Comorinda OUR HOMES

Lamorinda Weekly Volume 08 Issue 12 Wednesday, August 13, 2014



High Tech Gadgets Help Seniors Stay Safe at Home

By Cathy Dausman



A heat sensor mounted above the oven can alert Justin Pickering if his father has left the burner on.

y all accounts Roger Pickering, 72, is an active senior who still lives on his own in the East Bay. But his son worries about his widowed father, although he lives just 10 minutes away in Lafayette. Is his father awake or asleep? Did he take his medication on time? Did he leave a door open? Did he fall in his house or did he sim-

Photo Cathy Dausman ply fall asleep watching TV?

Pickering has bad knees and his house has "a lot of steps," says his son, Justin Pickering. Falls are the leading cause of fatal and nonfatal injuries in U.S. adults over 65 (40 million), according to the Centers for Disease Control and Prevention; one out of three people in that age range falls each year.

Justin Pickering has also worried more since his mother died in 2012, leaving his father alone. "Yeah, I'm the sole caregiver [for my dad]," he said. He wasn't actively searching for a way to keep an eye on his father, having briefly considered using a baby monitor system, but when he stumbled across the SafeinHome technology, he knew he was on to something.

SafeinHome is a smartphone app where sensors are placed unobtrusively around the senior's home, explained company representative Shelly Gordon. She said it is just "one example of the exploding 'aging in place' tech market that Aging in Place magazine said will reach \$30 billion by 2018."

High tech interfaces between the senior population and their baby boomer children allow the older generation to remain at home longer and more safely.

... continued on page D4



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Lamorinda Home Sales recorded

City	Last reported:	LOWEST AMOUNT:	HIGHEST AMOUNT:
LAFAYETTE	19	\$583,500	\$2,450,000
MORAGA	22	\$455,000	\$1,692,000
ORINDA	28	\$478,000	\$2,650,000

Home sales are compiled by Cal REsource, an Oakland real estate information company. Sale prices are computed from the county transfer tax information shown on the deeds that record at close of escrow and are published five to eight weeks after such recording. This information is obtained from public county records and is provided to us by California REsource. Neither Cal REsource nor this publication are liable for errors or omissions.

