdowns as well as serving her many customers. She has served the store's clients since 2004 and consistently has attracted praise and loyalty from her customers. "Carol gives a lot of tender, loving care to our customers, whether a sale is involved or not, and they recognize that she makes them her top priority," said McCaulou's store manager Carol Evans. "She is such a friendly, personable individual and is always upbeat. A lot of customers stop in to say 'hi' to her, even if they are not shopping." In winning the award, the Rotary and Chamber will award Tomlinson a \$50 gift card to Safeway as well as a \$50 gift certificate to Ristorante Amoroma in Moraga. Tomlinson will be presented with her award and gift cards at the Moraga Rotary luncheon on Tuesday, August 21.

Fashion-Forward for Fall 1048 Brown Avenue, Lafayette

Lafayette Glamorous Boutique and Mary Kay are presenting a fashion show to benefit Shepherd's Gate, a Women's Services Organization Saturday, August 25. The show will present the newest styles for the upcoming season, including casual, resort and formal wear. Contra Costa County's most innovative buyers and stylists have created beautiful looks that are runway inspired, yet practically suited for real living. Raffle donations and proceeds from the event will go directly to help women in the community. For more information, call Susan Lenser at (925) 691-4333.

News from the three Chambers of Commerce

Lafayette

Social Media Workshop on Internet Security. Wednesday, August 15 at 8 a.m. at the Library and Learning Center, guest speaker Evan Corstophine will present "Internet Security and Password Protection." Register at LafayetteChamber.org.

Free Summer Concert Series on the Plaza: Friday, August 3, from 3 to 9 p.m. Jazz Camp Concert presented by Stanley Middle School; Friday, August 10 from 6 to 8 p.m. The Floorshakers; Friday, August 17 from 6 to 8 p.m. Mixed Nuts; and Friday, August 24 from 6 to 8 p.m. Night Fever.

Save the date for the Annual Art & Wine Festival: Saturday and Sunday, September 15 and 16. Sponsorships available: Contact the Chamber for more information.

Moraga

Chamber BBQ at the Moraga Commons from 6 to 9 p.m. August 28.

Orinda

Chamber Ribbon Cutting Event for Care Indeed Thursday, August 9 at 4 p.m., 61 Moraga Way #9, Orinda. For information, call Dee Bustos or Amrita Sanyal at (925) 317-3080.

> If you have a business brief to share, please contact Sophie Braccini at sophie@lamorindaweekly.com

C 925-377-0977

St. Giles' New Priest Explores Modern Issues and Looks to the Future

By Cathy Dausman



Reverend Justin Cannon

he Reverend Justin Cannon is organization that "seeks a revitalizaeasy to spot in a crowd. The 6'6" bearded redhead with glasses and the Roman collar is the newest leader of St. Giles Episcopal Church, a "church without walls" which meets in the chapel of Saint Mary's College in Moraga, as it has since 1982. Cannon says he would like to "encourage people to explore modern issues," while remaining a respectful guest of the college. Religious inclusivity is important to him.

faithful to Christ," he says, quoting feel they have to choose between their Matthew 11:28: "Come to me, all you faith and who they know themselves that are weary and are carrying heavy burdens, and I will give you rest." Cannon is the author of *The Bible*, Christianity & Homosexuality, and editor of Homosexuality in the Orthodox Church and Sanctified. He or straight." founded Holy Hikes, a Bay Area ecoministry supported by St. Giles parish, and Inclusive Orthodoxy, an

tion of faith grounded in the message of the gospel of Jesus Christ - a message of love, a proclamation of hope for the oppressed, an invitation towards all regardless of race, ethnicity, sex, gender, gender identity, or sexual orientation," according to its website.

Asked whether the homosexual community feels ostracized by mainline churches, Cannon replied: "I cannot speak for the LGBT community, so I'm not sure. One of the hurdles "For me it has to do with being LGBT people face is that so many to be. Since we cannot change who we are at our core, so many LGBT people give up on faith, which is quite sad. My call is before all to seek and serve Christ and my neighbor . . . gay

> He says a local congregation like St. Giles can help by offering "a community where anyone can come - re

gardless of race, ethnicity, sexual orientation, age, or disability."

Technically "Father Justin," as he prefers to be called, is a part-time "Priest-in-Charge," beginning his first post-ordination call to serve a community through the Contra Costa Deanery of the Episcopal Church. Cannon is a 2009 graduate of Berkeley's Church Divinity School of the Pacific. His assignment to St. Giles began June 16, and will last three years, at which time the parishioners have the option to extend his stay. "St. Giles has asked for my presence, and Saint Mary's has welcomed me," Cannon says. Although he has no official school role, St. Giles' rents an office space on campus and Cannon has been invited to make himself available to students when they return, in collaboration with campus ministry. He will be introduced at the school's fall Eucharist service.

Reverend Salvatore Ragusa, Chaplain for Saint Mary's calls Cannon "young, energetic, and passionate about the gospel of Jesus Christ." He says the college has been "blessed with wonderful and pastoral priests from St. Giles and Father Justin will build on those relationships."

Ragusa and Cannon have already spoken about finding ways to bring their faith communities together for prayer and service. Ragusa even hopes to "have time to plan our homilies together." The largely Lamorinda-based St. Giles congregation numbers 30 to 40 members on any given Sunday. Cannon says it already "feels like a family."

"While our core tenants unite us as Christians," Cannon says "the saddest thing is that we isolate our-

inclusivity, reaching out to potential congregants by updating the St. Giles website and adding Twitter and Facebook accounts to attract 20- and 30-

selves." Cannon is already practicing something aged congregants, whom he calls "the church's future."

> For information, you can visit the St. Giles' website at www.stgilesmoraga.org



Local Authors Lafayette Author Pens Exciting & **Informative Summer Read**

By Cristina Kim



animal trafficking. Traveling around the world, from the Bay Area to Uganda, Julie learns, and subsequently informs readers, about psychology, primates, the international illicit animal trade, and even the Lord's Resistance light. Army's Joseph Kony.

the novel's heroine admits, "I also conservation novel that aptly posihave a passion for precision... I drill tions a local, Bay Area heroine within students about this, insisting that they a web of international intrigue and must use real evidence." Riebel, a Lafayette resident, takes after her protagonist or vice versa. The local author, who has advanced degrees in human psychology and has traveled extensively around the world helping to rescue wildlife and habitats, clearly draws from her own life and experiences in the novel. It thus comes to no surprise that due to her own professional training or perhaps as a nod to her heroine's exacting personality, Riebel culminates the novel with a note that directs readers to journal articles on deception studies and inforsmuggling is also an intimate portrait mation on how to help save endangered species.

tion what truly differentiates animals, particularly primates, from humans and therein frames ongoing debates on animal testing and habitat conservation in a new, thought provoking,

At its heart, The Lie-Catcher in As a professor and professional the Primate House is undeniably a mystery to show the need for wild animal conservation. For those already interested in such issues this Lindsay Crane novel will undeniably resonate and for those readers who have not really thought about conservation, the novel provides an entertaining introduction into some of the dangers facing exotic animals today. As August and summer weather finally arrive in Lamorinda, The Lie-Catcher in the Primate House is the perfect summer read. The loveable sleuth, exciting plot, and informative prose will keep your fingers turning the pages until the very end. The novel is currently available at Amazon.com and Barnesandnoble.com as both a paperback and in electronic form.



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LIKE A GOOD NEIGHBOR

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661 didn't set out to hobnob with hairy apes. Well, maybe some of my past boyfriends might qualify. I just set out to help a colleague. Given what I do for a living, that happens a lot, but it's usually more tame and civilized." So begins Linda Riebel's novel The Lie-Catcher in the Primate House, written under the nom de plume Lindsay Crane. Full of intrigue and excitement, Reibel's thriller about endangered animal of her heroine and narrator, Julie Heidebrecht. An effervescently energetic voice, Dr. Julie Heidebrecht is a UC House is a thoroughly researched and Berkeley professor of psychology who is a specialist on human decep-

tion and a veritable "lie-catcher."

Capable of reading people's body language, physical ticks and voice patterns, Julie, as insists she everyone call her, becomes part of a government task that force aims to stop poachers and smugglers from bringing animals into the

United States. Al-

though she is at first hesitant to become involved, Julie becomes a passionate readers to think about wild animal animal and human rights advocate as she learns more and more about wild

The Lie-Catcher in the Primate plausible, if fantastical, novel that provides readers with real information regarding the state of the world's

> endangered animals. Al-

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birds, or fledges, are placed inside

a bird cage draped with window

screen mesh to prevent their frag-

ile wings from being damaged

when they brush the cage bars.

Older, stronger birds are trans-

ferred to a standard 4 x 4 x 8 out-

ing ever faster and more furi-

After a week in the cage, fly-

door aviary.

Tiny Pursuit: Fostering Hummingbirds

By Cathy Dausman

webbing, which allows the nest to "grow" with its occupants. Imagine baby birds the size of kidney beans. Now imagine keeping those tiny, fragile beings alive by feeding them every 20 minutes, dawn to dusk, from a syringe with a needle smaller than angel hair pasta.

That is the challenge one Lamorinda area volunteer has faced the past 24 years while raising Anna's hummingbirds from home. The hummingbird foster mom, who asked not to be named, says it is a "very big privilege" raising these spry little hyperactive birds, even with all the work it entails. It is something "anyone can do as long as they learn how to do it," she says. Fostering baby birds has opened up a new knowledge and awareness for her. But she warns that while adult hummingbirds may

Lhockey puck. It is made from tainly fascinating to watch, and feathers, lichen, fibers and spider the babies may look cute and numbered and dated upon receipt, sweet, they are not pets.

against the law without a Depart-

ents do the work. Each bird is and each has a different personal-Keeping native wildlife is ity. The tiniest babies nest on a heating pad. Feeding them somement of Fish and Game permit. times involves crushing fruit flies Lindsay Wildlife Museum keeps and doling out specialized food



Hummingbird in outdoor aviary

Moraga Ranch Swim-A-Thon a Huge **Success**



Wednesday, Aug. 1, 7:00 PM Rheem Theatre This is a special fundraising event to help the Rheem Theatre meet the film industry's digital cinema requirement.



