

Feng Shui Balance

The Fire Element of Summer

By Michele Duffy



Placement of a fire feature, like this Moraga resident's fire pit, can help activate the Feng Shui fire element.

Photo Cathy Tyson

Many of us associate summer with adventures near and far, joyful family time and lots of outdoorsy activity. So what is good Feng Shui for maintaining our own personal Qi (energy) when it's really hot outside and potentially draining?

According to the Feng Shui Five Element theory, summer is governed by the Fire Element. Fire allows us to be self-confident, compassionate and to easily communicate with one another, openly and warmly and represents vitality, energy, enthusiasm, creativity, mental activity, intuition, memory agility, and sparkling movement. "Activating" the fire element in our homes includes activating these abilities and qualities in our lives; not having Fire activated can mean we lack passion, spontaneity and flair.

Feng Shui philosophy states that energetically our spaces or dwellings influence us a great deal of the time. The fire element rules the fame and reputation area of the Feng Shui Bagua map, so placement is important. For example, make sure you place your barbecue grill or fire pit in the back middle area of your yard. Placing candles or spherical sculptures in the back middle area of your home will also activate the fire element, helping send your good reputation far and wide in the world as you define it. Avoid placing a predominance of the fire element in the near right area of the home – the Helpful People area – since that area is ruled by the metal element and fire melts metal (and your helpful people will cease to exist). ... continued on page D14



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