

Digging Deep with Goddess Gardener, Cynthia Brian

Coming up roses



Sweet Santa Barbara Daisies bloom year-round. Photos Cynthia Brian



Alstroemeria is an easy-to-grow perennial that is an excellent cut flower.

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After I rescued a bee from a swimming pool, it returned to sting me on my back. No good deed goes unpunished! If you get stung by a bee, remove the stinger immediately, make a paste of baking soda mixed with water, add vinegar, and apply to the sting to ease the pain and swelling. If you are allergic to bees or are stung by a swarm, call 911. With all the lizards, frogs, birds, bees and butterflies, my garden is vigorously growing and feeding the beneficials.

Enjoy your green lawns now because as the temperatures heat up, brown spots will appear. Since the water district has mandated a 10% water use reduction District-wide, expect that lawns will not look as lush and lovely as they do now. Make sure to water deeply early in the morning or early evening only once a week to keep the roots alive. Mow the grass to three inches and if possible, do not use a bag when mowing. The cut grasses re-nourish the lawn and will help it stay greener longer.

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