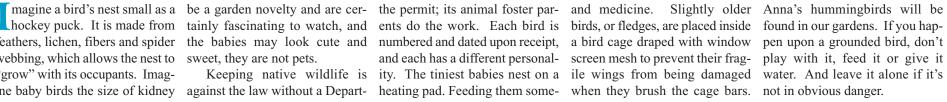
Swim-A-Thon coordinators and coaches, from left: Darlene Bennett, Swim-A-Thon Coordinator, Adam Streeter, MRSC Senior Assistant Coach, Dave Brown, MRSC Head Coach, John Schonder, Richmond Sailfish Head Coach, Gabriela Campo, Swim-A-Thon Coordinator Photos provided

ore than 145 swimmers ages 5 to 15 participated in this year's Moraga Ranch Swim Club Swim-A-Thon July 20, raising more than \$13,000 to benefit the Richmond Sailfish – a non-profit USA swim team that works out at the Richmond Plunge. Moraga Ranch Swim Club Senior Assistant Coach Adam Streeter suggested helping the fering a way for kids to learn how to fellow swim team members in Richmond, who were in need of swim way to get involved and help them." equipment including starting blocks, bumpers, pace clocks and kickboards. The Swim-A-Thon also raised money to support swimmers by offering grants to help offset swim team registration fees and other costs.

"In Moraga, kids have goggles, swim suits, and can afford the cost of swim team," said Swim-A-Thon Coordinator Darlene Bennett. "Adam thought this was a good cause because it's good all around for the kids' self-esteem, personal health, and can even help support the Learnto-Swim program [in Richmond], ofswim. He thought it was a fantastic



For us Lamorindans, that means involved/.



To learn how to become a Lindsay Wildlife Museum volunteer, attend the next free orientation August 11 from 3 to 4:30 p.m. at 1931 First Avenue, Walnut Creek or ously, they are finally released. visit wildlifemuseum.org/get-



Thursday, Aug. 16, 7:00 PM Orinda Theatre



Check www.lamorindatheatres.com for all movie listings

Participants, including several swimmers from the Richmond Sailfish team, swam laps and collected pledges. Several swimmers also manned lemonade stands at Safeway and Loard's Ice Cream to raise additional money. - J. Wake

New Delhi Worth a Visit



Roos Pal (Terzetto Cuisine) reports that she and husband PJ, who makes a very nice naan (flatbread), were up for 48 hours preparing for the grand opening of New Delhi Bistro. The tables filled quickly at lunch time on opening day. Photo Andy Scheck

) oos Pal opened New Delhi ures lie just beyond. Bistro to a crowd last week. cately spiced Samosas or creamy Chicken Tikka Masala while wandering through the Moraga Farmers' Market, you've tasted Pal's food and you'll find many of the menu items familiar.

New Delhi Bistro is light and welcoming. Don't be fooled by the lunch meat that fills the first half of the display case-although you can certainly get a decent sandwich if that's what you're looking for, the real treas-

The menu features traditional If you've ever noshed on deli- Indian dishes such as Chana Daal (lentils), Aloo Gobi (potatoes and cauliflower), and Chicken Korma (cooked in yoghurt sauce). There are only about a dozen items available right now, but Pal plans to expand her offerings over the next few weeks to include tandoori plates, vegetable pakoras, and a selection of desserts.

> Don't miss the home-style Baigan Bhurta (often spelled baingan bharta), a delightful, robust dish made with smoky,

roasted eggplant. Lamb Kofta Saag, dense lamb meatballs in a bright, flavorful spinach sauce is also quite tasty; you can get a similar dish with chicken-it's the spinach that will have you wiping your plate with a piece of fragrant naan.

Heat-seekers may not be satisfied - much of the food lacks the fire that some lovers of Indian cuisine look for; spice is applied with a deft but light hand. There's an upside to that: my kids polished off the Chicken Tikka Masala in short order and clamored for more.

The question asked at my house when we try a new restaurant's food or a new recipe is always, "Do we want to eat this again?" Since we are looking forward to sampling the full menu at New Delhi Bistro, the answer is definitely "yes!" L.Borrowman

New Delhi Bistro

484 Center Street (in the Rheem Valley Shopping Center) Moraga (925) 376-3839 (The website, www.Newdelhibistro.com, is still under construction)

Crazy for Cookies!

By Susie Iventosch

he way I see it, you can with Chernin to form Moon never have too many cookie recipes in your goodie arsenal!

This recipe was created by Debby Dyar, partner of Moon Dance Baking Company, when cookies to cookie brittle (oh my, then, she loved to cook for swim very thin shortbread-buttery and team and other kid activities, but crispy and amazing!), and even now enjoys cooking for a much red and black licorice! larger audience such as the many customers of Diablo Foods, man of Lafayette's Open Space Whole Foods and Lunardi's, Committee and was on the new where her cookies are locally fea- library fundraising committee, tured.

adapted to suit American tastes.

"This gave me the idea to try to American tastes," Dyar said.

in a baking business, Splendido noted. Biscotti, which she started and operated from 1993 to 2003.

Phil Chernin, worked for La Tempesta, the first American company sweet and semi-sweet chips.) to put chocolate on biscotti.

ians," Chernin pointed out.

dido and in 2005 she teamed up dozen cookies.

Dance Baking Company. Together, they market a host of different cookies from biscotti and butter, sugar and chocolate chip her children were young. Back is this ever good ... kind of like a

Chernin, who is also Chairsays Dyar is brilliant at develop-While she was in Florence, ing new cookie flavors, and I Italy nearly 20 years ago, she vis- have to agree as Chocolateited The American Bakery, a shop dipped Butter Mint, Hazelnut where Italian cookies were Chocolate Chip and Meyer Lemon come to mind.

To Dyar, the key is loading up making my own biscotti adapted on the chocolate chips. "We pride ourselves on the amount of This passion of hers resulted chocolate chips we use," she

Which is why you'll find that this recipe calls for more than Meanwhile, her current busi- twice the amount of chocolate ness partner and Lafayette resident, chips a normal recipe uses. (I used combination of milk, bitter-

This is a double-double recipe "This was sacrilege to Ital- and will make approximately 90 or so normal-sized cookies. I cut Ultimately, Dyar sold Splen- it in half and made almost 4

Susie Iventosch is the author of Tax Bites and Tasty Morsels, which can be found at Across the Way in Moraga, www.amazon.com, and www.taxbites.net. Susie can be reached at suziventosch@gmail.com. These recipe is available on our



If you would like to share your favorite recipe with Susie please contact her by email or call our office at 925-377-0977.



Moon Dance Baking Co. Chocolate Chip Cookies

Photo Susie Iventosch

INGREDIENTS

- 2 cups granulated sugar
- 2 cups brown sugar
- 1 pound melted butter
- 1 Tbsp + 1 tsp vanilla
- 4 eggs (room temp.)
- 4 1/2 cups all purpose flour
- 2 tsp baking soda
- 1/2 tsp salt
- 4 1/2 oz. packs of semi sweet chocolate chips + 1 cup of chips.

DIRECTIONS

Cream butter and sugars. Add vanilla and eggs. Sift together dry ingredients and add to butter mixture. Add chocolate chips and mix thoroughly. Place by level ice cream scoops full on greased cookie sheet. Bake 12-14 minutes at 325 degrees. Alternately, for a "taller cookie" you can form three balls (each approximately a half of heaping tablespoon size) of dough in your hands and stack on top of each other. Press the dough down about halfway. Bake at 325 for 14-16 minutes.

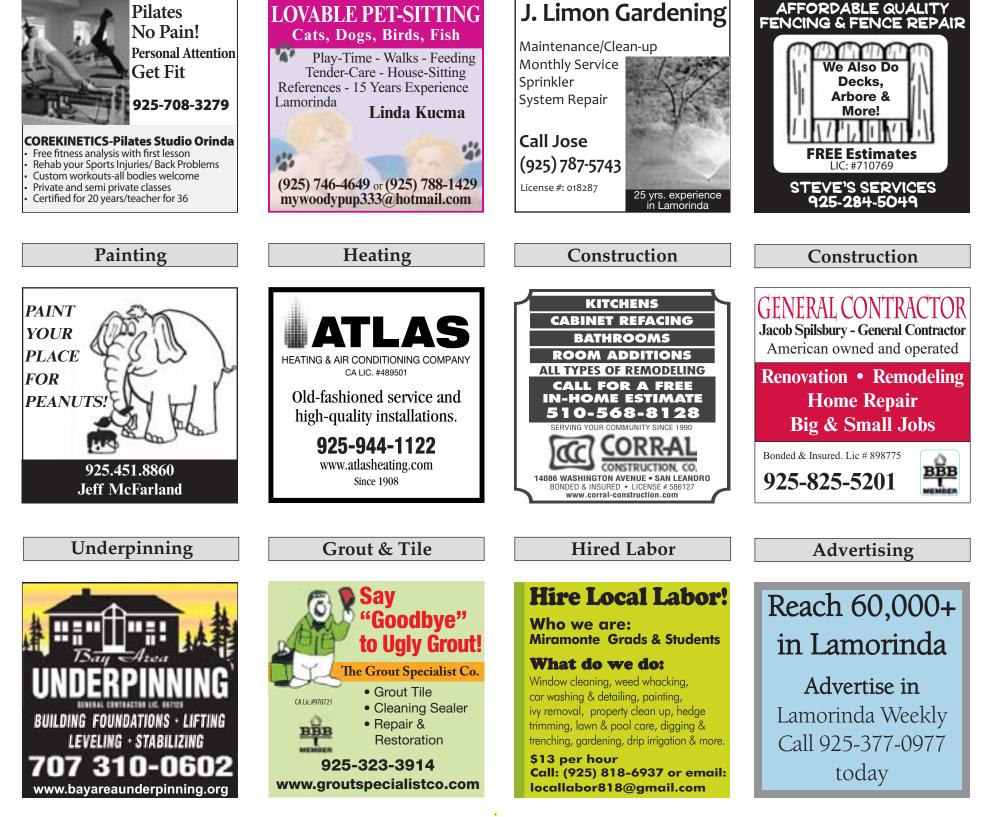
Business Service Directory



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Not to be missed

ART

the work of gallery member and photographer Lucy Beck as well as guest artist David Lindsay through August 18, 522 Center St., Moraga. For more info, visit www.moragaartgallery.com or call (925) 376-5407.

Orinda Library August Art Exhibit. The art exhibit for August will include CC14 group, Another World. The library is located at 26 Orinda Way in Orinda.

The Lafayette Gallery's new exhibition reflects the warmth and relaxation that summer brings through August 4, 50 Lafayette Circle, Lafayette. The Lafayette Sculpture Garden is now open Tuesday-Saturday, 11am to 5pm and Sunday, 11am to 2pm. Free. For more info, call (925)284-2788 or visit www.lafayettegallery.net.

The Nature of Collecting: The Early

Roger Epperson, an East Bay Regional Parks ranger who had a passion for Moraga's Art Gallery will feature California's environment and a deep love of art. Additional exhibits include One Square Mile and Recent Watercolors by Richard Gayton, and Out of California by William Keith. The exhibits run through September 16 at Saint Mary's College Museum of Art, 1928 St. Mary's Road, Moraga. Admission: \$5 for adults and free for youths. Opening day events are free. For more info, call (925) 631-4379 or visit www.stmarys-ca.edu/museum.

