

◆ Not to be missed ◆ Not to be missed ◆ Not to be missed ◆

SENIORS

**Lafayette Community Foundation's 6th Annual Senior Symposium "Aging by Design"** will include a morning symposium and conversation, with over 40 vendors, experts on aging, and local experts on local choices and updates. Registration opens at 8 a.m. and the program runs from 9 a.m. to noon Saturday, Aug. 16 at the Lafayette-Orinda Presbyterian Church, 49 Knox Road, Lafayette. Free. For more info, and to pre-register, please visit [www.lafayettcef.org](http://www.lafayettcef.org) or call (925) 284-8214.

**Positive Living Forum ("Happiness Club")**, moderated by Dr. Bob Nozik, MD, professor emeritus UCSF from 10:30 a.m. to noon on the second Thursday monthly at the Lafayette Community Center. Brighten your day and take part in this interactive gathering which features speakers on a wide range of topics that guide participants toward a more ideal and positive life experience. Drop-ins welcome. Sequoia Room (Aug. 14), Elderberry Room (Sept. 11). Fee per class: free for Senior Services members; \$5 non-members.

**Sons In Retirement - Las Trampas Branch 116** – luncheon meeting at 11:30 a.m. Monday, Aug. 18 will feature a performance by SIR, Paul King, and his singing partner, Mr. Terry Shields at the Walnut Creek Elks Lodge, 1475 Creekside Dr. They perform locally as members of the Jump-In band with music from the '50s and '60s, similar to that of the Kingston Trio and the Limelites. Cost of lunch is \$15. Guests are welcome and may make reservations by calling (925) 322-1160 by Wednesday, Aug. 13.

**The SIRs Branch 116 Hiking and Walking Group**, also known as the Amiable Amblers, meets the second and fourth Fridays of most months. This is a couple's event to promote good health and friendship among the members. Each walk is coordinated by one of the members, to whom reservations are made. These one-hour walks generally start at 8:15 a.m., and are followed by coffee and/or breakfast at a convenient local spot selected by the coordinator. Most of the walks follow an "out and back" route so that people of all levels of physical ability may participate at their own pace. For information about

SIR activities for retired men, please visit [www.Branch116.org](http://www.Branch116.org).

**Arthritis: Physical Therapy Presentation with Anne Randolph, RPT**, who has been practicing physical therapy for 35 years, providing outpatient therapy in Lafayette and specializing in the care of those 55 and over. Understand the challenges and changes arthritis brings on and find practical solutions to make daily activities easier from 11:30 a.m. to 12:30 p.m. Friday, Aug. 29 in the Sequoia Room, Lafayette Community Center. Free for Senior Services members; \$5 non-members.

# Don't Miss the California Independent Film Festival

Submitted by Lindsay Pirkle



Opening night film, "An Evergreen Christmas"

Photos provided

This year the 17th Annual California Independent Film Festival begins with the most spectacular opening night in festival history. The opening night film, "An Evergreen Christmas," a family film directed by Jeremy Culver, will have more expected cast members than ever before. Expected to attend includes Robert Loggia ("Jagged Edge," "Scarface," "Big," "An Officer and a Gentleman"); musician and composer Charlene Closshey ("A Thousand Cuts"); Booboo Stewart ("Twilight Saga: Eclipse," "The Twilight Saga: Breaking Dawn Part 1&2," "X-Men: Days of Future Past"); Jake

Sandvig ("Easy A," "Sky High, Weeds"); and Greer Grammer ("Awkward," "Life Partner"). Culver will also be in attendance, as well as producer Kim Waltrip and director of photography Jeffrey Osborne. Opening night takes place Sept. 11 at the Rheem Theatre. The reception begins at 5:30 p.m.

Film Screenings will take place at both the Rheem and Orinda theatres, but this year's screenings will be extended to the Castro Theater in San Francisco on Friday and Saturday, Sept. 12-13. There will also be special events happening at the Castro Theater such as a 30th anniversary screening of "Sixteen Candles" with celebrity guests Justin Henry, Debbie Pollack, and Gedde Watanabe as well as "To Wong Foo Thanks For Everything, Julie Newmar" with special guest Julie Newmar, who will be receiving the CAIFF Lifetime Achievement Award.

