

Lamo Varsity Rugby Showcases Talent at Cal

Submitted by Steve Peterson



The Lamorinda Varsity Rugby team at Witter Field in Strawberry Canyon at Cal.

Photo provided

The Lamorinda Rugby Football Club's varsity team defeated North Bay 38-10 on Feb. 15. The match served as a "Curtain Raiser" for the Cal Bears who took on the University of British Columbia right afterwards. Cal also won its match 33-22.

The game was particularly special for head coach Ned Anderson, a Cal Hall of Fame rugby player and coach.

Winter Games Continue for Locals

Submitted by Leslie Ryder



Sierra Ryder earned second place in the Western Region Elite Tech National Qualifier Photo provided

While the Olympics have finished, the competition is just heating up for four local ski racers who qualified for the Regional and National Ski Championships.

Sierra Ryder, a senior at Miramonte, qualified for U18 Nationals to be held Feb. 28 through March 6 in Colorado.

Ryder took the Silver in U18 Slalom, Bronze in U18 Giant Slalom at the Western Region Elite Tech National Qualifier in February. Ryder will race against the top 45 U18 ladies in

the country Brooke Norton, a junior at Campolindo, Lisa Rose Longton, a junior from Orinda, and Will Leonard, a senior at Campolindo, all qualified for the Western Region Junior Championships that will take place March 4-9 at Squaw Valley.

Norton won the gold in the Super G Western Region qualifier on Feb. 6. She will race against the top Western Region Ski racers.

Karate Athletes Bring Home Medals

Submitted by Thomas Westernoff



From left: Kai Thomas (silver in kata), Jared Avenell (silver in kata and bronze in kobudo), Justin Simpson (gold in kumite), Logan Simpson (bronze in Kumite), Trevor Simpson (gold in kata and bronze in kumite), Arleen Thomas (gold in Kobudo, gold in Kumite and bronze in Kata), Morgan Langstaff (gold in Kumite and bronze in Kata), and coach Sensei Thomas Westernoff. Photo provided

Seven members from The Karate & Fitness Place USA returned home from the West Coast Karate Championships held in Yuba City on Feb. 16. Hundreds of athletes from all over Northern California came to participate in this event. Participants ranging from 4- to 65-years-

old competed in beginner through advanced levels.

Lamorinda athletes brought home 12 medals in Kata (Forms), Kobudo (weapons) and Kumite (sparring).

LMSC Sends Athletes to Play at Next Level

Submitted by Corinna Sassano



From left: Emily Orwig (Campo), Cal Poly; Jane Fessenden (Miramonte) MIT; Jessika Martinez, Oregon State; Julia Reshke (Campo), Georgetown; Lindsay Wilson (Campo), Emory; Mali Tehaney (Miramonte), UC Davis. Photo Brian Fessenden

The LMSC G95 team has players talented enough to play at the collegiate level. While a few athletes are still contemplating their next step, several players have already signed Letters of Intent with schools.

Campolindo sends Emily Orwig to Cal Poly, Julie Reshke to Georgetown and Lindsay Wilson to Emory. Miramonte sends Jane Fessenden to MIT and Mali Tehaney to play at UC Davis.

Lamorinda Wins Soccer State Cup

Submitted by Paul Pitt



Back row, from left; Isla burch, Katherine Liu, Anna Pitt, Avalon Scheone, Monique Zarling, Ivy Souza, Coach Pedro Osorio, Yasmeen Idao, Katherine Dunn, Sierra Harley, Jamie Bishop; Front row: Alex Bonardi, Celia Campo, Christine Massoni, Caitlin McDonagh, Holland Ericson, Mallory Louis, Juliet Adams. Photo provided

The Lamorinda United U12 Navy Girls soccer team capped a great season with an exciting 2-1 victory over highly ranked COSC 01 girls' Red team from Fresno to win the State Cup Final.

The game started at a fast pace with both teams playing high level soccer. Midway through the first half Lamorinda took the lead when a corner by Anna Pitt was headed off the line by a COSC defender, only to be headed

back into the goal by defender Monique Zarling. COSC leveled a few minutes later on a fast break attack. Just before half time a great defensive play by Avalon Scheone resulted in a pass to Katherine Liu whose powerful run took her past three defenders and then the keeper for what proved to be the winning goal.

In the final minute a great save by goal keeper Mallory Louis preserved the victory for the Lamorinda girls.