MUSIC

2012 Summer Concert Series at the Moraga Commons. The Moraga Park Foundation is providing the free concerts. Bring your picnic blanket or open for the summer. The Gallery is lawn chairs to the grassy hillside in front of the band shell. Enjoy the music while your children enjoy the park. The concerts are on Thursday evenings from 6:30 to 8:30 pm, 1425 St. Mary's Road, Moraga. The concert schedule is: Thursday, August 2, Houserockers-

20th Century Fine Art Collection of Rock & Roll; Thursday, August 9, Lamorínda's



ORINDA CHRISTIAN SCIENCE CENTER

24 Orinda Way (next to the Library) - 254-4212 Sunday Service and Sunday School 10 - 11 am Informal Wednesday Meeting 7:30 - 8:30 pm Reading Room/Bookstore M – F 11 – 4; Sat 10 – 1

www.christianscienceorinda.org

Holy Shepherd Lutheran Church 433 Moraga Way, Orinda, 254-3422 www.holyshepherd.org



SUMMER WORSHIP SCHEDULE 9:30 a.m. Worship Service Coffee Fellowship at 10:30 a.m. Childcare available for ages 5 and younger



Thursday, August 16, Motor Dude Zydeco -Cajun Zydeco; Thursday, August 23, City Rocks Revue Bay Area -rock tribute & show.

ROCK THE PLAZA, Free Friday evening concerts at 6pm in the Lafayette Plaza Park (located on the corner of Mt. Diablo Blvd. and Moraga Rd.) Lineup includes: Friday, August 10, The Floorshakers, thefloorshakers.com; Friday, August 17, Mixed Nuts, mixednutsband.com; Friday, August 24, Night Fever, nightfeverband.com. The Summer Series is presented by Lafayette Chamber of Commerce and the City of Lafayette. For more info, visit www.lafayettechamber.org or call (925) 284-7404.

Golden Gate Boys Choir Concert in Lafayette. The 60-member GGBC was founded in 1988 and is part of the International Boy Choir Federation known as Pueri Cantores. The Golden Gate Boys Choir will host a free concert on August 11 at 2pm at their summer music camp location behind Lafayette's Queen of Heaven Cemetery, 1977 Reliez Valley Road. For more info, visit www.ggbc.org.

The Big Band of Rossmoor Show and Dance featuring The Fred Astaire Dance Book. Put on your dancing shoes and prepare for a night of sheer entertainment with The Big Band of Rossmoor. Fans, dancers and/or big band listeners are invited to join The Big Band of Rossmoor Friday, September 14 from 6:30 to 10pm at the Rheem Theater, 350 Park Street, Moraga. Tickets: \$10. For more info, call (925) 284-7404 or visit www.lafayettechamber.org.

THEATER

"Blithe Spirit." A novelist hosts a séance as research for his next book, unwittingly summoning the spirit of his first wife—making his current spouse none-too-pleased. Associate Artistic Director Mark Rucker brings Coward's romantic shenanigans and barbed-wire bon mots to the Cal Shakes stage for a second time. This performance runs August 8 - September 2 at the Cal Shakes Theater, 100 California Shakespeare Theater Way, Orinda. For more info, call (510) 548-3422 or visit www.calshakes.org.

Orinda Starlight Village Players. The play Room Service by John Murray and Allen Boretz will be showing through August 11 Friday's and Saturday's at 8:30pm, Sunday, August 5 at 4pm and Thursday August 9 at 8pm at the Outdoor Theater, the Orinda Community Center Park, 26 Orinda Way. Regular admission: \$16 and \$8 for seniors and children. For tickets or more info, call (925) 528-9225 or visit www.orsvp.org.

see an amazing display of dino bones and other fossils dating back to over 500 million years ago August 14 from 6 to 7pm at the Lafayette Library Community Hall, 3491 Mt. Diablo Blvd., Lafayette. Free. For more info, visit www.lllcf.org or call (925) 283-6513.

C 925-377-0977

FUND RAISERS

East Bay Living Home Tours 2012. The American Institute of Architects, East Bay announces the second annual architectural Home Tours of the East Bay Saturday, August 11 from 10am to 4:30pm. Members of the public are invited to sneak a peek behind the normally closed doors of seven architect-designed houses. The tour promises to be an enjoyable and memorable review of East Bay living. Tickets: \$40 and \$50 the day of the For more info, visit tour. www.aiaeb.org.

Eighth Annual Summer Wine Festival. Saint Mary's College and the Alumni Association invite you to campus for an afternoon of wine tasting, delicious appetizers and fun Sunday, August 12 from 2 to 5pm at the Saint Mary's College Soda Activity Center, 1928 St. Mary's Road, Moraga. Tickets: \$45 per person which includes SMC logo wine glass, appetizers and wine tastings; \$15 for designated drivers. For more info, visit www.stmarysca.edu/wine.

FunFest 2012. This all-day, familyfriendly event will have several great live performances, special screenings and games, and activities for all to enjoy from 10am to 11pm August 25 at The New Rheem Theatre, 350 Park St., Moraga. The fun spills over outside of the theatre with loads of carnival-style games, kid-friendly activities, a t-shirt decorating contest, more crafts and famous food-trucks. For more info, visit www.moragafunfest.com.

Wine & Whiskers a dazzling night of specialty wines, delectable hors d'oeuvres, and an irresistible silent auction. Choice vintners and restaurateurs will be serving up their best to benefit ARF's lifesaving programs Saturday, September 22 at Tony La Russa's Animal Rescue Foundation, 2890 Mitchell Drive, Walnut Creek. For more info, call 925-296-3153 or visit www.arf.net.

SENIORS

Driver's Safety Refresher Class offered through A.A.R.P. Saturday, Au-

Mixed Nuts- all decades of rock; Dinosaurs Rock. Kids ages 5-11 can Community Center Sequoia Room, 500 St. Mary's Road, Lafayette. Cost: \$1 for members and \$3 for non members. To register, call (925) 284-5050. Self-Discovery and Aging, Creative Writing Workshop with Judith Rathbone. Write to explore issues around aging, emotion and perception-or get support to write on any topic! Workshop includes writing prompts, feedback, encouragement, and information about the world of writers, writing, and publishing August 6 in the Sequoia Room, the Lafayette Community Center, 500 St. Mary's Road, Lafayette. Cost: \$1 for members; \$3 for non members. For more info or to sign up please call (925) 284-5050.

> Lamorinda Dance Social. Enjoy afternoon dancing every Wednesday and learn some great new dance moves. Professional dancers Karen and Michael will provide a dance lesson and live DJ services, playing your favorites and taking requests every Wednesday from 12:30 to 3pm, Lafayette Community Center Live Oak Room, 500 St. Mary's Road. Cost: \$2 for members, \$4 for non-members. For more info, call (925) 284-5050.

> Words of Wisdom discussion group led by Paul Fillinger. Take part in this free-wheeling exchange of inspiration, information, and humor August 21 and September 18 from 10:30am to noon in the Lafayette Community Center Elderberry Room, 500 St. Mary's Road, Lafayette. Cost: \$1 for members; \$3 for non-members. For more info or to sign up, call (925) 284-5050.

> Senior Nature Walk and Bird-Watching led by Ben Pettersson. Experience nature at its finest along our local trails. Delight in the beauty that unfolds around each bend, all the while learning to identify a variety of birds. Bring a water bottle; binoculars will be helpful if you have them. The walks are every Wednesday from 9 to 11am. Please call (925) 284-5050 to find out the weekly meeting place.

OTHER

Preparing for Winter Gardens presented by Contra Costa Master Gardeners. Hear from a master and learn the steps necessary now to keep your soil at its peak and reap a bountiful winter harvest from 6:30 to 8pm August 2 in the Arts and Science Discovery Center at the Lafayette Library, 3491 Mt. Diablo Blvd., Lafayette. For more info, visit www.lllcf.org or call (925) 283-6513.

Not to be missed

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journey, you are welcome here!

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Late Bloomers. Four older ladies from a small village in the Emmental region turn a corner store into a chic lingerie shop which throws the whole community into disarray. The International Film Showcase returns to the Orinda Theatre August 24-30. The show times are at 1:30, 4, and 6:30pm with additional screenings at 8:45pm on Friday and Saturday. The show is playing the Orinda Theatre, 4 Orinda Theatre Square. For more info, call (925) 254-4284 or visit www.lfef.org or www.lamorindatheatres.com.

Kenn Adams Space Adventure Theater! You create the story, sound effects and star in the play August 11 from 11am to noon in the Lafayette Library Community Hall, 3491 Mt. Diablo Blvd., Lafayette. Free. For more info, visit www.lllcf.org or call (925) 283-6513.

Diablo Ballet and The Lafayette Library present classic dance films. There will be a showing of An American in Paris (1951) on Wednesday August 15 at 6:30pm. The film is a thrilling MGM musical with a Gershwin score starring Gene Kelly as an American caught up in a love triangle with Parisian Leslie Caron. The series takes place in the Lafayette Library Arts & Science Discovery Center, 3491 Mt. Diablo Blvd. Admission: \$5. For more info, call (925) 283-6513 or visit www.lllcf.org.

KIDS, PARENTS & TEENS

gust 4 from 9am to 1pm in the Lafayette Community Center Elderberry Room, 500 Saint Mary's Road, Lafayette. Refine your driving skills, develop safe, defensive techniques, and possibly lower your insurance premium. Class includes tips on avoiding stress and preventing accidents. Cost: \$12 for A.A.R.P members and \$14 for non-members.

Elder Law: Planning, Benefits, and Asset Preservation presented by Julie Fiedler, Attorney at Law from 10:30am to noon Thursday, August 2 in the Lafayette Community Center Sequoia Room. Equip yourself and face the future with the peace of mind you will gain from learning about asset preservation, public benefits such as Medi-Cal and VA, planning for future health care issues, crisis prevention and management, and what to do when care is needed. Cost: \$1 for members; \$3 for non-members. For more info or to sign up, call (925) 284-5050.

Positive Living Forum "Happiness Club" by Dr. Bob Nozik, MD, Prof. Emeritus UCSF. Brighten your day and take part in this interactive gathering which features speakers on a wide range of topics that encourage and guide participants towards a more ideal and positive life experience Thursday, August 9 from 10:30am to noon in the Lafayette Community Center Sequoia Room, 500 Saint Mary's Road, Lafayette. Cost: \$1 for members and \$3 for non-members. To register, call (925) 284-5050.

