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Rustic Chai Pear Scones with Pear Butter

Elaine Cable 2013 Adult "Other" Winner

Serves 12

Rustic Chai Pear Scones

Ingredients

2 cups all purpose flour 1/2 cup light brown flour

2 teaspoons baking powder 1 teaspoon salt

1 teaspoon cinnamon 1 teaspoon ground ginger

1/2 teaspoon ground cardamom 1/2 teaspoon allspice

1/4 teaspoon nutmeg 1/8 teaspoon finely ground black or white pepper (optional)

4 ounces chilled butter, cut into small cubes 1 cup diced pear (I use Bartlett)

1 cup very cold buttermilk (well shaken before measuring)

black tea, from one regular size tea bag, rubbed between fingertips until finely crumbled

Directions

- Preheat oven to 400 degrees and line a heavy baking sheet with parchment, or oil the 12 spots where the scones will go.
- In a medium bowl, whisk the dry ingredients together.
- Use a pastry cutter or two table knives to cut in the butter it should resemble coarse crumbs some little bits of butter should still be visible.
- Taking care not to over mix, fold in the diced pear and the buttermilk.
- Spread a bit of flour on your work surface, and scrape dough out on top. Dust the top of the dough lightly with flour and flour your hands.
- Gently pat the dough into a rectangle, about 6 by 8 inches, squaring edges and corners so they will be nice and even.
- Use a scraper or long knife to cut into 12 squares, making three cuts along the 8-inch side and two along the 6-inch side. You can also cut them with a round biscuit cutter or cut in triangles.
- Place on the sheet and brush the tops lightly with buttermilk for a nicely browned, shiny top.
- Bake for 17 minutes or so, until done and nicely browned. Cool on a rack.

Pear Butter

Ingredients

Pears - (40 medium sized or 50 small)

1 1/2 cups sugar

2 teaspoons cinnamon

1/4 teaspoon ground cloves

1/4 teaspoon ground ginger

Directions

- Peel, core and chop pears. Then puree in a blender.
- Put the pear puree, sugar and spices into a crock pot (4 quarts or larger) and set on high.
- Cook uncovered, stirring occasionally, until reduced by half. Approximately 12 hours.

Yield: four pints or two quarts.

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