LAFAYETTE

3299 Beechwood Drive, \$810,000, 2 Bdrms, 1278 SqFt, 1950 YrBlt, 7-16-14; Previous Sale: \$515,000, 05-30-02

12 Dianne Court, \$1,895,000, 5 Bdrms, 2697 SqFt, 1975 YrBlt, 7-10-14

3954 El Nido Ranch Road, \$1,520,000, 4 Bdrms, 3459 SqFt, 1981 YrBlt, 7-17-14; Previous Sale: \$1,295,000, 06-28-06

42 Knox Drive, \$1,005,000, 3 Bdrms, 1657 SqFt, 1978 YrBlt, 7-17-14; Previous Sale: \$805,000, 02-25-09

750 Los Palos Drive, \$1,375,000, 3 Bdrms, 1674 SqFt, 1951 YrBlt, 7-11-14; Previous Sale: \$560,000, 01-12-12

3181 Lucas Drive, \$998,500, 4 Bdrms, 1675 SqFt, 1963 YrBlt, 7-16-14

4049 Marianne Drive, \$1,040,000, 4 Bdrms, 2067 SqFt, 1941 YrBlt, 7-7-14; Previous Sale: \$307,500, 04-30-96

1403 Meadowlark Court, \$2,450,000, 4 Bdrms, 3745 SqFt, 1959 YrBlt, 7-8-14; Previous Sale: \$1,750,000, 07-14-04

675 Moraga Road, \$1,670,000, 4 Bdrms, 4674 SqFt, 1981 YrBlt, 7-1-14; Previous Sale: \$935,000, 02-20-13

3305 North Lucille Lane, \$1,020,000, 4 Bdrms, 1964 SqFt, 1951 YrBlt, 7-15-14; Previous Sale: \$830,000, 04-03-08

1089 Oak Hill Road, \$1,325,000, 3 Bdrms, 1337 SqFt, 1951 YrBlt, 7-11-14

3181 Old Tunnel Road, \$1,240,000, 3 Bdrms, 1736 SqFt, 1953 YrBlt, 7-11-14; Previous Sale: \$425,000, 03-19-99

420 Read Drive, \$912,000, 3 Bdrms, 1476 SqFt, 1957 YrBlt, 7-7-14; Previous Sale: \$317,000, 12-20-95

2 Shreve Lane, \$765,000, 7-2-14

3426 Stage Coach Drive, \$2,300,000, 5 Bdrms, 4289 SqFt, 2012 YrBlt, 7-8-14; Previous Sale: \$1,979,000, 05-24-13

1903 Via Ferrari, \$1,286,000, 4 Bdrms, 2612 SqFt, 1984 YrBlt, 7-3-14; Previous Sale: \$1,140,000, 03-28-08

995 Victoria Court, \$965,000, 3 Bdrms, 1509 SqFt, 1970 YrBlt, 7-1-14; Previous Sale: \$260,000, 05-17-88

1208 Vacation Drive, \$920,000, 3 Bdrms, 1450 SqFt, 1957 YrBlt, 7-17-14; Previous Sale: \$287,000, 08-27-93

26 White Oak Drive, \$583,500, 4 Bdrms, 1874 SqFt, 1959 YrBlt, 7-9-14

... continued on page D8



Quinn Berg

Broker Associate
Direct: 925.765.2996
quinn.berg@camoves.com
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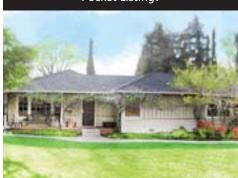


555 Merriewood Drive, Lafayette • \$1,135,000 In the heart of Burton Valley. Custom built 4BR/2BA 2000± sq. ft. rancher on large .25± acre flat lot with pool and patio. Steps to school (check availability), parks and trail.



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High Tech Gadgets Help Seniors Stay Safe at Home

... continued from page D1

The list of technologies either currently available or under development include toilets that test for urine sugar levels, body fat, and blood pressure, "smart spectacles" that aid the vision impaired to navigate their homes, beds that monitor a patient's vital signs, video games that detect early signs of dementia, and even stoves that turn off when their owners forget to (http://aginginplace.com/mini-2/technology-for-aging-in-place/3/).

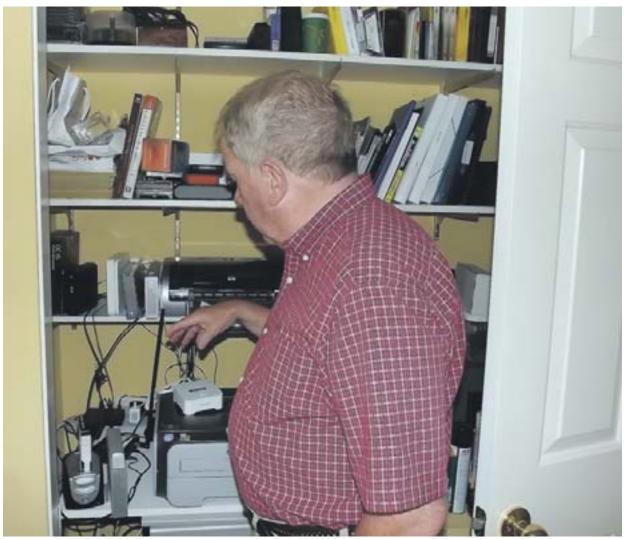
In the Pickering home, ceiling mounted sensors about the size of smoke alarms track Roger's progress throughout the house and notify Justin when anything unusual happens. SafeinHome and similar technologies, including Lively and Quiet Care are passive systems, designed for a caregiver to monitor. Other systems like personal emergency response (PERS) buttons, use a pendant or wristband and require user activation. Gordon said some seniors don't use the PERS button either because they misplace the button or "don't want to bother anyone."

Father and son agree their system gives them peace of mind.

"It's cool," Justin Pickering said. "It takes the worries off my shoulders." Roger Pickering, who used to work in the Information Technology field, likes the system too, and reminds his son to check its operation often.

"It gives me a sense of assurance," the older Pickering said. The possibility of falling or being immobilized without anyone knowing was a regular topic of discussion among the members of Pickering's senior support group, but he said his research on help-in-home systems was limited to reading about them in AARP magazine. Now Roger Pickering uses his system to monitor "comings and goings" at his own house. By consulting his smart phone, for example, he can be away when the house cleaners are working, and know exactly when they leave.

