Student-athletes participated in the April 21 Special Olympics at Acalanes, with hundreds of volunteers helping make their dreams come true.

Photo Jeff Heyman

Student-athletes from 30 schools shine at Acalanes' Special Olympics event

By Jon Kingdon

One week after hosting 30 schools and hundreds of student-athletes at the Bob Warren/Charlie Eaton Invitational Track Meet, Acalanes made their facilities available to another 30 schools and an equal number of very special student-athletes by hosting the eighth annual Special Olympics on April 21. With ABC anchor Dan Ashley hosting and a bright sunny day, it set the tone for a exciting day of competitive running, jumping and throwing.

Sherry Roberti, the program coordinator at the Contra Costa County Office of Education who oversaw this event, saw an increase of participants this year. "Last year we had 28 schools and this year we have 30, plus it's a very sunny day and last year it was raining so that was an improvement," Roberti said. "We put

on 15 events a year like this all over Contra Costa County and it takes several months to get everything together."

Roberti gives credit to the people at Acalanes who make this event so special. "It's the support from Katherine Walton, their leadership teacher and the student volunteers," Roberti said. "The support from the boosters is excellent, making snack bags for the athletes and selling hot dogs and chips."

Walton, who is also on special assignment over culture and climate, spear-headed the effort, assigning students from her leadership class to oversee the 130 volunteer students from Acalanes. "What's so cool about this event is that I do not have to do much to get our students to volunteer because they want to be out here," Walton said. "I just put up the announcement and the students signed up with smiles on their faces. It says a lot about our community, which is something I really value." ... continued on Page A9

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All-Electric Building Code ramifications for residents, businesses discussed



By Vera Kochan

Aspects of the 2022 California Building Code, which was adopted by Contra Costa County, were up for discussion during the Moraga Town Council's April 12 meeting. While most of the amendments were related to life and safety, it was the All-Electric Building Code that seemed to take center stage during the evening.

In January of last year, the County Board of Supervisors amended the 2019 California Energy Code to require newly constructed buildings, such as residential (both single- and multi-family), detached Accessory Dwelling Units, hotels, offices, and retail to be all-electric. Restaurants are exempt.

According to the April 12 staff report by Moraga Associate Planner Mio Mendez and Planning Director Afshan Hamid, "An all-electric building is defined as a building that has no natural gas or propane plumbing installed within the building, and that uses electricity as the sole source of energy for its space heating (including heating of all indoor and outdoor spaces of the building), water heating (including heating of indoor and outdoor pools and spas), cooking appliances, and clothes drying appliances. An all-electric building may utilize solar thermal pool heating."

Additionally, "The all-electric building code was adopted due to local climatic, geographical, topographical, and environmental conditions of Contra Costa County."

The County points out the many benefits of an all-electric new construction ordinance in that it would reduce greenhouse gas emissions that impact climate change and its hazards;

... continued on Page A4

Civic News A1-A10

Gas appliances. A thing of the past?

Impacts of cattle grazing at Orinda Oaks Park discussed – Page A7

Public Safety

Lafayette/Walnut Creek Shaded Fuel Break - Page A8

Life in Lamorinda

Third-graders get crash course in Moraga's rich history - Page B1

Photo A. Scheck



Sports C1-C2

Over 500 track athletes descend on Acalanes for annual Invitational – Page C1



Our Homes

Simple ways to bolster garden plantings in May - Page D10





See public meetings schedule on these pages and check online for agendas, meeting notes and announcements City of Lafayette: www.lovelafayette.org Phone: (925) 284-1968 **Chamber of Commerce:**

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City plans response to HCD regarding Housing Element questions

By Lou Fancher

Lafayette housing consultant Diana Elrod on April 10 presented the city council with an informational update to the Department of Housing and **Community Development** (HCD) comment letter. The communication came in response to the city's 6th Cycle Housing Element (HE) that was submitted to the state on Jan. 31 for a statutory 60-day review. The most recent correspondence came March 29, with 28 comments from HCD that Elrod referred to as "a matrix of issues."

Seeking questions and direction from the council that will determine the content of discussions city staff will have with HCD consultants regarding their reply, Elrod said the council's input would also

guide research the staff conducts as the HE process continues to move forward.

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Among the recent spate of 28 comments, two elements rose to a level requiring council direction before staff moves forward to research and address the issues. The first is the number of Accessory Dwelling Units (ADU) Lafavette has projected. The state has indicated it believes the number is too high, despite the evidence presented by the city establishing a foundation for the projections. The second issue came with some surprise, when HCD for the first time stated that the city must consider a "suite of programs" to address housing mobility in low-density neighborhoods.

HCD's comment said any revised ADU projection numbers should come with additional data and an analysis of the ADUs in 2022. The-rescaled assumptions should also reflect recent annual trends. Lafayette permitted 37 ADUs in 2022 (the average since 2018 is 17 per year) and, based on an uptick of interest in ADUs, Lafayette in the HE draft had projected an average of 35 units per year throughout the 6th cycle planning period. Even so, HCD recommended setting the number at closer to 20-25 units.

The second HCD comment referred to the city's "concentrated area of affluence" and proportion of households with high median income; both of which present mobility barriers to accessible housing choices and affordability. HCD stated for the first time that Lafayette's HE should include "a significant and robust suite

of actions (not limited to the RHNA) to promote housing mobility and increasing housing choices and affordability throughout the city but especially in lower-density neighborhoods." Elrod said the comment means that even if they meet RHNA requirements, HCD is requiring jurisdictions – not just in Lafayette but in other areas with similar demographics – to provide more housing opportunities in single-family home neighborhoods.

HCD suggested the HE should include more "missing middle" type housing with unit footprints scaled to the size of single family homes, but coming with densities around 20-25 units per acre. Examples are of such housing are duplexes, townhouses, and fourplexes. Staff is researching this

option while exploring how other jurisdictions plan to respond to similar or same comments received from HCD. They are also collecting HE's in areas that have been certified, such as Orinda, to discover and learn what those cities did to receive approval from HCD.

In both matters, staff sought comments and direction from the council and plan to return at a future meeting with a "bevy of options" for more concrete decisions about responding to HCD. Elrod said staff wanted to make sure the response they eventually present to HCD is one in which everyone is confident will be accepted. "We don't want to go around and around again without them saying, 'Yes, this is what we want.'"

... continued on Page A9

Earth Day Festival organizers and local naturalist focus on ways to affect change

By Jennifer Wake

Hundreds gathered at Lafayette Plaza Park during the April 23 Lafayette Earth Day Festival, hosted by Sustainable Lafayette, to learn how to live sustainably and take part in protecting our planet, while having fun in the process. Attendees listened to live music, participated in arts and crafts, and learned about bee keeping and other environmental issues.

Orinda Nature Area naturalist Toris Jaeger believes Earth Day should be a time of reflection, "putting our minds, hearts and skills together to heal the Earth and ourselves.

"Our Indigenous People celebrate Earth Day each day and give thanks to the Earth for all the gifts that it gives us. Perhaps it is a custom we should adopt," she says. "We all know we are challenged with the issues of Climate Change. But it is not too late!"

Jaeger recommends the book, "Not Too Late," edited by Rebecca Solnit and Thelma Young Lulunatabua that features a series of writers that give solutions to consider.

"Give thanks to the Earth by walking more and driving less, saving all our precious water, allowing no food to go into the landfill to create methane gas, change your diet from meat eating to a more plant-based diet," Jaeger says. "Create a compost system at home or make sure your food waste is placed in your green bin. Our major challenges are the use of fossil fuels for transportation and energy, the methane gas issue and the plastics that end up in our water ways and oceans. There are solutions!"

Everyone can recycle, reuse and consume less, she says. "Learn to live with less,



not more. Help save all our remaining open spaces. We need them and so do all the flora and fauna. Stop using pesticides, herbicides and poi-

sons. There are sustainable methods for controlling 'weeds' and 'pests.' We must give our youth hope for the present and future."



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Lafayette Creeks Committee celebrates opening of First Street Rain Garden



www.lamorindaweekly.com

Mayor Carl Anduri and Will Elder, Chair of the Lafayette Creeks Committee, cut the ribbon at the First Street Rain Garden Dedication.

By Elaine Borden Chandler

A crowd of families and friends gathered on the morning of April 15 for the Lafayette Creeks Committee's dedication event for the newly finished First Street Rain Garden. The garden, located on the corner of First Street and Golden Gate Way near the Lafayette Library, is designed to naturally clean urban runoff water before it joins Lafayette's groundwater and creeks. While small, unobtrusive rain gardens already exist in Lafayette, with one located near the Coop Restaurant, this dedication celebrated a significant step forward in Lafayette's green water management.

The event started with Committee Chair Will Elder welcoming the guests and making a Land Acknowledgement statement to the Saklan people. He then introduced the nine speakers, including Mayor Carl Anduri and State Assemblymember Rebecca Bauer-Kahan. Don Tatzin, a former Lafayette mayor and City Council member, recalled when the city first purchased the plot of land to make a parking lot and left 25% as a weedy corner, contrasting with its new beauty and functionality. Stanley Middle School seventh-graders Evelyn Hollenberg with Zoe Freese talked about how their science class's experiments indicated increased pollution in the creeks and the importance of

caring for them. **Engineering Services** Manager Matt Luttropp gave a quick summary of how water from storm drains is piped into a depression in the middle of the garden, where it filters through three layers of mulch, biosoil, and pea gravel before entering the soil and groundwater. Lisa Damerel, Watershed Conservation Manager for the Contra Costa Resource Conservation District, described how the plants are all native and arranged by moisture preference on the

garden slope. They help to clean the water and certain plants with rhizomes, such as the Douglas iris, create a bacterial interchange in the soil that removes pollutants.

Afterward, a photo was taken of the speakers and Anduri and Elder cut the ribbon so the public could enter. The 75 attendees walked through the garden, taking photos of the blooming Red-flowering Currant and Creeping Blueblossom, remarking on the surprising location and stimulating details from the speeches, and reading the educational panel. Several people mentioned they loved hearing from Hollenberg and Freese. Tracy Farrell, a board member of the Park Theater Trust, commented the rain garden was the kind of inspiration needed for Lafayette's

The garden is the first significant project to be completed from Lafayette's 2017 Downtown Creeks Preservation, Restoration and Development Plan. Luttropp officially announced in his speech that Lafayette will develop more rain gardens. "That was something the Creeks Committee was very happy to hear, and we're going to follow up on that," said Committee Member MaryJo Cass. The Committee hopes that more people will come to see the garden and be inspired to take action for themselves. Elder noted that rain gardens are probably too advanced for the average homeowner, but that rain barrels, permeable pavers, and pervious pavement are excellent ways to help. Residents can also volunteer with the Creeks Committee on Lafayette Community Day, June 3, and support

their future actions. To learn more about the First Street Rain Garden, go to www.lovelafayette.org/city-

hall/citydepartments/engineering/cityconstruction-projects/firststreet-rain-garden or visit the garden at the corner of First Street and Golden Gate Way.



Crowd at the First Street Rain Garden Dedication



Lafayette **Public** Meetings

City Council

Regular Meeting Monday, May 8, 7 p.m. Teleconference via City of Lafayette's You Tube Channel: http://bit.ly/LoveLafayetteYouTube

Planning Commission Meeting

Monday, May 1, 7 p.m. Teleconference Meeting via Love Lafayette YouTube http://bit.ly/LoveLafayetteYouTube

Design Review

Wednesday, May 8, 7 p.m. Teleconference Meeting via Love Lafayette YouTube http://bit.ly/LoveLafayetteYouTube



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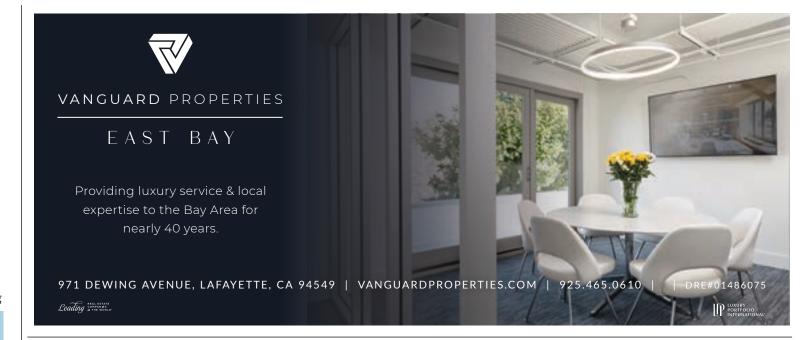
See public meetings schedule on these pages and check online for agendas, meeting notes and announcements Town of Moraga: www.moraga.ca.us Phone: (925) 888-7022 **Chamber of Commerce:** www.moragachamber.org Moraga Citizens' Network: www.moragacitizensnetwork.org

Town Council:

Wednesday, April 26, 6:30 p.m. Wednesday, May 10, 6:30 p.m. **Planning Commission:** Tuesday, May 10, 6:30 p.m. **Park and Recreation Commission:**

Monday, May 15, 7:00 p.m., Moraga School District Board **Meetings:**

Tuesday, May 9, 6 p.m. www.moraga.k12.ca.us.



Council adopts resolution approving an Affordable **Housing In-Lieu Fee**

By Vera Kochan

LAMORINDA WEEKLY

Moraga's Regional Housing

Needs Allocation (RHNA) for the next eight years is 1,118 new units. Sixty percent of those units will be affordable to lower- and moderateincome households. In December, the Town Council adopted an Affordable Housing Ordinance which requires developers to set aside these inclusionary units with deed restrictions that limit the rent or sales price that may be charged.

The Ordinance also gave the council the ability to adopt an in-lieu fee. According to an April 12 staff report by Moraga Planning Director Afshan Hamid, Planning Consultant Barry Miller, and Keyser Marston Associates, Inc. Senior Principal David Doezema, "The primary purpose is to address situations where the inclusionary requirement does not result in a whole number of affordable units that are required. Projects with a fractional inclusionary requirement are eligible to either pay an in-lieu fee for the fractional unit or provide a whole inclusionary

The report goes on to explain, "For example, if an applicant proposed a 24-unit rental project, the 10% inclusionary requirement represents 2.4 lower-income units. Since dwelling units are counted in whole numbers, the 'fractional' remainder of 0.4 units could either be satisfied through payment of the proposed fractional in-lieu fee or the applicant could choose to round up and provide three affordable units within the project. In this instance, the requirement for 2.4 units would mean two affordable units would be provided and the applicant would pay a fee equal to four-tenths of a dwelling unit."

Additionally, residential

developments with six, seven, eight, or nine units are allowed one full inclusionary unit or the option of paying a predetermined in-lieu fee. Also, any projects being developed in a Very High Fire Severity Zone will be entitled to options.

Any in-lieu fees collected would go into the town's Affordable Housing Fund (Fund 791). These fees would accrue and be used to support Housing Element programs geared toward providing a supplemental funding source for nonprofit affordable housing developers.

With a vote of 4-0 (Vice Mayor Teresa Onoda was absent), the Town Council adopted the resolution both approving and adopting an Affordable Housing In-Lieu Fee in accordance with the Town's Affordable Housing Ordinance.

