

Dining Room Feng Shui

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Autumnal dining room table décor.

The dining room walls can be painted in a wide variety of lively colors to enhance the celebratory energy we create in our dining rooms, but use color to “activate” the Five Elements (Water, Wood, Fire, Earth and Metal) of the area of the home where the dining room is located. For example, if the dining room is in the Wealth & Abundance/Prosperity area, which is governed by Wood, a soft green on the walls would simultaneously activate that area of the Bagua (see diagram).

Good feng shui also includes the enhanced symbolism from the visuals surrounding us. Dining room art might include personal photos that make good conversation pieces, or our favorite whimsical artists’ work, or a large mirror to magnify the happy energy we feel blessed with.

For the table, many festive fall decorative options include pumpkins in all their shapes, colors and sizes, apples, gourds and yellow Mums, which symbolize health and gratitude. Apples are symbolic of relationship luck and harmonious family en-

ergy. Remember, good feng shui includes removing and changing out seasonal decorations immediately when that holiday or season is over, so let the present moment guide your choices.

Arrange the dining room décor to reflect the harvest and remind you of all of the bounty in your life. Use feng shui this autumn to make your home a sanctuary that reflects your highest hopes and dreams. Fall is the perfect time to turn our attention to making the home cozy in preparation for winter. When we consciously align ourselves and are homes with the cycles of nature we find more balance and harmony in our lives.



A well lit, appropriate dining room feng shui furniture placement in Lafayette.

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