"I didn't know I needed it," Justin Pickering said. "Now I can't live without it."



Roger Pickering points out the black antenna that receives wireless information from the SafeinHome sensors around his house.

High Tech Help

Technological devices and interfaces help seniors age in place, and offer a way for caregivers to monitor loved ones from afar. For example, GrandCare Systems (https://www.grandcare.com/) uses the Internet and the senior's TV to communicate, with wireless sensors to monitor wellness, including motion, body temperature, door position, blood pressure, weight, and other programmed, customized variables. For information about additional resources, visit the following websites:

http://www.safeinhome.com/

http://www.mylively.com/

http://www.careinnovations.com/about/

Rest Assured Telecare: http://www.rescare.com/homecare-services/rest-assured-telecare/

For information about how a PERS works, visit:

http://www.caregiver.com/channels/tech/articles/PERS_faqs.htm.

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New Listings by Alex Gailas



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*Per Seller Plans **Per Tax Records

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1257 Panorama Drive, Lafayette







Page: D8 LAMORINDA WEEKLY OUR HOMES www.lamorindaweekly.com / 925-377-0977 Wednesday, August 13, 2014

Lamorinda Home Sales recorded

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MORAGA

1977 Ascot Drive #4, \$630,000, 3 Bdrms, 1792 SqFt, 1985 YrBlt, 7-8-14 2026 Ascot Drive, \$455,000, 3 Bdrms, 1687 SqFt, 1972 YrBlt, 7-10-14; Previous Sale: \$335,000, 06-01-09 599 Augusta Drive, \$1,440,000, 2 Bdrms, 1991 SqFt, 1984 YrBlt, 7-11-14; Previous Sale: \$1,100,000, 06-01-07 613 Augusta Drive, \$710,000, 2 Bdrms, 1262 SqFt, 1977 YrBlt, 7-2-14; Previous Sale: \$409,000, 06-29-01 720 Augusta Drive, \$730,000, 2 Bdrms, 1743 SqFt, 1974 YrBlt, 7-16-14; Previous Sale: \$615,000, 06-22-12 907 Augusta Drive, \$1,185,000, 4 Bdrms, 3424 SqFt, 1989 YrBlt, 7-3-14; Previous Sale: \$967,000, 07-24-09 316 Calle La Montana, \$1,600,000, 4 Bdrms, 2340 SqFt, 1972 YrBlt, 7-1-14; Previous Sale: \$225,000, 10-01-85 1392 Camino Peral, \$555,000, 3 Bdrms, 1348 SqFt, 1971 YrBlt, 7-1-14; Previous Sale: \$565,000, 05-13-05 32 Carr Drive, \$1,175,000, 4 Bdrms, 2578 SqFt, 1973 YrBlt, 7-9-14; Previous Sale: \$529,000, 05-29-96 682 Carroll Drive, \$859,000, 3 Bdrms, 1589 SqFt, 1958 YrBlt, 7-10-14; Previous Sale: \$789,000, 07-22-04 93 Danefield Place, \$1,200,000, 3 Bdrms, 2354 SqFt, 1964 YrBlt, 7-9-14; Previous Sale: \$429,000, 01-12-95 1701 Del Monte Way, \$1,100,000, 3 Bdrms, 1863 SqFt, 1967 YrBlt, 7-8-14; Previous Sale: \$760,000, 07-15-10 11 Del Rio Court, \$1,225,000, 4 Bdrms, 2640 SqFt, 1969 YrBlt, 7-8-14 92 Gaywood Place, \$865,000, 4 Bdrms, 1839 SqFt, 1967 YrBlt, 7-17-14; Previous Sale: \$64,000, 05-10-74 157 Hodges Drive, \$1,130,000, 4 Bdrms, 2485 SqFt, 1963 YrBlt, 7-2-14 6 Lamp Court, \$1,692,000, 4 Bdrms, 3732 SqFt, 1985 YrBlt, 7-9-14; Previous Sale: \$664,000, 12-16-87 38 Lenelle Court, \$1,025,000, 6 Bdrms, 3360 SqFt, 1968 YrBlt, 7-15-14; Previous Sale: \$96,000, 04-01-77 83 Lynwood Place, \$1,365,000, 4 Bdrms, 2325 SqFt, 1963 YrBlt, 7-8-14; Previous Sale: \$550,000, 01-11-90

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The Feng Shui of Front Entrances

By Michele Duffy



The inviting front entryway of this Lamorinda home is clutter free, and invites vibrant energy into the home. Photos provided

ith gardens in full bloom, late summer is a good time to step back and analyze the curb appeal of our homes, and the feng shui of the "power area" of the front entrance.

