



Greg Wolff appointed acting planning and building director



Greg Wolff Photo City of Lafayette

With Niroop Srivatsa stepping into the city manager's shoes until a permanent replacement is found, Assistant Planning Director Greg Wolff will be at the helm of the planning department, acting as interim planning and building director. With more than 20 years working for the city, Wolff has plenty of experience.

Wolff grew up in Cooperstown, New York. He attended Cornell University to study architecture, landscape architecture and city planning. — P. Fisher

Cancer Support Community to bring holistic healing to Lafayette

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Founded originally in the East Bay as the Wellness Community in 1990, the CSC, as it is now known serves 2,000 people each year, including those going through active cancer treatment, and survivors as well as family members. CSC provides psychosocial care – a holistic approach promoting health and healing in mind, body and soul alongside medical treatment. All services are provided free.

The Lafayette facility will be a state-of-the-art building: a model for cancer centers throughout the nation, offering educational programs, a children and teen activity center, counseling rooms, a social center, a movement studio offering specialized programs including yoga and mindfulness. There will be a demonstration kitchen with oncology dietitians teaching patients and caregivers how to prepare cancer-fighting foods, much of which will be grown on the property in an organic garden located on the premises.

Plans currently show the land will be less than 30 percent developed. Bouquin explains that in addition to creating a beautiful, natural retreat and garden on the hills above the building, they are working with experts to ensure all plantings are native and that they treat the grounds reverentially, cherishing and propagating the land that is healing them. They will be offering weekend classes, engaging the broader community on growing healing food.

CSC is trying to interact as much as possible with the community. "We are working with the city and the community through study sessions," Bouquin says. Using local developers Branagh, they hope to start the planning process with the city early this year.

Bouquin, who has been 13 years in his current role, hav-

Info: <http://cancersupport.net/>

ing attended CSC as a caregiver for his wife (now a cancer survivor) three years before that, is clearly excited to see this become a reality. "Although our instructors and therapists are among the best in the country, the true magic of Cancer Support Community lies in the deep and profound connections our members make with each other," he explains.

"Every one of our programs is structured to foster these connections, from our creative arts classes to our group therapy – our members can feel heard, understood, and intimately connected because they are among others who are facing the exact same fears, uncertainties, questions, and even treatments and their side effects. It's the healing power of these connections that puts people in the best state of mind and body to achieve their best possible medical outcomes, and their most complete quality of life." Statistics bear this out. Ohio State University's long-term Stress and Immunity Breast Cancer Project shows that patients receiving the type of comprehensive psychosocial support provided by CSC were 56 percent less likely to die and 45 percent less likely to have a recurrence. Of those who did have a recurrence, 59 percent were more likely to survive. The study showed reduced anxiety, improved immune response and physical functioning.

And with the American Cancer Society's statistic that men have a one in two risk of developing cancer in their lifetime and women a one in three chance, there is a strong probability that everyone in the community will be touched by cancer, either themselves or through their loved ones.

The CSC is offering several tour dates for members of the public planned for April 13, June 8, Aug. 10 and Oct. 12.

New Year, new city council lineup

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Candell has lived more than 40 years in the Lamorinda area – the last 20 years in Lafayette where she raised her two children with her husband.

Council Member Teresa Gerringer

Gerringer is, like Candell, an active member of the community. She has served for 18 years on the Lafayette School Board and is a member of the Lafayette Community Foundation. However, unlike Can-

dell, she is not in favor of the new COI policy and considers it to be overreaching.

Gerringer has a bachelor's degree in public administration and an MBA. She works as district director to state Sen. Steve Glazer.

A 22-year resident of Lafayette, Gerringer lives with her husband in the Reliez Valley area. Their two daughters attended Lafayette schools and have both now graduated from college.



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Lamorinda Home Price Comparison Between 2017 & 2018

	ORINDA		LAFAYETTE		MORAGA	
	2017	2018	2017	2018	2017	2018
TOTAL HOMES SOLD	243	281	313	300	165	131
LOWEST PRICE SOLD	\$650,000	\$706,000	\$740,000	\$675,000	\$745,000	\$800,000
HIGHEST PRICE SOLD	\$3,900,000	\$12,250,000	\$6,500,000	\$7,800,000	\$2,750,000	\$3,500,000
AVERAGE SALES PRICE	\$1,617,000	\$1,730,000	\$1,625,000	\$1,737,000	\$1,391,000	\$1,489,000

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and Prosperous New Year!

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Living and Selling Lamorinda



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