Arthritis an Anne Randolph Workshop. Learn about living your best life with arthritis. Understand the challenges and changes arthritis brings on, and find practical solutions to make daily activities easier August 24 from 11:30am to 12:30pm in the Lafayette OMPA Championship. Our Championship Swim Meet is one of the largest recreational swim meets in the country. The 56th Annual OMPA Swim Championship meet will be held August 3-5 at the Soda Aquatic Center in Moraga. For more info, visit www.ompaswim.com.

Join the National Park Service for a free campfire program from 7 to 8:30pm Saturday, August 4, at John Muir National Historic Site in Martinez. Rangers will lead the group in songs, skits and stories. Meet at the front gate of the John Muir National Historic Site, 4202 Alhambra Ave., Martinez (at the Alhambra Ave. exit off Highway 4). Bring the whole family, picnic blankets, lawn chairs, and a desire to have a good time. Rangers will direct you from the gate to the fire ring, which will be under a small grove of redwood trees. If you have any questions, call the John Muir National Historic Site at (925) 228-8860.

Pet Loss Support Group. Grief Support Group Helps People Cope with the Death of a Pet. When you lose your pet you often feel like a part of you is lost. This is a support group where participants can share memories and feelings and talk to others who truly understand and care. The group will meet every first Tuesday of the month beginning September 4 from noon to 1:30pm at the Tony La Russa Animal Rescue Foundation, 2890 Mitchell Drive, Walnut Creek. For more info and to pre-register, call (925) 887-5681. Pre-registration is required.

... continued on next page

Please submit events to: calendar@lamorinda weekly.com

www.lamorindaweekly.com

925-377-0977

LAMORINDA WEEKLY

Page: **B11**

Not to be missed

OTHER ... continued

Not to be missed

Returning Veterans of America, a group organized by recently returning ence Discovery Center at the Lafayette non-members. For more info or to sign make reservations call (925) 284-6150 you for your support! combat veterans, is honored to an-Library, 3491 Mt. Diablo Blvd., up, call (925) 284-5050. nounce a two-part series of Welcome Lafayette. Free. For more info, visit Home events held on from 10am to www.lllcf.org or call (925) 283-6513. Internet Security & Password Pro-5pm Saturday August 11 and 25 at the Orinda Library, 26 Orinda Way. The Digital Camera How-to's: Archivall-day transition social and lunch is ing Photos and Choosing a Digital the Lafayette Library & Learning Cenopen to all returning veterans and their Camera from 11am to 12:30pm Au- ter, 3491 Mt. Diablo Boulevard, families. For more info, call (415) gust 14 in the Lafayette Community Lafayette. 852-1642.

Lafayette

Center Elderberry Room, 500 St. Lafayette Physical Therapy is hav-

Native Trees presented by Green- Mary's Road, Lafayette. This class will ing free community lectures. Run- balls, toys, and sports equipment for about our trees Sunday, August 12 to look for when purchasing a digital

Not to be missed

tection Workshop. The workshop will be on August 15 starting at 8am at items for a fall Back to School

or visit www.lafayettePT.com.

Campolindo sophomore Sam Larson is collecting new and gently used Give-away shop benefitting disadvantaged families of neighboring San Pablo. Clothing, shoes, accessories, jump ropes, soccer and other sports

belt Alliance. Join Ken Lavin as he teach you how to back up your photos ning Injuries and Prevention lecture ages pre-school to adult are welcomed. shares interesting tidbits and stories for posterity. You will also learn what with Lisa Gibson, PT, August 28 from Drop off on the porch at 243 Paseo del 7 to 8 pm, 3468 Mt. Diablo Blvd. Suite Rio, Moraga before Sept. 15, or call freshly founded Bay Area veterans from 1 to 2:30pm in the Arts and Sci- camera. Cost: \$1 for members; \$3 for B110, Lafayette. For more info or to (925) 284-8142 for pick up. Thank

> **Please submit** events to: calendar@ lamorindaweekly.com

LAMORINDA'S PRESCHOOLS

Building Bridges 1035 Carol Ln., (925) 283-6792, www.buildingbridgespreschool.com **Diablo Valley Montessori School** 3390 Deer Hill Rd., (925) 283-6036, www.dvms.org **French For Fun** 3468 Mt. Diablo Blvd, (925) 283-9822, www.frenchforfun.com Gan Ilan Preschool/ Temple Isaiah 945 Risa Drive, (925) 284-8453, www.temple-isaiah.org Happy Days Learning Center 3205 Stanley Blvd., (925) 932-8088, www.eastbaypreschools.com Joyful Beginnings (see ad) 955 Moraga Rd., (925) 284-1143, www.eastbaypreschools.com Lafayette Kids' Cottage Monroe Ave, (925) 286-6848, www.lafayettekids.com Lafayette Nursery School 979 First St., (925) 284-2448, www.lafayettenurseryschool.com Merriewood Children's Center 561 Merriewood Drive, (925) 284-2121, www.merriewood.org **Michael Lane Preschool** 682 Michael Ln., 2 yrs., (925) 284-7244, www.stanselms.ws/preschool_update.html **Old Firehouse School** 984 Moraga Rd, (925) 284-4321, www.oldfirehouse.com Seedlings/LOPC 49 Knox Dr., (925) 284-3870, www.lopc.org The Child Day Schools (see ad) 1049 Stuart St., (925) 284-7092, www.tcdschools.com Viva el Espanol 3451 Golden Gate Way, (925) 962-9177, www.lamorindaspanish.com **Wirly Birds Treehouse** (925) 310-4429, www.wirlybirds.com Moraga **Creative Playhouse** 1350 Moraga Way, (925) 377-8314, www.eastbaypreschools.com Growing Light Montessori School (see ad) 1450 Moraga Rd., (925) 377-0407, www.growinglight.net **Growing Tree Preschool** 1695 Canyon Rd., (925) 376-8280, www.growingtreepreschool.net **Mulberry Tree Preschool** 1455 St. Marys Rd., (925) 376-1751, www.eastbaypreschools.com



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St. Mark's Nursery School (see ad)

451 Moraga Way, 2 yrs., (925) 254-1364, www.stmarksnurseryschool.org

10 Moraga Valley Ln., (925) 376-4800 x248, www.mvpctoday.org/nurtury

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The Child Day Schools (see ad)

10 Irwin Way, (925) 254-2551, www.topsonline.org

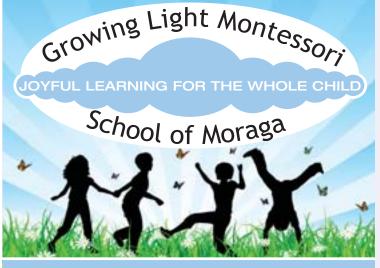
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The Lamorinda Weekly (LW) Preschool Guide is not paid advertising; our intent is to provide a useful reference guide. We hope that we have included all Lamorinda Preschools on this page. LW is not liable for errors or omissions. In the event that we have inadvertently printed misinformation or excluded a preschool please let us know (info@lamorindaweekly.com) so that we may correct our list for the next time. Thank you to those preschools who helped to fund our efforts to create this service to the community



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Page: C1



Lafayette Swim Conference's First Championship

... continued from page A1



2012 Lafayette Swim Conference Individual & Relay record Breakers.

proved times, with 70 percent of their performances earning personal records for their athletes. Rancho Colorados finished a close second with 67 percent.

Outstanding awards were awarded 100 Medley Relay featuring Sammy Lee, Paul Kuhner, Jon Mendelssohn and Jacob Boseli as well as LMYA's Girls 11-12 Medley Relay team of Goldie Zhu, Becca Buck, Sydney Smith and Sophia Cavalli.

The first day of the LSC opened with a parade around the pool, not unlike the Olympic opening ceremony, which began the Conference with two emphases: community and excellence.

Springbrook also won the most im- To celebrate, the coaching staff of Sun Valley Swim team was dressed in broke the record for the 50 yard breastmonochrome full-body suits to represent, as athlete-parent Leah MacKay explained, the color of the Olympic rings.

MacKay commented that the newly to Rancho Colorados Boys 6 & Under formed league has been exciting. "Everyone has had 'pop' [personal best] times," MacKay said. "The younger kids and older ones-- they swim together and support each other."

> The founding of the LSC has brought what is already a strong swimming community even closer. Sun Valley swim coach Warren Wallace said that his athletes have more fun competing against those they know from school.

Photos Kevin Nguyen

When LMYA's Becca Buck, age 12, stroke, she bettered a record from 2000 set by Lauren Beaudreau who is now a coach at Springbrook.

"That just shows that swimmers stick around," said Jon Wheeler, meet director at Rancho Colorados.

The last event of the LSC was the 200 Free Relay for Boys 15-18. The previous record was set in 1982. Luke Inserra, Ryan Connolly, Jake Seroy and Nick Inserra of Springbrook bettered the record by seconds.

The quartet has been swimming together since they were five. "We all started together. We wanted to go out with a bang," said Luke.

LSC Championship Meet

Combined Team Scores

- Springbrook Swim Team..... 5,310.50 points
- Rancho Colorados Swim Team.... 2,938.50 points
- Sun Valley Rays Swim Team.... 2,936.5 points
- LMYA... 2,725.5 points
- Oakwood AC.... 622

Top Finishers:

Olivia Williams (6 & Under): Springbrook.... 72 points Joey Bettencourt (6 & Under): Springbrook....72 points

Caitlin Smith (age 8) LYMA... 72 Jack Wood (age 8) Springbrook...72

Jewel Roemer (age 10) Sun Valley Rays Swim Team.... 72 Jack Larsen (age 10) Springbrook...69 Murphy Baker (age 10) Rancho Colorados Swim Team... 69

Becca Buck (age 12) LMYA... 72 Jacob Parker (age 12) Rancho Colorados ... 69

Jane Wood (age 14) Springbrook... 69 Eric Strand (age 14) Sun Valley Rays... 69 Brady Aiello (age 14) Springbrook...69

Meghan Hill (age 17) Springbrook ... 67 Ryan Connolly (age 18) Springbrook...69

Improved/Pop Times:

Springbrook: 70% Rancho Colorados: 67% LMYA: 64% Sun Valley Rays: 61% Oakwood: 60%







Newly Hairless Springbrook Coach Hogs Spotlight

By Kaaren Brickman as told to Cathy Dausman

oe Natina is proud of his luxurious head of hair, **J** but he willingly sacrificed it Sunday night. The Springbrook Swim Club head coach announced that he would let his team give him a buzz cut if eight of his swimmers qualified to compete in the upcoming Contra Costa County Swim meet August 11 and 12. The Springbrook "Hogs" posted their "countdown to the buzz cut" each time a swimmer qualified during last weekend's Lafayette Swim Conference Championships at the Heaston Aquatic Center at Acalanes High School. In the end, Springbrook had 15 new County Qualifiers after the LSC Championship.