The front entrance is called the "First Pillar" or power area since it is the "mouth of Qi" or "doorway to prosperity;" it plays a huge role in the overall feng shui of the entire home by bringing abundant, healthy, vibrant energy or Qi to the front entrance, and welcoming it into your home and life. If the feng shui at the front entrance is healthy then the entire home will also have ample Qi or energy throughout to nourish the nine life areas of the Feng Shui Bagua map.

First, is the front door is easily accessible? If the front door is difficult to locate, then visitors, luck, opportunities and money will also have difficulty finding us. Pretend that you are a visitor and critically analyze the ease with which you can locate your front door. Adding welcome signs with arrows pointing to your walkway leading

to the front door may do the trick, or making sure house numbers are easy to see, but there are other simple, creative feng shui solutions for those homes with hard-to-find front entranceways.

The front door in the front entranceway always resides in one of the three areas along the door wall of the Feng Shui Bagua map: the far left area (Self Knowledge and Cultivation); the middle area (Career and Money); or the far right area (Helpful People). Those three front entranceway areas are ruled by the earth, water and metal elements so having a good mix of these elements near or around the front entrance is good feng shui.

Make sure the front yard and front entrance is neat and clean, free of clutter, debris and broken items, and toss your old welcome mat, replacing it with a fresh one that is functional, clean, and attractive.

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Lamorinda Home Sales recorded

925-377-0977

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MORAGA ... continued

1056 Sanders Drive, \$975,000, 4 Bdrms, 2067 SqFt, 1961 YrBlt, 7-14-14; Previous Sale: \$1,000,000, 04-22-08

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- 91 Shuey Drive, \$925,500, 3 Bdrms, 1449 SqFt, 1964 YrBlt, 7-16-14
- 473 Tharp Drive, \$1,250,000, 4 Bdrms, 2759 SqFt, 1965 YrBlt, 7-9-14
- 532 Woodminster Drive, \$581,000, 2 Bdrms, 1620 SqFt, 1974 YrBlt, 7-1-14; Previous Sale: \$240,000, 09-27-99

