

LAMORINDA WEEKLY

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MAUNDY THURSDAY
March 28 7:00 pm

GOOD FRIDAY
March 29 7:00 pm

EASTER SUNDAY
March 31
6:00, 8:00,
9:30 & 11:00 am

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Photo Tod Fierner

Del Rey Hoops for Guinness World Record

By Cathy Dausman

Orinda's Del Rey Elementary School student body attempted to set a Guinness World Record Monday for the largest hula hoop workout. Given the 418 student body enrollment, the kindergarten through fifth grade Dolphins could easily topple the previous record held by Allen Elementary School, of Hutchinson, Kan. That record was set May 21, 2012 with 290 participants.

The challenge originated when school parent and event organizer Eric Menke and his daughter read the Guinness book at Christmas. Menke realized the current hula hoop record holders were elementary school students, and thought it would be a perfect fit for Del Rey School, allowing students to dream big and be part of something special.

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Quote of the Week:

"All of Orinda can respond to action and challenge people who are trying to break into homes."

Read Letters to the Editor, page A8

Advertising



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Spring into Sand Volleyball

By Rebecca Eckland



Saint Mary's is 3-1 in its inaugural season.
Photo Tod Fierner

There's a new team in town, and they've taken over Moraga Commons. On sunny—and the occasional rainy—days, the Saint Mary's sand volleyball team is hosting its home games at the park. Beginning its inaugural season in February, players were offered something they hadn't had before: a chance to play outside.

"Sand volleyball allows us to be complete volleyball players. Indoors, you can hide if you can't pass. But here, you get picked on," said junior Natalie Loos, "so you have to develop your skills."

Sophomore Sam Tinsley and junior Kristina Gravin echoed the sentiment.

Unlike indoor volleyball with six players on the court, sand volleyball is its minimalist cousin. There are only two players on the sandy court, and they play without shoes. A game consists of five best-of-three doubles matches.

Tinsley, who started playing volleyball when she was 15, added that playing outdoors is also more physically demanding.

"I like the physical challenge of it," she said. "I never played in sand before, and moving, jumping, in sand is a challenge."

The NCAA only approved the addition of sand volleyball last year and, so far, less than 30 schools have added programs. Although sand volleyball is not yet a WCC sport or a Pac-12 sport, the new team offers players opportunities to learn other positions and try out new skills.

For sophomore Rachel Gillcrisp, a native of Denver, playing in the sand is something new, but she enjoys playing the game in a new way.

"[For the indoor season], I'm a middle and end—and I'm never in the front row," she explained, "It's exciting to have a different role in the game."

Her goal echoes those of her teammates: to improve. "I'm just learning how it all works," Gillcrisp noted.

Coach Brent Crouch has noticed a shift in his athletes since the new sport was added.

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Life in Lamorinda

B1-B12

Table of Tears

Division must be countered with active voices, suggests artist Donna Fado Ivery. Page B4



Sports

C1-C3

Cougars Post-Season

Campo boys' basketball got a second chance and played their way to the Nor Cal Finals. Page C1



Our Homes

D1-D12

Weed, Seed, Feed!

It's planting season! Digging Deep with Cynthia Brian, page D1