Natina is no stranger to swimming. He grew up in a swimming family and has been competing since age four. He was ranked the fastest 10-year-old in the United States. Natina was an All American throughout high school and competed in the Junior and Senior Nationals. He later swam for Diablo Valley College, and became 200 freestyle and 200 IM state champion. Natina also swam two years at UC Santa Barbara.

Natina's coaching career began at age 14, when he worked with his younger teammates. He coached several years at Alamo's Round Hill Country Club and was Assistant Coach at Meadow Swim & Tennis. Natina became Springbrook's Head Coach two years ago.

For 13 years, Natina has taught learn-to-swim programs. Last fall, he started a Fall Swim Program at Springbrook called the Razorbacks. "He has been an incredible asset to the Springbrook Swim Team, leading swimmers to countless personal as well as team victories," said Kaaren Brickman, board member for Springbrook Pool. Brickman says the haircut ceremony "was hilarious" to watch.





Kyle Davis



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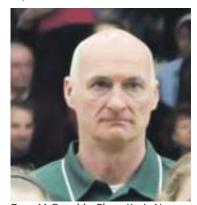


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Meet the Mats' New Boys' Basketball Coach

By Conrad Bassett



Drew McDonald Photo Kevin Nguyen he new Miramonte High School boys' basketball coach, Drew McDonald, is familiar with Mats' basketball, working with the boys' and girls' programs as an assistant coach. Next season, McDonald will take on the new leadership role as head coach.

"I am very excited about resuming coaching as a head coach as, although it is a huge amount of additional work, it is an opportunity to create something, rather than helping someone else execute their vision," McDonald said.

The first order of business was to put together a staff of assistants. Mike

Dyer, an assistant from last year.

McDonald's relationship with Miramonte started long before his involvement with the coaching staff. He was a three-sport athlete for the Matadors in high school, playing water polo, basketball and swimming. "Basketball being the sport that filled the time between the other two," Mc-Donald said.

His love for basketball developed when he began coaching youth basketball at the CYO level 12 years ago. He also started Pure Hoops, an AAU club that filled the gap locally for players moving on to AAU travel teams.

His coaching career at Miramonte started six years ago when he assumed the head coaching position of the junior varsity team. His coaching career has been filled with adjusting from the head coach to assistant coach positions, moving from JV coach to assistant boys' varsity to assistant girls' varsity.

McDonald's knowledge of the program and the players has allowed

fantastic instructor" will join Steven League. He takes the reins of a team that was one game away from going to the NCS finals last season and returns four-of-five starters.

> Still, McDonald knows that competition will be tough. "Dublin returns everyone and is probably the most talented group, and Campolindo returns an excellent team and adds some talented underclassmen," McDonald said.

The team has had several open gyms and has been busy throughout the summer getting to know each other by playing in summer leagues and travel tournaments.

"The summer is the time that we hope to give the motivated kids a chance to improve themselves and to give the team the underpinning of how we want them to play together," said McDonald.

This will be McDonald's first year in many that he has not been involved in coaching a team with a Mc-Donald playing for him. He had the opportunity to coach his son, Spenser, and his daughter, Devon.

He said it will be different, but his him to jump in with both feet this sea- coaching will remain the same. "As son and he hopes to compete in a a coach I want to teach and I want to Miller, described by McDonald as "a tough Diablo Foothill Athletic deal with the athletes as honestly and

directly as I can. At the varsity level, the athletes know they don't get a trophy for showing up any more and my experience has been that they know to another competitive year at Mirayou're there to make them better and

to expect their best."

Come next November, local prep basketball fans should look forward monte.

Lamorinda Weekly is an independent publication, produced by and for the residents of Lafayette, Moraga and Orinda, CA

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Ohlen Alexander, Kevin Nguyen Layout/Graphics: Andy Scheck, Jonas Scheck, Amanda Griggs. Printed in CA.

Lamorinda Weekly,

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Lafayette Little League Summer Update

9's All-Stars:

Submitted by Shannon Vicencio

The Lafayette's 9-year-olds defended their first tournament win with another title run at the 11th Annual Joey Moore Memorial Tournament. An impressive 5-0-1 record brought the 9's a second straight championship against a familiar opponent in Tassajara Valley.

10's All-Stars: Submitted by Matt Hansen

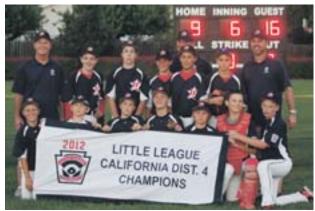


Top row, from left: Coach Brian Baker, Nicolas Bamont, Jack Larsen, Colby Burns, Nick Kresnak, Brett Donat, Tommy Thrasher, Coach Matt Hansen; bottom row: Murphy Baker, David Sniderman, Owen Hansen, Vince Bianchina, Jack Muren, Luke Miles, Ryan Reilly; not pictured: Coach Rick Bianchina

The Lafayette 10-year-old All-Stars opened their post-season with a victory over Danville's All-Stars at Buckeve Field. The win set the stage for a successful run in the District 4 tournament, winning five games and outscoring their opponents 61-26. After a loss to eventual District champion Walnut Creek, the 10's peeled off four victories in a row before their run toward the championship ended against Antioch on July 6th.

Following District, the 10's competed in their first invitational the loser's bracket. Facing elimination in seven consecutive tournament of the summer at the 26th Annual Granada Little League Invitational Tournament held in Livermore that featured eight District All-Star teams. The 10's won their semifinal game against top-seeded Canyon Creek 12-2 and beat Tassajara Valley 10-0 for the championship in four innings. They will finish the summer at the "Chachi Corral Tournament" in Danville.

12's All-Stars: Submitted by Shannon Vicencio



Front row, from left: Seppi Ortman, Matty Vicencio, Ty Whelehan, Ryan Regan, Dexter Varrelmann, John Torchio, Jake Finegold; back row: Tyler Schenone, Matt Burns, Robby Rowell, Kyle Mizell, Tyler Ewing

Coaches: John Whelehan, Buddy Rowell and Mark Vicencio

In the Little League International Tournament, Lafayette's 12 year-old all-stars won the District 4 Championship by beating

games, Lafayette played some of their best baseball, compiling an 8-1 record.

In the Championship game, Lafayette stormed out to a 15-4.

Lafayette moved on to Sectionals held in Fairfield, but lost early in the tournament

12's: Submitted by Jill McTaggart



Photos provided

Lafayette Little League fielded a 12-year-old tournament team this summer, playing in three local tournaments. The team went 9-4, going to the finals in two out of three tournaments. The team won the Granada Tournament, placed second in the TOPS Tournament, and lost in the semi-finals of the Livermore National Tournament.

Antioch 15-9. The win marks the first time that a 12 year-old team from Lafayette captured a District Banner and the second time this group of players brought home a championship.

The road to the title was not an easy one because Lafayette lost a game early in the tournament and was forced to play through

The team was led by the hitting of Chris Armanino, Drake Fettig, Ryan Burnett, Justin Pratt, Will Grace and Kevin Tuholski; the fielding of Gareth Kwok and Ben Ross; the pitching of Matthew Moorehead, Daniel Flaherty, Brian Merken, and Michael Bone; and the catching of Jared Kolsut and Nick Shirmer.

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Summer Basketball Champions

Submitted by John Merrion



Front row, from left: Kyle Parnell, Deven Kadlic, Adam Machajewski, Isaiah Coleman; middle row: Declan Merrion, Bernard Adri, Jack Berrien; back row: John Merrion (coach), Sam Meyers, Carl Kadlic (coach) Photo provided

The Lafayette Parks and Recreation 5/6 grade boys' basketball champions claimed the title on July 26th at Stanley Middle School.

MCC Hosts Tennis Tournament

Submitted by John Greenblatt

oraga Country Club will hold the 25th at the Country Club. annual \$25,000 Heritage Bank of Commerce Tennis Championships on August 7-12. The true open event attracts many local NorCal Open, collegiate and satellite professionals.

Formerly called the Stead Open, the event was not held last year due to major renovations ing member of Fore our Schools.

Net proceeds are donated to the Fore our Schools Foundation, which has raised over \$100K for the Moraga Education Foundation.

"We are delighted to partner with Moraga Country Club in this event and hope for a long term relationship," said Patrick Artiaga, found-

Sherman Divers at Zone Championships

Submitted by Steve Sherman



Brenna Cetrone (Orinda): 1m: finished 23rd of 44 3m: finished15th of 41

Morgan Matranga (Moraga) 1m: finished 20th of 41 PF: finished 30th of 35

Miranda Gold (Lafayette) 1m: finished 37th of 40

SPORTS LAMORINDA'S LOCAL SPORTS Master's Water Polo Club Honored

Submitted by Jeannie Johnson



From left, back row: Deborah Simmons, Ann Sharf, Maureen O'Toole-Purcell, Jeannie Johnson, Michele McCarthy, Meredith Rosenthal, Jane Allen, Carole Kay Lynn, Ann Bundy and Susan Anderson-Taylor; Helena Singelstad, Jennie White, Patty Trenkwalder, Shawnna Costanza and Photo Ohlen Alexander Yanira Vazquez-Azpiri

was recently honored with a dedication by the Orinda City Council for its achievements in International and National competition this year. Members of this team won a silver medal in the Women's 50+ division at the FINA Center in Moraga and is coached by Andrew Worlds Masters Championship, held in Ric- Morris.

he Soda Moms women's water polo club cione, Italy in June. The club also captured the gold medal in the Women's 50+ division and the bronze medal in the 40+ division at the US Masters Nationals Championship, held in Irvine in July. The team practices at the Soda Aquatic

Lamorinda United Compete in Europe

Submitted by Benson Chan



The Lamorinda Soccer Club United 95 U16 girls prepare to leave from the San Francisco International Airport. Front, from left: Kristen Chan, Annie Loose, Regan Gong; middle row: Rachel Lindenauer, Carly Moran, Stehanie Munoz, Sarah Mills, Jordan Rowley, Courtney Attard, Caroline Runco; Lauren Petite, Julia Reshke, Megan Reid, Emily Orwig, Lindsay Wilson, Jane Fes-Photo provided senden, Mali Tehaney, Katherine Tottle

s the world's best athletes come together Out of 80 teams in the G17 bracket, Lam-A to compete against each other in the 2012 orinda finished as quarterfinalists in the final Summer Olympics, the Lamorinda Soccer round of eight at the Gothia Cup. The following week, Lamorinda captured the championship at Club's United 95 U16 girls experienced their the Elite Cup. The Lamorinda Soccer Club was first taste of international competition at the Gothia Cup (Sweden) on July 16-21 and the the sole American team competing at the Foot-Football Festival G17 Elite Cup (Denmark) on ball Festival tournament. July 25-29.