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MPD to purchase new video surveillance systems Detection and Ranging is a re-

By Vera Kochan

Currently Moraga's Community Surveillance System monitors the town's major intersections. The purchase of that system was funded by a Moraga Community Foundation fundraising drive and is used by the Moraga Police Department to aid with investigating and solving crimes. However, the system is not monitored around the clock and gives insufficient cover-

age to wider areas of town. According to an April 12 staff report by Chief Jon King, "The Police Department also maintains equipment to address issues in Town, including radar and LIDAR devices for speed enforcement [Light

mote sensing method that uses light in the form of a pulsed laser to measure ranges of variable distances to the Earth], crime scene investigation equipment, items for community engagement events and software for diagramming crime scenes and traffic accidents."

The report also explained that "much of this equipment is becoming dated and is due for replacement or has not kept pace with current technology. It is in need of replacement to allow officers to continue to function in an efficient and effective manner."

The town council approved the transfer of Public Safety Impact Fees in the amount of \$33,000 to the Cen-

tral Video Surveillance System CIP (17-501). This will fund the purchase of five additional video systems to be installed at key locations. The new systems will feature an Automated License Plate Reader camera and a high-definition color camera with a minimum of three separate views of the surrounding roadways. The systems will be linked to MPD for monitoring and reviewing purposes.

Also approved was the transfer of \$18,000 to the Police Department Supplies and Materials account (101-620-022-01) for the purchase of updated radar and LIDAR units to aid officers in their daily duties with greater efficiency.



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All-Electric Building Code's ramifications on residents and businesses discussed

sions can be especially harm-

... continued from Page A1

reduce the expense of new building construction costs (piping and metering); further Contra Costa County's greenhouse gas emission goals; carry out the County Board of Supervisors' Climate Emergency Resolution No. 2020/256; and help improve safety and air quality.

California Senate Bill 350 requires that entities such as MCE and Pacific Gas and Electric must include contingency planning with regards to resource planning and load forecasting to carry customers through peak usage periods without interruption to service.

In an Aug. 31, 2022, Lamorinda Weekly article, "Health Benefits of Induction Cooking as Opposed to Gas Stove Tops Presented," San Francisco Bay Physicians for Social Responsibility Board Member Dr. Marjaneh Moini explained some of the health risks involved with gas cooking in the home. Three types of emis-

ful. NO2 (nitrogen dioxide) is a pollutant that can cause eye, nose and throat irritation when inhaled and can possibly decrease lung function by contributing to asthma, respiratory infections, and negative general cognitive functioning. CO (carbon monoxide) is harmful when breathed causing neurological effects and reduced overall cognitive functioning. PM2.5/PMO.1 (particulate matter) also causes neurological effects; aggravates asthma and reduces lung function; and contributes to heart attacks and premature death. While these involve large scale doses, over time constant subjection can be harmful, especially to children, Moini said.

Contra Costa County Department of Conservation and **Development Senior Planner** Demian Hardman attended the April 12 council meeting to clarify any misconceptions or confusing points. With regards to the terminology of what constitutes a "new construction," Hardman explained that if the renovation is significant enough where 50% or more of the building is being modified or altered then the county considers it a new construction, and the allelectric code is enforced.

However, Mayor Renata Sos noted that "this does not affect my ability as a homeowner to swap out my gas appliances for new ones. That may change if the state says, 'No.' If the renovation is tantamount to new construction, it would apply.

"We have some local control here," Sos added. "We have the ability to act. We're nimble. We're flexible. We can do it. I am not a fan of making exceptions locally, or whether there should be exemptions."

The town council provided feedback to staff in order for them to develop an ordinance adopting the 2022 California Building Code either identically or similar to the County's all-electric building code.

Saturday April 29 Rheem Shopping Center 580 Moraga Rd SCHEDULE OF EVI Main Stage (11:00a) - Faire/Carshow Opens! (11:30a) - BAND 1 - Marcelle Grid (12:45n) - Ch **Booths** 11AM - 4PM **Battle Bots Vintage Cars Bounce Houses** ce Cream & Food Trucks **Beer-Wine-Cider Pony Rides Artist Alley Live Music**

SCHEDULE OF EVENTS

(11:30a) - BAND 1 - Marcelle Griffin (acoustic)

(12:45p) - Chamber Greeting & Mayor's Hello

(1:00p) - BAND 2 - Brad Edelman (acoustic)

(2:15p) - Welcome Citizen of the Year

(2:30p) - BAND 3 - Mixed Signals (pop/rock)

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KidZone

(all day) - Pony Rides, Face Painting, Bounce House (11:00-2:30p) - Jungle James' Petting Zoo

(11:00-1:00p) - Magician (walking the Faire)

(12:00-3:00p) - Battle Bots

(2:30p/3:30p) - Puppet Show

MoragaChamber.org/CommunityFaire

Third-graders get crash course in Moraga's past

www.lamorindaweekly.com



Susan Sperry talks about prehistoric Moraga

Photo Vera Kochan

By Vera Kochan

For three consecutive Fridays, beginning April 14, Moraga's third-graders will pay a visit to the town's History Center for a condensed, soup-to-nuts lesson in local history. Resuming the class visits after a threevear COVID hiatus, students from Camino Pablo, Los Perales, Donald L. Rheem and Saklan elementary schools might have visited the Moraga Library at some point in their young lives without even knowing that the History Center was just around the rightside corner of the building.

The first group to arop by was Rheem teacher Jessica Stafford's class of approximately 24 students. Two more third-grade classes were scheduled that day, making a total of about 75 students coming from Rheem.

The students were split into three groups which rotated through 18-20 minute sessions of major time periods in Moraga's history. Historical Society President Susan Sperry covered the prehistoric period of Moraga's past when the town, as we know it, was submerged under the Pacific Ocean millions of years ago,

and telling the students that when the water slowly receded, eventually dinosaurs roamed the area. Sperry had photos that showed mastodon footprint fossils.

Sperry also discussed the Saklan tribe: "They covered their bodies in mud in the winter to keep warm. Some people pay a lot of money to do that today." While that bit of trivia seemed to go over the third-graders' heads, the moms in the room found it funny. The students were also shown an authentic, centuriesold mortar and pestle which the tribes used to ground

The ranchos of the area, specifically the one owned by Jose Joaquin Moraga and his cousin Juan Bernal, were briefly touched upon as the perfect segue for this particular group of students to move into the artifacts room for their next lesson about life on a Moraga ranch.

Historical Society First Vice President Colleen Lund spoke about what life was like on a mid-19th century rancho or farm. She tried to trick the students by mentioning electricity and bathrooms, but they were quick to correct her. The kids named possible breakfast items such as berries, eggs, water from wells and milk from cows. Deciding how they would've gotten to school ranged from walking, wagons or horseback, with one student shouting out, "By

Topics included squatters on the land and California's Gold Rush, which brought with it the "49ers" moniker. One student suggested that "their clothes were red and gold," a clear reference to San Francisco's professional foot-

Lund had many artifacts on display to show the class such as old irons and kerosene lamps. She opened drawers to reveal tribal artifacts of arrowheads and jewelry before concluding her segment of Moraga's history.

The third and final significant time period in the town's history was "conducted" by Moraga Historical Society

Member Sam Sperry, while dressed as a train conductor. Standing before a diorama (made by Les Krames) of the old Saint Mary's College Station complete with a freight engine alongside it, Sperry regaled the students with facts pertaining to the area's Sacramento Northern Railway (1913-1957).

After handing out copies of the railway's route map, which noted landmarks that the students could relate to, he explained that the all-electric train system carried both passenger and freight cars. Beginning in Oakland, the train traversed through a 3,000-foot tunnel under Skyline Blvd. (Shepard Pass Tunnel), eventually coming through Canyon, Moraga, Lafayette, Walnut Creek, Concord and some other stops before going through Sacramento to its final destination of Chico.

Sam Sperry explained that the passengers consisted of

commuters, SMC college students and professors, high school students (going to school in Concord before Campolindo and Miramonte were built), and picnickers coming into Canyon. The freight cars carried redwood lumber, walnuts and pears, cattle, grain, as well as military equipment and ammunition during WWII.

Passenger service ended in 1941 due to the convenience of cars, the opening of the Bay Bridge, an improved Caldecott Tunnel, and more paved roads. Freight service ended in 1957 because of lumber depletion. Walnut and pear trees, along with many ranches, were replaced by subdivisions.

As if that wasn't enough history for one hour, all classes continued their lesson by also visiting the Joaquin Moraga Adobe located in Orinda, later in the day.

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Commons Park Picnic Area renovation to begin soon

By Vera Kochan

The Commons Park Picnic Area Renovation Project was approved nearly four years ago by the Town Council as part of the Fiscal Year 2022-23 Capital Improvements Program Adopted Budget.

Fast forward to the council's April 12 meeting during which they awarded a construction agreement of \$302,825, with a 10% construction contingency of \$30,283, for a total amount not to exceed \$333,108 to Grade-Tech, Inc. of Castro Valley. Seven companies bid for the project which had an approved budget of \$329,000 with GradeTech coming in the lowest.

Located at the intersection of Moraga Road and St. Mary's Road, the Moraga Commons

Park project, according to a staff report by Parks and Recreation Director Mackenzie Brady, Public Works Director/Town Engineer Shawn Knapp, and Senior Civil Engineer Bret Swain, will include "the removal of existing and installation of new Portland Cement Concrete pavements and curbs; minor grading and earthwork; minor placement and compaction of aggregate base; tree removals; potable water line relocation; installation of trash receptacles, picnic tables, BBQ grills, a utility table, and a shade structure; and all appurtenant work as shown in the plans and specifications." There will also be an installation of an ADA pathway leading from the parking lot to the all-access playground. The project is expected to begin in the coming

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LAMORINDA WEEKLY

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COMPASS

Orinda housing element one of earliest approved by state in Bay Area

www.lamorindaweekly.com

By Sora O'Doherty

The California Department of Housing and Community Development (HCD) informed the city of Orinda on March 30 that it found Orinda's 6th cycle housing element to be in full compliance with state law. According to city staff, Orinda was the second of the 20 municipalities in Contra

Costa County and one of 13 within the 109 jurisdictions in the Bay Area to be found in compliance as of that date.

Receiving the HCD compliance letter in a timely manner means that the city is allowed three years to complete the required rezonings. Had the housing element not been found to be in compliance, it would have had only one year to complete the re-

zoning required.

City staff is now turning its attention to the implementation of the housing element and will be working with the community to ensure that Orinda remains a vibrant and inclusive community, according to the staff report prepared by Drummond Buckley, Director of Planning.

Like other cities in the state, Orinda was required to

provide for the building of a far larger number of housing units in the 6th cycle housing element than ever before. Orinda has been assigned 1,359 Regional Housing Needs Allocation (RHNA) units for the 6th cycle housing element, while during the previous eight-years of the 5th cycle it only had to provide for a total of 227 units.

Orinda adopts hybrid model for city council meetings

By Sora O'Doherty

The city of Orinda will begin a public rollout of a hybrid meeting format for city coun-

add planning commission meetings starting in June. Beginning with the council meeting on May 2, interested persons may attend the city council meeting in person at the Orinda Library auditorium, watch the proceedings live-streamed on the city's new YouTube channel, or participate via the Zoom meeting platform. The Zoom link will be included in the agenda for the meeting, which will also include instructions

cil meetings in May and will

on YouTube after the meeting. In June, the city plans to add hybrid capability to meetings of the planning

on how to participate in the

meeting. The meeting videos

will continue to be available

commission, which also meets in the Library auditorium. At this time, staff is not recommending that meetings, other than for the council and planning commission, be considered for hybrid options owing to the additional expense that would entail.

Since the conclusion of the COVID-19 state of emergency, all city meetings have resumed in person. The city council and the planning commission generally meet in the Library Auditorium, and other committees and commissions meet in other

venues.

Members of the public may now attend city council meetings in person and speak to the council during the public forum or make comments concerning agenda items. For those who cannot attend in person, or prefer not to, public comments may be submitted in advance of the meeting, or during the meeting, by emailing the city clerk. Such comments will be read out loud by staff at normal speaking cadence and are subject to the same three-minute limit as in-person comments.

Orinda City Council meetings can be viewed at www.youtube.com/@cityoforinda9535/streams

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Free Compost offered by RecycleSmart on May 6

By Sora O'Doherty

The Annual Compost Giveaway will be hosted by RecycleSmart from 8 a.m. to 2 p.m. May 6 in Lafayette at Our Savior's Lutheran Church, located at 1035 Carol Ln. Online registration for a 15minute time-slot is required and the event is open only to residents of Lafayette, Orinda and Moraga or of the RecycleSmart service area. The offer is limited to one resident per household.

To obtain compost, residents should bring rigid 5-gallon buckets, cardboard boxes, or other strong containers that you can lift yourself. No bags or truck beds are allowed. Republic Services will provide staff to shovel compost into your containers. Residents can take up to 50 gallons of compost (10 five-gallon buckets)

while supplies last. Although Republic Services will fill the containers, you will be responsible for getting them out of and back into your vehicle.

In addition to rigid containers, residents should bring identification and wear closed-toe shoes.

closed-toe shoes.

Appointments may be canceled online by residents if necessary, and can also be rescheduled as availability

To register online, please go to https://calendly.com/republicservices-recyclesmart/may-6-compost-giveaway?month=2023-05

Orinda celebrates teachers and classified personnel of the year

By Sora O'Doherty

The board of the Orinda Union School District at its April 17 meeting honored the teachers of the year and classified employees of the year for each of its five schools. The teachers of the year were Gretchen Loughran, Del Rey Elementary; Erin Miller, Glorietta Elementary School; Michelle Pinney, Orinda Intermediate School; Diana Owens Sleepy Hollow Elementary; and Alicia Doyle, Wagner Ranch Elementary. The five teachers were celebrated with words of praise from their students and each was presented with a certificate from the District and a potted plant.

At the same meeting the OUSD congratulated the six classified employees who were selected by their colleagues as exemplary employees at their school site or

department. For the recognition, the six classified employees will be celebrated and presented with a certificate from the District. The six classified employees chosen were: Ardis Atkins, Accounts Clerk at the District Office; Julissa Kemp School Secretary at Del Rey; Mariangela Hunter, Instructional Assistant at Glorietta; Michelle

Bournonville, Special Services Assistant at OIS; Shauna Simmonds, Office Manager at Sleepy Hollow School and Jennifer Lee, classroom aide at Wagner Ranch.

From the awardees, Erin Miller was named OUSD Teacher of the Year, and Michelle Bournonville was named Classified Employee of the Year.

