

◆ Not to be missed ◆ Not to be missed ◆

KIDS, PARENTS & TEENS

Mindful Littles will be facilitating family volunteering projects at White Pony Express from 10 a.m. to noon on Sunday, Aug. 25 and from 4 to 5:30 p.m. on Wednesday, Aug. 28. Each project will be a unique, highly-engaging experience for families with children under 12 – grandparents welcome! (Please email youthleaders@mindfullittles.org if you would like to get your teen involved.) This is an opportunity for children to engage in service in fun ways and for families to spend quality time together, including learning more about empathy and mindfulness. The projects will benefit the many communities served by White Pony Express. Free. Register: For Aug. 25 event: www.flipcause.com/secure/cause_pdetails/NjExNDY=. For Aug. 28 event: www.flipcause.com/secure/cause_pdetails/NjExNDg=

OTHER

This year's California Independent Film Festival will run Aug. 23-31 at the Orinda Theatre. There will be a fabulous line-up this year celebrating independent filmmakers from around the globe, and a new generation of amazing talent. Dramas, comedies, documentaries, musicals, screenplays, thrillers, shorts and animated films will all be showcased within the glamorous aesthetics of old world Hollywood that is the Orinda Theatre. For all of the featured films, times and tickets, please go to <https://www.caiff.org>.

Friends Corner Book Shop in Lafayette is having a Half-Price Book Sale from 9 to 5 p.m. on Saturday, Aug. 31. Now that school has begun again, what a wonderful opportunity for all family members to settle into new routines and learn something new from an interesting book! Friends Corner Book Shop operates under the auspices of Friends of the Lafayette Library and Learning Center, and proceeds benefit the Lafayette Library. www.lllcf.org/shop-for-a-used-book/

North Shattuck Association presents Chocolate and Chalk Art Festival from 10 a.m. to 5 p.m. on Saturday, Aug. 24 at Gourmet Ghetto, North Shattuck Ave., 1400-1800 Shattuck Avenue, Berkeley. Eat chocolate and make art! Chalk Art Contest cash prizes; chocolate menu with 25+ items; live music; arts and crafts; beer and wine and food trucks. Free entry but chocolate tickets are 20/\$20, Box of Chalk is \$10. For more info see www.anotherbullwinkel.com/chocolate-chalk-art/ or call (510) 548-5335 or email Lisa@AnotherBullwinkel.com

Soul on the Green is a family friendly fundraiser for child abuse prevention from 5 to 10 p.m. on Saturday, Aug. 24 at Contra Costa Country Club in Pleasant Hill. Enjoy a magical evening with live music, dinner, wine stroll, kids' games, Jungle James, bounce house, silent auction, raffle, and more. Proceeds support education, outreach, and training to prevent child abuse including the Speak Up and Be Safe program in local schools. Ticket information at www.ccapc-coco.com.

Formula 3 presents free community classes from 9 to 10 a.m. on Aug. 25 in Lafayette Plaza Park (across from Sideboard and Lemon). These will be 20-minute classes, but all who attend can take one, two or all three classes. Formula 3 is a fitness system designed to offer a complete and effective workout by including strength (FORGE), cardio (FIRE), and mobility (FLOW) in every class.

Join us for the fourth annual Lamorinda ShortDocs Film Fest at 11 a.m. on Sunday, Aug. 25. For the first time, the screening is being hosted by the renowned California Independent Film Festival and will take place at the historic Orinda Theatre. Lamorinda ShortDocs features short documentary films, six minutes or less, from Lamorinda Filmmakers of all ages: some returning to the festival, and some first time Filmmakers! Don't miss this red-carpet event right here in our own backyard! Purchase \$10 advanced sale tickets at <https://lamorindaarts.org/shortdocstickets/>

Notes4Hope Presents Silent Disco at the Hacienda Pavilion from 7 to 10 p.m. on Aug. 29. All Ages. Beer, wine and champagne for purchase for 21 and over. Tickets: \$40 in advance, \$45 at the door. www.notes4hope.org

Moraga's Leisure sport triathlon, 11:30 a.m. to 3:30 p.m. on Saturday, Aug. 31. Gather your friends and family and create a team for this fun alternative to the traditional triathlon where teams play Bocce Ball, Corn Hole, and Disc Golf. Teams of four rotate between the three activities throughout the day. Participants will receive an event T-shirt, event pint glass, and catered hot BBQ lunch. Info and registration at www.moraga.ca.us.

Notes4Hope Presents MIXXEDFIT Master Class featuring instructor Javier Alvarez from 6 to 8 p.m. on Aug. 31 at Oakwood Athletic Club, Lafayette. All Ages. 9 p.m. - Afterparty @ The Roundup, Lafayette, 21 and over only. Tickets: \$20 in advance, \$25 at the door. www.notes4hope.org

Loaves and Fishes of Contra Costa and St. Vincent de Paul

of Contra Costa, (SVdP), are excited to announce their 2019 Bocce Ball Tournament: The Big La Bocce beginning at 10 a.m. on Saturday, Sept. 7 at the Martinez Bocce Federation. The Bocce Ball Tournament will raise funds to support safety-net programs that improve the quality of life for residents of Contra Costa County who struggle to make ends meet. For more information and registration, please visit <https://loavesfishescc.com>.

The 2019 Orinda Classic Car Show Weekend with its Saturday Car Show and Friday Party before it will celebrate the history and excitement of classic cars. The car show will run 10 a.m. to 4 p.m. on Saturday, Sept. 7 and the Friday Party will begin at 5:30 p.m. on Sept. 6 at the beautiful new Orinda Arts and Garden Center. Online car exhibitor entries and Friday party ticket sales are now available. Enter your car or buy tickets for the party at www.orindacarshow.com.

KPFA Radio 94.1 FM presents Randall Munroe: How To: Absurd Scientific Advice for Common Problems from 7:30 to 9:30 p.m. on Tuesday, Sept. 10 at First Congregational Church of Berkeley, 2345 Channing Way, Berkeley. Munroe will discuss his new book, "How To," answer questions and sign books. Hosted by Brian Edwards-Tiekert. Cost: \$12 advance, \$15 door. For more info see www.brownpapertickets.com/event/4268685 or call (510) 967-4495.

Orinda Junior Woman's Club Open House from 7 to 8:30 p.m. on Sept. 10 at Taverna Pellegrini 65 Moraga Way, Orinda. Orinda Junior Woman's Club invites Orinda residents to join us for appetizers, drinks and mingle while you learn about what we do and how we give back to the community. An RSVP would be great, but please feel free to drop in even if you didn't get a chance to. www.orindajuniors.org

GARDEN

The Walnut Creek Garden Club will hold its monthly meeting at 10 a.m. on Monday, Sept. 9 at the Gardens at Heather Farm, 1540 Marchbanks Drive, in Walnut Creek. The featured speaker will be Tina Neuhausel on the topic of "Sustainable Contra Costa - What's happening in our community." Sustainable Contra Costa is a community of citizens, educators, innovators, and organizations designing and building pathways to ecologically sustainable, economically vibrant, and socially just communities for all. You do not need to be a gardener to join the Walnut Creek Garden Club.

Service Clubs Announcements

Lafayette Rotary Club
Step in on a Thursday and join us for our lunch meeting.
 Thursday at noon Oakwood Athletic Club, 4000 Mt. Diablo Blvd., Lafayette.

August 22: Youth Homes Elizabeth Chapple & Beth Goldberg	August 29: Mission Control- Apollo 11 Lawrence Kunetz
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www.rotarylafayette.org
www.facebook.com/Rotary-Club-of-Lafayette-CA

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