A special event happening at 7 p.m. Saturday, Sept. 13 at the Orinda Theatre will be a screening of "Kramer vs. Kramer" with celebrity special guest, Oscar nominee Justin Henry.

Closing night will take place on Sunday, Sept. 14 at the Orinda Theatre with a screening of the romantic dramedy "Putzel." The reception begins at 6 p.m., with catering provided by Shelbys of Orinda.

There is a wide selection of films to choose from at all three venues. Be sure to read through the program, or visit [www.CAIFF.org](http://www.CAIFF.org) for film schedule and synopses.



Closing night film, "Putzel"

Please submit events to: [calendar@lamorindaweekly.com](mailto:calendar@lamorindaweekly.com)

## Service Clubs Announcements



Explore Lamorinda Rotary clubs The heart of Rotary is our clubs- dedicated people who share a passion for both community service and friendship. Learn about Lamorinda's Rotary clubs.



Please join us at our new location **THE LAFAYETTE PARK HOTEL** on Friday mornings at 7am. For more info, please email us at [lamorindasunrise@gmail.com](mailto:lamorindasunrise@gmail.com)

**August 15:**

Edy Schwartz will present an exciting preview of the 17th Annual California Independent Film Festival coming up Sept 11-14th!

**August 22:**

Acalanes senior, Marc Davis will share his recent experiences from Rotary's Camp Venture – a 5 day camp for future entrepreneurs.

**Please join us for breakfast and a great speaker!**

## LIVING TRUST

**\$695 COMPLETE**  
Valid until Sept. 30, 2014

**Plan Includes:**

- Trust Agreement
- Pour Over Will
- Guardianship of Minor Children
- Power of Attorney for Finance
- Transfer of Real Property into Trust
- Advanced Medical Directive

**Notary Services Included!**

Located in the Treat Towers  
1255 Treat Blvd., Ste. 300  
Walnut Creek, CA 94597  
(925) 257-4277  
[www.smykowskilaw.com](http://www.smykowskilaw.com)  
[laurensmy@gmail.com](mailto:laurensmy@gmail.com)

**FREE INITIAL CONSULTATION**

Law Offices of **Lauren Smykowski**

# Worm Composting Bin Building Workshop

**Saturday, September 6th, 10-12PM**  
Civic Park Community Center, Walnut Creek

Come build your worm bin, learn about vermicomposting and start immediately! It's easy – anyone can do it!  
All supplies covered, including worms!

Worms Donated by The Worm Farm – [www.TheWormFarm.net](http://www.TheWormFarm.net) and [www.facebook.com/TheWormFarm](http://www.facebook.com/TheWormFarm)  
Only \$20 per household to attend.

**REGISTRATION REQUIRED.**

**Limit of 25 households so register today!**

Kids are encouraged to attend with parents.

One bin per household.

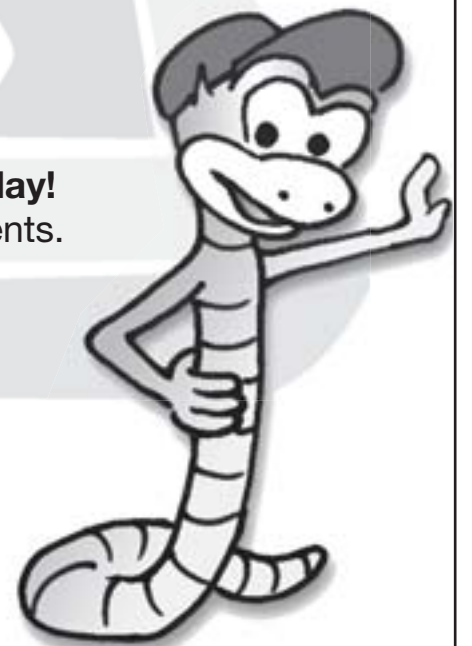
Last day to register: August 21<sup>st</sup>

Visit [www.wastediversion.org](http://www.wastediversion.org) to download registration form.