2023-24 Contra Costa County Teacher of the Year candidates honored

Twenty-one educators in Contra Costa County have been named their school district's teacher of the year. With that distinction, the educators represent more than 8,000 teachers in Contra Costa County public schools and community colleges. The 2023-24 Contra Costa County Teachers of the Year is organized by the Contra Costa County Office of Education (CCCOE). The following are Lamorinda candidates (Erin Miller was named OUSD Teacher of the Year, as noted above): Evan Sebree – Acalanes Center for Independent Study (AUHSD)

Abigail Ehrhorn – Burton Valley Elementary (LafSD) Michael Adler – Camino Pablo Elementary (MSD)

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Orinda rejects cattle grazing on Orinda Oaks Park

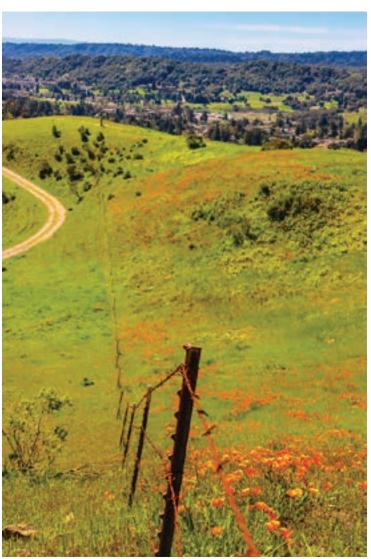


Photo Sora O'Doherty

Orinda residents pointed out that while Orinda Oaks is enjoying the spring super bloom, the adjacent Moraga Mulholland Ridge, grazed by cattle, is bare of flowers and has suffered landslides.

By Sora O'Doherty

Homeowners who live in the Orinda Oaks Open Space and Orinda residents who contributed funds to acquire the parkland years ago came before the Orinda City Council on April 11 to oppose the use of cattle grazing to reduce wildfire fuel on the park land. The council appreciated their contribution of historic knowledge and understood their concerns, and voted to rule out cattle grazing on the site in favor of mechanical mowing, goat grazing, or a combination of

Julie Rossiter, one of the affected homeowners, told the council, both in person and in written comments, that she opposed the proposal to allow cattle grazing in the open space. "Doing so is directly contrary to the restrictions placed on the open space in the grant dead donating the property to the city," she said, "which requires the property to be retained as 'parkland' and used for open space, recreational, and natural resource conservation purposes." Leasing the property to a rancher for profit to the city, Rossiter alleged, is contrary to the explicit intent of the grant deed. Glenn Rudebusch submitted photos to the council showing a spring super bloom on the Orinda land. Rudebusch stated that the Moraga parkland that abuts Orinda Oaks has been "denuded of California natives."

Jim and Linda Landau, residents of nearby Hall Drive, provided historic background

about how the land came to be acquired for Orinda. In a letter submitted to the council, they explained how cattle were grazed on the land back in the 1980s, and how they were concerned that there would even tually be a fatal traffic incident involving cattle that managed to wander onto the nearby roads. When a property developer became interested in acquiring the land for building, the Landaus explained that Steve Arnon, an environmentalist who lived adjacent to the park, discovered that there was a little-known law that provided that any piece of land of at least 100 acres, located completely within city limits and adjacent to an existing city park, had to be offered to the city for purchase before a bid could be accepted by a private purchaser.

However, when the then city council refused to put up the \$600,000 purchase price for the 111 acres, Arnon organized a fundraising effort that eventually funded the purchase price. Caroline Mills, president of the Orinda Parks and Recreation Foundation, confirmed that they had raised the \$600,000 to repay the city for the purchase of the land. She, as did other speakers, pointed out that the Orinda land, without cattle grazing, has not suffered from the same landslides as has the Moraga land that is grazed by cattle.

The Landaus supported the view that those who worked so hard to fund the purchase did so because they valued the natural, native quality of the land. They advocated for mechanical mowing twice a year or goat grazing in early summer followed by end-of-summer mechanical cutting. "Fuel mitigation is absolutely essential, but we believe that either other option to be preferable to the reintroduction of cattle grazing," they concluded.

The staff report on the item was presented by City Manager David Biggs. He referred to a 2021 survey, and reported that goat grazing was preferred by the public but that cattle grazing was considered more economically viable. In written public comments Kevin Cross pointed out that the survey, owing to a typographical error, overstated the cost of goat grazing by a factor of 10, listing the 10-year cost at \$22 million instead of \$2 million.

During the following council discussion, council member Brandyn Iverson remarked that "this was the most informative public comment period I have ever experienced." She added, "When immediate neighbors speak passionately, we listen. Cattle grazing should be off the table."

Mayor Inga Miller agreed, adding, "There is more at stake here than costs." With the agreement of council members Janet Riley and Latika Malkani, there was unanimous consent that cattle grazing should not be considered for the park and open space. Biggs said that the city will do mechanical cutting this year and see if they can hire goats for grazing in 2024.







City Council Regular Meeting: Tuesday, May 2, 7:00 p.m.

Tuesday, May 9, 7:00 p.m.

Planning Commission.:

Wednesday, May 10, 6:30 p.m.

Wednesday, May 10, 7:00 p.m. Special Meeting

Supplemental Sales Tax Oversight Commission

Orinda expands grants program to residents of all streets for

925-377-0977

By Sora O'Doherty

fuel reduction

Maybe it was the very wet winter, but for some reason, the grants of up to \$600 to match expenses for fuel reduction on properties on evacuation routes in Orinda had an infinitesimal uptake, with only two applicants for the grants. In an effort to promote fuel reduction, the Supplemental Sales Tax Oversight Commission (SSTOC) recommended that the City Council adopt a resolution making the grant program more widely available. After a lengthy discussion, the council voted to expand the grant program to all Orinda streets and to extend it to August.

The original grant pilot program had a number of re-

strictions for applicants. Only parcels located on evacuation routes were eligible, and, in addition, such parcels needed to either be within a designated Firewise community or the owner must have availed of the Fire Adapted Community Assessment offered by the Moraga-Orinda Fire District or have received an MOFD notice that the property was not in compliance with the fire code.

In an effort to encourage residents to apply for the grants, the SSTOC recommended that the council remove the restriction to properties on evacuation routes and expand grant availability to "fire apparatus roads," which essentially includes all roads in Orinda, public and private, upon which MOFD vehicles might travel.

Rachel Latimer, a member of the SSTOC, attended the meeting to inform the council of the SSTOC's views. She said that it was the wish of the SSTOC to broaden the grant program and to encourage as many people as possible to take advantage of it.

There was a very wideranging council discussion on the specific SSTOC recommendation, as well as other ways to promote fire-safety in the community. The council considered either doing nothing at this point in the pilot program and seeing what the future would bring, adopting the SSTOC recommendations, or eliminating even further restrictions on the grant program. After extensive discussion, the council did decide to adopt the SSTOC's recommendation expanding the grant program to essentially all Orinda property owners, with an additional request the SSTOC consider reducing the restrictions even further and return to the council with more recommendations.

During the discussion, Council Member Janet Riley said at first that she would like to see a really good job on the evacuation routes. Mayor Inga Miller initially pushed for the city to have the right to photograph work done on private property under the grant program, but was later persuaded that this would be a great disincentive to grant applications as people might view this as an invasion of their privacy. Vice Mayor Darlene Gee advised the council to just accept the SSTOC recommendation

without further expansion. "We don't want to start lopping things off prematurely," she said, adding that the council can always return to the matter in the future.

Council Member Latika Malkani pointed out that wildfire embers don't recognize any boundaries and said, in the case of wildfires "it's really an all-for-one and one-forall" situation. Miller raised the issue of the restriction on gifts of public funds, but city attorney Osa Wolff pointed out that what is require to counter such a charge is a public benefit, and, at the end of the discussion, she noted that the council had expressed many public benefits arising from the grant program.

Work continues in the background on Lafayette/Walnut Creek **Shaded Fuel Break**

By Sora O'Doherty

The Contra Costa County Fire Protection District (ConFire)

funding for the Lafayette/Walnut Creek Shaded Fuel Break project, according to Steve has received Cal Fire grant Hill, the district's Public Information Officer. In an update on the project, Hill noted that the district recently got approval from its Fire Board Building (which is the County Board of Supervisors) to hire the re-

research.

It is expected that the California Environmental Quality Act (CEQA) study will begin

quired environmental consul-

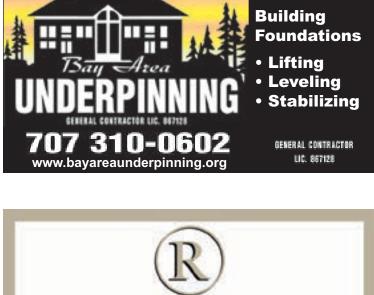
tant to do pre-project related

soon. Once the environmental study is completed, the district expects that this summer mitigation work will begin for the important and potentially lifeand property-saving safety work to proceed.

The entire project has been granted funding for three years to complete the entire 190 acres of shaded fuel break. However, the district anticipates that the work will be completed in approximately two years. Hill points out that the shaded fuel break

will actually begin to deliver protection as soon as various portions are completed earlier than the estimated 24 months.

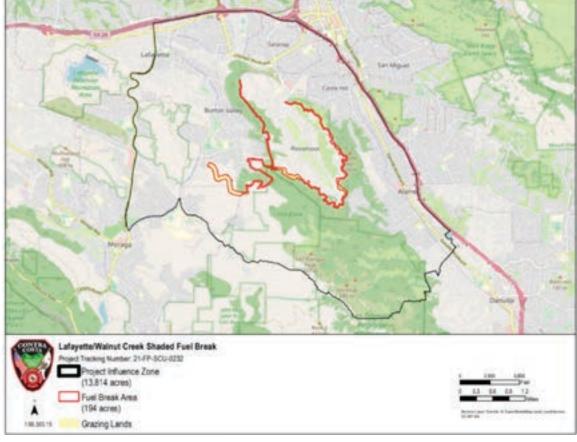
Hill noted that the Tunnel Hills shaded fuel break, which is managed by the Moraga-Orinda Fire District, will eventually connect to to the Lafayette/Walnut Creek shaded fire break to create a continuous fuel break of some 20 miles to help protect the four cities of Walnut Creek, Lafayette, Moraga, and Orinda.





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925-299-3221 Police Department Tip Line 94549Tip@gmail.com Police Department Traffic Issues 94549Traffic@gmail.com

Moraga Police Department: 329 Rheem Blvd., 925-888-7055 Chief of Police, Jon King ext. 7049 Orinda Police Department: 22 Orinda Way 925-254-6820 Chief of Police, Ryan Sullivan 925-254-6820

Orindatip@cityoforinda.org Lafayette Police Department Incident **Summary**

Report April 2 - April 15 Alarms 911 Calls (includes hang-ups) 105 2 21 Traffic Suspicious Circumstances Suspicious Subject Suspicious Vehicle Service to Citizen 11

2 15

10 0

Patrol Req./Security Check Public/School Assembly Check Supplemental Report Vacation House Check Welfare Check Ordinance Violation **Vehicle violations**

Auto Burglary 10 Block Almaden Ct. Hit And Run Felony
3500 Block Mt. Diablo Blvd.
Hit And Run Misdemeanor
Saranap Ave./Old Tunnel Rd.
3300 Block Mt. Diablo Blvd.

Reckless Driving Pleasant Hill Rd./Stanley Blvd. Mt. Diablo Blvd./Mountain View Pleasant Hill Rd./Springhill Rd. Hidden Valley Rd./Blackthorn Rd. Stanley Blvd./Warner Ct.

Tc - Minor Injuries
3200 Block Mt. Diablo Blvd.
Tc - Property Damage
Camino Diablo/Stanley Blvd.
Pleasant Hill Rd./Condit Rd.
Reliez Station Rd./Glenside Dr. 2Nd St./Mt. Diablo Blvd. Pleasant Hill Rd./Old Tunnel Rd. 3200 Block Old Tunnel Rd.

3500 Block Terrace Way 3500 Block Mt. Diablo Blvd. Other criminal activity Embezzelment 3500 Block Mt. Diablo Blvd.

Fraud False Pretenses 900 Block Moraga Rd. 900 Block East St.

Grand Theft 3600 Block Mt. Diablo Blvd.

3600 Block Mt. Diablo Bivd.
Identity Theft
Police Department (2)
1000 Block Woodbury Rd.
1000 Block Walnut Dr.
Panhandling
3500 Block Mt. Diablo Blvd. (2)

Petty Theft 3500 Block Mt. Diablo Blvd. El Curtola Blvd./Old Tunnel Rd. 900 Block Mountain View Dr. 700 Block Las Trampas Rd. Residential Burglary
1100 Block Garden Ln.

Robbery 3600 Block Mt. Diablo Blvd.

Robbery Armed 10 Block Dollis Park Rd. Shoplift 3500 Block Mt. Diablo Blvd.
Nuisance to the Community
Disturbing The Peace
1000 Block 2Nd St.

Loud Music 1000 Block 2Nd St.

Loud Noise 1300 Block El Curtola Blvd. Loud Party 400 Block Peacock Blvd.

Dewing Ave./Bickerstaff St. 900 Block Dewing Ave. Public Nuisance 1000 Block Glen Rd. Happy Valley Rd./Mt. Diablo Blvd. 300 Block Saranap Ave. (2) 3500 Block Deer Hill Rd.

Vandalism 500 Block Merriewood 1000 Block Vista Bella

3500 Block Mt. Diablo Blvd. Other

Defraud Innkeeper 3300 Block St Marys Rd. Loitering 3500 Block Mt. Diablo Blvd.

Suas Assist Request 500 Block Waterstone Pl, Sra **Unwanted Guest** 3600 Block Mt. Diablo Blvd. (3)

Moraga Police Department Incident Summary Report April 4 - April 17

Vehicle violations

Alarms

Traffic



Vehicle violations
Accident Property
300 Block Rheem Blvd.
Excessive Speed
Country Club Dr./St Andrews Dr.
Rheem Blvd./Schoefield
Moraga Way/Ivy Dr. (2)
Moraga Way/St Andrews Dr. (4)
Moraga Way/Viader Dr. Moraga Way/St Alturews Dr. (4)
Moraga Way/Viader Dr.
St Marys College Of California
St Andrews Dr./Country Club Dr. (2)
Rheem Blvd./Via Barcelona
Moraga Way/School St. (3)
Moraga Way/School St. (3)

Moraga Way/Coral Dr., Ori Moraga Way/Miramonte Dr. (4) Moraga Way/Moraga Valley Ln. Moraga Rd./Alta Mesa Dr. Rheem Blvd./Fernwood Dr. (2) Moraga Rd./St Marys Rd.

Police Department Hit And Run Misdemeanor Campolindo High School Reckless Driving
Miramonte High School, Ori
St Marys Rd./Rheem Blvd.

Safeway Moraga Rd./Rheem Blvd. (2) Tc - Property Damage

St. Marys College
Other criminal activity Fraud Credit Card

900 Block Camino Ricardo Fraud False Pretenses 300 Block Rheem Blvd. **Grand Theft Veh Parts**

Not Available Identity Theft Police Department Nuisance to the Community Disturbing The Peace Fernwood Dr./Rheem Blvd.

Loud Music Donald Dr./Moraga Rd. 1700 Block School St. 300 Block Blk Claudia Ct. Loud Noise 200 Block Paseo Bernal

1000 Block Carter Dr. Loud Party 1700 Block School St. Public Nuisance 200 Block Calle La Montana

Fireworks

Joaquin Moraga Int School Hailed By Citizen Homegoods Harassment 200 Block Ivy Pl. Mentally Ill Commit

10 Block Miramonte Dr. 100 Block Via Joaquin Threats Police Department Trespass St. Marys College



Orinda Police Department **Incident Summary Report** April 2 - April 15

Alarms 911 Calls (includes hang-ups) Traffic 135 Suspicious Circumstance Suspicious Subject Suspicious Vehicle 4 11 Service to Citizen Patrol Req./Security Check Public/School Assembly Check 41 42 Supplemental Report Vacation House Check

Welfare Check Ordinance Violation **Vehicle violations** Accident Property 200 Block La Espiral

20 Block Irwin Way Auto Burglary

10 Block Theatre Sq 106

100 Block Stein Way

200 Block El Toyonal

Dui Misd Wilder Sports Fields Hit And Run Misdemeanor 30 Block Muth Dr. Reckless Driving Tiger Tail Ct./Miner Rd.

