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Café Movers at the Hacienda

By Sophie Braccini



Taking a coffee break at Moraga's Hacienda de las Flores on a cold morning.

very weekday from 9 to free coffee." 11:30 a.m. the Hacienda de of active seniors.

appreciate the beautiful Hacienda de las Flores as a commu-

One recent morning,, a conlas Flores in Moraga is welcom- versation group of gentlemen ing anyone in need of a cup of who've been meeting every coffee and cookies. Next to the Thursday morning for the last 10 large Fireside room a petite buf- years to debate all topics of life people coming.' fet table is set up by Parks and was seeking refuge from the cold rowes; the supplies are paid for Lounging on the leather sofas or by the Moraga Movers, a group peering through the windows at the majestic and frozen grounds, "We were discussing ways of they were enjoying the warm getting more people to come and building and each other's company.

Groups, walkers, moms on nity and gathering place," said their way to the park with their Movers' President Bob Foxall, kids, or anyone who just wants "and the Parks and Recreation to sit and enjoy the venue— are Director suggested this open and all welcome. "This is open to Photo Sophie Braccini

everyone of any age, and we do not discriminate against the people of Lafayette and Orinda," added Foxall with a smile. "It will go on as long as we have

The Hacienda de las Flores is Recreation Assistant Kim Bur- morning in the Fireside room. a Spanish-style historic estate and former mansion of the Rheem family who built it in 1929; it is now a town property operating as a community center and is located at 2100 Donald Drive, off Moraga Road.





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Shawn!

By Sophie Braccini

"Chronicle of My

Mother" in Orinda



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that give the writer a completely different perspective of what happened in his youth.

Set in post-war Japan, from 1959 to 1973, director Masato Harada's film, "Chronicle of My Mother," is a slow and beautiful voyage into the past. The characters evolve as truth is slowly revealed in a society where emotions are understated and traditions still hold significance.

facets addressed in this movie: how the family takes charge of an elderly parent that's struggling with dementia; how the father who is raising three daughters learns to let ered.

The movie is based on the 1975 autobiographical novel by Yasushi in the Izu peninsula, southwest of Tokyo and in Tokyo. The cinematography is particularly beauti-The actors all play with restraint, atres.com.

man believes he was aban- letting the emotions rise to the surdoned by his mother; this be- face without ostentation. Harada lief has made him the man he is constructed his film to give the today – a self-centered successful spectator just enough to feel real writer, full of resentment. His emotions. Sometimes without a mother, in her late 70s, suffers from word being said - a glance, a tear dementia. As her brain deterio- one understands the internal shift rates, glimpses of the past emerge that's happened in the heart of the character.

Kirin Kiki who plays the mother is extremely touching: her performance is unsettling in its truthfulness. Director Harada sensitively explores family relationships – the tension, the love, and the need to sacrifice for one another. The father's favorite sentence, "Love is to serve, to serve is to love," does not always connect with the younger generation. As the There are many interesting main character evolves, he becomes a better father, brother, husband and son.

The poetry carried within the movie will touch all viewers. There is no violence, no obscenity, them go and find their own way; just the slow unfolding of life and and how long hidden pain can re- how secrets hidden and unearthed lease its grip once truth is discov- change people. It is an optimistic movie, one of compassion, narrated with subtlety.

"Chronicle of My Mother" was Inoue with the same title. It is set the winner of the Special Jury Grand Prix at the 2011 Montreal World Film Festival. It will play at the Orinda Theatre for one week, ful. The scenes shot in Izu are set beginning Feb. 22. For more inforin an atmosphere of serene beauty. mation, visit www.lamorindathe-

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