



CHILDREN'S HOSPITAL & RESEARCH CENTER OAKLAND

SPORTS MEDICINE CENTER FOR YOUNG ATHLETES

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- SPORT-SPECIFIC PHYSICAL THERAPY FOR THE DEVELOPING YOUNG ATHLETE
- LONG-TERM SPORTS PERFORMANCE ENHANCEMENT
- INJURY REDUCTION TECHNIQUES



Gaels Off to 4-0 Start

Submitted by Tony Samaniego



The Saint Mary's rugby team completed a five-day tour of Arizona, playing University of Arizona on Jan. 17 and Arizona State on Jan. 19. The Gaels have not played any Arizona schools in nearly a decade, but the team reminded the desert schools of the strong rugby played in the Bay Area.

SMC went up 26-3 in the first half against the Arizona Wildcats. The Gaels maintained their intensity in the second half to finish the game 45-3. In the second game, the "A" side dominated the Wildcats 76-10.

Saint Mary's then traveled to Phoenix where they beat Arizona State. The Gaels finished the first game 40-10, before the "A" side defeated the Sun Devils 59-19.

SMC is now 4-0 after early wins against San Francisco Golden Gate and Diablo Men's clubs.

Photo provided

LMSC Wins Title

Submitted by Corinna Sassano



Photo provided

The LMSC girls' U12 White team won the State Cup in their division on Dec. 15.

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Magic Versus Magic

Submitted by Greg Davis



Photo provided

At the end of a successful soccer season, the California Magic U9 girls split into two teams (Magic Blue and Magic White) to play in the Diablo Valley Futsal League. Both teams made it to the championship

game. Magic took home first and second in the division.

Coach Tony Neto said, "I am very proud of the girls. Our team plays with a lot of passion and has a great team spirit."

Young Qualify for Olympic Pool

Submitted by Greg Davis



From left: Mia Grillo, Kierra Krawec, Molly Davis, Gabriella Ortale, Tai Fox, Alex Topping, Joseph Gratul and Yohannes Kalonji (not pictured: Samantha DeVecchi)

Photo provided

California Magic Soccer Club congratulates nine of its players who have been selected to the Cal North Olympic Development Program (ODP) state player pools. The selected players represent the best players from the Northern California region within their age groups. Next, the athletes will compete within the state pool to be named to the US Youth Soccer Region IV player pool.

The players representing Cal Magic: Molly Davis (Lafayette, '99G), Samantha DeVecchi

(Orinda, '99G), Tai Fox (Orinda, '00B), Joseph Gratul ('99B), Mia Grillo (Orinda, '99G), Yohannes Kalonji ('99B), Kierra Krawec (Lafayette, '99G), Gabriella Ortale (Lafayette, '01G), and Alex Topping (Lafayette, '00B).

The Olympic Development Program is a national process for identifying and developing the best youth soccer players. The process promotes players to the U.S. National Teams, the Youth World Cup, and the Olympics.

CYO Team Cheers on the Gaels

Submitted by Marty Ruane



Photo provided

The St. Perpetua seventh grade girls' basketball team took a trip to check out the Saint Mary's women's basketball team on Jan. 18. The Gaels defeated the Loyola Marymount Lions 78-74 in an ex-

citing game. The CYO team scrimmaged during half-time and had the chance to meet the SMC team after the game.