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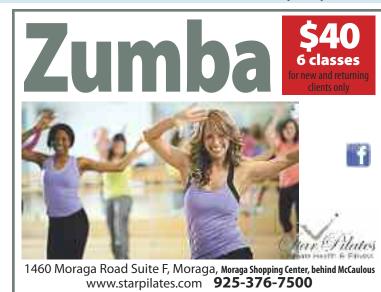
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# Take5' Takes Hold at Campolindo

By Cathy Dausman



From left, Campolindo High School students Devin Regan, Jake Rider, J.V. Baldwin and Sean Smith.

Campolindo High School build- Haven, whose son became likely to abuse alcohol, pot & ings, there is evidence of a second, campus-wide campaign called Take5. This one, its founders hope, will be something the students take with them long

after high school. Sponsored by the CHS Parents' Club and endorsed by the CHS administration, Take5 has one simple goal: to get students

thinking (by taking five seconds) before they act.

"Parents of this school wanted their children to know we know [about the choices they face]," said Parents' Club president Wendy Dunn. She hopes students not only think about how a decision might affect him or her, but also "those around you, your family and [you] for the rest of your life."

To kick off the campaign, Dunn and Take5 co-chair Wendy Feldman peppered school walls with two dozen circular posters after school last month. The posters were an in-kind donation from CHS parent Teddy Yuen. On April 16 the entire student body, in back-to-back assemblies, watched the documentary "Be-

mid student council cam- hind the Orange Curtain." Author, don't mince words, for example: Apaign signs plastered on speaker and parent Bradley De-

Think about it.

prescription eye opener." hooked on painkillers, gave an introductory message. The campaign presented a third assembly to parents that evening.

Principal John Walker called the assemblies "very powerful."

"Behind the Orange Curtain" has a strong message, Walker said in an email, "but the message is one our students needed to hear. This assembly raised awareness of the dangers posed by prescription drug abuse, and it provided students with tools to combat this threat."

"No one even life." man said. coughed." Although heavy on poster content strives to stay poswhere you go but why you go," one poster said. But the posters

"Sleep deprived teens are more drugs." Feldman's personal favorite is the poster which reads,

"No one plans on becoming an addict."

An impromptu interview with several CHS students showed how the campaign has taken hold.

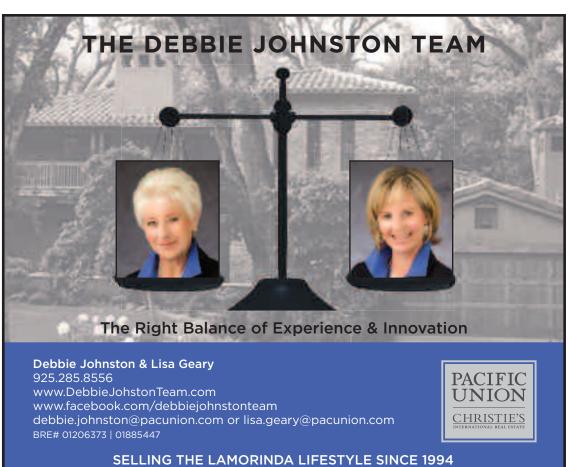
The assembly "all about was choices," said sophomore J.V. Baldwin, who explained how its message is now always in the back of his head. Another sophomore, Jake

Rider, called the movie's revelation that drug abusers could be rendered physically disabled "an

Freshman Devin Regan expects to share the information with his siblings and carry it with him "for the rest of my life."

Dunn and Feldman say the posters will come down before the end of the school year, but promise to expand the campaign through electronic media (Facebook and Twitter) over the summer. The CHS Parents' Club also hopes to share the program with the other three Acalanes Union High School District schools. To quote the Take5 mission state-"You could hear a pin drop ment: "Five seconds is a long [during the assemblies]," Feld- time. Five seconds can change a

An unedited version of "Bewell-researched statistics, Dunn hind the Orange Curtain: The real and Feldman said the Take5 story of what is happening in Orange County, California," is itive. "College: It's not about available online: behindtheorangecurtain.net.



A Member of Real Living



From left, Wendy Dunn and Wendy Feldman pose near a Take5 poster. Photos Cathy Dausman