Glorietta Blvd./Moraga Way El Tovonal Camino Pablo/Claremont Ave.

Vehicle Theft 60 Block Orinda Way Wilder Rd./Wb Sr 24 Other criminal activity

Grand Theft 20 Block Loma Vista Dr. H&S/Pos Paraphenalia Camino Pablo/Santa Maria Way Identity Theft 10 Block Descanso Dr.

Panhandling Camino Sobrante

Petty Theft From Veh
10 Block Valley View Dr.
Residential Burglary
100 Block El Toyonal
Nuisance to the Community

Loud Music 400 Block Moraga Way

Loud Noise 10 Block Patricia Rd. Public Nuisance Orinda Way Avenida De Orinda/Orinda Way 10 Block Corte Holganza

Vandalism 30 Block Oak Rd. Other

Failure To Obey
Inbound Wilder Into Resd
Camino Sobrante
Eb Sr 24 At Pleasant Hill Rd, Laf Sr 24 At Fish Ranch Rd

Warrant Arrest Coral Dr./Moraga Way Orinda Way 60 Block Brookside Rd. Camino Sobrante Miner Rd./Camino Lenada

LAMORINDA WEEKLY

Student-athletes from 30 schools shine at **Acalanes' Special Olympics event**

www.lamorindaweekly.com



Parent volunteers Yanni

Rho and Melissa Chen learned

of the need for volunteers in

the parents' newsletter. "This

back to the community," Chen

Acalanes was hosting this for

so many schools and students

so that they could compete in

sports and have fun doing it."

ments: "I believe that it's criti-

cal that students with special

these types of events and it's

something that called to me."

appreciated the support she

"Acalanes has been great

gets from the school.

Mariia Petukhova, the

special-ed teacher at Acalanes,

about mainstreaming our stu-

dents," Petukhova said. "We

have two classes, and they

were all very excited about

this event. They prepared a lot

by playing the Kahoot game (a

game-based learning platform

designed for students to cre-

ate, share, and play) and they

watched a lot of videos and

participated in United Sports

needs be able to participate in

Rho echoed those senti-

is a nice way for me to give

said. "I love the fact that

... continued from Page A1

Sophomore Miles Blackhart and junior Alexandra Van De Poel are the two leadership students who were put in charge of the meet. "I really love hanging out with the special education kids on campus," Van De Poel said. "I was a volunteer last year and this was an opportunity for me to lead and do something that I felt was meaningful.'

Both put in a lot of time to make certain everything was set up correctly. "The past couple of months, we've been dedicating every class period to just organizing the different aspects of the event and making sure that we wouldn't be rushing into things at the last minute," Blackhart said. "It's been a lot of work, but it's definitely been worth it."

The leadership class is involved in many other causes like blood and clothing drives within the community, but the Special Olympics is most important to Van De Poel. "It stands out because we involve a number of other schools with their special education programs and when they continue to come back to Acalanes, it means that we did a good job."

Hayley Takeshima, a sophomore volunteer, sees the event as a way to create a bond within the Acalanes community but says it's also deeper than that. "It's also the interconnection between all the schools that come to the Special Olympics," Takeshima said. "It's being able to create new bonds and seeing new faces and getting to know them. As the host school, we get to be around people that need to be celebrated for their incredible athletic performances and by volunteering I can help do that."

dents with disabilities the opportunity to play a variety of sports alongside students without disabilities).'

This was the first time at the event for Bergen Woodberry and her 8-year-old son, Alex, who is a student at the Wagner Ranch School. "Alex is really excited to be here," Woodberry said. "Alex is a great runner and swimmer and has been practicing a lot. We're just happy to be here and see what it's like and get the feeling of it. For me, it's just so inspiring to see all these kids and to have the whole community come out and support them is really wonderful."

For Max Nunez, a senior at Acalanes, it was his first time participating in the Special Olympics. "It's been a lot of fun and I've done a lot of practicing," Max said. "I'll be in a running event and also the jumping event." Max was true to his word as he won the 100-meter dash running past his father Mauricio, who was proudly videotaping the whole race.

Besides the joy, pride and satisfaction that the studentathletes get out of participating in the Special Olympics, Walton's desire is that the students all gain a new viewpoint after witnessing the effort put forth by these special studentathletes: "The students in my class and the many volunteers who aren't in the class don't get any prizes or awards. What I hope they get out of this is to see that these opportunities can exist for all, and they can make a great day for a set of marginalized kids that don't always get the same opportunities as they do. I hope that they can carry that perspective with them every single day because we have 24 Acalanes students who competed here today, and my hope is that they have that that same spirit and bring it to campus every day."



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Lafayette plans response to HCD

... continued from Page A2

Council briefly discussed if a letter from the city attorney in defense of the final HE draft they present would protect the city from future legal action that might be taken; not by HCD, but by other interest groups objecting to specific new development projects. Elrod said it will be discussed by staff, but predicted "it is not really worthwhile because the HCD is what it is" and a letter might even stall the certification process.

Discussion about the impact of using SB9 as a tool to address HCD's "missing middle" comments showed it would not be helpful, but other opportunities to develop housing strategically are possible. Examples include multiunit projects on corner lots, sections of streets instead of entire streets zoned for multifamily units (sometimes known as spot zoning), or

modeling after other cities with overlay districts for developments designated for faith-based housing or other specific categories. Staff will bring their findings for realistic options after more research is conducted.

Public comments primarily focused on specific findings in HCD's response, new and existing ADUs and how best to track their number and usage, cooperation with neighboring cities to solve housing cost and availability problems, and a list of policy ideas to support the city's efforts from board members of Inclusive Lafayette. (An addendum to the online staff report includes a letter from Inclusive Lafayette.)

In a separate letter from HCD dated March 16, Elrod said it was stated that only HCD has the authority to deem whether or not a city's HE is in substantial compliance, despite case law and

state codes to the contrary. She said an attachment to the draft HE submitted by the city stated at length how Lafayette was in compliance, but HCD had declined accepting those statements. Although she said there are no specific deadlines for completion of revisions to the draft HE, Elrod confirmed that Lafayette plans to complete the required rezoning by Jan. 31, 2024, regardless.

Council closed the discussion by asking if time could be saved by making policy changes rather doing further analysis. Elrod said the city may certainly need to add or change policies, but HCD has asked explicitly to provide more analysis and the request must not be declined. If additional staff or staff hours must be added to complete the research and revision work ahead, staff will bring the matter to council for approval.





Paige Radell, M.D.

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May 2023 Weekly Speakers

- May 5 Club Assembly. A discussion of our clubs strategy, what we are doing and what we would like to do in the future.
- May 12 Rebecca Heisman Flight Paths; How a group of quirky pioneering scientists solved the mystery of bird migration.
- May 19 Community Update: Supervisor Candace Anderson
- May 26 Mary Crowley of the Ocean Voyages Institute speaks about the clean up effort in the Pacific

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Moving beyond labels & stigma during **Mental Health Awareness Month**

By Sharon K. Sobotta

Many Bay Area fans of the JV show on Wild 94.9 have been through a roller coaster ride of emotions this spring. Many became concerned when JV (Jeffrey Vandergrift) started talking about his physical and mental health challenges while coping with Lymes disease last year. Concerns grew when Vandergrift detailed his challenges on air on Feb. 23, and went missing that same day. On March 23, Vandergrift's body was discovered near Pier 39 in San Francisco, confirming what many suspected but didn't want to believe – that Vandergrift was in fact dead.

Reports confirmed that no foul play was involved, but stopped short of naming suicide as the cause of death. However, JV's public discussion about his struggles with depression and his online account of his suicide ideation and a 2021 attempt that resulted in him being placed on a 5150, involuntary hold, have raised speculation that suicide may be the cause of

Kelechi Ubozoh, a co-editor of "We've Been Too Patient: Voices from Radical Mental Health" and a survivor of suicide attempt(s) says one of the best ways to cope is to talk. "When we witness famous people dying by suicide, especially people we perceive to have it all, it can feel unsettling and shocking," Ubozoh says. "People think talking about suicide causes suicide which is a myth and one of the reasons the topic remains taboo."

Ubozoh recalls her own struggles with mental health which piqued after she lost her grandmother when she was 13 and resurfaced again a decade later when she was assaulted. "When I was struggling the most, I looked great on the outside. People don't ask people

who are smiling what's wrong or check on them. (Let's) let (this latest loss) be an invitation to have a conversation with our loved ones."

If we can get beyond getting caught up on the technicalities of a particular diagnosis, Kelechi says it leaves room to focus on holistically caring for the impacted person. "What if we cared for mental health in much as we cared for physical health and showed up with dinner or a casserole to remind the person in crisis they're not alone? Ask open ended questions (affirming) that you won't try to fix or judge someone. (If you can, offer to) take one thing off (the person's) plate."

Ubozoh put on a happy face and pushed through her diffficulties. She went to journalism school and did her best to keep smiling until she was sexually assaulted at the age of 23. "I started feeling like I wanted to die and I reached out for help," Ubozoh says. "The moment I said suicide, I was shut down. People think that if you're feeling suicidal, you can just go to a therapist because maybe you're too sick. A few days later (after unsuccessful attempts to get help), I tried (to take my life)."

Today, as a woman in her 30s Ubozoh is in a different place. She's clear that suicide ideation isn't something that she is forever cleared from or something that can be overcome. Rather, it's something that she's learned to cope with when or if those feelings arise.

"(I've given up on the slogan that it gets better and embraced this). Something is going to happen again as long as we're on the earth. (But I get to decide) how I'm going to deal with it. I'm going to include people. I'm going to have a community. I'm going to include people that help me. I've healed how I respond to life."

A version of the holistic care that Ubozoh describes is starting to show up in schools across the state. The Lafayette School District is an example of a place that pivoted from a model of having shared counselors that traveled between the multiple school campuses to a place of having a counselor at each school.

Rachel DeChristofaro is a counselor at Lafayette Elementary School, where she says she supports both students and parents. On a given day, DeChristofaro may drop into a classroom to demonstrate calm down and de-stressing techniques with children, hold a support group for students struggling to maintain friendships or cope with anxiety and have individual support in the form of play, coloring, making a navigation plan for a successful day and make rounds during recess. What does this have to do with education? A lot! The children DeChristofaro supports range in age from 4 to 12 and they're dealing with anxiety, worries and fears of not fitting in or feeling like they don't belong.

"If a student isn't able to regulate emotions, express how they are feeling or de-escalate (a tense situation), it can impact academics, the classroom and peer interactions," she says. "The better we feel mentally, the more opportunities this can create for students to have a positive learning environment."

Something that Ubozoh, DeChristofaro and possibly even Jeffrey Vandergrift, if he was still here to weigh in, would likely agree on is this: people of all ages and stages in life need support and a safe place to land. If you or someone you love needs to talk through a mental health crisis or is experiencing suicide ideation, you can call 988 for support.



WE DID IT!

Heartfelt thanks to everyone in the Lamorinda community who generously donated to the Campaign to Save Harvey Ranch. With your help, these pristine 126 acres forming the backdrop to Saint Mary's College of California have been permanently protected as wildlife habitat and as a new gateway to thousands of acres of wilderness for your exploration and enjoyment.

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Harvey Ranch is the latest in a string of successes including Carr Ranch, Painted Rock, and Hamlin Nature Park. Time and again the residents of this beautifully scenic corner of the East Bay have shown their love for the places that make our region so special.

Harvey Ranch will be open to the public on May 7th. Go for a visit! Info at jmlt.org.



Music from Asia's Pacific Rim Sun. May 21, 2023 | 4pm Skyline High School Auditorium 2250 Skyline Blvd, Oakland, CA Chorale, Chamber Ensemble & Cantare Youth Choirs General: \$20 | Student: \$10 Directors: David Morales, Julie Haydon & Conway Tan-Gregory Family: \$40 (up to 6 people) The Great Wall Youth Orchestra led by Victor Siu Emcee: Wendy Tokuda Tickets: cantareconvivo.org, 510.836.0789 or >>

~ Life in LAMORINDA ~

Equine support for people affected by dementia at Xenophon

www.lamorindaweekly.com



Xenophon participants work closely with horses from the ground.

Submitted by Laura Vyda

A little-known gem of a program for people living with memory loss or a diagnosis of dementia and their caregiving loved ones will take place in Orinda at Xenophon Therapeutic Riding Center this April and June.

Serene, scenic, and safe, Xenophon is home to eight special horses trained for therapeutic work. While it is best known for its lifechanging workshops for children with a range of disabilities, the stable also offers free-of-charge workshops for people with dementia and their family care partners.

The workshops do not require previous horse experience and do not involve riding; they take place on the ground, not in the saddle.

Xenophon staff member Tineke Jacobsen describes how the program invites participants to increase sensory awareness and become attuned to the horses and, in so doing, learn new ways to relate to themselves and each other. The workshops, she says, can be transformative for participants who overwhelmingly report reduced anxiety and better engagement and connection as a result of the experience.

"People will experience connection in a way that is highly gratifying and less stressful.

"Participants let go of unproductive interactions such as micromanaging and instead relax and go with the flow. They will find new ways to have fun and enjoy things together," said Tineke.

The workshops are the brainchild of Nancy Schier Anzelmo, MSG, and Paula Hertel, MSW, co-founders of Connected Horse, leaders in the field of equine-assisted support for people affected by dementia.

People affected by mem-

ory changes and dementia often struggle with depression, anxiety, and a sense of disconnection. Feelings of isolation and hopelessness are also common for care partners. Schier Anzelmo and Hertel recognized the value of early interventions and the importance of supporting the relationship between the person living with memory changes and their primary care partner, and they understood the power of

Says Co-Founder Paula Hertel, "This program enables people to move past the rigidly defined roles of a dementia patient and a caregiver and learn to be in the moment and live again."

Alma, who attended a Connected Horse workshop with her mother, who was diagnosed with Alzheimer's Disease, said, "As the ability of my mother to communicate reduces as her disease progresses, these lessons help me understand that there will always be connection. Verbal interaction is not always necessary for deep and meaningful interactions.'

Penny Sinder facilitates Connected Horse workshops at Xenophon. "Change happens when people relax and can pay more attention to their senses. There was a gentleman who had a hard time getting out his words. It was the third session. He was nand grooming the horse, and then he looked at me, and he said, 'I think he likes it'— as clear as a bell. It still gives me goosebumps. His wife was standing on the other side of the horse. She looked up, it was a second that touched her heart. Not every experience is as dramatic, but we've had many instances where either it's an aha moment for the care partner, or the person living with dementia can see, "oh look, I can do that."

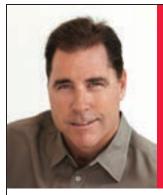
For more information about the upcoming workshop series at Xenophon Therapeutic Riding Center, Session 1: April: 26, May 3, 10 and Session 2: June: 6, 13, 20, 27 please call Xenophon at (925) 377-0871.











