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15th Annual JF Kapnek 5/K Fun Run Supports Education and Wellness for Zimbabwe Children

The 15th annual JF Kapnek Trust Family Fun Run will take place at 9 a.m. on Sunday, May 5 at Miramonte High School (750 Moraga Way). The event supports early childhood education, nutrition and AIDS treatment and prevention programs for children and families in Zimbabwe. Along with a 5K run and a 1K children's run or walk, event participants will enjoy music, arts and crafts, food and prizes for the top finishers including certificates from Dick's Sporting Goods, and Sports Basement. And all participants will receive a commemorative T-shirt. Strollers welcome! Other sponsors this year include Dudum Real Estate, Diablo Foods, Diablo Valley Oncology, Oakwood Athletic Club and Bryan Silveira/State Farm Insurance. Visit www.kapnektrustusa.org for more information and to register go to <http://jfkapnekusafunrun.eventbrite.com>. Onsite day of registration is also available.

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