

Back and middle rows from left: Rich Laufenberg, Ron Mayo, Bob Campbell, Dick Kostyrka, Tom Coull, Jack Dice, Michael Bloomstein, Dick Vaughn, Ellis Langley, Pepper Wardle; Front row from left: Mary Lou Blumer, Darwin Marable, Debbie Koo, John McGhee, Dan Hagan, Leslie Schriener, John Di Palermo and Chuck Blay Photo Andy Scheck

Muffin People Always Rise to the Occasion

Then you combine 52 pounds of butter, 80 dozen eggs, cheese, milk, 12 boneless legs of lamb, salmon, chicken, 192 kosher turkeys, three dozen cases of orange juice, Beckmann's Bakery bread, dairy, produce and flowers, it sounds like quite a party. But these groceries do not stay in Lamorinda.

This donated food which has approached its "sell by," but not "use by" date has been removed from grocery shelves at Di-

ablo Foods, Lunardi's, Orinda and Lafayette Safeway, Lamor- make the drive to Oakland, delivering groceries to St. Mary's inda Starbuck's, Trader Joe's, Whole Foods, and Oakland's L C Food International, and is destined for shelters and non-profits in Oakland, delivered with a smile by volunteers who call themselves the Muffin People.

Six to seven days a week volunteers load up their own trucks and vans with hundreds of pounds of food, use their own gas and

Center, A Friendly Place, Mother Wright Foundation, St. Mary's Gardens, St. Vincent de Paul and Oak Center Towers.

Several days a week each organization gladly accepts donations. "They're great people; they love doing what they do," says Joel Wright, of Mother Wright Foundation.

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Advertising

"Obama vs Romney isn't the only story come this November." Lamorindans weigh in on local elections; read Letters to the Editor, page A9.

Quote of the Week:

Clients come to us for results. Call to be our next sold property. 3966 N. Peardale Drive, 740 Upper Pond Ct. 2855 San Benito Drive,



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Orinda Olympian Honored

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Heather Petri and Orinda Vice Mayor Amy Worth smile in front of the new Tesla Model S. Photo Ohlen Alexander

rinda's own golden girl, Heather Petri, was given a rousing welcome at Orinda's 8th Annual Classic Car Show. Vice Mayor Amy Worth presented the Miramonte grad and four-time Olympic medalist in Water Polo (2000, 2004, 2008, 2012) with a proclamation declaring September 22, 2012 as Heather Petri Day for her gold medal-winning performance at the 2012 London Olympics.

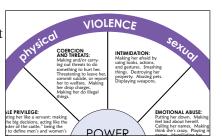
Petri's swimming career began in Orinda at Moraga Valley Pool. She was a founding member of the Miramonte High School Women's Water Polo team, which won the North Coast Section title her senior year. She went on to UC Berkeley, becoming an All-American athlete and captain of the Women's Water Polo team.

On Sunday Petri will swim from under the Golden Gate Bridge to Crissy Field as part of a Swim Across America event to raise money for cancer research, prevention and treatment. She is also actively involved in Right to Play and Athletes for Hope, which provide athletic and leadership opportunities to disadvantaged youth. L. Snyder

Life in Lamorinda

Domestic Violence

Recent events remind us that it happens here, too. Laurie Snyder investigates. Page B1



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Sports

Cougars Pull Out Last Second Win

DFAL kicks off with a thriller. Simon Tryzna reports. Page C1



Our Homes

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Moraga Country Club **Kitchen Tour**

Sophie Braccini views some interesting remodels that are on this year's tour. Page D1