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Spinach and tomato combine for the perfect side or salmon topper



Spinach & Tomato Topper

Photo Susie Iventosch

By Susie Iventosch

I've always been a huge fan of creamed spinach — any way shape and form, and this fun and fresh version, made with cherry tomatoes, onions, garlic and grated Pecorino Romano cheese, is a healthier no-cream version. We originally made this recipe with heavy cream, and loved it, but it was really rich. So the next time, we omitted the cream and instead added Boursin cheese and really enjoyed it that way too, but still wanted something less rich. So, finally we decided to try it using only broth and wine. This recipe is the latest rendition and we are really happy with the results. You can serve it

as a side dish or as a topper for fish, chicken, or even portobello mushrooms.

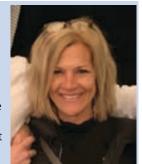
If you've ever sautéed spinach, you know how much it reduces as it cooks. It seems like you have a mountain of spinach, but by the time you finish sautéing it, it's barely an ant hill! So we started with a full pound of raw spinach and still, it only served four people. This topper is not really saucy, but rather more like a veggie sauté, and if you want it to be more of a sauce, you can add more broth as you go. Also, if you like a little more of the fresh green spinach color, just barely sauté the last bit of spinach you toss into the pan and it will stay more firm and green, giving the topping a

nice color.

We topped salmon filets with this the other day and that was really delicious. Simply grill or bake your salmon and serve a big scoop of Spinach & Tomato Topper over the top.

Susie can be reached at suziventosch@gmail.com. This recipe can be found on our website:

www.lamorindaweekly.com lf you would like to share your favorite recipe with Susie please contact her by email or call our office at (925) 377-0977. Or visit https://treksandbites.com



Spinach & Tomato Topper (Serves 4)

INGREDIENTS

4 salmon filets (approximately 1/2 lb. each)

Topping

3 tbsp. olive oil

3 cloves garlic, minced

1 medium yellow onion, very thinly sliced

1/2 cup finely sliced basil leaves

2 tbsp. minced parsley

20 (or so) cherry tomatoes, halved 1 lb. fresh spinach leaves (I use the triple pre-washed

spinach)

3/4 cup white wine

3/4 cup chicken broth (or veggie broth)

3/4 cup freshly grated Pecorino Romano (or Parmesan), reserve a couple of tablespoons for sprinkling over the top.

Heat 2 tablespoons of the oil in a large skillet over medium heat. Add garlic and sauté until just starting to brown. Add remaining oil and the onions, and cook until onions are translucent and just beginning to caramelize.

Stir in the basil and parsley and continue to cook for another minute or two. Add 1/4 cup of the wine, 1/2 cup of the chicken broth, and the cherry tomato halves, and cook for about 5 minutes over medium-low heat. Add all but 2 tablespoons of the cheese and stir until melted. Begin adding spinach (a large handful at a time), alternately with remaining wine and broth. The spinach will wilt as you add it. If you like the topping to be more green, after the last handful of spinach, remove from heat immediately and it will hold its color and shape a little bit.

Meanwhile, cook the salmon filets on the barbecue or in the oven until desired doneness. Spoon the topping over the top of each cooked filet. Sprinkle remaining cheese over the top.

*Note – We place our salmon with the skin side down on a piece of foil. Grill over medium heat for 8-10 minutes, or until desired doneness. Remember every grill is different, so you'll have to cook according to your own barbecue. Once the fish is done, remove the filet from the skin, leaving the skin on



Hiring part-time college application readers

By Elizabeth LaScala, **PhD**

With the recent surge in college applications, schools have begun to outsource the work of their admission counseling staff (aka admission officers) by hiring part-time application readers. Colleges tell us that this influx of part-timers is a matter of necessity, but it is a necessity in large part created and greeted positively by colleges themselves.

How do they create these surges in applications? First, colleges send out tons of 'spam' to students encouraging them to apply using the email addresses they purchase from the College Board (makers of the SAT) and ACT (makers of ACT tests). In this spam, they compliment the student's achievements (without really knowing anything of substance about specific achievements), offer to waive the application fee, and utilize a variety of other ploys to get students to apply. One of these ploys is to inform students that at their institution, standardized testing is optional. However, during the height of the COVID-19 pandemic, many colleges became test optional to help students apply, and most of these colleges have continued their test

optional policies because they worked! The pushiness of institutions to draw in applications is one of the reasons for the surge in applications this past cycle, and there promises to be an equal or even greater surge in the upcoming cycle.

As colleges continue to see growth in the number of applications they receive, more readers are needed to get through the sheer number of them, and most schools claim they cannot afford to hire more full-time admission officers. The University of California—Irvine, for example, expects to hire 200 part-time readers for next year's admission cycle; they hired 180 last year. Georgia Institute of Technology expects to hire 60 parttimers, while a decade ago they hired as few as three. These hires are external to the school and may consist of former admission officers from other colleges as well as others in education, such as high school teachers.

This hiring trend has been met with controversy. Admission officers in favor of the practice, argue that it allows more applications to be read and reviewed while still maintaining the integrity of the school's evaluation process. They point to the fact that

many schools employ a strict training protocol for part-time readers. Scott Jaschik at Insider Higher Ed writes, "At University of California—Irvine, new part-time readers first review 20 files from the previous year with senior full-time staff explaining why students were admitted or rejected. Then the new recruits review 10 more applications and explain why they would admit or reject them, with senior staff reviewing their decisions." When the part-time readers arrive at a conclusion, they are taken as recommendations rather than de facto acceptances or rejections, with full-time admission officers making the final call. To avoid conflicts of interests, part-timers also do not review applicants from their school district, nor do they know the names of the applicants they are reviewing.

However, some admission officers, joined by other higher education voices including many independent educational advisors, argue that the use of part-time readers may prevent all applicants from getting a fair shot at admission. They also worry that the practice is becoming increasingly common, and some are concerned about the transparency of the

process – applicants do not know whether their application is being reviewed by an admission officer or a parttime hire, and they certainly do not know how and how well the individual was trained. The University of California system's process may be the gold standard in training part-time readers, but that tells us little to nothing about how private colleges and other public university systems operate. Additionally, despite the claim that part-timers only give recommendations, those recommendations might come shortly before the decision deadlines, meaning that some applicants may not have the benefit of a review by full-time staff. This could result in many applications being reviewed and decided on only by parttime readers.

As it stands now, most admission officers seem to be in favor of the process, trusting that their school's administration can hire part-time readers that best suit the needs of the school and avoid any bias in the evaluation of applicants. On the other side, many higher education professionals, including independent college advisors are still on the fence about part-time readers and are calling for greater transparency from schools who adopt this practice.



Doing College and Beyond College and Graduate School Admissions Services 970 Dewing Avenue, Suite 202, Lafayette 925.385.0562 (office) 925.330.8801 (mobile) www.doingcollege.com Elizabeth@doingcollege.com Elizabeth LaScala, PhD, brings decades of admissions expertise to personally guide each student through applying to well-matched colleges, making each step more manageable and less stressful. She has placed hundreds of students in the most prestigious colleges and universities in the US. Elizabeth attends conferences, visits campuses and makes personal contacts with admissions networks to stay current on the evolving nature of college admissions. She and her professional team offer resume development, test preparation, academic tutoring, value analysis, merit and need-based scholarship

Traditional dances performed during Miramonte's SSWANA Festival



By Emma Wong

At Miramonte's Wellness Center, traditional Hindu dance group Kalanjali Dances of India performed a Bharatanatyam-style movement for the district's South Asian, Southwest Asian, and North African (SS-WANA) Festival.

Organized by students Leila Maboudian, Selma Ahmed, and Nilab Ahmed, the festival was the first of its kind to celebrate SSWANA heritage within the Acalanes Union High School District. Booths included traditional candies and pastries, educational posters, languagewriting activities, and the hand decoration art mehndi/henna.

Guided by instructor Kali Futnani, the dance was performed in South Indian Bharatanatyam-style. Traditional Indian dances were banned and nearly lost as a result of British colonialism in South Asia; however, efforts to revive them led to a successful resurgence. The act performed

at the festival, called Devi Neeye Thunai, centered on a narrative about Meenakshi, a Hindu warrior goddess.

Miramonte freshman Trisha Prabandham was one of the dancers. "It was a really fun experience, especially since we have another performance on April 30," Prabandham said.

"Dancing is a great way to learn more about my culture on deeper levels," Dublin High School freshman and dancer Kiran Nayyar said. "We learn so many different stories that we're continuing to pass down."

The festival celebrated SSWANA culture in Lamorinda and also spotlighted adversities that members of the group encounter. "We were proud to bring this festival to the campus," Maboudian said. "People were very respectful and made the event enjoyable. Respecting SSWANA culture and acknowledging the challenges we face can help people step into activism and advocacy."

Photo Emma Wong

Students Bela Patel and Kiran Nayyar perform at Miramonte's SSWANA Festival on April 14.

Lafayette author discusses new book and contributions of

Chinese people in famous wine region **Submitted by** Laurelle Miles

Chinese laborers were once the backbone of Napa Valley. Throughout the 1800s, they toiled in the grape fields, hop farms, leather tanneries, and laundries, and carved out

neighborhoods in towns throughout the Valley. These contributions did little to deter discrimination and Anti-Chinese Leagues sprang up to harass and intimidate immigrants like Chan Wah Jack, who ran the successful Sang Lung store in Napa's Chinatown. In 1882, the Chinese Ex-

clusion Act hastened the decline of local Chinatowns and these once vibrant communities disappeared while the industries they helped to foster flourished. Join John Mc-Cormick and Lafayette City Council Member Wei-Tai Kwok as they uncover the forgotten contributions of the Chinese

people in California's most famous wine region as part of the Sweet Thursday Author Series at 7 p.m. Thursday, May 11 in Don Tatzin Community Hall at the Lafayette Library where McCormick will also discuss his book, "The Chinese in Napa Valley: The Forgotten Community that Built Wine Country."

This is a free event, but registration is required at Tinyurl.com/sweet-May23. The doors will be open at 6:30 p.m. for coffee and treats and Orinda Books will be selling copies of the book after the presentation. This program will be presented in-person or via Zoom livestream.

'Swan Lake' comes to the Orinda Library Auditorium

Orinda Ballet Academy's spring production, "Swan Lake and Contemporary Dances," will offer three performances at the Orinda Library Auditorium May 19-21. The academy had planned to perform this program back in spring 2020 before the COVID shut down. Director Patricia Tomlinson noted that while she was "super sad" to have had to close down that performance during

the pandemic, "we are happy to be reviving it with a beautiful cast of students and guest artists."

"Swan Lake" was last performed by the Academy in 2013. This years' guest artists performing along with the Orinda Ballet Academy students are Jackie McConnell, Christopher Dunn and Maurice Monge. -Sora O'Doherty

Standing, from left: Sadie Elkind, Phoebe Higgins, Maya Elkind, Emily Charo, Bailey Brothers, Ella Pierce, Amy Li, Chloe Sabo-Nichols; kneeling: Gianna Galando, Mia Jeric, Ava Allaire

Photo Patricia Tomlinson



Eagle Project benefit concert held to replace stolen musical instruments

Submitted by Stephanie Becker

For Jack Becker's Eagle Project, he is organizing a benefit concert for the Oakland School for the Arts. "Recently, I learned that they had a robbery and over \$25,000 worth of musical instruments were stolen," Becker wrote in a letter to fellow Troop 246 members. "As a musician myself, I couldn't imagine how I would feel showing up to class without the trumpet I have been playing since elementary school." The benefit concert, which will take place at 3:30 p.m. April 30 in the Orinda Library Auditorium and feature the jazz students from both the Oakland School for the Arts and Campolindo High School, will help replace the stolen musical instruments and also raise funds to help the school upgrade the security of instruments in their music room. Admission is free with a donated instrument in good working condition or \$20 for adults and \$10 for students. "I hope you and your families can attend," Becker said. Volunteers on the day of the event will help set up, check people in, clean up and possibly help clean donated musical instruments. To learn more about the Oakland School for the Arts, visit: https://www.oakarts.org. Concert tickets can be purchased at: http://oakarts.tix.com/

Community Service: We are pleased to make space available whenever possible for some of Lamorinda's dedicated community service organizations to submit news and information about their activities. Submissions may be sent to storydesk@lamorindaweekly.com with the subject header In Service to the Community

FWSF Odyssey of the Mind team heading to World Finals



Photo provided

Submitted by Seema Jain

A team of seven middle school girls from Lamorinda recently placed second in the Odyssey of the Mind Norcal State Tournament and is now on the way to the next level of competition: the World Finals.

Odyssey of the Mind is a

global competition that challenges teams of students to develop creative solutions to complex problems without any adult help. Team members are Anshika Salgia, Avery O'Connor, Chiara Poletto, Elle Johnson, Emma Howe, Laurel Reader-Taatjes, and Narayani Chandra. The team is sponsored by the Financial Women of San Francisco (FWSF), and coaches are Nicole Reader,

Isaac Reader-Taatjes, and Diego Aguilar. This is the team's first year working together, and they are proud and excited to have accomplished so much in their very first season.

In Odyssey of the Mind, teams of students choose one of five possible problems, then work together for months to create a "solution" that takes the form of an eight-minute skit presented to the judges at the tournament. One of the most unique aspects of Odyssey of the Mind is that all aspects of the solution - script, costumes, props, scenery, technical elements, and more - must be entirely devised and created by the students. "No outside assistance" is the phrase to remember!

The FWSF team tackled a problem called "The Walls of Troy," which required that they create an original story with the theme of using creativity to overcome obstacles. Their solution has ties to Greek mythology (including a character from Homer's Iliad, a Greek chorus, and an animated statue from the Odyssey), but the team gave it their own creative twist.

The Odyssey of the Mind World Finals will take place in late May at Michigan State University in Lansing, Michigan.

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Not to be missed



Not to be missed



Not to be missed



Not to be missed



Valley Art Gallery announces new exhibition, "Art Sparks," through May 13. Free, open to the public, 11 a.m. to 5 p.m. Tuesday through Saturday, 1661 Botelho Drive, Suite 110, Walnut Creek, www.valleyartgallery.org; (925) 935-4311

East Bay Open Studios annual event May 13-14 and 20-21. Over 180 participating artists studios throughout Alameda and Contra Costa County. Free and family friendly. Daily art walks, artist talks, live art demonstrations. Music and more!

ebos@oaklandartmurmur.org Art Exhibition at The Holton

Studio Gallery. Moraga resident Paul Kratter: View Through The Trees New Landscape Paintings. May 6 through June 10, Reception for the artist on Saturday, May 6 from 1 to 4 p.m. The Holton Studio Gallery, 2100 Fifth Street, Berkeley.

www.holtonframes.com /artist/paul-kratter/

Art Gallery at the Orinda Library: Ekphrasis Author & Artist Reception Saturday, May 6, 3-5 p.m. Ekphrasis is a Greek word defined as writing that describes art; the curators say art can describe writing. Over 100 paired writings and visual artworks are on display. Authors have written responses to original visual artwork; visual artists have created artwork in response to writings. Enjoy light refreshments in the Garden Room as well as author readings and projected images in the Auditorium. Visit https://lamorindaarts.org/ekphrasis/ for more information.