ORINDA

- 24 Altamount Drive, \$1,050,000, 3 Bdrms, 1877 SqFt, 1948 YrBlt, 7-16-14; Previous Sale: \$335,000, 05-19-94
- 108 Barbara Road, \$1,500,000, 4 Bdrms, 4116 SqFt, 1998 YrBlt, 7-1-14; Previous Sale: \$180,000, 03-24-97
- 73 Brookwood Road #8, \$478,000, 2 Bdrms, 1020 SqFt, 1962 YrBlt, 7-3-14; Previous Sale: \$195,000, 06-12-98
- 3 Canyon View Drive, \$2,000,000, 4 Bdrms, 3872 SqFt, 1976 YrBlt, 7-10-14; Previous Sale: \$935,000, 11-20-96
- 4 Carisbrook Drive, \$1,035,000, 2 Bdrms, 1552 SqFt, 1959 YrBlt, 7-11-14; Previous Sale: \$339,000, 01-23-97
- 36 Charles Hill Circle, \$2,225,000, 5 Bdrms, 4168 SqFt, 1959 YrBlt, 7-9-14; Previous Sale: \$2,250,000, 11-18-04
- 46 Citron Knoll, \$1,357,000, 7-8-14
- 100 Claremont Avenue, \$825,000, 3 Bdrms, 1520 SqFt, 1962 YrBlt, 7-1-14; Previous Sale: \$580,000, 05-20-03
- 134 Crestview Drive, \$1,325,000, 3 Bdrms, 2999 SqFt, 1948 YrBlt, 7-3-14
- 45 Don Gabriel Way, \$1,115,000, 3 Bdrms, 2331 SqFt, 1950 YrBlt, 7-10-14; Previous Sale: \$410,000, 05-31-90
- 174 Glorietta Boulevard, \$1,170,000, 4 Bdrms, 2164 SqFt, 1952 YrBlt, 7-7-14; Previous Sale: \$390,000, 02-27-98
- 58 Hacienda Circle, \$1,440,000, 3 Bdrms, 3617 SqFt, 1942 YrBlt, 7-15-14
- 25 Las Vegas Road, \$979,000, 4 Bdrms, 2093 SqFt, 1952 YrBlt, 7-16-14
- 1 Lavina Court, \$785,000, 3 Bdrms, 1290 SqFt, 1952 YrBlt, 7-17-14; Previous Sale: \$776,000, 05-31-06
- 320 Miller Court, \$2,332,000, 7-15-14
- 645 Miner Road, \$2,650,000, 6 Bdrms, 4741 SqFt, 1955 YrBlt, 7-15-14; Previous Sale: \$2,637,500, 06-29-05
- 19 Monterey Terrace, \$2,325,000, 3 Bdrms, 4597 SqFt, 1997 YrBlt, 7-1-14; Previous Sale: \$190,000, 11-30-94
- 159 Moraga Way, \$967,500, 3 Bdrms, 1816 SqFt, 1939 YrBlt, 7-15-14; Previous Sale: \$555,000, 12-21-00
- 177 Moraga Way, \$945,000, 3 Bdrms, 2514 SqFt, 1940 YrBlt, 7-11-14; Previous Sale: \$837,000, 06-23-11
- 125 Sleepy Hollow Lane, \$1,445,000, 5 Bdrms, 3492 SqFt, 1950 YrBlt, 7-3-14; Previous Sale: \$1,160,000, 01-11-10
- 259 Sundown Terrace, \$1,980,000, 4 Bdrms, 3241 SqFt, 1988 YrBlt, 7-1-14; Previous Sale: \$877,500, 07-31-91
- 528 Tahos Road, \$2,262,500, 5 Bdrms, 5050 SqFt, 1965 YrBlt, 7-2-14; Previous Sale: \$1,275,000, 06-09-05
- 618 Tahos Road, \$1,804,000, 4 Bdrms, 3567 SqFt, 1968 YrBlt, 7-3-14; Previous Sale: \$1,400,000, 10-02-08
- 5 Valley View Lane, \$2,450,000, 3 Bdrms, 2875 SqFt, 2003 YrBlt, 7-3-14; Previous Sale: \$743,000, 07-25-01
- 8 Via San Inigo, \$1,120,000, 4 Bdrms, 2840 SqFt, 1960 YrBlt, 7-3-14; Previous Sale: \$405,000, 07-03-97
- 41 Vista Del Mar, \$1,300,000, 5 Bdrms, 3245 SqFt, 1962 YrBlt, 7-3-14; Previous Sale: \$1,065,000, 05-04-11
- 1 Westwood Court, \$1,050,000, 3 Bdrms, 2982 SqFt, 1984 YrBlt, 7-3-14; Previous Sale: \$375,000, 08-07-85
- 32 Wild Plum Way, \$1,343,000, 7-18-14

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The Feng Shui of Front Entrances

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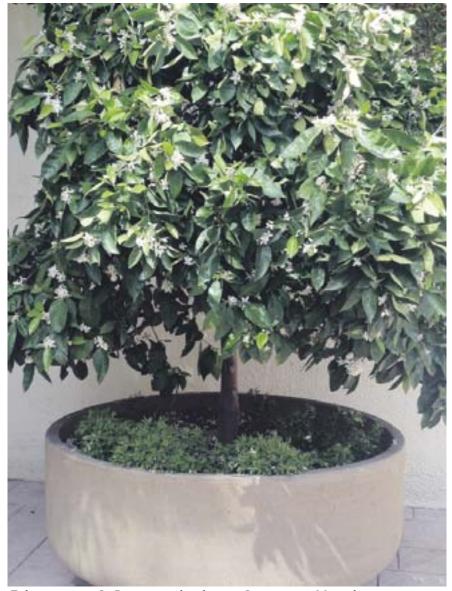
Next, ensure that the front of the property is sufficiently lit, such as the walk-ways leading up to the front door, as well as the lights that flank the front door itself. Always make sure to replace burnt out light bulbs immediately. Lighting has obvious safety benefits but also represents the fire element in feng shui which encourages inspiration, creativity and action.

