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Submitted by Thomas Westernoff



At the 2022 Ozawa Cup International Karate Tournament in Las Vegas, Nev., 12 Karate & Fitness USA members competed against athletes from all over the world and returned home with 19 medals: six gold, seven silver and six bronze.

Chloe and Miles Paras return home with all gold medals: Chloe with three gold medals in Kata (forms), Kumite (sparring) and Kobudo (weapons) and Miles with two gold medals in Kata and Kumite.

Team members from Lamorinda: Hazemach, Amaliya, Sophia, Wayne, Ethan, Chloe, Miles, Adeeb, Ammar, Paroma, Andrew and Rayan Photo provided



Chloe and Miles Paras Photo provided

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