

# Cynthia Brian's Gardening Guide for January

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**RECYCLE** your Christmas tree. Remove the ornaments, lights, and all the trimmings before putting by the curbside on your regular garbage day through mid-January. If your tree was taller than 10 feet, the disposal service requires that you cut it in half.

**TUCK** surprises into your containers or along walkways to invite guests to stop and start a conversation. I've slipped empty Angel star perfume bottles between orchid fronds (can't throw those lovely blue stars away) and also placed an iron sculpture of two fighters created by my husband in high school on top of a birdbath planted with succulents.

**SOLVE** the problem of a bare spot by purchasing an azalea, fuchsia, or cyclamen in bloom and placing the pot directly in the garden. When it has finished blooming, transplant wherever you wish.

**PRUNE** roses, vines, and fruit trees. Canes of roses can be shared with friends. Dip a healthy cane into a growing medium, plant in good soil or in a container.

**TIME** to order bare root roses. David Austin is introducing four new English roses to the United States for spring. My favorite is called The Lady Gardener. More information at <http://www.DavidAustinRoses.com>.

**MULTIPLY** delight by bringing bouquets of pink bergenia and fragrant narcissi into your rooms. Jade is in bloom, yet there is not much other color in the

landscape right now except these enthralling favorites.

**WATCH** the 21st Screen Actors Guild Awards simulcast live coast to coast on TNT and TBS at 5 p.m. Sunday, Jan. 25. The award shows of the season have nothing to do with gardening, and that is the point.

**FEED** the birds! With winter in full throttle there is little food for our feathered friends. Make sure to keep feeders out of the rain.

**SPRAY** fruit trees, dogwoods, and cotoneaster this month with the first of the dormant sprays.

**ADD** sulfur or coffee grinds to acid loving plants including rhododendron, fuchsia, azalea, rose, daphne, and citrus to give an added boost of energy.

**SAVE** fireplace wood ashes to fertilize your alkaline loving plants and iris.

**MULCH** hillsides to prevent erosion, maintain warmth, and assist with water retention.

**WEED** whenever you notice the unwanted greens popping up to save yourself the trouble when the ground is dry. Weeds are easy to pull in the rainy weather and can be added to your compost heap.

**SPRINKLE** laundry detergent on mushrooms that grow in your lawn. Personally I love seeing mushrooms as they remind me of my favorite fairytales, but if they bother you, a dusting of laundry detergent exterminates them quickly and safely.

**CARE** for indoor plants by wiping large foliage with a damp cloth to remove the dust, use room temperature water on all pots, and be vigilante about watching for pests.

**TAKE** cuttings from fruit trees to graft in April. Wrap cuttings in wet newspaper, seal the wrapped twigs in plastic bags, and store in the freezer until you are ready.

**FORCE** bulbs of crocus, hyacinth, and lily of the valley.

**INSPECT** and repair all garden tools and equipment. Make sure to oil, sharpen, and store them securely.

**PERUSE** garden catalogues and magazines for ideas for a spring garden. Make a list of seeds you'll want to try this year.

**REST**, relax, rejuvenate, reinvent. Give yourself a respite from the cold, damp, and dreary to dream about a flourishing spring.

Have a safe, happy, and healthy New Year.



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## Winter Pruning

Winter is the best time to start pruning deciduous plants and trees, such as maples, shrubs, roses, most fruit trees and most of all your Monterey pines. They go dormant in the winter and some lose their leaves. Deciduous plants are best pruned in the winter because that's when they're dormant and less prone to disease.

Before you start hacking away at your yard, you may want to call in a professional Arborist from Advance Tree Service to give you their advice on what should be done, the proper handling during pruning is essential to ensure a healthy future for your trees and shrubs.

So don't wait until it's too late, call your local Arborist at Advance Tree Service and Landscaping to help make your yard its very best.

Advance Tree Service

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