Virtual Art Gallery at Wilder: Paintings by Mary Claire Stotler, April 29 to June 3. View her work in this virtual solo show online at https://lamorindaarts.org/onlinegalleries/. "For me abstract painting is a combination of memories, imagination, and a bit of my soul," she wrote on her page on the Valley Art Gallery website (https://valleyartgallery. org/artist/mary-claire-stotler/), "I start with a design concept in mind, but it is just the beginning of this emotional journey that evolves on the canvas."

Music

Pacific Chamber Orchestra announces new 2023 season beginning with Refreshing program at 7:30 p.m. May 20 at St Stephens Episcopal Church in Orinda. Immerse yourself in refreshing English works such as Franz Joseph Haydn's "London" Symphony. Revitalize your soul with George Frideric Handel's Water Music Suite, composed for King George I to celebrate the Thames River. Appreciate the bold, romantic power of Sir Edward Elgar's May Song and Love's Greeting, to appreciate a composer who helped spark a renaissance of English music. Delve into Gordon Jacob's Little Symphony redolent with England's own form of musical expression.

"Fresh Inspirations," conducted by California Symphony's Music Director Donato Cabrera, will be presented Saturday, May 20, 7:30 p.m. and Sunday, May 21, 4 p.m.

at the Hofmann Theatre at Lesher Center for the Arts, 1601 Civic Drive, Walnut Creek. A 30minute pre-concert talk and Q&A led by Cabrera will begin one hour before each performance. Information and tickets (\$49-\$79) are available at

CaliforniaSymphony.org.

Special Musical Event at Town Hall Theatre, Lafayette. Get transported back to mid-1900s Paris through the evocative songs of Edith Piaf on Saturday May 20. Town Hall Theatre will be hosting SonoMusette, featuring native Parisian singer Mimi Pirard as they perform Edith Piaf: Beyond Paris Skies. www.townhalltheatre.com/ beyond-paris-skies

The Diablo Symphony and guests Brian Rice and the Berkeley Choro Ensemble play music from Brazil on May 14 at 2 p.m. at the Lesher Center for the Arts. The program includes the premiere of Felipe Senna's Concerto for Pandeiro and Orchestra, Clarice Assad's "Brazilian Fanfare," and a screening of Charlie Chaplin's The Adventurer with Darius Milhaud's "Le Bœuf sur le Toit." Advance tickets are available at the Lesher Center box office (925) 943-7469 or online at www.diablosymphny.org

Join us for an evening of music and celebration at the Stanley Jazz Café at 6 p.m. Friday, May 12 at Stanley Middle School. Free to all. For more info, please contact dalianishimori@

gmail.com. Among the musical highlights of this year's Jazz Café are student ensemble perfor-

mances of such classic songs as Frank Sinatra's "Fly Me To The Moon," Bill Withers' "Lovely Day" and Art Blakey's "Moanin."

Volti presents Sounds and Shadows on Saturday, May 13, from 7 to 9 p.m., at St. Paul's Episcopal Church - Walnut Creek, 1924 Trinity Avenue, Walnut Creek. Volti concludes its season with a diverse program of groundbreaking new choral works including a world premiere commission by Mark Winges. Free. For more info, see www.VoltiSF.org or call (415) 771-3352 or email info@VoltiSF.org.

Literature

The April Sweet Thursday Author Series invites the community to join us on Thursday, April 27 at 7 p.m. in the Don Tatzin Community Hall at the Lafayette Library to hear Vanessa Hua, author of "The Forbidden City," discuss her book. Attendance is free, but registration is required at tinyurl.com/sweet-apr23.

Join the Sweet Thursday Author Series at 7 p.m. Thursday, May 11 in Don Tatzin Community Hall at the Lafayette Library to hear John McCormick discuss his book, "The Chinese in Napa Valley: The Forgotten Community that Built Wine Country." This is a free event, but registration is required at Tinyurl.com/sweet-May23. The doors will be open at 6:30 p.m. for coffee and treats. This program will be presented in-person or via Zoom livestream.

Other

Moraga Community Faire & Car Show Saturday, April 29, 11 a.m.-4 p.m. Annual family-friendly event put on by the Moraga Chamber of Commerce, showcasing live music and performances; a beautiful car show; robust Kid's Zone with games, animal interactions and BIG wheels; an Artist's Alley; Food, Wine and Beer and many interesting booths to tour! Rheem Shopping Center, 580 Moraga Rd, Moraga. CommFaire@gmail.com www.moragachamber.org/ communityfaire/

The Junior League of Oakland -East Bay (JLOEB) invites families to Touch a Truck at Balestrieri Family Farm, Briones. Touch a Truck is a hands-on family event that provides the opportunity for kids to explore vehicles of all types, including public service, emergency, utility, construction, landscaping, transportation, delivery, and just plain cool or unique trucks — all in one place! There will also be live music, wine tasting, food trucks, crafts and a raffle of exclusive goodies. For more information visit www.jloeb.org/truck. Location: Balestrieri Family Farm 6140 Alhambra Valley Road Briones April 29 from 8:30 a.m. to 2:30 p.m. Low-sensory hour 1:30 to 2:30 p.m. \$15 Kids; \$20 Adults.

The Lafayette Hillside Memorial Board invites you to a Community Conversation. We will share a short history of the site, talk about the current and shifting situation and hopefully receive information from you that will help us move forward. If you have feelings about the Memorial, we hope you will engage in this process. Thursday, May 11, 7 to 9 p.m. Please join us via ZOOM https://us02web.zoom.us/j/ 4137479233. www.lafayette hillsidememorial.org

Farewell Celebration for St. Mark's Nursery School on Saturday, April 29 from 10 a.m. until 2 p.m. After 61 wonderful years, St. Mark's Nursery School in Orinda is closing its doors. Please join us in saying farewell. Bring your families, take one last spin on the monkey bars, and enjoy some treats with us!

Stamp Out Hunger Letter Carriers Food Drive Saturday, May 13. 31st anniversary of one of America's great days of giving the National Association of Letter Carriers Stamp Out Hunger Food Drive. Participating in this year's Stamp Out Hunger Food Drive is simple: Just leave nonperishable food donations in a bag by your mailbox on Saturday, May 13, and your letter carrier will pick it

Lafayette Nursery School's 46th Annual Science Day of Discovery on May 6, 10 a.m. to 1 p.m. Make a volcano explode, shoot a rocket, make slime, dig for dinosaur bones and test your senses! Experiments are designed for children preschool age through third grade. It's a great experience for the whole family. Proceeds are donated to a local math or science-based charity. Cost: \$5 per child. Lafayette Nursery School, 979 First Street, Lafayette, (925) 284-2448, www.lafayettenurseryschool.org

The Lamorinda Wine Growers Association (LWGA) will commemorate and celebrate the anniversary of the recognition of Lamorinda as a distinct American Viticulture Area (AVA) with a return to public in-person wine tasting event. The tasting event is on May 7, from noon to 5 p.m. at Wine Thieves, 3401 Mt. Diablo Boulevard, Lafayette with food trucks at site. Tickets start at \$35 can be purchased through https://tinyurl.com/LWGAMay7

The Rotary Club of Lafayette presents Concert at the Res! Saturday May 20, 11 a.m. - 3 p.m. Lafayette Reservoir on the Rotary Stage. Free live music with Big Band of Rossmoor, Acalanes High School, Stanley Middle School, Edna Brewer Middle School -Oakland, Roosevelt Middle School - Oakland. Food & raffle tickets. Support Lafayette schools and Rotary projects!

Please submit events to: calendar@lamorinda weekly.com

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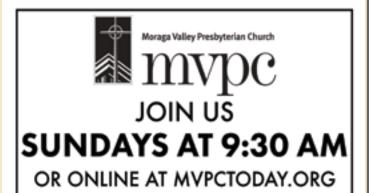
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Lamorinda Tennis – success in competitive league



Miramonte's Gavin Dille

Photo Jon Kingdon

By Jon Kingdon

As with all of the spring sports, the Lamorinda tennis teams have been at the mercy of the weather. "With eight missed practices, practice matches and regular matches having to be rescheduled, getting ready for the season becomes difficult when you only have a couple of weeks to prepare," said Acalanes head coach Rick O'Brien. Still, Acalanes (8-1), Campolindo (7-2) and Miramonte (6-3) have been very strong in league play as they are all positioning themselves for the post-season DAL tournament.

Acalanes

With a roster that was primarily made up of underclassmen last season, O'Brien has a strong returning team this year. "The character of our team shows in its improvement from last season," O'Brien said. "Many of them played in tournaments, went to clinics, took lessons, and came back playing a lot better than they did last year. We have a big upper class with eight seniors and juniors on the team this year, so we had some continuity from last year which has helped the team chem-

The singles players are led by seniors Tyler Toni, Zach Snyder and Aaron Brown, junior Tucker Brewer, and sophomore Nick Owens. "Tyler has been our number one singles player but missed some time with a pulled hamstring and has just returned to action and is playing very well," O'Brien said. "Owens has stepped up to play number one when Tyler was out, and he's been a rock. Brewer really improved a lot, playing number three after playing sixth last year. Zach's primarily dedicated to singles and Aaron has been switching back and forth in singles and doubles and they've both been really valuable to the team."

The doubles teams are still in flux as O'Brien is still working on coming up with the best pairings on the team: "Our most established doubles team right now is sophomore Sammy Foster and junior Will Lofting who have played together the longest. Aaron Brown has been a key doubles player along with Kaya Hoeberechts, Riley Bonner, James Cortez, and Ben Reinsberg. At this point, it's playing the pairs that have been the best together at practice."

O'Brien has a roster of 20 players this year, two more than normal with an eye to the future. "I did it on purpose because we need to develop players for next year," O'Brien said. "I'm looking at freshman Andrew Zheng and Saaj Shah who will be our mid-pack players next year, so we need to work them. We also have 21 players on the JV team and I'm confident that if they continue to improve, they will also move over to varsity as sophomores next year."

Miramonte

Head coach Andrew Lee feels the Matadors are in a good position as they are finishing up their regular season. "We are where we should be," Lee said. "We're in a tough division with Acalanes, Campolindo, Northgate and we are all fairly equal teams."

Freshman Lucca Zamani has stepped in as the team's number one singles player. "Lucca has made a big difference for the team and cushioned the blow of losing our top four singles players to graduation," Lee said. "He missed some playing time but is healthy now and will be playing in the big matches for us. Lucca also competes in USTA weekend tournaments and does get to compete against the top No. 1 players in our league, really enjoying being with his teammates and I'm looking forward to him playing for Miramonte for another three years."

The next three singles players are Will Stokes, Aaron Lee, and Cameron Berg. "They all moved up two to three spots this year and are all solid players," Lee said, "Gavin Dille and Jonah Ellis who were a strong doubles team last year have been filling the fifth and six

The doubles teams are in flux as Lee is still looking to find the right combination led by Ryan Myers, Evan Mishkin, Ryan Gardner, and Gunther Uriarte among other players that have been rotated in the doubles. "The weather was a real disruption with the loss of practice sessions and the rescheduling of matches," Lee said. "We're having a week where we are going to have to play four matches."

With all of the weather issues, the senior captains Lee, Stokes and Myers have been strong leaders. "When we could not practice due to the rain, they would lead the group on a mile run on the track," Lee said.

Campolindo Having lost only four seniors from last years team, Campolindo is still a young team. "We have four seniors and a lot of juniors on our roster of 18 players and some of our top players are freshman and sophomores," head coach

James Scott said. The Cougars singles are led by two sophomores in singles, Kiumars Koopah and Edgar Alford. With freshman Linus Wirstrom and senior Jake Hammerman it has been a successful group so far. "Kiumars is our number one singles player and Edgar stepped up to the number two spot," Scott said. "Linus is playing

freshman and he has been a very good addition to our team and Jake is the only senior that we have in our top six singles players."

The doubles teams have played well as a group. "Our doubles teams have been very strong this year with two juniors, James Martin and Aditya Kapur, playing number one and have won all of their matches this season," Scott said. "Our number two doubles have been two seniors, Tyler Panos and Ivan Zemsky, and they've won all their matches as well so far. Our third doubles team has a new

player, junior Luke Yan, and Viggo Wirstrom has also played very well."

Scott appreciates what it takes to win the division, in anticipation of the post-season tournament: "We are in a league that has a number of strong teams where all the teams in our league could beat anybody on any given day so there is a lot of competition. For us to win the league and move on, our doubles teams have to stay strong like they've been all season and we'll get some wins in our singles as well putting us in a good position to be successful."

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fourth which a big spot for a Tradition continues at the 53RD Annual **Bob Warren/Charlie Eaton Invitational**

Acalanes



Long distance runner Logan Farzan most of our kids do

By Jon Kingdon

Thirty-one teams and over 500 track athletes descended on Acalanes High School April 14 and 15 to compete in the 53rd annual Bob Warren/Charlie Eaton Invitational track meet. Unlike a regular meet, there are no divisions. It's an open and the athletes are seeded, trying to get as many kids as they can to set their personal records. Everyone's in a heat competing against runners whose times are very close to theirs so that everyone has the best chance to run faster than they did the last time.

The Dons have had a lot of success so far this season. "The strength of the team is due to the number of returners we had this year; we didn't lose anybody," head coach Joe Escobar said. We're very strong in the sprints, jumps and throws and we have a lot of freshmen I'm excited about. It also helped that

other sports like football, girls' basketball and boys' and girls' soccer."

Leading the boys' teams have been Paul Kuhner (sprints), Kyle Bielawski (sprints/LJ), Luca Mathias (sprints), River Lockwood (sprints/hurdles) and Alex Vasicek (shot and discus).

The girls' team has been led by Carly Youn Harriman (sprints/HJ), Portia Seymour (sprints/HJ/TJ), Natalie Lyons (Long jump), Tori Hyatt (sprints), Sophia Chinn (sprints/hurdles) and Appollonia Walton (shot/discus).

Leaders at the meet for Alameda were Benjamin

Brekke (1st in 1600 meters and 4th in 800 meters), Logan Farzan (1st in 3200 meters), River Lockwood (2nd in 110 hurdles), Kyle Bielawski, Luca Mathias, Trevor Rogers and Ethan Torres (2nd in 4x100 relay),

... continued on Page C2



MOL Football is a local youth **Flag Football** league for boys and girls in 3rd through 8th grades. All games are played Saturdays in the Fall at JM. All 3rd and 4th grade games are played in morning so there is no conflict with LMYA soccer.

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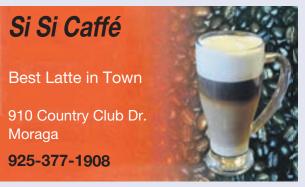
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53RD Annual Bob Warren/Charlie Eaton Invitational



Long jumper Natalie Lyons

... continued from Page C1

Lockwood, Colin Glick, Jacob Boselli, and Tyler Hunt (1st in 4x400 relay), Torres (2nd in long jump), Andrew McKenzie, Christopher Copeland, and Justin Zegarowski (3rd, 4th and 5th in triple jump), Megan Yee (1st in 800 meters), Portia Seymour and Carly Young Harriman (tied for 3rd in high jump), Osanna Deng (3rd in pole vault). Miramonte

Miramonte alumnus and head coach Andrew Lewis is also familiar with this meet, having graduated in 2015 and was a distance runner.