From Left: Morgan, Asner, Harrison, Steve, Miranda, Brenna Photo provided

C herman Divers competed at the Zone Championships, qualifying by placing in the top 15 at the Regional meet in June. Asher Lichtig of Lafayette qualified for the national meet for his age group on the 3m springboard.

3m: finished 38th of 40

Asher Lichtig (Lafayette) 1m: finished 15th of 31 3m: finished 10th of 33 (National Qualifier)

Lamorinda United Earn Second Place

Submitted by Matt Hansen



Top Row, from left: Shane Nelson, Owen Hansen, Brett Donat, Kyle Jasper, Kellen Clancy, coach Roberto Zambrano; bottom row: Vince Bianchina, Jack Daugherty, Sean Donovan, Erik Voss, Luke Miles; not pictured: Jack Muren, Kai Digrande, Mark McCurdy, Nicolas Bamont Photo provided

came out firing in their first tournament of the year. They earned a second place finish in the San Ramon Valley Classic July 21-22. United was tested in their opening game against Brentwood/Oakley but came out victorious with a 2-1 final. In the afternoon match United breezed to a 7-1 win over the host team San Ramon Valley.

On day two of the tournament, United faced breakaway.

he Lamorinda United U10 boys' Navy a tough opponent in Santa Rosa. After going down 1-0 United battled back to win the game 4-2. The undefeated United faced Brentwood/Oakley in the championship match. After going down 3-0 in the first half, United bounced back to net three goals of their own. Deadlocked at 3-3 after regulation time the game then went into sudden death overtime where the Brentwood striker converted on a

Olympian Works with Local Swimmers

Submitted by Hector Chao



Kim Vandenberg shares her Olympic medal with LMYA swimmers.

Photo provided

Tith the 2012 Summer Olympics just around the corner, local swimmers were busy getting ready for end of season competitions. Kim Vandenberg, a 2008 Olympic bronze medalist and UCLA All-American, recently joined LMYA's coaches to help team members prepare for the inaugural Lafayette Swim Conference Championship and the upcoming Contra Costa County Swim Meet.

"This community was incredibly supportive during my swimming career; it is my turn

Olympians," Vandenberg said. Head Coach Marc Cavallero believes the Moraga native's experience will inspire local swimmers to swim with confidence. "We are

to support future generations of Lamorinda

lucky to add Kim to a group that includes U.S. National and NCAA champion Hayley Peirsol and former Cal men's swim team member and school record holder Peter Davis. I'm confident their big meet experience will serve our team well."

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LAMORINDA WEEKLY

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Wednesday, August 1, 2012



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Lamorinda Weekly Volume 06 Issue 11 Wednesday, August 1, 2012

Fix it or Fill it?

Digging Deep with Cynthia Brian ... read on page D4

Pool Remodeling (or Removal) Can Go Swimmingly By Cathy Dausman

ools, glorious pools! Perhaps nothing is more alluring to the California homeowner. After all, the Golden State has a long standing reputation for abundant sunshine. And what could be more leisurely than lounging poolside in your own back yard?

Recent records from the Contra Costa County Assessor's Office show 5,430 residential pools in Lamorinda. In Lafayette alone, approximately one out of every four homes has a pool. But when your Lamorinda pool shows a ring around its collar, or starts to leak from advanced age, it may be time to consider remodeling.

Whether homeowners, home buyers and home sellers perceive a pool as an asset or a liability often boils down to the classic realtor comment: location, location, location.

Diane Reilly of Alain Pinel Realtors estimates that approximately one third of her relocation clients look for the "California lifestyle" and have a pool for their kids on their house-hunting wish list. But "Northern California weather is not like Southern California weather," Reilly says, meaning Bay Area weather simply means less use. She says

The Thomas family removed their aging Moraga pool when they bought their house. Philosophic courtesy the Thomas family removed their aging Moraga pool when they bought the Thomas family removed their aging Moraga pool when they bought the Thomas family removed their aging Moraga pool when they bought the Thomas family removed their aging Moraga pool when they bought the Thomas family removed the transfer to the Current landscaping in the Thomas backyard shows little signs of the pool they removed Photos

courtesy the Thomas family

keep it or remove it, leave it "as is," or remodel it. Pool removal can be done quickly and easily with good access to the yard, says Ann Thomas of Moraga. "Filling in [removing] our pool was the first thing we did when we purchased our home four years ago."

Thomas and her husband grew up with backyard pools, but she says having pre-school aged children made it an easy decision to take theirs out, due to maintenance and liability issues. ...continued on page D3

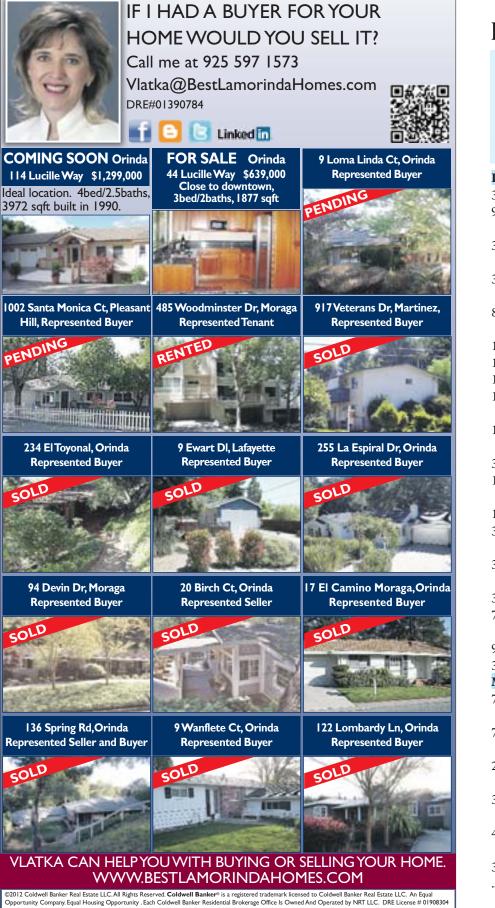
the need for a pool changes even within Lamorinda, where Orinda's hilly topography makes it more difficult to lay out a pool site than either Lafayette or Moraga.

A residential pool doesn't change its appraisal value, says Reilly, and unless the pool is poorly placed on the lot it won't greatly affect resale value. However, given the right home with the right pool, "I might have to arm wrestle you for it," she says with a laugh.

New owners of a home with a pool are quickly confronted with whether to

when they bought their house.

VLATKA BATHGATE



Lamorinda Home Sales recorded

City	Last reported:	LOWEST AMOUNT:	HIGHEST AMOUNT:
LAFAYETTE	19	\$595,000	\$2,700,000
MORAGA	17	\$400,000	\$1,396,000
ORINDA	14	\$320,000	\$1,870,000

Home sales are compiled by Cal REsource, an Oakland real estate information company. Sale prices are computed from the county transfer tax information shown on the deeds that record at close of escrow and are published five to eight weeks after such recording. This information is obtained from public county records and is provided to us by California REsource. Neither Cal REsource nor this publication are liable for errors or omissions.

LAFAYETTE

3190 Bavarian Lane, \$990,000, 4 Bdrms, 2334 SqFt, 1976 YrBlt, 7-3-12

- 955 Diablo Drive, \$596,500, 3 Bdrms, 1589 SqFt, 1946 YrBlt, 7-2-12; Previous Sale: \$890,000, 04-11-06
- 3408 Echo Springs Road, \$2,700,000, 5 Bdrms, 4867 SqFt, 2001 YrBlt, 6-25-12; Previous Sale: \$2,700,000, 08-13-10
- 3447 Echo Springs Road, \$1,692,000, 5 Bdrms, 3683 SqFt, 1978 YrBlt, 6-29-12; Previous Sale: \$26,500, 06-23-75
- 8 Hawks Hill Court, \$1,350,000, 4 Bdrms, 3315 SqFt, 2006 YrBlt, 6-22-12; Previous Sale: \$595,000, 04-30-04

1126 Hilltop Drive, \$1,830,000, 3 Bdrms, 3414 SqFt, 1956 YrBlt, 6-26-12

145 Jordan Place, \$1,535,000, 4 Bdrms, 3213 SqFt, 2007 YrBlt, 6-26-12

1071 Laurel Drive, \$655,000, 3 Bdrms, 1278 SqFt, 1951 YrBlt, 6-27-12

1975 Marion Court, \$1,770,000, 5 Bdrms, 3679 SqFt, 2001 YrBlt, 6-29-12; Previous Sale: \$1,800,000, 07-31-01

1328 Martino Road, \$2,150,000, 5 Bdrms, 4839 SqFt, 2000 YrBlt, 6-22-12; Previous Sale: \$2,500,000, 06-03-05

3360 Mcgraw Lane, \$1,495,000, 5 Bdrms, 2520 SqFt, 1954 YrBlt, 6-26-12

1001 Pine Lane, \$888,000, 3 Bdrms, 2554 SqFt, 1978 YrBlt, 6-29-12; Previous Sale: \$463,500, 12-29-92

1493 Rancho View Drive, \$1,660,000, 3 Bdrms, 2413 SqFt, 1963 YrBlt, 6-29-12 3500 Silver Springs Road, \$1,599,000, 3 Bdrms, 2299 SqFt, 1957 YrBlt, 6-27-12;

Previous Sale: \$495,000, 01-26-96 3497 St. Marys Road, \$955,000, 3 Bdrms, 1683 SqFt, 1971 YrBlt, 6-27-12; Previous Sale: \$625,000, 08-11-11

3332 Sweet Drive, \$595,000, 4 Bdrms, 1495 SqFt, 1953 YrBlt, 6-26-12

740 Upper Pond Court, \$875,000, 5 Bdrms, 2735 SqFt, 1996 YrBlt, 7-6-12; Previous Sale: \$593,000, 07-02-99

909 Webb Lane, \$1,010,000, 3 Bdrms, 2437 SqFt, 1939 YrBlt, 6-21-12 3387 Woodview Drive, \$800,000, 4 Bdrms, 2694 SqFt, 1978 YrBlt, 6-28-12 **MORAGA**

- 720 Augusta Drive, \$615,000, 2 Bdrms, 1743 SqFt, 1974 YrBlt, 6-22-12; Previous Sale: \$745,000, 07-10-06
- 737 Augusta Drive, \$1,050,000, 3 Bdrms, 2531 SqFt, 1974 YrBlt, 7-3-12; Previous Sale: \$1,341,000, 06-20-07
- 220 Calle La Montana, \$820,000, 3 Bdrms, 1775 SqFt, 1973 YrBlt, 7-3-12; Previous Sale: \$395,000, 11-08-91
- 3985 Campolindo Drive, \$945,000, 4 Bdrms, 2260 SqFt, 1972 YrBlt, 6-29-12; Previous Sale: \$804,000, 05-01-03
- 4 Dolores Court, \$435,000, 2 Bdrms, 1845 SqFt, 1984 YrBlt, 6-22-12; Previous Sale: \$320,000, 04-07-99

354 Donald Drive, \$806,000, 4 Bdrms, 1978 SqFt, 1970 YrBlt, 6-28-12 ... continued on page D5 **925-377-0977**

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OUR HOMES

D3

Fix it or Fill it?

