Digging Deep

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Short Work Spurts

Make a list of what you need to do in your garden on a weekly basis. Then throughout the week, check off the tasks as you have the time. There is no need to spend eight hours every Saturday or Sunday toiling (unless you want to). You'll feel exhilarated by accomplishing one or two small chores in an hour here and an hour there.

Mulch for Garden Health

By maintaining a 3-inch covering of mulch, you'll reduce erosion, maintain ground temperature, suppress weeds, conserve water, and prevent disease. Leaves, pine needless, shredded bark, wood chips, even gravel offer these benefits while beautifying and unifying the look of your landscape.

10. Photograph your Space

With our smartphones and digital cameras it is so easy to take pictures. Take photos in all the seasons for better record keeping as well as to document the years. It's amazing how quickly our gardens change and evolve.

11. Save a Tree

Seven million urban trees are destroyed every year. Americans are being asked to plant a tree or care for one that you already have. Trees combat global warming, absorb CO2, provide oxygen, clean our air, cool our environments, conserve energy, prevent erosion, supply nourishment, offer play spaces, grant shade, and increase the value of our land.

12. Bee Friendly

Make your garden attractive to birds, bees, butterflies, and bats and you'll enjoy a healthy, happy landscape. Provide pollen rich food, shelter, water, and landing places for beneficial visitors.

13. Forget Perfection

My motto has always been "failure is fertilizer." There are no mistakes in the garden. If you plant something and it doesn't grow, don't lament. Throw the plant on the compost pile and grow a new garden. Keep in mind that Mother Nature is always in charge. The birds, bees, wind, and wildlife will always be introducing something to your design that you did not plan. Strive for excellence but deep six perfection or you'll be deeply disappointed.

Gardening is good for you. Gardening boosts morale, lowers your grocery bill, and is a free fitness center. A garden's best crop is happiness. Plant some today.







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