"We've had a good season so far," Lewis said. "We have a lot of people on board really early, starting workouts in January, so we got a good, strong start and the team has been putting in a lot of great individual performances on the distance side throughout the

Junior Asher Patel, who had a great cross-country season, is the Matadors top runner. "Last



High jumper Portia Seymour

year Asher ran a 4:18 in the 1600 meters and this year he has improved to 4:14 at the Stanford Invitational," Lewis said. "He's gotten healthy and has been able to be more con-

sistent in training this year." Grace Bell and Victoria Chatter have been the top runners for the girls' team. "Grace has had some of her best marks this season and she's hoping to advance to the Tri-Valley finals," Lewis said. "Victor is our 100-200-400-meter runner. She went to the state meet last year and she's having another great

Ravi Sandhu and Jessica Youn were both undefeated in the pole vault and each won again with Sandhu reach 12'0" and Young 9'0".

Bell would finish second at Acalanes with a 5:36.22 in the 1600 meters and freshman Alana Jardine would finish in sixth with a time of 5:49.01. Logan Letulle finished third in the 3200 meters with a time of 9:55.06. Campolindo

With the exception of the pole vaulters who competed at Acalanes, the majority of the Cougars track team competed in



Hurdler River Lockwood

the Mt. Sac Invitational in Walnut, California. The leading pole vaulters for the girls were Delaney Joyce and Sarah Worster, with both reaching 7'0". Freshman Malik Li led the boys with

a personal best of 9'6". "For the boys' team, our sprinters Josh Meyers, Garrett Nelson, Brendan Commerford, and Kyle Fossen have been really strong for us," said assistant coach Andy Lindquist. "Those four are on our 4x100 meter relay and they've all been running impressive times in the 100 and 200 as well. Josh broke the 53year-old school record in the 100 meters earlier this year."

The distance runners are led by Alex Thomasson, Alex Lodewick, Blake Webster and Conner McGhee. At the Mt. Sac Invitational, the team finished seventh in the 4x1600 relay and set a new school record. The girls won the 4x1600 relay with Ellie Buckley, Shea Volkmer, Quinn Guthrie, and Kate Kabenina.

"Pinkie Schnayer did well in the shot (33') and discus (111'2") and Mari Testa, is a returning state finalist in the 100meter hurdles and has also been running in the 100 me-

ters," Lindquist said. "Earlier this year Mari set a school record time of 11.99."

Photo www.alexandramathiss.com

The original name of the meet was the Foothill Athletic Relays. It was intended to be a floating meet among all the schools and was meant to be used as a fundraiser with the money to be divided by all of the schools that competed. At one point, the meet had been held at Miramonte and Campolindo.

Tim Bruder, who was the head coach at Alhambra High School took the meet over but soon discovered that it could not be held at Alhambra so at that point, Acalanes agreed to hold it at their facility, and it's been there ever since the late

The responsibility for running these meets has fallen upon Coach Escobar who was in charge of every aspect of the meet. Escobar, who graduated from Acalanes in 2010, was a sprinter for the track team. Without missing a beat Escobar has picked up the torch, appreciating the responsibility of continuing the standards set by those that came before him. "It's a legacy that I take very se-

riously, and I want us to put on a meet that you want to come back to every year," Escobar said. "Even with 30 volunteers, plus a staff and 10 coaches, it took a lot of work to set up all the seeding, scheduling and vendors along with all of the things that go into putting on a successful meet."

The first coach to run the meet at Acalanes was Charlie Eaton followed by Bob Warren. Manny Myers, who was third in line after Warren, appreciates how special this meet had become: "I taught and coached at Acalanes in the 1990s and was witness to the standards that Charlie and Bob had set. Charlie was one of the great names in track at the high school level and the naming of the meet originally honored him alone. When he retired in the 1960s, Bob took his place, and it was in 1995 when his name was added to the meet next to Charlie's."

The Acalanes track is named after Warren, an Acalanes graduate who was a teacher and coach for 35 years. "Bob was well deserving of having his name next to Charlie's," said Myers. "He was Charlie's acolyte and continued in the same vein where coaching was kid-centered and track and field was basically your next class. It was more than just an activity; it was a place that you still taught things."

For Myers, the tradition that was passed down from coach to coach has been a key factor in the success of the meet down through the years. "It's the coaching lineage we've had," Myers said. "Charlie gave it to Bob; Bob gave it to me, and I gave it to Joe. Charlie and Bob were exemplary in that they were about the kids and learning about life through track. Track is a sport but there were things that they taught about morality and humanity. Giving back was always a part of what they believed in."

Jamorinda OUR HOMES

Lamorinda Weekly

Volume 17

Issue 5 Wednesday, April 26, 2023



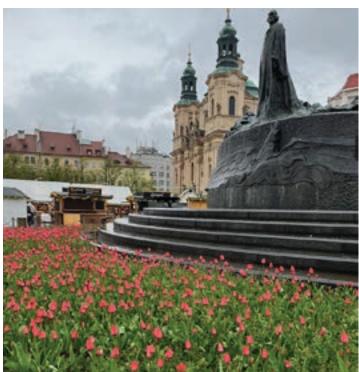
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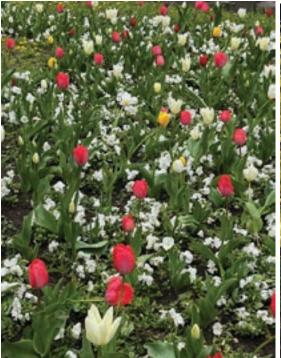
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Photos Cynthia Brian

Digging Deep with Goddess Gardener, Cynthia Brian

Spring sojourn







Red tulips in Prague, Czech Republic

....,

By Cynthia Brian

"Every spring is the only spring, a perpetual astonishment." ~ Ellis Peters

My legs feel like jelly and my back is breaking. And the pain is not from gardening. It is from walking an average of 10 miles per day on cobblestone streets, up steep hills, down into the woods of national parks, and climbing medieval stairs to fortresses and castles throughout my springtime journey to the former Eastern Bloc countries of Hungary, Romania, Bulgaria, the Czech Republic, as well as Croatia and Serbia. Besides learning more about the history, culture, customs, people, and food, I was on a quest to identify the botanical specimens that we have

in common.

The original weather reports indicated mild temperatures, but a cold front suddenly appeared broadcasting freezing winds, rain, snowfall, and overcast gray days. Locals blamed the meteorologic conditions on climate change and global warming. Yet Mother Nature earnestly wanted to birth spring in a magical awakening from its winter slumber. The rich soil of these European countries provides a foundation for a variety of plants and trees, many of which are familiar to Californians.

Each country has a special association with a specific flower. During the Ottoman conquest, tulips were brought to these countries and tulips were blooming profusely in every land. Hungary claims the tulip as its national flower.

Tulips and white pansies in Belgrade, Serbia Forsythia grows throughout the region.

Home to diverse wildflowers, including the Pasque flower, a harbinger of spring, Croatia calls the Dalmatian iris its own. The national symbol of Serbia is the plum tree, which was in full bloom throughout the country. Their national drink, Šljivovica, is made from plums. In Romania a wild climbing rose called Rosa Canina is utilized for both health and drinking and the purple Carpathian crocus is the first sign of spring. Bulgaria is the world's leading producer of rose oil used in perfumes and cosmetic products. The roses were not yet in bloom, but the bushes were filled with buds. I was compelled to purchase rose oil which is supposedly excellent for skin revitalization.

... continued on Page D8

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Page: D2 OUR HOMES 925-377-0977 Wednesday, April 26, 2023

Lamorinda home sales recorded

City	Last reported	Lowest amount	Highest amount
LAFAYETTE	4	\$1,075,000	\$1,995,000
MORAGA	3	\$750,000	\$1,805,000
ORINDA	8	\$1,050,000	\$3,700,000

Home sales are compiled by Cal REsource, an Oakland real estate information company. Sale prices are computed from the county transfer tax information shown on the deeds that record at close of escrow and are published five to eight weeks after such recording. This information is obtained from public county records and is provided to us by California REsource. Neither Cal REsource nor this publication are liable for errors or omissions.

LAFAYETTI

682 Glenside Drive, \$1,075,000, 2 Bdrms, 956 SqFt, 1925 YrBlt, 03-07-23 3497 Moraga Boulevard, \$1.186.500, 3 Bdrms, 1420 SαFt.

1939 YrBlt, 03-17-23, Previous Sale: \$350,000, 05-18-99

3841 Palo Alto Drive, \$1,995,000, 4 Bdrms, 2237 SqFt, 1960 YrBlt, 03-17-23

1004 Woodbury Road #101, \$1,450,000, 2 Bdrms, 1495 SqFt, 2015 YrBlt, 03-17-23, Previous Sale: \$1,000,000, 12-22-20

MORAGA

1965 Ascot Drive #7, \$750,000, 3 Bdrms, 1236 SqFt, 1966 YrBlt, 03-13-23, Previous Sale: \$570,000, 07-09-21

3912 Campolindo Drive, \$1,805,000, 3 Bdrms, 1808 SqFt, 1972 YrBlt, 03-16-23, Previous Sale: \$1,200,000, 08-25-16

166 Cypress Point Way, \$1,549,500, 2 Bdrms, 1444 SqFt, 1973 YrBlt, 03-07-23, Previous Sale: \$775,000, 10-24-16

ORINDA

46 Camino Sobrante, \$1,975,000, 4 Bdrms, 3137 SqFt, 1926 YrBlt, 03-16-23 98 Estates Drive, \$3,310,000, 4 Bdrms, 3033 SqFt, 1955 YrBlt, 03-13-23, Previous Sale: \$1,506,000, 03-03-17

16 Evergreen Drive, \$1,620,000, 5 Bdrms, 2430 SqFt, 1965 YrBlt, 03-17-23, Previous Sale: \$912,500, 04-24-13

24 Jack Tree Knolls, \$1,685,000, 4 Bdrms, 2385 SqFt, 2014 YrBlt, 03-09-23 2 Orchard Court, \$1,050,000, 3 Bdrms, 1623 SqFt, 1948 YrBlt, 03-06-23

245 Orchard Road, \$1,770,000, 4 Bdrms, 2383 SqFt, 1958 YrBlt, 03-14-23, Previous Sale: \$1,218,000, 10-19-16

20 Rabble Road, \$3,495,000, 4 Bdrms, 4096 SqFt, 2014 YrBlt, 03-17-23, Previous Sale: \$2,245,000, 05-07-14

118 Sleepy Hollow Lane, \$3,700,000, 4 Bdrms, 4003 SqFt, 2017 YrBlt, 03-17-23, Previous Sale: \$2,800,000, 11-09-17



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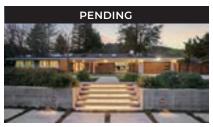
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COMING SOON

4067 HAPPY VALLEY ROAD, LAFAYETTE OFFERED AT \$8,849,000 J. DEL SANTO / T. FRECHMAN | 925.915.0851



3369 N. LUCILLE LANE, LAFAYETTE OFFERED AT \$1,295,000 K. BRICKMAN & K. WOOD | 925.351.5049



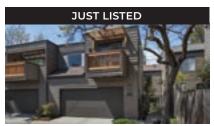
3746 MEADOW LANE, LAFAYETTE OFFERED AT \$3,950,000 JULIE DEL SANTO | 925.818.5500



1225 TULANE DRIVE, WALNUT CREEK SOLD FOR \$1,850,000 COLOMBANA GROUP | 925.878.8047

COMING SOON

212 CAMINO SOBRANTE, ORINDA **CALL FOR INFORMATION** KAAREN BRICKMAN | 925.351.5049



1990 ROBIN RIDGE CT., WALNUT CREEK OFFERED AT \$1,200,000 RUTH EDDY / JAKE ADAMS | 925.788.5449



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2229 PTARMIGAN DR., #2, ROSSMOOR OFFERED AT \$775,000 S.HUTCHENS/A.HAMALIAN | 925.212.7617



26 WILLOW AVENUE, WALNUT CREEK SOLD FOR \$1.375.000 S.HUTCHENS/A.HAMALIAN | 925.212.7617



2489 ENCINAL DRIVE, WALNUT CREEK SOLD FOR \$1,250,000 RACHEL DREYER | 415.990.1672



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The Real Estate Quarter in Review

By Conrad Bassett, CRP, GMS-T; Licensed Real Estate Broker

The first quarter of 2023 began with a slower pace in activity on the residential side of Lamorinda real estate than previous years. Demand remains high but the supply has continued to be low. The closings that occurred, for the most part, came from properties that went under contract in late November to late February.

The average sales price has remained strong so far this year in Lafayette, Moraga and Orinda despite an increase in mortgage interest rates. The days on market remained short and the homes that had multiple offers were plentiful.

Per Contra Costa Association of Realtors statistics reported from Jan. 1 through March 31, 2023, only 35 single family homes closed in Lafayette. There were 66 in 2022 and in 2021 there were 76. Sales prices ranged from \$999,000 to \$5.375 million and the average number of days on market was 27. The average sales price was \$2,059,520. A year ago it was \$2,954,570, which was in part due to a couple of homes that sold for prices as high as \$12 million. In the first quarter of 2021 it was \$2,062,932.

In Moraga, there were 13 single-family closings, versus 26 in the year ago first quarter and well below the 39 in 2021. Prices so far this year have ranged from \$1.3 million to \$2.725 million. The average sale price was \$1,964,615, a drop from the record first quarter in 2022 of \$2,350,260. In 1Q2021 it was \$1,800,433. The average marketing time was 34 days – up from six days in 2022 and 15 days in 2021. This change is due to three houses that took over 80 days to sell.

In Orinda, the number of single-family closings was 28, versus 54 in 2022. Sales prices ranged from \$1.05 million to \$3.7 million with an average price of \$1,919,205. In the first quarter of 2022 it was \$2,268,258. In 2021 it was \$2,021,192. It took an average of 40 days on the market to sell a home versus 16 days on the market to sell a home in Orinda in 2022 and 28 days on the market in 2021.

In the first quarter of 2023, Lafayette homes sold at an average of \$812.92 per square foot, a drop from \$989.08 per square foot in 2022. Moraga came in at \$840.12 versus a year ago when it was \$901.87 per square foot. Orinda was at \$773.00. One year ago it was \$858.69.

Again, as the number of closings in the first quarter contain a much smaller sample size, these numbers are different and can be affected by just one or two closings at the high end or the low end.

In the condominium/town home category, Lafayette had six closings reported to the MLS. They ranged from \$705,000 to \$2.405 million. Moraga again had seven ranging from \$410,000 to \$1.585 million. Orinda had two - both on Brookwood Road at \$572,250 and \$580,000.

As of April 14, 2023, there were 38 homes under contract per the MLS in the three combined communities (a year ago it was 94 and in 2021 it was well over 100) with asking prices of \$899,000 to \$4.3 million. This again points to the lack of supply of homes that have hit the market since the middle of February.

Inventory is at 64, comparable to the 60 a year ago and 62 at this same point in 2021.

