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Published July 3rd, 2013 **Summer Plans for Lamorinda Teens**

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With weather like this, it's easy to spend one's days lazily lounging besides the pool and tanning. For some, this may comprise the whole of their summer plans. However, many Lamorinda teens spend these weeks doing the opposite interning, traveling, taking classes, and preparing for the upcoming school year.

For example, Noah G., now a senior at Miramonte High School, is interning at Assemblywoman Joan Buchanan's office for the summer. "I am very interested in learning about how the government works, and this internship will be an opportunity to see this on a more localized scale, so I interviewed a couple of months ago and was accepted. I'll be spending more time inside than outside in the sunshine!"

Some teens are also taking extended trips to foreign countries. Kacey S. and Meg S. are among a large group of Bay Area students who participate in the Amigos de las Americas program. They are travelling to Ecuador and Paraguay, respectively, for eight weeks this summer.

"I am excited to put myself out there and immerse myself in the rich culture of Cotopaxi," said Kacey. "I'm a little nervous about the isolation, but this is an amazing opportunity to improve my language skills, learn something about myself, and spend time away from home. I really want to get the best out of this Amigos program." Similarly, Caroline C. is returning to Kenya this summer to aid and teach underprivileged children. Many teens feel that

volunteer service trips help them gain an important sense of perspective, and allow them to help others who are truly in need. Caroline found her first trip, taken during her freshman year, to be an enriching experience that she is excited to do again.

Still others are spending the summer frantically preparing for the upcoming school year, through classes at UC Berkeley and DVC or tackling the massive amounts of AP homework. "I have seven books to read," explained Ben, "in addition to the textbooks I'll need to highlight and the college applications that I need to begin. I'll hang by the pool when I can - but it's with 'Pride and Prejudice' under my arm instead of any light reading."

So while teens in the area have certainly not stopped their active lifestyles, summer is a wonderful time to delve deeper into books and pursue extracurricular interests. And, of course, it always includes a bit of fun in the sun!

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