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OTHER ... continued

Call for Volunteers: Share Science and Excitement with the Public! Register for Chabot Space and Science Center's next volunteer orientation from 10 a.m. to 2 p.m. Saturday, Sept. 7. Expand your universe and share your insight with future astronomers, scientists and environmentalists. Help Chabot Space and Science Center provide a world-class educational experience for visitors. Practical shifts and commitment levels for volunteers. For more info on the volunteer program and to RSVP orientation, http://www.chabotspace.org/adultvolunteers.htm or email the Volun-Department volunteers@chabotspace.org.

A Cat Internet Video Festival is being hosted by Community Concern For Cats, the oldest cat rescue organization in Contra Costa County from 3 to 10 p.m. Saturday, Sept. 7 at Heather Farm Park in Walnut Creek. The 75-minute film of hilarious Internet cat videos on a large outdoor screen starts at sunset. There will also be children's activities, other animal rescue groups and vendors there for the day. Admission: \$10 for adults; \$5 for children 3-12, free for 3 and under. Bring your picnic blanket or a low chair for the show.

The Lafayette Flag Brigade's 12th Annual 9/11 Remembrance and Candlelight Vigil from 4 to 8 p.m. Wednesday, Sept. 11 at El Curtola Bridge, Hwy 24 overcrossing @ 680 Freeway in Lafayette. Never forgetting 9/11, with the largest overpass flag display in the state, the United States volunteers and their flag folding ceremony, the local Blue Star Moms, and the Lafayette Boy Scouts Color Guard. The event also includes the special 12th anniversary music program, VIP speakers, local singers, and the 9/11 Memorial Theatre as well as the candlelight vigil at dusk. This is a family-oriented, educational, and non-political event. All are welcome. Free commemorative flags for children. For more information,

www.nevereverforget911.com or contact Jim Minder at (925)262-3307 or Patty O'Day at (925) 209-5250.

There's a unique opportunity for all those attending the Diablo Valley Quilt Show in Walnut Creek from 10 a.m. to 5 p.m. Saturday and Sunday, Sept. 14 and 15 at the Tice Valley Community Gym, 2055 Tice Valley Blvd. In addition to showcasing over 250 quilts made by DVQ members, there will be a special exhibit of quilts made by Nancy S. Brown from Oakland. There will also be quilts made by guild members on display, more than 20 vendors, a guild sponsored boutique, and free demonstrations. Admission: \$10 (good for both days). For info, visit www.diablovalleyquilters.com.

www.lamorindaweekly.com

Don't miss the "Best of the East Bay" Lafayette Art & Wine Festival from 10 a.m. to 7 p.m. Saturday, Sept. 21 and from 10 a.m. to 6 p.m. Sunday, Sept. 22 in downtown Lafayette. The award-winning Art, Wine and Music Festival includes four Stages, 20 live bands, 250+ artists, kid-zone, great food - and the largest selection of wine, beer and ale of any SF Bay Area festival. Free admission. For complete Lafayette Art & Wine Festival details, visit http://lafayettefestival.com.

Car buffs will have three great events to attend in Orinda. The weekend kicks off with a pre-show party at 7 p.m. Friday, Sept. 20, followed by the free 9th Annual Orinda Classic Car Show presented by Orinda Motors from 10 a.m. to 3 p.m. Saturday, Sept. 21 in Orinda Village, 63 Orinda Way. Car enthusiasts can then enjoy a 'Speed on the Screen' special-feature movie night with two showings of "Gone in 60 Seconds" at 5:30 and 7:45 p.m. Sunday, Sept. 22 at the classic art deco Orinda Theatre. more info, www.OrindaCarShow.com. Those interested in entering a vehicle, subscribing to email updates, or attending the Pre-Show Party may do so online.

Moraga Pear & Wine Festival from 10 a.m. to 4 p.m. Saturday, Sept. 28 at the Moraga Commons. This family event includes music, artists' booths, a pear cooking contest, and children's activities. Entertainment at the festival will consist of local bands during the afternoon. A limited quantity of fabulous pear pies will be sold; whole or by the slice!

SENIORS

'As the Page Turns' Book Club. **Looking for a good** book to talk about with others? Join this brandnew, informal group of book lovers and enjoy enrichment, discussion, fellowship and refreshments from 1 to 3 p.m. the third Tuesday of the month at the Lafayette Community Center Toyon Room. Cost: senior services members \$1/non-members \$3.

GARDEN

The Contra Costa Master Gardener organization turns 30 this year and to celebrate, is organizing a free Sustainability Fair for the community. They will be at their stunning demonstration garden called "Our Garden" at the corner of N. Wiget and Shadelands from 10 a.m. to 3 p.m. Saturday, Sept. 7. This oneday event will include speakers and informal demonstrations on a wide range of sustainable practices and topics including edible gardening, food preservation, raising backyard chickens, composting, beekeeping, efficient irrigation, and much, much more. There are activities for children and as always, will have our Master Gardeners on hand to answer garden related questions.

Please submit:

Events: calendar@lamorindaweekly.com **Stories:** storydesk@lamorindaweekly.com Letters: letters@lamorindaweekly.com Opinion: letters@lamorindaweekly.com

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"One Direction: This is Us"

By Lemuel Valbuena



Photo provided

This is Us," directed by Morgan Spurlock ("Super Size Me," "The Greatest ality TV, One Direction is composed of Movie Ever Sold") is a good ole time at the movies. If you are not a fan of boy bands, you might say this genre only appeals to teenage girls who scream and screech for hours, but as an adult and someone who's had a fascination with boy bands, I can't help but be intrigued by this story.

One Direction is made up of British boys Harry, Zayn, Niall, Louis, and Liam who are between the ages of 19 to 21. They're a group of guys who grew up in working class families, which provides the backdrop for the whirlwind change in their lives. Their big break came from the reality TV singing show "X Factor," founded by Simon Cowell, who put them in a group after they were cut as individual singers. One Direction was born.

The film interweaves footage from the band's live concert at the O2 Arena in London where the 3D magic is put to use, and behind-the-scenes footage as they go on their worldwide sold-out tour.

One Direction is a fan-based movement. Before their songs were recorded, throngs of fans from England made them a success through social media. With top hits on the charts in different countries, their massive appeal as a group exploded including chart topping hits in the U.S.

I particularly liked the message that 1D of the hard work the boys put into their brand. Unlike the Kardashians or the Jersey

he documentary film "One Direction: Shore boys and girls who found fame by just being themselves and being part of reguys who are talented singers and entertain-

There is also footage of them just goofing around as they should, given their ages. Harry (who seems to be the most popular judging from the cheers in the theater) has a bubbly side to him. Zayn seems to be the most serious of the five. And Louis and Liam seem to be next door type of guys anyone can hang out with. Niall is the goofiest one and provides moments for the best laughs of the movie. It is pure entertainment when one of them goes incognito

amongst a throng of fans. Overall, I'm glad that this film was made at the beginning of their careers because no one knows when fame will end. Spurlock does a great job of connecting the audience to these boys as they travel around the world and enjoy the massive fame they have right now.

You may not be a fan of their music, but you will be a fan of their story – a story of regular boys whose lives get turned upside down with their good looks and charm. They have a marketable boy band look and pop ready voices that are not too bad, if you ask me.

As one of them says, "We make boy bands look cool."

"One Direction: This is Us" is rated PG is a group that got its fame partly because and is 92 minutes long. View the trailer at Zemrak.com.