... continued from page D1



Peter and Nancy Bennett of Moraga resurfaced their backyard pool with fiberglass nine years ago.



Photos courtesy of the Bennett family

Their priority was a grassy play space for her children. Besides, she says, when her children swim they want to be with friends, so her family joined a swim club. Their backyard pool was gone in three days, says Thomas.

Orinda Planning Director Emmanuel Ursu says, "Most pool demolitions are done in such a way that you can landscape that area afterwards, but not build a house."

Lack of information on residential pool removal led one south Bay Area man to create his own support website several years ago. His website (www.poolremoval.net) discusses demolition costs, how to find the right contractor and whether realtors consider a pool an asset or a liability. The short answer: "It depends...."

Moraga residents Nancy and Peter Bennett remodeled their backyard pool in 2003. They first considered a Pebble Tec finish but settled on a fiberglass refinish.

"They come in and rough up your existing plaster," Nancy Bennett says, "then they fiberglass over it...two coats, I think. It took a week and we have been pleased with it. The water always looks light blue as they said it would." The work came with a 10year warranty.

Bennett recently heard that pool manufacturers suggest re-plastering every seven years, "but I don't know anyone out here who has done anything to a pool until at least 25 years," she says.

Backyard in-ground pools, whether vinyl, fiberglass, or concrete all require servicing, ideally once a week, says Darlene Simpson of All Pool Services. She says there is "defi-



The Walters' pump house Photo Cathy Dausman

nitely a cost" to keeping a pool and that "maintenance is a year 'round thing." Simpson says chemistry is the key to keeping a pool looking and performing well, and cites one customer's 35-year-old pool that has not even been re-plastered. "It's in great shape," she says.

Ellen and Mason Walters of Lafayette bought their current house in 1998 and updated their pool in 2002. They had the surface redone, got new edging, new tile and re-caulked the perimeter. The Walters also built a pump house that doubles as a repository for emergency supplies. Its insulation minimizes pump noise and hides the gear and chemicals needed to maintain the pool. Walters estimates he spends 90 minutes weekly on pool chores and about \$400 a year on miscellaneous pool-related materials, including chemicals.

When asked if their in-ground pool is an asset or a liability, Walters says simply, "It depends who in this family you ask."

Thinking of Removing your Pool? Don't forget the permit.

Moraga:

http://www.moraga.ca.us/dept/publicworks/docs/PoolRemovalPermitAppRev082310.pdf

Orinda:

http://orinda.waterware.com/docushare/dsweb/Get/Document-4470/Build-ing%20Permit%20Application.pdf

Lafayette:

Lafayette doesn't have an online building permit process, says Assistant City Planner Michael Cass. For pool removal, applicants submit site plans to the Planning Services Division, and the work is referred to the City Engineer. Approved plans and a completed Building Permit Application Form go to Contra Costa County Building Inspection Department. CCCBID issues the permit. Questions can be directed to CCCBID at (925) 299-0263.

Extraordinary Ordinary Digging Deep with Cynthia Brian

"A hero is an ordinary individual who finds the strength to persevere and endure in spite of overwhelming obstacles." Christopher Reeve By Cynthia Brian



Pink Zinnia

Photos Cynthia Brian

The late 1990s I wrote, produced, and hosted an award-winning TV series called *Live Your Dreams* which featured what I termed "extraordinary ordinary" people from all walks of life who were doing what they loved, not for the money, not for the glory, but for the sole reason that it fed their souls. The show was a hit with the multitudes who wanted to follow their hearts, although it never garnered the sponsorship revenue it deserved. Sex and violence were advertisement manna and that program sorely lacked those ingredients.

Walking through a variety of neighborhood gardens, I reminisced on my passion for the simplicity of that program as I witnessed so many exotic specimens dotting landscapes. Whatever happened to the plethora of popular plant players that filled the summertime yards of my youth? Petunias, zinnias, geraniums, four o'clocks, Mexican primrose, tomatillos? I wondered if they were considered too ordinary and not sexy enough for the limelight? I decided to share my insights on these soulful, dreamy creations with you to reignite the flame of simplicity.

Relatively speaking, petunias are pest and disease free and are great in hanging baskets, containers, and beds. They come in a variety of colors and ruffles with the Grandiflora class boasting big blooms and the Multiflora showcasing compact numerous blossoms. They are annuals but deadheading spent blooms keeps the kaleidoscope coming until late fall.

Zinnias were a childhood favorite because they easily grew by seed, with both tall and short samples. We grew bi-colors, streaked, and speckled specimens. My mom taught us to pinch off the first flower buds so that we'd get bushier plants. Since zinnias don't do well in alkaline soil, I toss my coffee grinds on them and they thrive in addition to adding fertilizer every four to six weeks. Zinnias are perfect starter seeds to interest kids in gardening.

Geraniums remind me of all window boxes filled with cascading color that I experienced in Germany. What I love most about this garden staple is how easy it is to grow from cuttings. All the varieties of geraniums and pelargonium's I treasure were clippings I traded with other gardeners. Propagating is so simple, many are scented, and all flower from spring to winter here in Lamorinda when I cut them back almost to ground level.

... continued on page D7



Four O'Clocks

OUR HOMES LAMO

LAMORINDA WEEKLY

Lamorinda Home Sales recorded

... continued from page D2

MORAGA ... continued

- 10 Harrington Road, \$1,100,000, 3 Bdrms, 2717 SqFt, 1985 YrBlt, 6-26-12; Previous Sale: \$1,350,000, 10-12-05
- 407 Kingsford Drive, \$1,380,000, 4 Bdrms, 2907 SqFt, 1969 YrBlt, 6-25-12; Previous Sale: \$550,000, 02-29-00
- 1223 Larch Avenue, \$965,500, 4 Bdrms, 2214 SqFt, 1968 YrBlt, 7-2-12; Previous Sale: \$454,000, 10-17-97
- 101 Merion Terrace, \$755,000, 3 Bdrms, 1849 SqFt, 1988 YrBlt, 6-22-12; Previous Sale: \$515,000, 03-09-00
- 176 Miramonte Drive, \$400,000, 2 Bdrms, 1525 SqFt, 1965 YrBlt, 7-6-12; Previous Sale: \$485,000, 04-21-04
- 47 Sanders Ranch Road, \$1,396,000, 4 Bdrms, 3384 SqFt, 1984 YrBlt, 6-22-12; Previous Sale: \$374,540, 08-09-84
- 247 Scofield Drive, \$755,500, 4 Bdrms, 1710 SqFt, 1956 YrBlt, 6-29-12; Previous Sale: \$640,000, 07-05-02
- 1725 St. Andrews Drive, \$550,000, 2 Bdrms, 1262 SqFt, 1974 YrBlt, 7-3-12; Previous Sale: \$639,000, 09-24-07
- 124 Via Joaquin, \$500,000, 2 Bdrms, 1354 SqFt, 1980 YrBlt, 6-26-12; Previous Sale: \$625,000, 04-26-07
- 132 Via Joaquin #9, \$513,500, 2 Bdrms, 1354 SqFt, 1980 YrBlt, 7-2-12; Previous Sale: \$643,000, 04-08-05
- 164 Via Joaquin, \$525,000, 3 Bdrms, 2018 SqFt, 1980 YrBlt, 6-29-12; Previous Sale: \$290,000, 05-02-97

ORINDA

- 71 Ardilla Road, \$750,000, 3 Bdrms, 1852 SqFt, 1923 YrBlt, 6-29-12; Previous Sale: \$440,000, 12-29-98
- 1 Claremont Avenue, \$842,000, 3 Bdrms, 2279 SqFt, 1952 YrBlt, 6-29-12; Previous Sale: \$799,000, 10-25-07
- 149 El Toyonal, \$512,500, 2 Bdrms, 1361 SqFt, 1938 YrBlt, 6-22-12
- 429 El Toyonal, \$1,300,000, 5 Bdrms, 4159 SqFt, 2008 YrBlt, 6-21-12; Previous Sale: \$395,000, 09-12-05
- 277 Glorietta Boulevard, \$767,500, 3 Bdrms, 1726 SqFt, 1950 YrBlt, 6-22-12; Previous Sale: \$230,000, 08-04-87
- 221 Hall Drive, \$938,000, 3 Bdrms, 3095 SqFt, 1978 YrBlt, 6-25-12
- 1 Heather Lane, \$1,870,000, 4 Bdrms, 3486 SqFt, 1945 YrBlt, 6-27-12; Previous Sale: \$1,650,000, 06-05-03
- 74 La Encinal, \$963,500, 4 Bdrms, 3064 SqFt, 1991 YrBlt, 6-27-12
- 9 La Plaza Drive, \$1,285,000, 3 Bdrms, 3203 SqFt, 1939 YrBlt, 6-29-12; Previous Sale: \$730,000, 08-16-94
- 24 Lavenida Drive, \$899,000, 4 Bdrms, 2277 SqFt, 1955 YrBlt, 6-22-12; Previous Sale: \$87,000, 03-22-77
- 600 Miner Road, \$1,828,500, 5 Bdrms, 3977 SqFt, 1941 YrBlt, 6-22-12
- 5 Overhill Court, \$910,000, 3 Bdrms, 1978 SqFt, 1948 YrBlt, 7-2-12
- 3 South Trail, \$320,000, 3 Bdrms, 825 SqFt, 1925 YrBlt, 6-26-12; Previous Sale: \$730,000, 06-07-07
- 31 Tarabrook Drive, \$872,500, 5 Bdrms, 2132 SqFt, 1962 YrBlt, 7-6-12

Lamorinda Foreclosures recorded

ORINDA

Via Floreado, 94563, Bank of New York, 07-02-12, \$798,750, 1964 sf, 3 bd

It's Not Easy Being Green

by Andi Peterson Brown

A long with family road trips and daily outings to Loard's (wait, is that just me?), summer is synonymous with home improvement time. If you want to do some value-add projects to your home this summer but tearing up your dated bathrooms sounds way too intense, you might want to consider doing a little bit of "greening" instead. Compared to other house-related projects, greening your home can be much easier, can immediately lead to utility savings, and can still create some long term value. Below are a few ways to easily go green.