Sponsored by the Central Contra Costa Solid Waste Authority.  
Call **925-906-1801** for questions

**CCCSWA RESIDENTS ONLY:**

WALNUT CREEK, ORINDA, LAFAYETTE, MORAGA, DANVILLE, ALAMO, BLACKHAWK, DIABLO.



## Lamorinda Weekly

is an independent publication, produced by and for the residents of Lafayette, Moraga and Orinda, CA  
26,600 printed copies; delivered to homes & businesses in Lamorinda.

**Contact us:**  
Letters to the editor (max 350 words): [letters@lamorindaweekly.com](mailto:letters@lamorindaweekly.com)  
Sport events/stories/pictures: [sportsdesk@lamorindaweekly.com](mailto:sportsdesk@lamorindaweekly.com)  
Art, theater, community events: [calendar@lamorindaweekly.com](mailto:calendar@lamorindaweekly.com)  
Business news or business press releases: [sophie@lamorindaweekly.com](mailto:sophie@lamorindaweekly.com)  
School stories/events: [storydesk@lamorindaweekly.com](mailto:storydesk@lamorindaweekly.com)  
General interest stories/Community Service: [storydesk@lamorindaweekly.com](mailto:storydesk@lamorindaweekly.com)

**Publishers/Owners:**  
Andy and Wendy Scheck; [andy@lamorindaweekly.com](mailto:andy@lamorindaweekly.com), [wendy@lamorindaweekly.com](mailto:wendy@lamorindaweekly.com)

**Civic Editor:** Lee Borrowman; [lee@lamorindaweekly.com](mailto:lee@lamorindaweekly.com)

**Life and Our Homes Editor:** Jennifer Wake; [jennifer@lamorindaweekly.com](mailto:jennifer@lamorindaweekly.com)

**Sports Editor:** Caitlin Mitchell; [sportsdesk@lamorindaweekly.com](mailto:sportsdesk@lamorindaweekly.com)

**Advertising:** 925-377-0977, Wendy Scheck; [wendy@lamorindaweekly.com](mailto:wendy@lamorindaweekly.com)

**Staff Writers:**  
Sophie Braccini; [sophie@lamorindaweekly.com](mailto:sophie@lamorindaweekly.com), Cathy Tyson; [cathy@lamorindaweekly.com](mailto:cathy@lamorindaweekly.com)  
Laurie Snyder; [laurie@lamorindaweekly.com](mailto:laurie@lamorindaweekly.com), Cathy Dausman, [cathy.d@lamorindaweekly.com](mailto:cathy.d@lamorindaweekly.com)  
Nick Marnell; [nick@lamorindaweekly.com](mailto:nick@lamorindaweekly.com),  
Teen Coach: Cynthia Brian; [cynthia@lamorindaweekly.com](mailto:cynthia@lamorindaweekly.com)  
Food: Susie Iventosch; [suziventosch@gmail.com](mailto:suziventosch@gmail.com)

**Contributing Writers:** Conrad Bassett, Moya Stone, Michael Sakoda, Marissa Harnett, Lou Fancher, Clare Varellas, Chris Lavin, Amanda Kuehn, Diane Claytor, Scott Wu, Barry Hunau (cartoonist), Derek Zemrak (Film Critic)

**Photos:** Tod Fierner, Ohlen Alexander, Gint Federas

**Layout/Graphics:** Andy Scheck, Jaya Griggs. Printed in CA.

**Mailing address:** Lamorinda Weekly, P.O. Box 6133, Moraga, CA 94570-6133  
Phone: 925-377-0977; Fax: 1-800-690-8136  
email: [info@lamorindaweekly.com](mailto:info@lamorindaweekly.com), [www.lamorindaweekly.com](http://www.lamorindaweekly.com)