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Lamorinda Water Polo All-Americans

By Jon Kingdon



Katie Lyons, Miramonte Photo Gint Federas

The National Interscholastic Swimming Coaches Association is a professional organization that supports high school coaches of all aquatic sports. It is dedicated to coaches education and athlete recognition through the All-American programs.

They recently named the 2018-19 NISCA Girls Water Polo All American Teams, encompassing all 50 states, and Lamorinda was very much represented from the first team to sixth team, each team having 13 girls listed.

Senior Katie Lyons (Miramonte) and junior Jewel Roemer (Acalanes) were named to the first team. Seniors Zoe Crouch (Campolindo), Lexi Rowell (Acalanes) and her sister, sophomore Claire Rowell (Acalanes) were named to the third team. Senior Christina Crum (Campolindo) was named to the fourth team and junior, Sally Fellner (Miramonte) was named to the fifth team.

Lyons and Lexi Rowell will be playing for Stanford next year, Crouch will be playing for Indiana and Crum will be playing for USC.

Claire Rowell was one of only 13 freshmen and sophomores named to the teams.

Look for another strong year for girls water polo in Lamorinda this coming season.

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