- Switch to low flow showerheads and duel-flush toilets.
- Replace lights with CFLs or LEDs. The spiral look not your thing? Don't worry—many brands now offer the traditional bulb style too.
- Seal gaps and cracks around windows and doors and install weather stripping where necessary.
- Install solar landscaping lights and motion sensor porch lights.
- If possible, replace some grass square footage with native landscaping/low water plants.
- Install a programmable thermostat.
- Plant your own vegetable and herb garden.
- Lower the temperature setting on your water heater to 120 degrees.
- Replace an outdated HVAC system with a newer, more energy efficient model.





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Cynthia Brian's Gardening Guide for August

"The world is a book and those who do not travel only read a page." St. Augustine

August is the most traveled month of the year when in some parts of the world entire cities empty of its citizens. Think Paris in August-forget about meeting Parisians, the city has gone on holiday! You will likely meet someone from Lafayette, California in the Galeries Lafayette Grand Magasin. As an avid explorer of our great globe, and a voracious reader and writer, I agree completely with St. Augustine...EXCEPT... in summer I love staying home in Lamorinda. Our weather is glorious, our gardens are spectacular, and it's the best time of the year to gather with friends and family for barbecues, croquet tournaments, concerts in the parks, swim parties, marshmallow roasts, and wine tastings. Enjoy this peaceful paradise we call "home" before the rush of back-to-school begins. This August, travel the world while day-dreaming in your garden.

- **GRILL** your fresh-picked eggplant, corn, watermelon, and peppers on the barbecue. Brush with olive oil and garlic, sprinkle with salt and sage or cilantro.
- STARGAZE between August 12-14 towards the northeast to watch the Perseids meteor shower. Throw a quilt on the lawn and enjoy the free show with the family.
- **PHOTOGRAPH** your end of summer perennials and landscaping. When you are planning your spring plantings this winter you'll be glad you have a record.
- **INDULGE** your adventurous nature with a hike on new trail.
- TUCK sun-seeking succulents such as sedum, echeveria, and sempervivum in containers for summer sizzle and easy maintenance.
- **REPLACE** broken wooden handles on shovels, hoes, and trowels.
- WEAR clothes that cover arms and legs at dawn and dusk and apply the repellant with DEET to protect from mosquito bites.
- STRETCH before gardening. As gardeners we twist, turn, bend, pull, climb, dump, and lift which can cause back strains.
- SLATHER on the sunscreen before working in the garden, wear a hat to keep burns and sun stroke at bay, and drink plenty of water to keep hydrated.
- **MUNCH** vine ripened tomatoes while enhancing your resistance to UV rays.
- **DIVIDE** bearded iris this month. Crowded rhizomes produce no blooms.
- ENCOURAGE your kids to help you water, weed, and feed. They'll feel proud to contribute while learning about the seasons of life.
- SOAK citrus and acid loving bushes like rhododendron, azaleas, and camillias to set the buds for next blooming season.
- **PINCH** mums and zinnias for a fuller fall show.
- **RECHARGE** your batteries in your personal garden oasis. It's free and relieves stress.
- **DEADHEAD** annuals and perennials to keep them blooming. Be diligent with roses which will bloom until January as long as rosehips are not allowed to form.
- **GRAB** a great book and let your mind travel. You'll find hundreds of free reviews of books for the entire family at http://www.btsya.com/book reviews.html
- **BUY** a Rose of Sharon in bush or tree form to add instant exotic allure to your yard.
- **ALLOW** carrots to go to seed. Not only are the flowers magnificent, you'll get a yield of luscious new carrots next season.
- **PLANT** another crop of lettuce, arugula, carrots, beans, and beets to harvest through the end of October. There is nothing better than growing your own healthy, nourishing, life-enhancing food.

Explore, experiment, and experience as you entertain family and friends in your home haven. Happy staycation.

Happy Gardening to You!

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Cynthia Brian The Goddess Gardener Cynthia@GoddessGardener.com www.GoddessGardener.com 925-377-7827 I am available as a speaker, designer, and consultant.





Your friendly neighborhood arborists Darren and Lew Edwards

Who doesn't hear the words "summer" and "bugs" and think of a neat line of ants getting ready to trespass on plaid blanket supporting a

picnic basket full of delicacies. But pests can be a serious summer problem, and can threaten more than your turkey sandwich and potato salad. Left unchecked, these summer invaders can quickly turn your tree and landscape assets into liabilities. That's why insect and disease management is such an important part of summer tree care. A keen eye is essential, and proactive monitoring goes a long way towards early detection.

So don't wait until it's too late, have a complete inspection by a Certified Arborist at Advance Tree Service and Landscaping.

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Extraordinary Ordinary

Digging Deep with Cynthia Brian ... continued from page D4

Hummingbirds are constant companions of my four o'clocks. Unlike their namesake, they don't keep time in my garden, blooming at ten in the morning instead of four in the afternoon. On our country road when I was growing up on the farm, we could tell the time of day by the four o'clocks. They always opened at exactly 4 p.m. Obviously that source memory didn't continue in my heirloom seeds. Although they are considered annuals, they reseed every year producing bigger, better, more fragrant blooms that kill the black beetles and entice the butterflies.

Although many people call them an invasive weed, Mexican primroses are welcome invaders in my large landscape. Growing wildly with diaphanous white or pink petals that grow in any type of inhospitable soil, they naturalize and may take over if left to their own accord. Be forewarned, this may be an extraordinary plant you don't want, especially in a small garden, as once it takes root, Mexican primroses are almost impossible to eradicate. (Unless you bring in the deer!)

What fruit grows inside its own paper sack tasting like a cross between pineapple, tomato, and lime? It's the tomatillo, a distant cousin of the gooseberry and tomato used especially in Mexican salsas and savory sauces. Tomatillos thrive on neglect and produce hundreds of delicious fruits from late summer to late fall. You'll know when it's time to harvest when the papery husks start to pop. Pick and store for six weeks or more, removing the husk only when ready to eat raw or cook. They reseed themselves supplying the essential ingredient for a sassy salsa verde and tangy salad fresca.

Alas, all of my extraordinary ordinary garden delights are also favorite foods, especially the Mexican primrose, of my dear deer. Currently three bucks, a doe, and her twins have taken up residence in my front yard. They have devoured and decimated these underrated beauties, thus I have been forced to grow them exclusively in the fenced back territory.

As much as I admire the antlered nomads, I deem eating my plants violent acts. If I could consider the house finches that hatched in a nest built in my wreath on my back door "sexy," perhaps sponsors would be interested in a resurrection of *Live Your Dreams* as a garden program featuring extraordinary, ordinary plants doing what they love!





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ORINDA



241 Village Gate

Wonderful Orindawoods 3bd/2.5ba townhome. Two bonus rooms (could be 4th bedroom) plus attached office above garage. Soaring vaulted ceilings, atrium, open floor plan. Pvt location. Offered at \$749,000

ORINDA



38 Los Altos Road

OCC 4bd/4ba dramatic custom contemporary on 1+ ac nr end of country lane. Pvt. picturesque setting, views of hills. Lg living areas, hi ceilings, wall of glass. Sep in-law apt.

Offered at \$1,495,000



2 Berkshire Street Desirable sgl level in MCC. 2bd+ office, 2ba. Hardwood floors, recess lighting, nr satellite pools & walking trail.

Offered at \$699,000



1063 Via Roble Dramatic updated 4bd/3ba contemp on .49 ac landscaped by award-winning Henr Matsutani. Hdwd flrs, 2 masters, fam rm, den. Gardener's paradise near Bart & top schools

Offered at \$1,295,000



39 Oak Drive Great family hm w/flex floor plan, updated 5bd/3ba, 2534 sf on .61 ac lot. Eat-in kit/family

combo, new decks, A/C, peaceful country ambiance. Nr Bart, top schools. Offered at \$939,000



428 Dalewood Drive

What a great home...super for family & entertaining. Meticulously maintained 4bd/4ba in Orinda Downs. Great mstr suite w/spa bath, guest suite on 1st flr, 2 fam rms, updated kitchen, pool.



89 Brookfield Drive

Located in popular cul de sac neighborhood. Super-sized 5+bd/3.5ba home w/versatile floor plan on .40 ac. Sm office, lg updated kitchen overlooks yard w/pool. Hdwd flrs, 2 fam rms.

Offered at \$1,319,000

3898 Happy Valley Road Fab orig owner property in Happy Valley's "Golden Mile". Prime 1.5 ac w/lvl lawn, secluded patio, towering redwoods. Gorgeous vus. Restore 1948 farmhouse or build new dream hm.

Offered at \$1,495,000



5 Estabueno Drive

Beaut sgl story 3bd/2ba 2325 sf ranch on .26 ac lvl lot. Updated thuout w/fam rm, bright kitchen, A/C, dual panes, hdwd flrs, mature landscape w/pool & hot tub. Nr 12 yrs top schls.

Offered at \$949,000



6 Rich Acres Road

NEW house, NEW price! State-of-the-art energy efficient features incl radiant heat & recirculating wtr heating sys. 5bd/5ba on almost 1 ac w/oaks & lawns. Nr town yet totally pvt.

Offered at \$1,795,000



3216 Judith Lane

Lovely classic 3bd/2ba ranch home. Beaut fam rm w/hardwood flr, vaulted ceiling, French sliders to lg level lawn. Expansive side yard. Gorgeous sunset views! Jog to trail.

Offered at \$799,000



1420 Arbor Lane Truly special orig custom spacious trad 3bd/3.5ba hm. Enjoy grand sz entertaining allure inside & out. European touches. Fab setting at end of flat cul-de-sac Westside quiet street. Level lot.

Offered at \$1,299,000



43 Canyon View Drive One of a kind, secluded, Tahoe-like 4bd/3.5+ba hm on 1.25 ac w/views of hills & Mt. Diablo. Sep 1bd cottage, & artist studio/ofc. Fruit trees abound. Stone fireplace. Updated kit/baths Offered at \$1,439,000

MORAGA



121 Cypress Point Way Desirable sgl lvl 2+bd/2ba w/hdwd flrs, den, recessed lighting, great MCC loc close to clubhouse, trail, town & more. Updated kitchen, dual-paned windows throughout.

Offered at \$675.000



3500 Moraga Blvd. Amazing location nr town, trails, schools, Bart & more. 4bd/3ba hm impressively blt w/high quality materials & the finest craftsman finishes. Lg mstr w/spa-like bath, open kitchen.





207 Dorchester Lane Wonderful contemp 5bd/4.5ba hm thoughtfully designed & built to perfection w/finest quality detailing throughout. Dramatic 2-story entry, gourmet kit lux master suite, ofc, exquisite yard.

Offered at \$1,325,000



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