

## Digging Deep with Goddess Gardener, Cynthia Brian

# Planet pivots

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Roses mixed with osteospermum (African daisy) will provide continuous blooms into the fall with frequent deadheading. Lovely on the shrub, the blue hydrangeas are almost as stunning in a dried arrangement. An intriguing plant is arum italicum, also known as Italian Lords and Ladies. In late spring, the creamy-white flower is cupped at the base of the plant resembling its relative, Jack-in-the-Pulpit. In mid-summer, striking red-orange berries rise in a columnar formation where the foliage has died back. This tuberous perennial plant self-sows and can become invasive if your yard is small. If you have a woodland area where bergenia, heuchera or hellebores thrive, it is quite stunning. Beware, all parts of the plant are



### Cynthia Brian adheres to "Never leave home without it!"

Cynthia Brian, The Goddess Gardener, is available for hire to help you prepare for your spring garden. Raised in the vineyards of Napa County, Cynthia is a New York Times best-selling author, actor, radio personality, speaker, media and writing coach, as well as the Founder and Executive Director of Be the Star You Are!® 501 c3. Tune into Cynthia's StarStyle® Radio Broadcast at [www.StarStyleRadio.com](http://www.StarStyleRadio.com). Buy copies of her best-selling books, including, *Chicken Soup for the Gardener's Soul*, *Growing with the Goddess Gardener*, and *Be the Star You Are! Millennials to Boomers* at [www.cynthiabrian.com/online-store](http://www.cynthiabrian.com/online-store). Cynthia is available for virtual writing projects, garden consults, and inspirational lectures. [Cynthia@GoddessGardener.com](mailto:Cynthia@GoddessGardener.com) [www.GoddessGardener.com](http://www.GoddessGardener.com)

poisonous. Don't let it grow in your vegetable patch!

This summer is destined to be unusual. I plan on adhering to COVID-19 directives to shelter-in-place while refraining from attending large gatherings or even small ones. I'm working from home, wearing a mask and gloves whenever I venture out, constantly maintaining a minimal six feet distance between others, and am continuing to sanitize everything. Hopefully, we won't go back to what was considered normal in the past and instead take better care and be more aware, of one another and the health of our planet.

This year I am happy and grateful to enjoy the summer flower by flower. My planet pivot is to play in my personal garden paradise.

What's your planet pivot?

Stay safe. Stay healthy. Stay strong. Wash your hands. Cover your face!



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