Ample healthy plants, or pots of brightly colored, flowering, and fragrant plants represent life force. Adding red or bright flowers attract positive Qi to our front entranceways. Blossoms of Myer lemon or protection orange trees, even the miniature varieties, symbolize "bearing fruit" in the specific Bagua area they are planted.

To really activate the front entranceway, consider adding a water feature; it will work to bring the healthiest life force to the First Pillar of the front entrance and en-

courage us to pause and reflect. While there are many options, not all fountains are good feng shui – especially if the water spout or water flow directional points downward. The feng shui water feature must include a water flow that travels upward initially and then the water cascades down over the sides of the fountain. Many local nurseries like Orchard and McDonnell are great sources for outdoor fountains, and many will deliver and set it up for you as well.

After making these changes to the front entranceway, take a moment to see if things shift in your life now that this important area of the First Pillar is addressed, adjusted and activated. Remember, feng shui isn't a one time or once a year adjustment, and tweaking is a huge part of the fun!



Enhance a specific Bagua area by planting Jasmine or a Meyer lemon tree.

Michele Duffy, BTB M.F.S. is an Orinda resident who, since 1999, enjoys creating "Space as Medicine" Feng Shui one space at a time, as well as hiking in nature, cooking, spending time with her family; Canyon Ranch Feng Shui Master, International Feng Shui Guild (IFSG) Red Ribbon Professional. For more info, visit www.mandalafengshui.com, email spaceharmony@gmail.com, or call (520) 64





Digging Deep-Gardening with Cynthia Brian

925-377-0977

Romancing the Stone

Wednesday, August 13, 2014

"When all the water has gone, only the largest stones will still remain in the riverbed." –African proverb



If you want color around your river, nasturtium, dahlia, petunia, and baby roses brighten the landscape.

curve, formed by a mixture of large river rocks, big boulders, smaller pebbles, driftwood, and plants.

Before you begin, ask yourself a few questions:

LAMORINDA WEEKLY

Why do you want an arroyo seco?

What are your expectations for the results?

Where is the optimum location?

How long and how wide will it be?

Will it work with the overall style of your home and current landscaping?

Will it have to be engineered or is this a DIY project? How much can you budget?

Steps for DIY

Building a dry creek is remarkably simple. You may need some help with labor and lifting, but the rest is a pleasurable do-it-yourself project.

- 1. Observe natural creeks or streams. Take lots of photos. You'll notice that they don't follow any pattern, but meander.
- 2. Begin and end in an area that could realistically be a creek bed.
- 3. Determine the size, making sure to make some areas are wider and that the flow is sloping downhill.

... continued on page D14

Page:

ifty-eight percent of California is now experiencing exceptional drought conditions considered by experts to be worse than the droughts of 1924 and 1977. If we have learned anything from our state history, it is that water is a precious commodity. There is not enough water to subsidize our landscapes and many people are wondering how we can win the fight to minimize our usage of H2O and still have an attractive garden. One solution is to romance the stone.

I'm not talking about replacing your landscaping with the tacky white gravel of the '70s, but instead installing an arroyo seco or dry creek which works not only as an alternative to a water feature, but becomes a useable water way when winter rains finally fall. Also called a rain garden, a dry brook will absorb and filter storm water preventing flooding, contamination, and soil erosion in winter while looking beautiful in the dry summer months.

Building a Dry Creek or Arroyo Seco

To be effective, a completed arroyo seco needs to mimic a small flowing river so that it is not only esthetically pleasing but can structurally channel run off water to an area where you need it. The finished goal is to have it look as natural as possible. In nature, streams twist, turn, and



A dry creek planted with sage, lavender, and New Zealand Flax.