There are 30 Lafayette properties currently on the market versus 22 properties on the market in April, 2022. Asking prices in Lafayette currently range from \$839,000 to \$8.849 million. In Moraga, buyers have their choice of 13 homes, down from 14 homes at this time in 2022. The price range is \$599,000 to \$2.598 million.

In Orinda there are 21 homes on the market. One year ago there were 23. The list prices range from \$899,000 to \$4.950 million.

There are no distressed (bank-owned or short sale) properties available in Lamorinda.

As is the case nearly every quarter, the most active price range is in the more "affordable" price ranges. At the high end, nine homes sold above \$3 million in the three communities combined. The affordability factor is subject to a lot of interpretation. There are 12 currently available above this amount in Lamorinda.

Interest rates have stayed above historical lows which have pushed some buyers either out of the market or to lower priced homes or out of Lamorinda. Relocation from the corporate side has started to increase as companies now want their employees to

work out of their destination offices versus working remotely from their old locations.

Wednesday, April 26, 2023

Lamorinda continues to be attractive with BART access and highly rated schools. The real estate markets in Oakland, Berkeley and Piedmont have continued to be active so there has been some spillover effect where buyers are willing to make longer commutes in order to find more "affordable housing." Of course, Lamorinda and affordable housing is also subject to interpretation.

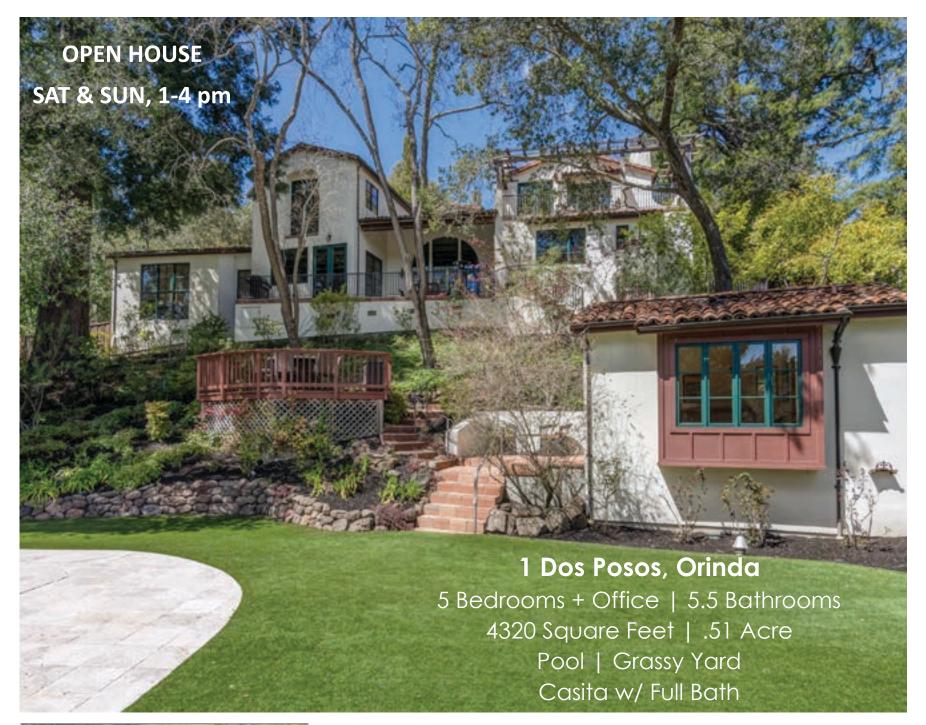
We also continue to see a lot of buyers in Lamorinda being represented by agents based in San Francisco and the Peninsula. Prices there have been higher for many years so many have sold there and bought more house for less money in Lamorinda.

Lastly, it is important to look at what homes are selling for versus their list prices. On occasion, homes come on the market at unrealistic prices and they do not sell. We also are seeing more homes listed well below true values so that it may encourage bidding wars that sellers hope might generate a higher overall sales price. In the first quarter of this year many homes have had multiple offers and have sold at or above the list price.

Of the 35 single-family home sales that closed in Lafayette in the first quarter of 2023, 22 sold at or above the list price. In Moraga, 10 of the 13 sales sold at or above the asking price and in Orinda, 14 of the 28 sold at or above the final listing price.

This will typically happen when a house goes pending in the first two weeks on the market. Of the 38 currently pending sales in the three Lamorinda communities combined, 26 went pending in 14 days or less. The actual average days on the market would be markedly lower but many agents are setting up marketing plans where they market the home to the public and to brokers and follow with an offer date in a week or so after exposing the property to the market—pointing to a high likelihood of a continued trend in homes selling above the asking price.

In the detached home category in the first quarter of 2023, the average sale price in Lafayette was just under 100% of the asking price. In Moraga it was 103.9% and in Orinda it was 99.2% of the final asking price.





Listed By:

Molly Smith, Amy Rose Smith & Shannon Conner
For More Information Contact Molly Smith
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Beautiful One-Level Woodbury Condo

1002 Woodbury Rd #102, Lafayette 2 BEDS + OFFICE | 2 BATHS | 1495 SF

OFFERED AT \$1,495,000

This rarely-available, ground-level end unit has no steps to the front door, and features indoor/outdoor living at its finest. This gorgeous condo includes an open kitchen/family great room, office nook, interior laundry, wide hallways, tall ceilings, hardwood floors, quality finishes, an attached garage, and a convenient lock-and-leave lifestyle! Woodbury, Lafayette's premier condominium community, blends urban sophistication with suburban ease and is conveniently located in the heart of downtown, steps from the Lafayette Reservoir, BART, shopping, and dining. This sought-after downtown location is also minutes from top-rated Lafayette schools, commute routes and myriad recreational activities.













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Private Orinda Retreat: Live the Lifestyle



8 Fern Way, Orinda

4 BED + OFFICE | 2.5 BATH 3313 SF | 0.67 AC

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Nestled down a long driveway, this fabulous remodeled home ideal for California's indoor/outdoor living offers an open floor plan, gourmet kitchen, spacious family room with easy access to the gardens, private primary retreat with a spa-like bathroom and walk-in closet, gorgeous gardens and a large, level lawn, mature trees, built-in fire pit, multiple patios and spacious epi deck ideal for hosting family and friends. Close to shopping, top rated Orinda schools, hiking trails, commute routes and BART.





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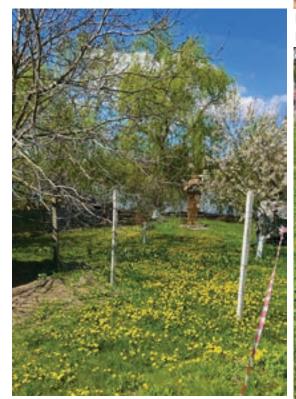
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Digging Deep with Goddess Gardener, Cynthia Brian

Spring sojourn



Kerria Japanese rose in Croatia



A lawn of dandelions, Snagov, Romania Photos Cynthia Brian



Lunaria, also known as Annual Honesty, in Djerdap National Park, Serbia



Colorful pansies in metal umbrellas in Vukovar, Croatia

... continued from Page D1

The Czech Republic is home to a variety of spring-blooming flowers including crocus, tulips, and roses, and is known for its spectacular display of cherry blossom trees which create a stunning pink canopy over the cities and countryside. Blooming tulip magnolia trees were in glorious abundance, adding beauty to the already spectacular architecture.

Bright yellow forsythia, called golden bells, was flowering throughout the region, along roads, in parks, and in forests. Forsythia is stoloniferous, which means when a branch meets the soil it takes root to start another bush. Part of the Brassicaceae mustard and cabbage family, rapeseed/canola farms were ubiquitous as a prosperous and financially lucrative crop. The rapeseed oil is used for diesel fuel and other industrial processes and the edible variety produces canola oil. Many people have allergies to the flowers and don't welcome the blanket of yellow blooms. Living walls of exotic plants, many of which we use as houseplants, were featured in several hotels and restaurants in Hungary, Bulgaria, and the Czech Republic. Apple, pear, and plum trees were in full blush throughout my sojourn, perfuming the chilly air.

I was surprised to see "lawns" consisting of dandelions, which were very attractive with their edible greens. Pansies in a variety of colors and patterns dotted the landscapes. There were specimens for which I was unfamiliar and intrigued including the butter yellow puff balls of the Kerria Japanese rose in Croatia, the Lunaria dotting the hillsides in the Djerdap National Park in Serbia, and the bright orange Crown Imperial perennial in Croatia.

The Czech Republic enjoyed the most dramatic displays of horticultural bliss. The parks and squares were filled with blossoming European crabapples, tulip magnolias, and colorful tulips, as well as curated window boxes of colorful hyacinths, primroses, forget-me-nots, and other flowering bulbs.

My spring sojourn through Hungary, Croatia, Serbia, Romania, Bulgaria, and the Czech Republic has been a time of great beauty, wonder, and education. From delicate wildflowers to bold and bright flowering trees, these countries offered a stunning array of blooms, despite the wintery weather.

It is with appreciation that I return to my gorgeous garden in full bloom albeit overgrown with weeds. May is a busy time in the garden, but with a little effort, we can keep our plants healthy and thriving. Follow these tips for gardening chores, and you'll be well on your way to a beautiful landscape. With all the garden work ahead of me, I anticipate jelly legs and an aching back! Spring is a perpetual astonishment and worth the pain.

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A needle in a haystack!

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COLDWELL BANKER 5 Moraga Way, Orinda



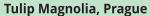


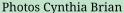
Cynthia Brian's Goddess Gardener May Gardening Guide

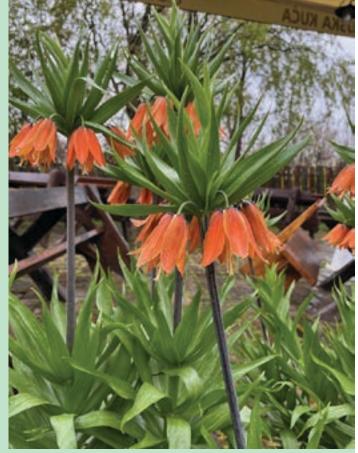
As the temperatures rise, our plants need more care and attention, so let's get to work.

- **WATER** early in the morning as the weather warms to prevent evaporation.
- WEED constantly before weeds take over the garden. Remove the entire root system of weeds before sowing the seeds you want to grow.
- PLANT warm-season vegetables including tomatoes, peppers, cucumbers, eggplant, zucchini, and whatever edibles your family enjoys eating.
- FERTILIZE your actively growing plants with a balanced fertilizer and follow the instructions carefully. Over-fertilizing can damage your plants, so don't be tempted to add more than recommended.
- IMPROVE the biodiversity of your soil ecosystem through mulching and composting. Spring and fall









Crown Imperial Plant, Karanac, Croatia

are the ideal times to increase organic matter and humus content. Adding compost to your garden reduces the need for chemical fertilizers, and allows the soil to hold water well which means less watering.

- PICK up the last of the spent camellia blossoms from your garden to protect your plant for next season.
- **SWEEP** debris from driveways, walkways, steps, and porches to freshen up for spring.
- **BRIGHTEN** your curb appeal with colorful annuals and perennials including petunias, zinnias, cleome, salvia, dahlias, snapdragons, impatiens, and bachelor buttons.
- **PREVENT** pests. Keep an eye out for aphids, whiteflies, and other common garden pests. You can use organic pest control methods like neem oil or insecticidal soap to keep them under control.
- **EMPTY** standing water from pots, tires, neglected ponds, pools, or any place where mosquito larvae will breed. With all the rain we've had this year, mosquitoes could spread the West Nile virus and other diseases.
- CLEAR debris from your home and garden perimeter. Dried limbs, leaves, and weeds need to be removed. Fire season is upon us.
- VISIT the Be the Star You Are!® booth at the Moraga Faire on Saturday, April 29 between 11 a.m. to 4 p.m. to pick up a bag of complimentary spring potpourri and have your kids plant seeds in our craft area. Bring your gardening questions and I'll be there to answer them. www.BetheStarYouAre.org/events
- **DONATE** your shoes: May 1-June 30: The Be the Star You Are!® charity Shoe Drive continues at these sponsored locations: Mark Hoogs, State Farm Insurance, 629 Moraga Road, Moraga, 925-254-3344, www.TeamHoogs.com
- 5 A Rent-A-Space, 455 Moraga Rd. #F, Moraga, 925-631-7000, https://5aspace.com/For more information, visit https://www.bethestaryouare.org/shoedrive

Rapeseed/Canola farmland in Romania

Photo Cynthia Brian



A European crabapple entices Cynthia Brian at the base of Prague Castle

Raised in the vineyards of Napa County, Cynthia Brian is a New York Times best-selling author, actor, radio personality, speaker, media and writing coach as well as the Founder and Executive Director of Be the Star You Are!® 501 c3. Tune into Cynthia's StarStyle® Radio Broadcast at www.StarStyleRadio.com. Her newest children's picture book, No Barnyard Bullies, from the series, Stella Bella's Barnyard Adventures is available now at https://www.CynthiaBrian.com/online-store. Hire Cynthia for writing projects, garden consults, and inspirational lectures. Cynthia@GoddessGardener.com http://www.GoddessGardener.com



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\$3,995,000



35 El Toyonal

Sharp 5 bd/4.5 ba, 3843 sqft craftsman-style home w/ incredible spaces including office, wine cellar & backyard oasis w/ pool!

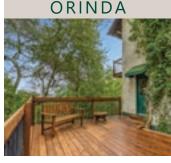
\$3,295,000



224 Camino Sobrante

Classic 5 bd/3 ba home sits on a .53-acre rare waterfront lot just right for morning & evening strolls around Lake Cascade & OCC!

\$2,695,000



37 La Madronal

Nestled among majestic oaks w/ picturesque views of Mt. Diablo this property includes 3 bd/ 2 ba & 2427 sqft on a .25-acre parcel!

\$1,450,000



649 Ironbark Circle

Beautifully remodeled 3 bd/ 2.5 ba home in sought after Orindawoods features hardwood floors, vaulted ceilings & walls of glass!

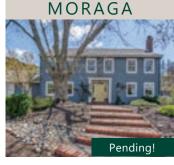
\$7,500/mo.



3243 Ameno Drive

Spacious 4 bd/ 3 ba home offers spectacular view of light & clouds, with panoramic views of Mt. Diablo!

\$1,725,000



12 Merrill Drive

Charming two-story 5 bd/ 3.5 ba traditional home on just over a half-acre in the prestigious Sanders Ranch community!

\$2,099,000



271 Montecillo Drive

Adorable farmhouse on flat .50 acre features 3 bd/2 ba in main home + a 1 bed/1 ba en-suite guest unit in Tice Valley!

\$1,600,000



1682 Parkside Drive

Beautifully updated townhome in Walnut Creek's Buena Vista neighborhood features 2 bd/2.5 ba, Iq living room & 2 amazing patios! \$780,000



1881 Cannon Drive

Charming SkyWest dwelling featuring 2 lg primary bedroom suites, fireplace & backyard views of the pool & Mt. Diablo!

\$738,000



8117 Skyline Blvd

Stylish, contemporary, light & bright 3 bd/ 2.5 ba, 2081 sq ft open floor plan. Not to be missed!

\$1,275,000



438 W Grand Ave, #528

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