

Cal Magic Take Sonoma Classic

Submitted by Greg Davis



Front row, from left: Vanessa Vaisnor, Keeley Murphy, Lauren Van Stralen, Mia Grillo, Molly Ikeya, Anya Li, Emily Smith; back row: Kaitlin DeVries, Holland McDonald, Kierra Krawec, Sam DeVecchi, Pam Nichols, Jackie Nichols, Rachel Brickman, Isabel Hough, Annie Midthun, Molly Davis, Kate Minden. Photo provided

California Magic soccer club's U14 girls repeated last year's performance at the 8th Annual Sonoma County Alliance Labor Day Weekend Tournament championship. The girls outscored opponents 11-3 to take

home the title. Upon receiving their trophy, the Magic girls dedicated the tournament and their trophy to Pam Nichols, the team's manager and club vice president.

Lamorinda Baseball is No. 1

Submitted by Steve Allen



From left: Coach Rudy Lopez, Lucas Allen, Javier Lopez, Josh Alvarado, Dandre Gaines, head coach Rick Rider. Photo provided

When Lucas Allen joined the Lamorinda Spartans back in 2011, the team had one goal: to win a national championship.

The team, based in Moraga, is composed of players from around the bay area.

After playing nearly 80 games (69-10) since Jan. 1 and traveling 23,000 miles, Travelball Select has named the Lamorinda Spartans the 12U National Champions for 2013. The team earned the ranking of No. 1 team in the nation.

Teacher Earns Silver Medal in Karate

Submitted by Caroline Tsuyuki



Caroline Tsuyuki (right) of Lafayette earned a silver medal in the adult women's division of Shito-Ryu karate at the 9th World Karate Do TaiKai Championships held in July in Osaka, Japan. Tsuyuki is a science instructor at Stanley Middle School.

Photo provided

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Strokes Succeed in Canada

Submitted by Lynn Klinkenberg



U19 Womens 8+, from left: Amy Tarczynski, Jillian Lundstrom (Miramonte), Jennifer Mundelius, Abby Vare, Margaret Ross (Miramonte), Madelynn Prendergast, Olivia Klinkenberg (Acalanes), Marie Johnson (Miramonte), Gabriella Pascual-Mead. Photos provided

Oakland Strokes varsity women's team returned with a "boatload" of gold medals from the Royal Canadian Henley Regatta, which took place in Ontario on Aug. 4-11.

Of the 21 events they entered, Oakland Strokes boats reached six finals, and won three of them: Senior Lightweight Womens Dash 8+,

Under 23 Lightweight Womens 8+, and Under 19 Womens 8+. Between the three boats, seventeen athletes won a total of 27 gold medals.

"Getting to the finals at Henley is a challenging goal for any rower," says Teresa Guthrie, varsity girls' coach, "winning gold is a real accomplishment."



U23 Lightweight Womens 8+, from left: Elizabeth Pate (Miramonte), Marie Johnson (Miramonte), Gabriella Pascual-Mead, Alanah Anderson, Kelsey Anderson, Alessandra Lucas (Acalanes), Margaret Odell (Miramonte), Tenaya McCoy, Madelynn Prendergast.



Senior Lightweight Womens 8+ Dash, from left: Elizabeth Pate (Miramonte), Marie Johnson (Miramonte), Gabriella Pascual-Mead, Alanah Anderson, Tori Wong (Miramonte), Alessandra Lucas (Acalanes), Elizabeth Hofinga (Miramonte), Tenaya McCoy, Madelynn Prendergast

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