•

Page: D14 LAMORINDA WEEKLY OUR HOMES www.lamorindaweekly.com 925-377-0977 Wednesday, August 13, 2014

Digging Deep-Gardening with Cynthia Brian

Romancing the Stone

... continued from page D13

- 4. Remove any lawn and other vegetation. (Check with EBMUD if you are removing grass as you may qualify for a rebate by replacing your lawn with the new dry creek.)
- 5. Mark your design with landscape paint, flour, or spray paint.
- 6. Dig the creek bed twice as deep as it is wide. It's easiest to shovel the dirt from the middle to build up the sides of the banks.
- 7. Tap the soil down firmly several times until it is solid.
- 8. Line the channel and sides with landscape cloth. You can purchase landscape cloth in rolls that are 4 feet by 50 feet for about \$30 at hardware and garden centers. Attach the cloth to the dirt with inexpensive landscape pins, which cost about \$6 a bag.
- 9. Cover the cloth with pea gravel and/or sand. I use sand as a base, then gravel on top as it doesn't wash away easily.
- 10. Visit a local quarry, masonry supplier, or landscape center that carries rocks and boulders to choose the various sizes to add to your creek. You will need to walk around and decide on the color and types of rocks you want. Again, think natural looking.
- 11. Order gravel, sand, rounded river rocks, lava rocks, and boulders for delivery. There is normally a delivery charge, but check around.
- 12. Fill the channel and sides with the various sizes of rounded river rocks. Add a few boulders randomly throughout.





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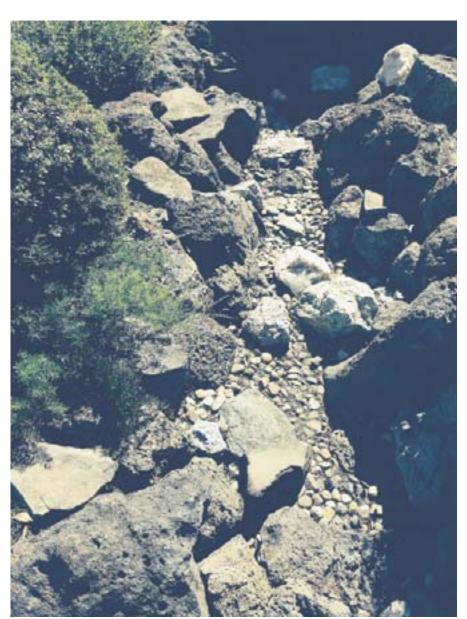
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Lava rocks anchor this arroyo seco while river rocks, pebbles, and quartz add interest.

- 13. Finish the installation with the creek ending in a spillway of gravel and rocks that segue to your landscape naturally or if you have a pond, end your creek here.
- 14. Tuck reeds, grasses, bulbs, and flowers into crevices on the topsides and add whatever other plants fit your design and color desires.
- 15. If appropriate, add a flagstone bridge, or large stepping stones to walk across the
- 16. Solar lights are a terrific enhancement for nightscaping.



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Plants

The plants you choose will depend on your sun and shade exposure, water needs, size of your creek, location, and landscape design. You can make your dry creek elegant, woodsy, wild, or a combination. Slip a fern between the rocks and allow for cascading blossoms from lobelia or lantana to soften the system. Choose specimens of interest from this minimal selection.

Ornamental grasses Pussy Willow Crocus Succulents Cat Tails Iris

Wild Strawberry Mexican Bush Sage Ferns Calla Lilies Canna Hosta Astilbe **Dahlias** Lantana Horsetail Lavender Corabells Nasturtium Bleeding Heart Baby roses Lamb's Ear **Daylilies** Sago Palm Sedum Peony

Trailing Rosemary Annuals (petunias, zinnia,

Natives

Shasta Daisy cosmos, etc)

Society Garlic

Trees that complement a dry creek may include willow, Japanese maple, Birch, and Weeping Cherry.

By improving our water conservation, water use efficiency, and getting creative with our water recycling, landscaping, and runoff prevention techniques, we will be able to weather the storm. Installing an arroyo seco addresses many of these sustainable strategies while beautifying our environment.



Happy Gardening! Happy Growing! ©2014 Cynthia Brian The Goddess Gardener StarStyle® Productions, llc Cynthia@GoddessGardener.com www.GoddessGardener.com I am available as a speaker, designer, and consultant.



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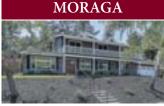
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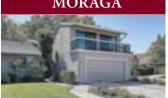
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